



• MIDWIFING MIDWIVES •

2008-2009 Catalog

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This catalog is intended as a resource to acquaint prospective students with course offerings, degree programs, tuition, policies and procedures of Midwives College of Utah. Midwives College of Utah reserves the right to make any alterations as needed without prior notice.

Welcome

Midwives College of Utah's (MCU) mission is to build midwives of technical expertise, professional excellence, and personal greatness—namely Midwives of Excellence®. MCU midwives will be pivotal in the "tipping" revolution of maternity care and birth culture throughout North America in the 21st century.

MCU's method for building Midwives of Excellence® is to meld professional and leadership education. Professional education prepares students for expertise in their chosen profession; leadership education teaches students "how" to think. Together, professional and leadership education will build:

Midwives of Technical Expertise

- Master the depth and breadth of midwifery care
- Access, analyze & apply information
- Think critically and creatively
- Hone sensitivity to inspiration

Midwives of Professional Excellence

- Create community and business resources
- Influence community, political & business systems
- Read, write & speak with impact
- Master the art of relationship and diplomacy
- Commit to professional accountability & ethics
- Commit to life-long learning

Midwives of Personal Greatness

- Exemplify personal integrity & professional ethics
- Demonstrate the humility to always be learning
- Clear vision regarding their unique role and mission
- Possess depth of knowledge necessary for leadership
- Gain wisdom from experience

The Midwives College of Utah may offer you the most intense educational challenge and life changing experience you have ever had. If you have the desire, determination and character to meet the challenge, you can be assured of a life and practice of satisfying, rich contribution—whatever your path.

Sincerely,

A handwritten signature in black ink that reads 'Kristi Ridd-Young'.

Kristi Ridd-Young
President



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About MCU

The Midwives College of Utah was founded in 1980, and is one of the largest and longest standing direct-entry (out-of-hospital) midwifery programs in the nation. It operates as a non-profit institution with a Board of Directors, a President, administrative staff, and both academic and clinical faculty. MCU has approximately 135 students and over 75 graduates from several certificate and degree programs. MCU offers an Associate, Bachelor, and Master of Science degree in Midwifery. MCU is a distance education institution with administrative offices located in Salt Lake City, Utah.

The college is one of only eight accredited distance education midwifery programs in North America, and one of three programs that offer degrees in midwifery. MCU is accredited by the Midwifery Education Accreditation Council (MEAC) which is approved by the U.S. Secretary of Education as a nationally recognized accrediting agency. Students are assigned live instructors for all academic courses, and work one-on-one with an approved midwife for their clinical component. At the successful completion of the program, students obtain a degree in midwifery and the national credential of Certified Professional Midwife (see www.narm.org).



Philosophy



MCU affirms that traditional midwives fill an important and unique position within the health care spectrum. Midwifery is a profession that functions independently and in collaboration with other health care professions.

Traditional midwifery care emphasizes facilitation and enhancement of natural processes throughout all aspects of pregnancy, delivery, postpartum, and well-woman care. It considers emotional and spiritual factors as it utilizes a variety of methods, techniques, modalities and technologies.

MCU believes that excellent core midwifery training must be accompanied by entrepreneurial business and life development-balance skills in order to create a holistic midwifery education. MCU provides curriculum in all three of these areas.

The Midwives College of Utah is a Christian School. No specific denomination or doctrine is taught in our curriculum. However, the philosophical perspective and culture of MCU acknowledges the following:

- Spiritual guidance in midwifery
- All good originates from our Father in Heaven and Jesus Christ
- All human beings are children of God

Program Objectives

- MCU contributes to the improvement of maternal and child health.
- MCU provides midwifery and general health education.
- MCU curriculum adheres to guidelines set in the MANA Core Competencies and the NARM Practical Skills requirements.
- MCU curriculum includes courses in body systems, herbology, nutrition and other holistic modalities which greatly expand the midwife's resources for assisting clients.
- MCU curriculum includes entrepreneurial business and life development courses to enhance the success of the midwife's personal and professional experience.
- MCU provides a broad base of education which builds professional skills beyond that of mere vocational training.
- MCU course work prepares students to pass the NARM exam and to qualify for NARM certification.
- MCU course work prepares Canadian students to pass the CMRE exam.
- MCU offers distance education curriculum that students utilize while doing clinical work with midwives in their particular areas.
- MCU offers the following degree programs: Associate of Science in Midwifery, Bachelor of Science in Midwifery, and Master of Science in Midwifery.
- MCU offers a Certified Traditional Midwife designation and a Certified Master Midwife designation.

Why MCU?

- A MEAC-accredited education
- Pathway to the CPM
- Distance education
- Degrees in midwifery
- Manageable financial options
- Personal coaching throughout program
- Optional on-campus learning intensives
- Endorsement program for California Licensure



Distance Education

The Midwives College of Utah offers a unique distance education program that allows students to complete the academic portion of their degree at their own pace and schedule, and without having to travel to a campus location. Students are assigned an instructor for each course they are enrolled in, and correspond with instructors via e-mail and/or phone.

In addition, students complete the hands-on clinical portion of their program while working with an approved preceptor (midwife), preferably in their local area. Students are required to find their own preceptors.

Students are most likely to be successful in the MCU distance program if they:

1. Are self starters
2. Are able to work independently
3. Have access to local clinical opportunities
4. Can periodically travel to additional clinical sites both nationally and internationally

Designed for Success

The Midwives College of Utah is designed for the midwifery student that needs the freedom from location and time flexibility that distance education offers. As valuable as this freedom is to the needs of many women, many students find that they need certain elements of structure in order to be successful in their programs.

Freedom of Location

Students are able to complete their academic studies wherever they live in the world. Students must have access to the internet (high speed options highly recommended), and have word processing and printing capabilities.

Students complete their clinical training with an approved local preceptor. Students should identify appropriate clinical training options prior to entering the MCU program.

Using high-volume clinical sites to obtain all or a majority of clinical numbers is not appropriate for the MCU program. However, in some cases, students may have to leave their local area or country to receive a portion of their clinical training.

Time Flexibility

Students are able to complete academic and clinical work on their own time schedules. Students begin courses at the same time throughout the year; however, a student may find that they need extra time to complete a course. It is ideal if students complete their enrolled courses within the four month semester; however, they may take up to a year to complete a course if necessary.

Major Maps

Major Maps are course completion schedules that students develop with the MCU Registrar. Major Maps allow students to see what course work must be completed within each semester to meet the student's graduation goal date. Major Maps give structure to the flexibility of MCU course work. If students meet the course work goals established on their Major Maps, they receive a discount on their monthly payments. Major Maps can be revised after each semester if necessary.

Financial Options and Incentives

MCU students do not need to worry about gathering a large sum of tuition all at once in order to finance their education. MCU offers students reasonable monthly payment plans based on the number of months they plan to complete their program.

A tuition discount is extended to all students who demonstrate *after each year* of active enrollment, that they have stayed on their Major Map (course completion schedule). The discount will reduce the monthly payments by 6% for the following year.

Semester Enrollments

The MCU academic year is divided into three semesters.

Winter—January through April

Summer—May through August

Fall—September through December

Students may enroll in courses at the beginning of each semester. This encourages students to complete course work by the end of the semester so that they can enroll in additional courses for the next semester. The semester system also allows students to begin new courses with other students at the same time, making student study groups more effective.

Personal Coaching

Personal Coaching is a unique service that MCU offers students enrolled in degree and certificate programs. Students have access to the services of MCU Coaches throughout their program. Coaches can help students identify and overcome progress challenges, suggest Major Map changes, and provide accountability and support through the student's program. Students are not assigned a specific coach but can call to make an appointment with a coach at any time.

Sisters' Circle

Distance education students may find it challenging to complete courses in a timely manner. Isolation can also pose a problem. A Sisters' Circle is a student-driven program designed to help students overcome these common challenges of distance education.

A Sisters' Circle is designed to be a small, intimate group where the members create relationships and a natural culture of accountability to each other. The circle is designed to help members become more productive and consistent in their midwifery studies, help them meet their Major Map goals, and build a community of support.

Continuing Education

The Continuing Education option is for those who:

1. Want to take a few classes but do not want to be obligated to a degree program.
2. Wish to supplement their education or obtain CEU's.
3. Want to discover if distance education is right for them.

Note: Students may not graduate with a degree using the continuing education option.

Conference Retreats



MCU conference retreats provide additional skills training and allow the student to spend time with other MCU students, instructors and midwives.

Conference retreats offer courses for both new and seasoned students. If a student does not take all of the courses offered, the extra open time offers an opportunity to complete other class work a student is working on.

Conference retreat students gain valuable experience as they are taught clinical skills, have the opportunity to pass off some of those skills, and a significant amount of coursework can be completed during the conference. Conference retreats are held three times each year. The winter conference retreat will be held the first full week of March; the summer conference retreat the first full week of June; and the fall conference retreat the first full week of October.

Conference retreat courses require prerequisites and/or preparatory work. Students should plan far enough in advance to complete these prerequisites and required assignments. Students are encouraged to organize their Major Maps to accommodate these requirements.

Endorsement Program

Since 2003, MCU has been an approved educational route for California licensure by the California Medical Board. If you wish to become licensed in the state of California, you must complete MCU's California Endorsement in addition to your degree requirements. The MCU California Endorsement requirements are as follows:

ASM Students

- BIOL 306 Genetics, 2 cr.
- BIOL 404 Chemistry & Nutrition, 2 cr.
- BIOL 405 Applied Microbiology, 1 cr.
- BIOL 406 Embryology & Neonatology, 2 cr.
- HLTH 132 Pediatrics, 2 cr.

An additional 1 credit completed at MCU or transfer credit for a total of 84 semester credits.

BSM & CTM Students

- BIOL 405 Applied Microbiology, 1 cr.
- HLTH 132 Pediatrics, 2 cr.

MSM Students

Must complete or show equivalent experience or college credit in Levels I—IV course content.

Must complete or show equivalent experience or college credit in course content for:

- BIOL 405 Applied Microbiology, 1 cr.
- HLTH 132 Pediatrics, 2 cr.

Application Deadlines

Application Deadlines

MCU allows students to enter programs three times each year. All application materials must be submitted prior to the application deadlines to be considered for acceptance. Application and enrollment deadlines for 2008-2009 are as follows:

Semester Application and Enrollment Deadlines					
Semester Dates	Application Deadline	Acceptance Status Date	Major Map Development Deadline	Course Enrollment Deadline	Classes Begin
Winter 2008 (Jan – Apr)	Nov 27, 07	Dec 4, 07	Dec 21, 07	Jan 3, 08	Jan 7, 08
Summer 2008 (May – Aug)	Mar 28, 08	April 8, 08	April 23, 08	May 2, 08	May 5, 08
Fall 2008 (Sep – Dec)	July 29, 08	Aug, 08	Aug 27, 08	Sept 1, 08	Sept 8, 08
Winter 2009 (Jan – Apr)	Nov 26, 08	Dec 3, 08	Dec 19, 08	Jan 2, 09	Jan 5, 09
Summer 2009 (May – Aug)	Mar 27, 09	April 8, 09	April 23, 09	May 1, 09	May 4, 09
Fall 2009 (Sep – Dec)	July 29, 08	Aug 7, 09	Aug 27, 09	Sept 1, 09	Sept 7, 09
Winter 2010 (Jan – Apr)	Nov 25, 09	Dec 2, 09	Dec 18, 09	Jan 1, 10	Jan 4, 10

Application Process

You may apply online at www.midwifery.edu. Application requires the following:

Associate Degree Applications

1. Complete application
2. Completion of application questions
3. Two references
4. Digital “passport type” photo with solid background
5. Proof of high school graduation or the equivalent
6. \$35 Application Fee
7. Native speaker of English or score of 500 on TOEFL
8. Official Interview

Bachelor Degree Applications

1. Complete application
2. Completion of application questions
3. Two references
4. Digital “passport type” photo with solid background
5. Proof of high school graduation or the equivalent, or
6. Official post secondary transcripts with 27 semester level general education credits from another accredited institution
7. \$35 Application Fee
8. Native English speaker or score of 500 on TOEFL
9. Official Interview

Master Degree Applications

1. Complete application
2. Completion of application questions
3. Two references
4. Digital “passport type” photo with solid background
5. Official transcripts with proof of Bachelor Degree awarded
6. \$50 Application Fee
7. Native English speaker or score of 500 on TOEFL
8. Official Interview

The application process is completed as follows:

1. Send all required application materials
2. Schedule an official interview
3. Complete application file will be reviewed by the application committee
4. Student will be notified via email of acceptance status.

The Official Interview

The official interview is typically done over the phone and will last approximately 45 minutes. International students must cover the cost of the interview phone charges by initiating the call.

The objective of the interview is to make sure that you feel confident that MCU is the right program for you, MCU feels that you will be successful in the program, and to give you a brief program orientation.

What happens if I am accepted?

1. You will receive an official acceptance notice via email.
2. You must pay your annual student fee and acceptance processing fee immediately.
3. Submit the Enrollment Agreement.
4. Submit the Financial Agreement.
5. Approve Major Map and Payment Plan sent via email by the registrar.

To apply now

Visit <http://www.midwifery.edu>



Undergraduate Program Overview

The Midwives College of Utah's undergraduate programs include an Associate of Science in Midwifery, a Bachelor of Science in Midwifery, and a Certified Traditional Midwife designation.

Associate of Science (ASM), 74 credits 3-5 years

Bachelor of Science (BSM), 126 credits 4-6 years (includes 27 required transfer credits)

Certified Traditional Midwife (CTM), 99 credits 4-6 years

ASSOCIATE OF SCIENCE IN MIDWIFERY 74 CREDITS

The ASM equals approximately 3007.5 hours of academic and clinical work. The degree is designed to be completed in three years with a total of five years allowed for completion. The ASM includes curriculum levels I-III (see page 10). The ASM will prepare you for entry-level practice as a Direct-entry Midwife. Graduation

requirements include successfully passing the NARM exam (or CMRE exam for Canadian students).

Graduation Requirements for ASM

74 CREDITS

Completion of curriculum levels I-III to equal a total of 52.5 academic/lab semester credits

Completion of a DONA-approved doula training or SOSR 162.

Certification in NRP and CPR.

Completion of 21.5 clinical practicum credits which include the following specifics:

1. 75 prenatal exams including 20 initial prenatal exams
2. A total of 52 births which include
 - a. 20 Participant Attendant Births
 - b. 10 Assistant Attendant Births
 - c. 22 Primary Attendant Births under direct supervision
 - i. 10 of the primary births must be in out-of-hospital settings
 - ii. 3 of the primary births must be with women for whom the student provided primary care during at least 4 prenatal visits, birth, one newborn exam and one postpartum exam
 - d. 20 newborn exams
 - e. 40 postpartum exams

Completion of a total of 74 semester credits, at least 40% of which must be from MCU courses

Completion of parts I-VII of the Practical Skills Guide for Midwifery.

Submit the following:

1. Copy of Informed Consent (completed in coursework)
2. Copy of Emergency Care Plan (completed in coursework)
3. Copy of Practice Guidelines (completed in coursework)
4. Copy of current membership in a local or national midwifery organization
5. Copy of current CPR certification
6. Copy of current NRP certification
7. Copy of completion certificate for a 14-16 hr. Doula Training Course or SOSR 162.

Pass all courses with at least a C grade

Have a minimum cumulative GPA of 2.5

Pass the NARM exam as required for the Certified Professional Midwife credential

BACHELOR OF SCIENCE IN MIDWIFERY 126 CREDITS

The BSM equals approximately 5287.50 hours of academic and clinical work. The BSM degree is designed to be completed in four years with a total of six years allowed for completion. This degree requires that the student transfer in 27 semester-level transfer credits from another accredited college or university. The BSM requires the completion of curriculum levels I-IV. Graduation requirements include successfully passing the NARM exam (or CMRE exam for Canadian students).

Graduation Requirements for BSM 126 CREDITS

Completion of Level I-IV courses to equal a total of 73.5 academic/lab semester credits.

Completion of a DONA-approved doula training or SOSR 162.

Certification in NRP and CPR.

Completion of 25.5 clinical practicum credits which include the following specifics:

1. 75 prenatal exams including 20 initial prenatal exams
2. A total of 52 births which include:
 - a. 20 Participant Attendant Births
 - b. 10 Assistant Attendant Births
 - c. 22 Primary Attendant Births under direct supervision
 - i. 10 of the primary births must be in out-of-hospital settings
 - ii. 3 of the primary births must be with women for whom the student provided primary care during at least 4 prenatal visits, the birth, one new born exam and one postpartum exam
 - d. 20 newborn exams
 - e. 40 postpartum exams
 - f. 4 additional misc. clinical credits

Completion of a total of 99 semester credits, at least 40% of which must be from MCU courses

Transfer in 27 semester-level general education credits from another accredited college or university

Completion of parts I-VII of the Practical Skills Guide for Midwifery

Submit the following:

1. Copy of Informed Consent (completed in coursework)
2. Copy of Emergency Care Plan (completed in coursework)
3. Copy of Practice Guidelines (completed in coursework)

4. Copy of current membership in a local or national midwifery organization
5. Copy of current CPR certification
6. Copy of current NRP certification
7. Copy of completion certificate for a 14-16 hr. DONA-approved doula training or SOSR 162.

Pass all courses with at least a C grade
Have a minimum cumulative GPA of 2.5
Pass the NARM exam as required for the Certified Professional Midwife credential

CERTIFIED TRADITIONAL MIDWIFE DESIGNATION 99 CREDITS

The CTM equals approximately 4072.5 hours of academic and clinical work. The CTM certificate is designed for students who wish to have a bachelor level education but do not have the required 27 transfer credits to enter the BSM program. The CTM requirements are exactly the same as the BSM requirements with the exception of these required transfer credits. The CTM is designed to be completed in four years with a total of six years allowed for completion. The CTM includes curriculum levels I-IV. Graduation requirements include successfully passing the NARM exam (or CMRE exam for Canadian students).

Graduation Requirements for CTM Designation 99 CREDITS

CTM requirements are exactly the same as the BSM requirements with the exception of not needing to transfer in 27 general education requirements from another institution.

TRANSFER TO THE BSM, OR CTM AFTER COMPLETING THE ASSOCIATE DEGREE

If you wish to continue on to the BSM or CTM after completing your ASM you must reapply to the higher level program.

When entered directly from the ASM program, the BSM and CTM are designed to be completed in one year; however, you will have three years to complete the higher program.

Program Length



You may choose to complete your program on a full-time schedule or a part-time schedule. The following sample course outlines (Major Maps) represent what your course load would be as a full-time student. Coursework is broken down into three four-month semesters per year.

This will aid you in seeing what you must complete within concrete blocks of time in order to complete your program within your graduation goal date. The Major Map allows for flexibility when life circumstances change carefully laid out plans.

A Major Map (Course outline) will be individually designed for you with the aid of the Registrar and a personal coach. Factors considered in the design of your personal course outline are your graduation goal date, your unique life circumstances, any times of the year that you want course work light or heavy, possible preceptorship opportunities, the conference course schedule, and any other future plans that may affect your progress through the program. Full-time students may expect to study 20-25 hours per week to complete 6-8 academic credits every four months. Part-time students may expect to study 12-18 hours per week to complete academic 3-5 credits every four months. Time spent with your preceptor in clinical work will be in addition to the estimations above.

The following outlines are examples of what a student might expect their program to look like if they wanted to graduate in the shortest designed time frame (full-time work). Please note that clinical work is not included in the following outline as clinical completion time varies significantly from student to student. Only academic coursework and not clinical experience is reflected below.

Curriculum Outline

Level I - 22.5 cr.

BIOL 100 Anatomy for Health Professionals	3 cr.
HLTH 234 Medical Terminology	2 cr.
MDWF 144b Midwife's Assistant Orientation	3 cr.
HIST 184 History of Midwifery	1 cr.
ENGL 200 Writing for Midwives	3 cr.
HLTH 130 Holistic Health	3 cr.
HLTH 131 Health Skills Lab	.5 cr.
COMM 114 Communication Skills for Midwives	1 cr.
BIOL 202 Anatomy & Physiology of Obstetrics	2 cr.
MDWF 342 Prenatal Care	3 cr.
MDWF 343 Prenatal Care Lab	1 cr.

Level II - 18.5 cr.

HLTH 336 Diagnostic Tests	2 cr.
HLTH 337 Diagnostic Tests Lab	.5 cr.

MDWF 242 Labor & Birth	2 cr.
MDWF 243 Labor & Birth Lab	1 cr.
BOTNY 150 Herborology for Midwives	2 cr.
MDWF 246 Postpartum Care	2 cr.
MDWF 247 Postpartum Care Lab	1 cr.
MDWF 341 Breastfeeding	2 cr.
PHYT 224 Massage	2 cr.
COMM 214 Midwifery Support Skills	2 cr.
MDWF 344 Complications	2 cr.

Level III - 11.5 cr.

MATH 212 Math for Midwives	3 cr.
MDWF 447 Well Woman Care	2 cr.
MDWF 448 Well Woman Care Lab	1 cr.
MDWF 346 Suturing I	1 cr.
MDWF 335 IV Skills	.5 cr.
MDWF 331 Advanced Skills Lab	1 cr.
MDWF 439 Obstetrical Pharmacology	1 cr.
BUS 413 Midwifery Services	2 cr.

Level IV - 21 cr.

BIOL 406 Embryology & Neonatology	2 cr.
*PHYT 320 Reflexology	1 cr.
*PHYT 340 Aromatherapy	1 cr.
*PHYT 235 Therapeutic Modalities	1 cr.
BIOL 306 Genetics	2 cr.
HLTH 437 Homeopathy	3 cr.
BIOL 404 Nutrition for the Childbearing Years	2 cr.
ENGL 311 Technical Writing	3 cr.
*HLTH 335 Body Systems Analysis	2 cr.
STAT 312 Epidemiology	1 cr.
STAT 313 Research Analysis & Statistics	2 cr.
MDWF 446 Suturing II	1 cr.

Elective Courses

*Class(es) can be replaced with one of the following academic elective courses of equal or greater credit value. Academic elective courses can also be used to fulfill the 27 additional credits needed for a bachelor's or master's degree.

ACADEMIC

BIOL 405 Microbiology	1 cr.
ENG 201 Writing for Midwives Seminar	2 cr.
HLTH 332 Pediatrics	2 cr.
SOSR 463 Fertility Awareness	1 cr.
SOSR 364 Childbirth Education	2 cr.
SOSC 420 Advanced Midwifery Studies I	1 cr.
SOSC 421 Advanced Midwifery Studies II	1 cr.

CLINICAL

(Credits based on type and number of experiences completed)

CLNC 375 Clinical Practicum, Body Works
CLNC 376 Clinical Practicum, Service Project
CLNC 377 Clinical Practicum, Public Education
CLNC 378 Clinical Practicum, Statistics
CLNC 472 Clinical Practicum, Homeopathy
CLNC 473 Clinical Practicum, Herbology
CLNC 474 Clinical Practicum, Iridology
CLNC 475 Clinical Practicum, Holistic Modalities
CLNC 476 Clinical Practicum, Midwifery Legislation
CLNC 477 Clinical Practicum, Midwifery & Ethics
CLNC 478 Clinical Practicum, Administrative
CLNC 474 Clinical Practicum, Newborn Nursery
CLNC 476 Clinical Practicum, Labor & Birth
CLNC 477 Practicum, Business
CLNC 372 Miscellaneous Apprentice Experience
CLNC 479 Miscellaneous Clinical Experiences

THREE YEAR ASSOCIATE OF SCIENCE SAMPLE COURSE OUTLINE

YEAR 1 (22.5 credits)

Semester 1

BIOL 100 Anatomy for Health Professionals	3 cr.
HLTH 234 Medical Terminology	2 cr.
MDWF 144b Midwife's Assistant Orientation	<u>3 cr.</u>
Total Credits =	8 Credits

Semester 2

HIST 184 History of Midwifery	1 cr.
ENGL 111 Technical Writing I	3 cr.
HLTH 130 Holistic Health	3 cr.
HLTH 131 Health Skills Lab	<u>.5 cr.</u>
Total Credits =	7.5 Credits

Semester 3

COMM 114 Communication Skills for Midwives	1 cr.
BIOL 202 Anatomy & Physiology of Obstetrics	2 cr.
MDWF 342 Prenatal Care	3 cr.
MDWF 343 Prenatal Care Lab	<u>1 cr.</u>
Total Credits =	7 Credits

YEAR II (18.5 credits)

Semester 1

HLTH 336 Diagnostic Tests	2 cr.
HLTH 337 Diagnostic Tests Lab	.5 cr.
MDWF 242 Labor & Birth	2 cr.
MDWF 243 Labor & Birth Lab	1 cr.
BOTNY 150 Herbology for Midwives	<u>2 cr.</u>
Total Credits =	7.5 Credits

Semester 2

MDWF 246 Postpartum Care	2 cr.
MDWF 247 Postpartum Care Lab	1 cr.
MDWF 341 Breastfeeding	2 cr.
*PHYT 224 Massage	<u>2 cr.</u>
Total Credits =	7 Credits

Semester 3

MDWF 344 Complications	2 cr.
COMM 214 Midwifery Support Skills	<u>2 cr.</u>
Total Credits =	4 Credits

YEAR II (11.5 credits)

Consider planning a short-term clinical externship
Begin preparations to apply for the NARM or CMRE exam.

Semester 1

MATH 212 Math for Midwives	3 cr.
MDWF 447 Well Woman Care	2 cr.
MDWF 448 Well Woman Care Lab	<u>1 cr.</u>
Total Credits =	6 Credits

Semester 2

MDWF 346 Suturing I	1 cr.
MDWF 439 Obstetrical Pharmacology	1 cr.
MDWF 335 IV Skills	<u>.5 cr.</u>
Total Credits =	2.5 Credits

Semester 3

MDWF 331 Advanced Skills Lab	1 cr.
BUS 413 Midwifery Services	<u>2 cr.</u>
Total Credits =	3 Credits

*These classes are considered elective courses and can be exchanged for other elective classes of equal or greater credit.

FOUR YEAR BACHELOR OF SCIENCE SAMPLE COURSE OUTLINE

YEAR 1 (22.5 credits)

Semester 1

BIOL 100 Anatomy for Health Professionals	3 cr.
HLTH 234 Medical Terminology	2 cr.
MDWF 144b Midwife's Assistant Orientation	<u>3 cr.</u>
Total Credits =	8 Credits

Semester 2

HIST 184 History of Midwifery	1 cr.
ENGL 111 Technical Writing I	3 cr.
HLTH 130 Holistic Health	3 cr.
HLTH 131 Health Skills Lab	<u>.5 cr.</u>
Total Credits =	7.5 Credits

Semester 3

COMM 114 Communication Skills for Midwives	1 cr.
BIOL 202 Anatomy & Physiology of Obstetrics	2 cr.
MDWF 342 Prenatal Care	3 cr.
MDWF 343 Prenatal Care Lab	<u>1 cr.</u>
Total Credits =	7 Credits

YEAR II (21 credits)

Semester 1

MDWF 242 Labor & Birth	2 cr.
MDWF 243 Labor & Birth Lab	1 cr.
HLTH 336 Diagnostic Tests	2 cr.
MDWF 337 Diagnostic Tests Lab	.5 cr.
BOTNY 150 Herbology for Midwives	<u>2 cr.</u>
Total Credits =	7.5 Credits

Semester 2

MDWF 246 Postpartum Care	2 cr.
MDWF 247 Postpartum Care Lab	1 cr.
BIOL 406 Embryology & Neonatology	2 cr.
MDWF 341 Breastfeeding	<u>2 cr.</u>
Total Credits =	7 Credits

YEAR II

Semester 3

*PHYT 224 Massage	2 cr.
MDWF 344 Complications	2 cr.
MDWF 335 IV Skills Lab	.5 cr.
COMM 214 Midwifery Support Skills	<u>2 cr.</u>
Total Credits =	6.5 Credits

YEAR III (19 credits)

Consider planning a short-term clinical externship in the next two (2) years.

Semester 1

MATH 212 Math for Midwives	3 cr.
*PHYT 320 Reflexology	1 cr.
MDWF 447 Well Woman Care	2 cr.
MDWF 448 Well Woman Care Lab	<u>1 cr.</u>
Total Credits =	7 Credits

Semester 2

MDWF 346 Suturing I	1 cr.
HLTH 437 Homeopathy	3 cr.
MDWF 439 Obstetrical Pharmacology	1 cr.
MDWF 331 Advanced Skills Lab	<u>1 cr.</u>
Total Credits =	6 Credits

Semester 3

MDWF 446 Suturing II	1 cr.
BIOL 404 Nutrition for the Childbearing Years	2 cr.
ENGL 311 Technical Writing	<u>3 cr.</u>
Total Credits =	6 Credits

YEAR IV (11 credits)

Prepare to apply for the NARM or CMRE Exam

Semester 1

*HLTH 335 Body Systems Analysis	2 cr.
*PHYT 340 Aromatherapy	1 cr.
BIOL 306 Genetics	<u>2 cr.</u>
Total Credits =	5 Credits

Semester 2

*PHYT 234 Therapeutic Modalities	1 cr.
STAT 312 Epidemiology	1 cr.
STAT 313 Research Analysis & Statistics	<u>2 cr.</u>
Total Credits =	4 Credits

Semester 3

BUS 413 Midwifery Services	<u>2 cr.</u>
Total Credits =	2 Credits

*These classes are considered elective courses and can be exchanged for other elective classes of equal or greater credit.

Graduate Program Overview



If you have a Bachelor Degree from an institution accredited by an U.S. Department of Education recognized agency, you are eligible for the MCU graduate program. Depending on your qualifications, you may enter the graduate program in one of three tracks; the Non-science track, the Science & Medical track, or the Certified Professional Midwife (CPM) track.

If accepted to the program you will work with an advisor to individually tailor your program. With the exception of the CPM track, your program will include coursework that will cover all of the MANA Core Competencies and NARM Skills. The number of required credits per program will vary from student to student.

In addition to course work, you must complete a thesis and a thesis defense. Students in the CPM track must also successfully pass a comprehensive written essay exam.

The Certified Master Midwife designation (CMM) is designed for students who wish to have a master level education but do not have a CPM designation or bachelor degree.

NON-SCIENCE TRACK

Students with a Bachelor of Arts or a non-biological science degree will apply for the non-science track. The non-science track can require a possible 108 academic and clinical credits. The amount of credit required will be dependant on your previous transcripts. Students have a total of 6 years to complete the non-science track. Graduation requirements include successfully passing the NARM exam (or the CMRE exam for Canadian students).

SCIENCE & MEDICAL TRACK

Students with a Bachelor in the biological sciences or a medical/nursing background will apply for the science & medical track. This track can require a possible 108 academic and clinical credits. The amount of credit required will be dependant on your previous transcripts. Students have a total of 6 years to complete the science & medical track. Graduation requirements include successfully passing the NARM exam (or CMRE exam for Canadian students).

**Graduation Requirements for MSM
Non-science or Science & Medical Track**

Completion of the following courses:

1. PROD 510 Personality Type, 1 cr.
2. PROD 511 Master Plan & Prospectus, 1 cr.
3. MDWF 560 Thesis, 6 cr.; or MDWF 584 Project, 6-8 cr.
4. SOSC 420 Advanced Midwifery Studies I, 1 cr.

Completion of:

1. 75 prenatal exams including 20 initial prenatal exams
2. A total of 52 births which include:
 - a. (need number here) Participant Attendant Births
 - b. 10 Assistant Attendant Births
 - c. 22 Primary Attendant Births under direct supervision
 - i. 10 of the primary births must be in out-of-hospital settings
 - ii. 3 of the primary births must be with women for whom the student provided primary care during at least 4 prenatal visits, the birth, one new born exam and one postpartum exam
 - d. 20 newborn exams
 - e. 40 postpartum exams
 - f. 4 additional misc. clinical credits

Completion of remaining credits as determined by your individualized Master Plan from curriculum levels I-IV.

Completion of a minimum of 32 semester credits, at least 40% must be MCU courses.

Completion of parts I-VII of the Practical Skills Guide for Midwifery.

Submit the following:

1. Copy of Informed Consent (completed in coursework)
2. Copy of Emergency Care Plan (completed in coursework)
3. Copy of Practice Guidelines (completed in coursework)
4. Copy of current membership in a local or national midwifery organization
5. Copy of current CPR certification
6. Copy of current NRP certification
7. Copy of certificate of completion for a 14-16 hr. Doula Course

Pass all courses with at least a C grade.

Have a minimum cumulative GPA of 3.0.

Pass the NARM exam as required for the Certified Professional Midwife credential or pass the CMRE exam for Canadian students.

CPM TRACK

Students who have both a current CPM certificate and Bachelor degree are eligible to apply to the CPM track. This track requires a minimum of 32 semester credits.

**Graduation Requirements for MSM
CPM Track**

Completion of the following courses:

1. PROD 510 Personality Type, 1 cr.
2. PROD 511 Master Plan & Prospects, 1 cr.
3. Choice of Clinical Practicum, 5 cr.
4. MDWF 560 Thesis, 6 cr.; or MDWF 584 Project, 6-8 cr.
5. SOSC 420 Advanced Midwifery Studies I, 1 cr.
6. Completion of a minimum of 32 semester credits, at least 40% of which must be MCU courses.

Submit the following:

1. Copy of current membership in a local or national midwifery organization
2. Copy of current CPR certification
3. Copy of current NRP certification
4. Copy of completion certificate for a 14-16 hour DONA-approved doula training or SOSR 162

Pass the comprehensive exam with 80% or above.

Pass all courses with at least a C grade.

Have a minimum cumulative GPA of 3.0.

**CERTIFIED MASTER MIDWIFE
DESIGNATION**

The CMM certificate is designed for students who wish to have a master level education but do not have a CPM designation or bachelor degree in midwifery.

**Graduation Requirements for Certified Master
Midwife Designation**

Completion of the Master of Science in Midwifery degree.

Complete a statistical analysis of your personal midwifery practice.

Document records as a primary care giver for 50 women providing continuity of antepartum, intrapartum and postpartum care.

Program Costs

The estimated program costs do not include transportation, room and board, childcare, computer costs, out-of-local-area clinical training if desired or needed, attendance at MCU conference retreats, phone or pager, and other miscellaneous items. All fees are subject to change throughout the duration of your program. Tuition per credit will increase by 4% each year until 2011.

ASSOCIATE OF SCIENCE IN MIDWIFERY

Initial Application fee	\$35.00
Acceptance Processing Fee	\$135.00
Clinical Area of Study Application fee	\$25.00
Graduation Application fee	\$35.00
Student fees (based on 3 years of study)	\$375.00
Academic Tuition (based on 52.5 cr. @ \$195)*	\$10,237.50
Clinical Tuition (based on 21.5 cr.) @ \$100)*	\$2,150.00
Clinical Insurance (currently not available)	\$0.00
Clinical Handbook	\$0.00
NARM Packet	\$50.00
Estimated Book Cost	\$2,500.00
Estimated midwifery supplies	\$1,900.00
Estimated CPR Certificates	\$75.00
Estimated Neonatal Resuscitation Certificate (\$125/yr)	\$375.00
Membership in Midwifery Organization (based on 3 years @ \$35/yr)	\$105.00
NARM test and certification (As of 1/2005)	\$700.00
ESTIMATED TOTAL	\$18,697.50

BACHELOR OF SCIENCE IN MIDWIFERY CTM CERTIFICATE

Initial Application fee	\$35.00
Acceptance Processing Fee	\$135.00
Clinical Area of Study Application fee	\$25.00
Graduation Application fee	\$35.00
Student fees (based on 4 years of study)	\$500.00
Academic Tuition (based on 74 cr. @ \$195)*	\$14,430.00
Clinical Tuition (based on 25.5 cr.) @ \$100)*	\$2,550.00
Clinical Insurance (currently not available)	\$0.00
Clinical Handbook	\$0.00
NARM Packet	\$50.00
Estimated Book Cost	\$2,700.00
Estimated midwifery supplies	\$1,900.00
Estimated CPR Certificates	\$100.00
Estimated Neonatal Resuscitation Certificate (\$125/yr)	\$500.00
Membership in Midwifery Organization (based on 4 years @ \$35/yr)	\$140.00
NARM test and certification (As of 1/2005)	\$700.00
ESTIMATED TOTAL	\$23,800.00

*With the annual increase of tuition by 4%, total tuition cost will be dependant on how long the student takes to complete their program. The base tuition for students beginning in January 2009 will be \$200 per academic credit and \$105 per clinical credit.

MASTER OF SCIENCE

(NON-SCIENCE, SCIENCE & MEDICAL TRACKS)

*Tuition is based on the most credits that could be required for a program. Tuition could be less depending on the student's individual program.

Initial Application fee	\$50.00
Acceptance Processing Fee	\$135.00
Clinical Area of Study Application fee	\$25.00
Graduation Application fee	\$35.00
Student fees (based on 4 years of study)	\$500.00
Academic Tuition (based on 83 cr. @ \$195)*	\$16,185.00
Clinical Tuition (based on 25.5 cr.) @ \$100)*	\$2,550.00
Clinical Insurance (currently not available)	\$0.00
Clinical Handbook	\$0.00
NARM Packet	\$50.00
Estimated Book Cost	\$2,800.00
Estimated midwifery supplies	\$1,900.00
Estimated CPR Certificates	\$100.00
Estimated Neonatal Resuscitation Certificate (\$125/yr)	\$500.00
Membership in Midwifery Organization (based on 4 years @ \$35/yr)	\$140.00
NARM test and certification (As of 1/2005)	\$700.00
ESTIMATED TOTAL	\$25,670.00

MASTER OF SCIENCE CPM TRACK

*Tuition based on the minimum required 32 credits.

Initial Application fee	\$50.00
Acceptance Processing Fee	\$135.00
Clinical Area of Study Application fee	\$25.00
Graduation Application fee	\$35.00
Student fees (based on 3 years of study)	\$375.00
Academic Tuition (based on 32 credits @ \$195)	\$6240.00
Clinical Insurance (currently not available)	\$0.00
Clinical Handbook	\$0.00
Estimated Book Cost	\$600.00
Estimated CPR Certificates	\$75.00
Estimated Neonatal Resuscitation Certificate (\$125/yr)	\$375.00
Membership in Midwifery Organization (based on 4 years @ \$35/yr)	\$140.00
ESTIMATED TOTAL	\$8,050.00

Payment Plans

MCU makes paying for a midwifery degree as easy as possible. Students are able to take advantage of two payment options.

Monthly Payment Plan

A student's monthly payment includes academic and clinical tuition only. All other fees must be paid for when due. Payment plans are established by the total number of credits needed for graduation, based on this formula: \$195* for each academic credit and \$100* for each clinical credit. This amount will be adjusted for inflation and divided by the total number of months that the student will enroll. This number becomes the monthly payment amount.

*Base tuition for students beginning enrollment in May 2008. The base tuition for students beginning in January 2009 will be \$200 per academic credit and \$105 per clinical credit.

Lump Sum Payments

Students may opt to send in a lump sum of any amount at any time. Lump sum payments will be deducted from the total amount due.

Automatic Payments and Mailed in Payments

Students may select between monthly payments being mailed in or monthly payments being automatically deducted from their bank accounts.

Refund Policy

1. The following fees are non-refundable: Application Fee, Acceptance Processing Fee, and Annual Student Fee.
2. An official withdrawal from MCU courses requires a written request, which can be submitted by fax, e-mail, or postal mail. The withdrawal date will be assessed as to the date the fax or e-mail was submitted, or the postmark on a postal mail withdrawal.
3. A student will be allowed a three-business-day cooling-off period; commencing with the day the student makes their first initial tuition payment, until midnight of the third business day following this date. All tuition money paid by the student will be refunded.
4. A student will be allowed to withdraw after the cooling-off period and receive a full tuition refund up until the point that a major map has been designed for the student and course work has been made available to the student.
5. Upon receipt of a signed letter of official withdrawal, any regularly scheduled monthly payments after that date will be terminated. All student services relative to current course work will also be terminated on that date, unless

otherwise arranged. Incomplete courses will be entered on the student's transcript as an "I."

6. If a student wishes to withdraw, yet complete the courses she is already enrolled in before she withdraws, she may do so by announcing the date of her withdrawal in a signed letter, along with a written declaration that she intends to complete course work currently enrolled in. Her monthly payments will then continue for the duration of time that she is still enrolled.

7. A full refund of conference fees minus a \$20 processing fee will be given if an official withdrawal is made at minimum two weeks prior to the conference. After this date conference fees are non-refundable.

8. All refunds will be processed within 30 days of the receipt of the withdrawal.

Missed Monthly Payments



If a student's payment is not received or has been declined the following policy will take effect:

1. Missed Payment #1
 - a. Financial Manager will call student. A financial arrangement to get caught up is made. Next payment is still due as scheduled.
2. Missed Payment #2 and/or Missed catch-up payment
 - a. Financial Manager will call student. A financial arrangement to get caught up is made. Next payment is still due as scheduled.
3. Missed Payment #3 and/or missed catch-up payment
 - a. Student is automatically placed on Inactive Status. Student cannot access coursework, turn in assignments or receive grades.
 - b. Automatic notice is sent notifying student of placement on inactive status. Notice outlines inactive policy.
 - (1) Student may be on inactive status due to collections for a period of 4 months from the date of the third missed payment.
 - (2) If the student's financial account is not resolved within the 4 month inactive

period they will be officially withdrawn from the program. To return to their midwifery studies at MCU they must reapply to the program, and pay all outstanding payments, fees, and application and acceptance fees.

(3) To reactivate before the 4 month deadline the student must pay an \$85 reactivation fee and pay all outstanding payments including those payments due during the inactive period. The student may work with an MCU coach to readjust their payment plan if possible. Payment plans may not extend past the maximum time parameters of the program.

c. Student either makes the necessary payment to be reactivated or they will be officially withdrawn by MCU.

Reactivation Process

Inactive students who want to become reactivated must:

- 1) Submit a letter of intent
- 2) Be re-accepted by the Registrar or President after an official interview
- 3) Pay an \$85.00 reactivation fee
- 4) Pay the Annual Student Fee
- 5) Complete paperwork for paying tuition or pay for tuition
- 6) Sign a current Enrollment Agreement and Financial Agreement.
- 7) Develop a new Major Map, before registering for any courses.

Student payments are due as individually outlined on the Financial Agreement or as amended with the Financial Manager.

Annual Student Progress Review

A tuition discount of 6% is extended to all students who demonstrate, *after each year* of active enrollment, that they have stayed on their Major Map. The discount will reduce the monthly payments by 6% for the year following the Annual Student Progress Review. The term for each discount will be for one year.

All new students will start the first year at the regular monthly payment rate and must earn the discount during this first year. They will not experience the discounted rate until completing a full year at MCU in which they have stayed on their Major Map.

These reviews will occur within four weeks after the yearly anniversary of each student's acceptance date.

Extension Policy

Extension Time Period and Fees

Students who fail to complete a course within one year from their enrollment date may apply for a one-semester extension by contacting the Registrar. The extension period is defined as beginning on the first day of class for the next semester to the day before the first day of the following semester.

Fees per Credit for Academic Courses:

- 1 Credit Classes: \$95
- 2 Credit Classes: \$190
- 3 Credit Classes: \$285

Re-enrollment after Failure to Complete Courses during the Extension Period

Students who fail to complete a course during the extension period will receive an "I" on their transcript. To remove an "I" from a transcript, the course must be retaken and paid for at the rate of \$195 per credit for academic courses.

Revision of Major Map

Students applying for an extension must meet with the Registrar to revise their Major Map. This must be done at the time of enrollment.

Payment Options

Students may select from two options for payment of extension fees:

Option # 1: The monthly payment amount can be increased to allow for the extension fee to be spread out over the duration of the contract.

Option # 2: The extension fee can be paid by the first day of class for the semester that constitutes the period of extension.



Clinical Program

The Clinical Program at MCU is based on the principles and philosophy of the original model of midwifery training-apprenticeship. We believe that student midwives are best prepared for practice by learning directly from experienced midwives.

Our goal is to prepare midwives for the scope of practice outlined by the Midwives Alliance of North America (MANA, www.mana.org). These standards are outlined in the Core Competencies for Basic Midwifery Practice.

The MCU clinical program meets and exceeds all of the National Association of Registered Midwives requirements (NARM, www.narm.org).

A student must be able to show adequate performance of all NARM Skills and MANA Core Competencies in order to complete MCU graduation requirements.

CLINICAL PROGRAM QUESTIONS

Does MCU help me find a preceptor?

MCU does not place students with preceptors. Students are responsible for finding a preceptor and securing an apprenticeship for themselves. All preceptors must be approved by MCU. Students may contact their coach or the Clinical Dean for guidance.

Who can be a preceptor?

1. All preceptors must meet one of the following criteria:
 - Be a nationally certified midwife (CPM, CM, CNM); or
 - Be legally recognized in a jurisdiction, province or state as a practitioner who specializes in maternity care; or
 - Be a midwife who has been a Primary Attendant without supervision for at least 50 out of hospital births and a minimum of three years.
2. The clinical site that you will be working in must meet basic safety standards.
3. Your preceptor must be approved by MCU before you can receive credit for clinical work.

How do I find a preceptor?

Students should prepare in advance in order to secure a preceptorship. The suggestions below are given to help students build relationships of trust with potential preceptors. MCU has found that when students take the time to build relationships of trust with preceptors, the likelihood of obtaining a solid preceptorship increases. Success is not guaranteed, but MCU students prove that these suggestions work over and over again.

1. Become a student member of your local, state, or provincial midwifery organization. Be as active

as you can in attending meetings, serving on committees, volunteering for special projects, etc. Midwives are interested in knowing that you are willing to do work that might not be as fun as catching babies, that you are interested in the larger community of midwifery, and most importantly, they get to know you.

2. Arrange a face-to-face meeting with any midwives that you might be interested in working with. Your objective is to offer your services as a volunteer. Make sure that you are very clear that you are not asking the midwife to teach you anything or to take you on births; you are only asking to serve her in any capacity that she needs--clean her instruments, file birth certificates, build a website, or arrange for a toy box. You may find that after a few months of volunteering your services, the midwife may offer you a preceptorship. Your volunteer work will give you the opportunity to make sure that this would be a preceptorship you would be comfortable in.

Do I pay my preceptor?

Some preceptors charge a fee for training students. If a student chooses to apprentice with a preceptor that charges fees, the student alone is responsible for these fees. MCU does not pay preceptors. MCU does recommend that if a student chooses to apprentice with a preceptor that charges a fee, the student and the preceptor create a formal agreement including the fees that will be paid, a payment schedule and a refund agreement.

Can I work with more than one preceptor?

We recommend that you apprentice with more than one preceptor at various times during your clinical program. However, if your preceptor has a busy practice, we recommend that you work with only one at a time. All preceptors with which you precept must be approved in order for your records to count.

When do I start my clinical program?

You are free to begin the clinical component of your training when you feel ready to integrate the theoretical knowledge you have gained through your academic courses with the hands on care of midwifery apprenticeship; and you have completed the necessary prerequisites which are:

1. Maintain a 2.5 GPA
2. Current CPR and NRP
3. Completion of MDWF 144b

To begin your clinical area of study you will fill out the Application to the Clinical Area of Study found in the MCU Clinical Handbook.

When am I ready to begin precepting?

MCU recommends that you do not begin your preceptorship until you are close to finishing your first year of studies; however, you are not limited to this time parameter. You should begin within your first year if you are a 3-year ASM student.

If you are more prepared to be a helpful and knowledgeable apprentice you are more likely to find and retain a successful preceptorship.

Skills Requirements

During the course of your apprenticeship, you are expected to acquire the full range of entry-level midwifery skills as defined in the NARM Candidate Information Bulletin (CIB) which can be obtained through <http://www.narm.org/cib.htm>.

MCU documents your progress in mastering skills through the Practical Skills Guide for Midwifery by Pam Weaver and Sharon Evans, and through the MCU Apprentice Skills Check-off List found in the MCU Clinical Handbook.

MCU Minimum Clinical Requirements

General Clinical Experience Policies

Clinical experience numbers are the required number of prenatal exams, births, postpartum, and newborn exams that you are required to complete for graduation. These numbers must be properly recorded and completed under very specific circumstances. The basic policies and guidelines regarding these numbers are below:

1. All of your clinical experience numbers must be done under the direct supervision of an approved preceptor. (Please see "EXCEPTION" below.)
 - The preceptor(s) you work with, who will be signing off your record sheets, must have completed an MCU Preceptor Application and have been accepted as an MCU preceptor.
 - All of the experiences you choose to record must be done with your preceptor in the room with you.
2. All of your clinical experience numbers must be done with you in the Primary Attendant position. (Please see "EXCEPTION" below.)
 - This means that you can perform all aspects of the midwifery care you are responsible for to the satisfaction of your preceptor.
 - This also means that you will need to do a number of exams and births before you are ready to officially record any for your clinical experience numbers.
3. Your clinical experience numbers must span at least one year in length.
 - The date of your first prenatal must be one year from the date of your last primary birth. These dates will be verified by the Clinical Dean.
 - You should complete the majority of your Active Participant and Assist Births before your primary

births. These dates will be verified by the Clinical Dean.

4. Determination of Primary Attendant and/or mastery of skills are at the discretion of your preceptor.
5. The Initial Prenatal Exam includes "covering an intake interview, history (medical, gynecological, family) and a complete physical examination. These examinations do not have to occur all on the first visit to the midwife, but the [student] should perform at least twenty (20) of these examinations on one or more early prenatal visits." NARM CIB
6. Births as a Participant Attendant and Assistant Attendant are births where the student "is being taught to perform the skills of a midwife. Charting, other skills, providing labor support, and participating in management discussions may all be done in [these] births in increasing degrees of responsibility. Catching the baby is a skill that is taught [within the Assistant Attendant] period, but not counted as a supervised primary [birth]." Students do not need to perform all the skills at every birth as a Participant and Assistant Attendant, "but should be present throughout the labor and birth and should perform at least some skills at every birth." NARM CIB
7. Ten (10) of your twenty (20) Participant Attendant births may be births with you acting as an official Doula. The remaining ten (10) must be with you in another role.
8. "Births as a Primary [Attendant] under supervision . . . means that the [student] demonstrates the ability to perform all aspects of midwifery care to the satisfaction of the preceptor, who is physically present and supervising the [student's] performance of skills and decision making." NARM CIB
9. Continuity of Care means that you have given primary care to one woman that includes at least four (4) prenatal exams, the labor and birth, a postpartum and newborn exam. Continuity of Care experience can also be counted individually as part of your clinical experience numbers.

EXCEPTION

1. Births done as a Participant Attendant do not need to be done under the direct supervision of an approved preceptor. These births need only the signature of a witness to verify that you participated in that birth.

Required Clinical Numbers

1. Complete seventy-five (75) prenatal exams including twenty (20) Initial Prenatal Exams. (Student in Primary Attendant role)
2. Attend twenty (20) births as a Participant Attendant. These births do not need to be under the direct supervision of an approved midwife, they only need the signature of a witness. Ten (10) of the Participant Attendant births may be Doula births. (Student not in Primary Attendant role.)

3. Attend ten (10) births as an Assistant Attendant. (Student not in Primary Attendant role.)
4. Attend twenty-two (22) births as a Primary Attendant. (Student in Primary Attendant role.)
 - a. 10 of these 22 births must be in-home or other out-of-hospital settings
 - b. For at least 3 clients of the 22 primary births you must provide continuity of care. This includes 4 prenatal visits, the birth, a newborn exam, and postpartum exam.
5. Complete 20 newborn exams. (Student in Primary Attendant role.)
6. Complete 40 postpartum exams. (Student in Primary Attendant role.)

Certified Professional Midwife

The culmination of your studies at the Midwives College of Utah is becoming a Certified Professional Midwife (CPM). Your studies at MCU prepare you to take the North America Registry of Midwives (NARM) Written Exam. MCU students are exempt from taking the NARM Skills Assessment because they are attending a MEAC-accredited program.

MCU students are required to take the NARM Written Exam (or the CMRE exam for Canadian students) prior to graduation unless they are already a current CPM. Passing the NARM (or CMRE) written exam is required for graduation.

When can I take the NARM exam?

You may take the NARM exam when you have completed the following:

1. All required clinical experience numbers
2. All lab classes
3. Are within six months of graduation from your program

You must begin the process of applying to take the Written Exam at least four (4) months before you plan to take the exam.

Short Term Midwifery Externships

At some point in your training, you may want to participate in a program that offers a varied clinical experience. These programs can be very expensive and vary in length. MCU does not necessarily endorse any particular program, but we generally recommend them as an excellent way to broaden your clinical experience.

MCU suggests that students participate in a short-term midwifery externship closer to the end of their program. This allows the student to experience a different clinical experience than their preceptorship and it allows them to hone the skills that they have developed throughout their program. When considering these programs, we

recommend that you ask them to complete the Preceptor application before making a decision. In order for you to receive clinical credit, the program must be approved.

Student Services

Mentoring

You will have live instructors for each course you are enrolled in. Instructors provide you with personalized mentoring. When you enroll in a course, your instructor will email you an introduction with their availability for mentoring. You may contact your instructor regarding questions or discussion items. Telephone interviews may be scheduled through special request and as per availability of the instructor.

Personal Coaches

If you are a matriculating student (an active student in a degree or certificate program) you will have access to a personal coach. Your personal coach will help you make Major Map adjustments, be accountable to your studies, keep focused and energized, and guide you in the most effective way to complete your program.

Library

MCU has a library of texts and videos available for check out. Books borrowed from the Midwives College of Utah must be returned within one month from the date of loan. The student can extend the library loan by calling or emailing the MCU office. If the book is not reserved by another student, the loan can be extended by two weeks. If the student plans to extend, it is advisable to coordinate this at least ten days before the due date.

Fees associated with library loans are as follows:

Shipping: Cost of shipping to your area
 Overdue fines: \$1.00 for every day late up to and including the cost of a replacement book.

Fees will be debited from the student's account and must be paid before other books can be loaned to the student or before graduation, whichever comes first.

The RoundTable

The RoundTable is MCU's newsletter for students and alumni. Students are encouraged to submit articles or other items of interest. The RoundTable will keep you updated on the current happenings at MCU, clinical openings and job opportunities, supplies and books for sale and much more. The current RoundTable and archived editions are found on the web at www.midwifery.edu.

The MCU Website

The MCU website allows students the following services:

1. Update contact information
2. See a list of upcoming events

3. Pay for courses online
4. Enroll in courses online
5. Receive syllabi online
6. See grades and status of assignments
7. Request test online
8. Listen to training pod-casts online
9. Access your Major Map
10. Email messaging tool

The MCU Writing Lab

This is a wonderful resource for students. The MCU Writing Lab offers you:

- The opportunity to get feedback on papers before turning them in for a grade
- Increases the quality of your work
- Strengthens all of our commitment to excellence

A writing lab can offer assistance with all aspects of paper writing:

- Proper APA citation
- Supporting a thesis statement
- A simple and always beneficial proofread

Accessing the Writing Lab is very easy:

- Simply select "Writing Lab" under Select Recipients in your MCU Messaging Center
- Attach the paper or document you would like support with
- Include the expectations for the assignments, as well as any specific requests or concerns you would like support with

All submissions to the Writing Lab will be read and given feedback within one week of submission. Please allot for this when making your time management plan for your course.

Student Representation

Students are given an opportunity to provide feedback after the completion of every course and of the overall program during an annual survey.

Placement Assistance

MCU does not officially place you in preceptorships, external clinical sites, or jobs after graduation. However, MCU will assist you as much as possible. The MCU website and the RoundTable will keep you updated on clinical placement opportunities and job openings. You may contact the office or your personal coach to discuss credentials and state licensing requirements.

Accommodation for Students with Disabilities

MCU will make every reasonable effort to accommodate students with physical and learning disabilities. Students with disabilities must be able to perform the cognitive and physical skills for direct-entry midwifery care as outlined by the MANA Core Competencies and the NARM Skills. If you have a disability for which you need accommodations for a class, please let your instructor know as soon as possible. You will be required to submit documentation of your disability from an appropriate care provider to the Registrar.

Student Policies



Academic Counseling

If twice you do not pass an exam with 80% or above you will be required to meet with the Academic Dean or an advisor. Through academic counseling you will develop a plan to remediate the deficiencies in your understanding of the coursework, or determine if another testing

method would be appropriate due to disability or other issues.

Academic Integrity

The expectation of the Midwives College of Utah is that all work turned in by a student is the product of her own endeavors. Violations, which include but are not limited to, cheating, providing misleading or false information to staff or instructors and plagiarism, are cause for disciplinary action, including failure of assignment, conferences with MCU President and/or Academic Dean or expulsion from Midwives College of Utah.

Failing to give credit where credit is due is known as plagiarism. Copying, distributing, modifying or displaying a copyrighted work is known as copyright infringement.

1. Students are required to use APA format to cite all specific sources both in-text and in a reference list.
2. Avoid writing papers that "cut and paste" beyond what is appropriate. Generally speaking, no more than 20% of your paper should be direct quotes. Your instructor is looking for papers with your thoughts and ideas as well as supporting references.
3. If you paraphrase another person's written or spoken words, you are also plagiarizing. "You are guilty of the academic offense known as plagiarism if you half-copy the author's sentences - either by mixing the author's phrases with your own without using quotation marks or by plugging in your synonyms into the author's

sentence structure." (Writer's Reference, Diana Hacker, 5th edition). This is not to say that you cannot use another person's ideas or words and put them into your own words. Just remember that when you do so, you acknowledge the source of information using the APA format.

4. MCU does not tolerate the submission of a paper that is written by another person or is "ghostwritten".
5. If you own a copyrighted audio or video recording, you must have permission from the copyright holder to copy, distribute, modify, display or perform their work. If you do not have this permission, you are infringing upon the copyright and could be subject to legal prosecution by the owner of the copyright.

Any time a teacher sees plagiarism, it will be reported to the Academic Dean and/or President and a log of the incident will be placed in the student's file. If offenses are taking place in more than one class, any offense after an initial warning from any or all class instructors will accrue towards a second or third offense.

- First offense: Instructor will conference with the student and student will redo the assignment.
- Second offense: Automatic failure on the assignment and mandatory conference with MCU President and/or Academic Dean.
- Third offense: Failure of the course and possible expulsion from Midwives College of Utah.

Academic Probation

You will be placed on academic probation if your core courses or general GPA are under 2.0 (C grade) or you have two "I" (incomplete) grades on your transcripts. If you have two "I" grades you cannot register for other courses until at least one of the "I" grades is removed.

Active (Matriculating) Student Status

If you have been accepted to a degree or certificate program and are current in your tuition payments and annual student fees you are considered an Active or Matriculating student. If you are not current in your tuition payments and/or annual student fees you will be considered an inactive student. Please see Inactive Student Status.

Annual Student Fee

An annual student fee is due from all students upon acceptance to a degree or certificate program and annually on or before the 15th of January. If a student is late or does not pay their fee they will be placed on inactive status. This fee will be prorated at 75% for students that are accepted between October and December of MCU's academic year.

Annual Student Progress Review

A tuition discount of 6% is extended to all students who demonstrate *after each year* of active enrollment, that they have stayed on their Major Map. The discount will reduce the monthly payments by 6% for the year following the Annual Student Progress Review. The term for each discount will be for one year.

All new students will start the first year at the regular monthly payment rate and must earn the discount during this first year. They will not experience the discounted rate until completing a full year at MCU in which they have stayed on their Major Map. These reviews will occur within four weeks after the yearly anniversary of each student's acceptance date.

Auditing Courses

If you wish to audit courses you must register for the course and pay the regular tuition and fees; you will not receive credit for the course. Your transcripts will show an AU for the audited course. You may not petition for credit after having audited a course.

Challenge Exams

Challenge Exams

1. Students who wish to challenge a course must be currently enrolled at MCU as a degree-seeking student.
2. Students may not challenge courses previously failed, courses from which they have previously withdrawn, courses for which they have previously received credit, or courses for which they have received a full syllabus.
3. Students must pay half of the course tuition for a challenged course. If the student fails the exam, they will be required to take the full course and the full course tuition will be applied.
4. Students wishing to challenge a course **SHOULD NOT ENROLL IN THE COURSE FIRST**. To challenge a course, students must first complete a Challenge Exam Form. This form must be submitted to the Director of Distance Studies for approval. Not all courses are challengeable. If approved, the student will receive a list of the learning objectives, MANA Core Competencies, NARM Skills, and required texts applicable to the course.
5. If approved to challenge a course, the student will have one year from the date of challenge approval to take the challenge exam. If the challenge exam is not passed the student will have one year from the date of challenge approval to complete the full course. Students are encouraged to take their challenge exams as early as possible so that in the case of not passing the exam, they have time to complete the full course.

6. When the student is ready to take the challenge exam they should request the test from the Director of Distance Studies. The test must be completed within two weeks of receipt by the proctor.
7. The test must be passed with 80% or above to receive credit for the course. Courses passed by Challenge Examination will only receive a P (Pass) grade which will not be calculated in the students overall GPA. Students who do not pass the Challenge Exam do not receive a grade or credit, and must complete the full course.
8. Students may take a Challenge Exam or challenge a course only once.

Clinical Policies

Please refer to the MCU Clinical Handbook.

CPM Credential

You must successfully pass the NARM exam (or CMRE exam for Canadian students) to complete your graduation requirements. Students enrolled in a MEAC accredited school, such as MCU, are exempt from taking the NARM Skills Exam and are only required to take the NARM Written Exam.

Please see the MCU Clinical Handbook for specific policies and procedures regarding taking the NARM Exam. Canadian students please see <http://cmrc-ccosf.ca/node/23> for CMRE requirements.

For additional information on the CPM Certification Examination Process, to obtain the Candidate Information Bulletin, or to determine current testing dates, please visit: <http://www.narm.org>

Confidentiality of Records & FERPA

The Family Educational Rights and Privacy Act of 1974, states that an educational institution will maintain the confidentiality of student education records. Educational records are any records with students' names on them: files, documents, and materials, in whatever medium, which contain information directly related to students and from which students can be individually identified.

The Midwives College of Utah accords all the rights under the law to students who are declared independent (defined as 18 years of age or older or enrolled in a post secondary institution). No one outside MCU shall have access to or receive information from students' education records without the written consent of students. However, information may be released to personnel within the institution, officials or other institutions in which students seek to enroll, persons or organizations providing financial aid to students, accrediting agencies carrying out their review functions, and persons managing an

emergency in order to protect the health and safety of students or others.

Students have the right to review information contained in their educational records, challenge the contents of their educational records, have a hearing if the outcome of the challenge is unsatisfactory, and submit explanatory statements for inclusion in their files. Such statements may be submitted to the Office of the Registrar.

Within MCU, only those employees, individually or collectively, acting in the students' educational interests are allowed access to student educational records. These include personnel in the Office of Admissions, Office of the Registrar, Financial Aid, Business Operations, Student Services, and academic personnel within the limitations of their *need to know*.

Course Evaluations

When you complete a course, you are required to complete a Student Course Evaluation Form found at the end of your syllabus. This is an opportunity for you to have a direct impact on the improvement of your instructors, courses and MCU services.

CPR & NRP Certification

You are required to have current CPR and Neonatal Resuscitation certifications prior to working with a preceptor and to meet graduation requirements. MCU recommends that students take CPR for the Professional Rescuer through the American Red Cross to meet their CPR requirement. For possible NRP trainings, please contact the MCU office.

Credit Hours

According to generally accepted standards, one (1) distance education credit requires forty-five (45) hours of course work including study, presentations, projects, reading and writing assignments and other assignments as required for meeting the course objectives.

MCU allocates one (1) clinical credit for thirty (30) hours of clinical experience. Clinical hours are given as follows:

1 prenatal exam	= 1 clinical hour
1 labor & birth	= 10 clinical hours
1 newborn exam	= ½ clinical hour
1 postpartum exam	= 1 clinical hour
1 well-woman assessment	= 1 clinical hour

Any combination of the above experiences that equal 30 hours constitutes 1 clinical credit.

Disciplinary Policies

You will be issued a warning when a significant problem in academic performance, clinical performance, tuition payment or behavior has been identified. A written

documentation of the warning will be sent to you and placed in your file. Warnings are confidential and only you and the appropriate administration or faculty will be notified. If the problem persists you will be placed on probation.

When you are placed on probation your student status is conditional upon meeting probation requirements within a given amount of time. Written documentation of the conditions of probation will be given to you and placed in your file. Reasons for probation include, but are not limited to the following:

- When a warning has been given and the situation is not resolved. Failure to comply with the policies of MCU as described in the student catalog.
- Receipt of a failing grade
- It is determined that you are conducting yourself in an unprofessional manner either in the classroom, clinical situation or in any situation where you are representing MCU.
- Behavior which disrupts classroom learning
- Behavior showing lack of respect to fellow students and faculty.
- Failure to attend classes or clinic without notifying the instructor, preceptor or the school office.
- Failure to pay tuition and fees.
- Behavior that suggests emotional instability.

If the conditions of probation are not met, you will be terminated and your student status discontinued. If you wish to apply again, you must have the approval of the MCU Board of Directors.

Where there is evidence of dishonest, unethical or unlawful conduct, you will be expelled and reapplication is prohibited. Reasons for expulsion include, but are not limited to:

- Cheating or assisting others to cheat.
- Falsifying information on any MCU document.
- Unlawful conduct.
- Accessing confidential MCU documents, files, tests, etc. without proper authorization.

Disclaimer

MCU does not take responsibility for the outcome of any activities suggested within MCU courses or any other MCU activity. You remain completely responsible for the consequences of your own behavior in regards to how you choose to implement the information contained therein.

Enrollment Agreement

The MCU Enrollment Agreement specifies details of your program, refund policies, services and obligations to which MCU is committed to provide to you, and financial obligations. You must sign an Enrollment Agreement at

the time of your acceptance into a degree or certificate program prior to beginning any coursework.

Enrolling in Courses

All courses are made available to you once your major map has been created with the MCU Registrar. You should enroll in courses according to the outline of your Major Map.

Exams

Mid-term and Final Exams require an 80% in order to pass.

Exams will be administered through a proctor. Students must complete and submit the Proctor Certification Form before any tests will be sent. You need only complete one Proctor Certification Form unless you change proctors.

Most courses will require an exam(s) but some do not. Once you have submitted all assignments covered by a test, you can request your test. Exams will be sent directly to your selected proctor once he/she is approved. You will not be permitted to use *any* materials when taking these exams.

School offices, local libraries, and other universities or college testing centers, independent testing centers and schools are approved places to take your exams. Every time you take an exam, you must bring your picture ID. You are expected to adhere to professional dress and grooming standards.

Exams should be taken within 2 weeks of your proctor receiving it. You are responsible for monitoring your own deadlines.

If you would like to retake an exam, contact the Director of Distance Studies within four weeks of the date the exam was taken. A retake exam will not be sent until the first exam is returned to our office. You may retake an exam once for a \$25 fee. Please pay the fee for the test retake before you request your test again.

Extensions for Course Work

Students who fail to complete a course within one year from their enrollment date may apply for a one-semester extension by paying a fee of \$95 per credit for academic courses. No fee is assessed for extending the time period for clinical courses, but students must still apply for an extension for clinical courses. The extension period is defined as beginning on the first day of class for the next semester to the day before the first day of the following semester.

Fees per Credit for Academic Courses:

- 1 Credit Classes: \$95
- 2 Credit Classes: \$190
- 3 Credit Classes: \$285

Re-enrollment after Failure to Complete Courses during the Extension Period

Students who fail to complete a course during the extension period will receive an “I” on their transcript. To remove an “I” from a transcript, the course must be retaken and paid for at the rate of \$195 per credit for academic courses. No re-enrollment fee will be charged for clinical courses, but the “I” will remain on the transcript until the student re-enrolls and completes the clinical course.

Revision of Major Map

Students applying for an extension must meet with their coach to revise their Major Map. This must be done at the time of enrollment.

Payment Options

Students may select from two options for payment of extension fees:

Option # 1: The monthly payment amount can be increased to allow for the extension fee to be spread out over the duration of the contract.

Option # 2: The extension fee can be paid by the first day of class for the semester that constitutes the period of extension.

Calculating for Inflation Rate Increases

Extension fees will increase at the rate of 4% per year, based on annual inflation rate increases. This 4% increase will be the standard until 2011.

Grade Point Average (GPA)

Your GPA is determined by dividing your total grade point earned by the number of semester hours taken. The designated P, W, UW, I, AU are not included in the GPA calculation. If there is any question about a grade received you should contact your instructor or the Director of Distance Studies.

Gradings

The course syllabus will detail the grading criteria for your course. Some courses will be Pass or Fail and some will be awarded a letter grade. For most courses the syllabus work is 66% of the grade and tests are 34% of the grade. Final and Midterm tests must be passed with 80% or above to be acceptable. Tests with a 79% or below score will need to be retaken. Test retake fees will apply.

Course letter grades are given according to the following percentages:

96-100%=A	84-85%=C+
94-95%=A-	80-83%=C
92-93%=B+	78-79%=C-
88-91%=B	76-77%=D+
86-87%=B-	72-75%=D

On your transcript, letter grades are given a numerical value on a 4.0 system.

A	Excellent	4.0
A-	Excellent	3.7
B+	Above Average	3.4
B	Above Average	3.0
B-	Above Average	2.7
C+	Average	2.4
C	Average	2.0
C-	Average	1.7
D+	Below Average	1.4
D	Below Average	0.7
F	Failure	0.0

The following designations are not calculated in the GPA.

P	Pass
UW	Unofficial Withdrawal
W	Official Withdrawal
AU	Audit
I	Incomplete

Graduation

You must submit a Graduation Application prior to graduation. All requirements must be completed at the time of application. Certificates or Degrees are mailed to you when your Graduation Application is accepted.

Graduation ceremonies are held at each fall conference retreat. If you wish to be included in the Graduation Ceremonies, your Graduation Application must be received one month prior to the ceremony.

Grievance Policy

If you have a grievance against the school, a faculty or staff member, the first step in resolution should be speaking with the individuals directly involved.

If you wish to make a formal complaint or grievance, you must submit a formal complaint in writing to the MCU President. The President will review the complaint and determine its validity and gravity through as much investigation as is required. Investigation often means contacting you for more details and then discussing the complaint with persons directly involved. The President will mediate complaint resolution. The President will address formal complaints no later than 60 days.

Complaints and their resolutions will be logged in MCU's Formal Complaint File which will log a complaint for seven years. No discrimination or harassment of a student that has submitted a formal complaint will be tolerated.

Honor Code

A high sense of personal honor and integrity is imperative in the completion of clinical requirements and courses from the Midwives College of Utah. Since the assignments are intended to prepare you for examinations they should be completed without cheating, plagiarizing, or knowingly giving false information. Although you may work in a study group, you must complete your own

work. The syllabus should not be copied or given to others without permission from the Midwives College of Utah.

Examinations will be taken through a proctor who will certify that the exam was completed without the assistance of books, notes or any other outside help unless otherwise stated on the exam. The exam or the answer sheet must not be copied in any way. If proof of academic misconduct is established, you will be given a failing grade and expelled from the program. You will not be allowed to reapply.

Inactive Student Status

When a student has missed three (3) monthly payments, the student will be put on Inactive Student Status. Inactive students may not enroll in courses, submit course work for grading, and receive credits, official transcripts, certificates or degrees. To become active again, the student must pay an \$85.00 reinstatement fee plus all delinquent monthly payments.

Inactive Status for over six months

If a student remains on Inactive Student Status for more than six (6) months, the school will consider her officially un-enrolled. If she wishes to return to MCU, she must go through the initial application process again. All unfinished course work will show a "UW" on the transcripts. All courses with a "UW" must be recalculated into the contract associated with a new Major Map, established at the time of this new application.

Reactivation Process

Inactive students who want to become reactivated must:

- 1) Submit a letter of intent
- 2) Be re-accepted by the Registrar or President after an official interview
- 3) Pay an \$85.00 reactivation fee
- 4) Pay the Annual Student Fee
- 5) Complete paperwork for paying tuition or pay for tuition
- 6) Sign enrollment papers
- 7) Develop a new Major Map before registering for any courses.

Missed Monthly Payments

Student payments are due as individually outlined on the Financial Agreement or as amended with the Financial Manager.

If a student's payment is not received or has been declined the following policy will take effect:

Missed Payment #1

- 1) Financial Manager will call student. A financial arrangement to get caught up is made. Next payment is still due as scheduled.

- 2) Student is sent an Auto Notice (guides student to check their online statement and outlines the complete Collections Policy).

Missed Payment #2 and/or Missed Catch-up Payment

- 1) Financial Manager will call student. A financial arrangement to get caught up is made. Next payment is still due as scheduled.
- 2) Student is sent an Auto Notice (guides student to check their online statement and outlines the complete Collections Policy).

Missed Payment #3 and/or Missed Catch-up Payment

- 1) Student is automatically placed on Inactive Status. Student cannot access coursework, turn in assignments or receive grades.
- 2) Automatic notice is sent notifying student of placement on inactive status. Notice outlines Inactive Policy.
 - a. A student may be on inactive status due to collections for a period of four (4) months from the date of the third missed payment.
 - b. If the student's financial account is not resolved within the four (4) month inactive period they will be officially withdrawn from the program.
 - c. To reactivate before the four (4) month deadline, the student must pay an \$85 reactivation fee and pay all outstanding payments including those payments due during the inactive period. Payment plans may not extend past the maximum time parameters of the program. (See Reactivation Process below)
- 3) A student either makes the necessary payment to be reactivated or they will be officially withdrawn by MCU. All unfinished course work will show an "UW" on the transcripts. All courses with a "UW" must be recalculated into the contract associated with a new Major Map, established at the time of this new application.

Non-discriminatory Policy

The Midwives College of Utah admits students of any race, color, national or ethnic origin, sex, marital status, creed, age or sexual orientation with all the rights, privileges, programs, and activities generally accorded or made available to students at this school. MCU does not discriminate in acceptance procedures, administration of educational policies, scholarship and loan programs, or other school-administered programs.

Proctors

If you take an exam at a location outside the Midwives College of Utah, you must recommend a responsible individual to proctor your exam. You must complete and submit the Proctor Certification Form before any tests will be sent. People in the following positions will normally be approved:

- Public librarian
- Guidance counselor/counseling staff
- Full-time teacher
- School Administrator
- Embassy education officer
- Military base/station education officer
- Local College Testing Center
- Relatives are not approved proctors. Exams will be sent only to a business addresses.

Reactivation Process

Inactive students who want to become reactivated must:

- 1) Submit a letter of intent
- 2) Be re-accepted by the Registrar or President after an official interview
- 3) Pay an \$85.00 reactivation fee
- 4) Pay the Annual Student Fee
- 5) Develop a new Major Map
- 6) Sign a new Enrollment and Financial Agreement.

Record Keeping

MCU suggests that you keep a file of all acceptance materials, the Enrollment Agreement, the Financial Agreement, final grade notices, transcripts and communications to and from the college.

Resubmitting Assignments

Instructors will require your work to meet a high level of quality. You should expect instructors to require you to resubmit assignments that need improvement.

Refund & Withdrawal Policy

- 1) The following fees are non-refundable: Application Fee, Acceptance Processing Fee, Annual Student Fee, Conference Housing and Food reservations.
- 2) An official withdrawal from MCU courses requires a written request, which can be submitted by fax, e-mail, or land mail. The withdrawal date will be assessed as to the date the fax or e-mail was submitted, or the postmark on a land mail withdrawal.
- 3) A student will be allowed a three-business-day cooling-off period; commencing with the day the student makes their first initial tuition payment, until midnight of the third business day following this date. All tuition money paid by the student will be refunded.
- 4) A student will be allowed to withdraw after the cooling-off period and receive a full tuition refund up

until the point that a major map has been designed for the student and course work has been made available to the student.

5) Upon receipt of a signed letter of official withdrawal, any regularly scheduled monthly payments after that date will be terminated. All student services relative to current course work will also be terminated on that date, unless otherwise arranged. Incomplete courses will be entered on the student's transcript as an "I."

6) If a student wishes to withdraw, but wishes to complete the courses she is already enrolled in, she may do so by announcing the date of her withdrawal in a signed letter, along with a written declaration that she intends to complete course work currently enrolled in. Monthly payments will continue until she has paid the tuition for all academic credits and clinical credits she has completed and/or is currently enrolled in. No refunds will be given for tuition already paid except as noted.

Repeating Courses

If you want to repeat a course you must register for the course and pay again in full. When a course is repeated the first grade will be deleted and not calculated in the GPA.

Submitting Assignments

With a few exceptions, all assignments are to be submitted online through MCU's internal system. All syllabi are available on-line in a PDF format. Some students like to print the syllabus off for reference; others like to access the syllabus from their computer.

If sending coursework or lab records by LAND MAIL, send a PHOTOCOPY of 1) the Assignment Cover Sheet, and 2) the accompanying assignments to the MCU office. You may submit more than one section at a time, however, you should complete (and submit) each section in order (e.g. section 3 may be sent with section 2 but not before it) unless you have obtained special permission from your instructor.

Syllabi & Test Correction Timeline

The student can expect coursework to be corrected within two weeks from the date it is received by the office.

Text Books

Textbooks are not included in tuition costs. You are responsible for ordering your own text books. See our web site at www.midwifery.edu for the current textbook list. When purchasing textbooks, it is advisable to order the latest edition available.



Time Limits for Course Work

Courses must be completed 1 (one) year from the date of enrollment in the class, NOT the date the materials were purchased. All course work and tests must be complete on or before the deadline day in order to fall within the one-year time limit. Please see Extensions for Coursework for further details. You are responsible for monitoring your own deadlines.

Time Out

A student is allowed two "time out" periods during their program, a short time out and a long time out. Students may stop taking courses and making payments during the duration of the time out. The student must still pay the Annual Student Fee. Courses currently enrolled in must be completed within the one year deadline or the student may choose to withdraw from courses. If the student chooses to withdraw they must re-enroll. Any new curriculum changes will apply.

The short time out will be for a period of one (1) semester. The long time out will be for a period of two (2) to three (3) semesters.

Transfer Credits

General Transfer Credits

MCU will accept credits from other institutions accredited by a US DOE recognized accrediting agency. Transfer credits must have a C grade or above. MCU follows a semester format and credits transferred from quarter and trimester systems will be reduced in value accordingly.

Courses that may be used to waive MCU courses must be accompanied by a detailed course description in order to determine course equivalency.

Transferring Midwifery/Nursing Credits

College nursing and midwifery courses from accredited schools can be transferred. Courses that may be used to waive MCU courses must be accompanied by a detailed course description in order to determine course equivalency.

Transcripts

Students may view their grades by accessing the MCU website using their username and password. Official transcripts can be requested from the office for a fee.

Unfinished Courses

If a course is not completed within the one year time limit and an extension was not obtained within the 1 (one) month expiration date, you will receive an "I" (incomplete) on your transcript. To change an "I" to a passing grade, you must retake the course and pay for it at the current cost of tuition.

Utah Postsecondary Proprietary School Act (Title 53B, Chapter 5, Utah Code Annotated 1953)

The Midwives College of Utah is exempt from registration under the Utah Postsecondary Proprietary Act because of accreditation through the Midwives Education Accreditation Council (MEAC) www.meacschools.org. The State of Utah does not supervise, recommend, nor accredit MCU. It is your responsibility to determine whether credits, degrees, or certificates from the institution will transfer to other institutions, meet state or provincial licensing requirements or meet an employer's training requirements.

Frequently Asked Questions

Can I transfer my MCU credits to another school?

Credits completed at a direct-entry midwifery program will not transfer to a CNM program at this time. Some colleges and universities have taken direct-entry midwifery program credits in the past, but this is not guaranteed. If you anticipate transferring credits or a degree to another institution you should contact that institution directly regarding credit transferability.

Direct-entry midwifery programs that are accredited by the Midwifery Education Accreditation Council (MEAC) will very often accept credits from other MEAC accredited schools. MCU is MEAC accredited and does accept other MEAC accredited schools transfer credits.

Why can getting a degree in midwifery be important?

Obtaining a degree in midwifery can be an important tool depending on your future goals. MCU has chosen to offer degrees as a way of helping our students obtain the firmest foundation possible in a dynamically changing field. No one knows what will happen in midwifery within the next ten years, but we can be sure that many changes, both politically and professionally, can be expected. When changes come, a degree offers our students a step ahead of those without.



If you would like to teach at the college level you must have a Bachelor degree or higher depending on your teaching position. If you plan on moving from state to state, a degree may give you additional help in meeting licensing requirements.

In addition, a degree can be a symbol of credibility as you develop relationships with clients and other health care professionals throughout your career.

What if I do not pass the NARM exam?

You can take the test again. MCU faculty and staff will be available to assist you.

Can I complete a degree or certificate in less than the designed time frame?

You can complete your degree as quickly as you are able to successfully complete the coursework, however, your clinical experience must span at least one (1) year.

Our statistics show that students rarely complete a program earlier than the designed time frame. There are a number of reasons for this. (1) Students who enroll in distance education programs tend to do so because they are unable to receive their education in the traditional post-secondary format because of life circumstances, e.g. unable to move, young children, work obligations. These life circumstances will tend to slow students down to a more "part-time" speed or less. Our program time frames are designed with these life circumstances in mind.

(2) Students may find themselves in a preceptorship that does not have the birth volume necessary for them to complete their clinicals within the designed time frame.

Can I get a student loan from my bank?

Traditionally, banks that offer student loans require that the institution the student will be attending administers Federal Funds. MCU does not. This means that it will be difficult to obtain a student loan from a bank.

Course Descriptions

BIOLOGY

BIOL 100 Anatomy for Health Professionals, 3 cr.

This course covers the identification and basic functions of various body systems: skin, skeletal-muscular, nervous, endocrine, circulatory, respiratory, digestive, urinary and reproductive. There is also discussion on how pregnancy affects body systems.

BIOL 202 Anatomy and Physiology of Obstetrics, 2 cr.

This course covers pelvic bones, joints, ligaments and classifications, musculature of pelvic floor and perineum, fetal skull, fetopelvic relationships, reproductive organs, the reproductive cycle, natural child spacing, fertilization and early development, fetal circulation and the female urinary tract.

BIOL 306 Genetics, 2 cr.

This course covers basic genetic principles including the structure of DNA and genes, principles of inheritance and the origins of genetic malfunction. It provides the foundation by which the student can research genetic problems, explain them to a client and counsel the client or refer the client for more in-depth counseling.

BIOL 404 Chemistry & Nutrition, 3 cr.

This course will educate students to recognize the relation between health and nutrition and promote measures to reduce morbidity and mortality derived from chronic illness linked to nutritional inadequacy. They will be able to identify nutritional deficiencies and teach ways to overcome those deficiencies through a proper diet in accordance to the needs, means, and personal and cultural preferences of the client. Students will learn the importance of birth weight and brain growth as an evaluative measurement in a newborn. They will understand the benefits and risks of supplements during pregnancy and will learn to recommend the appropriate use of vitamin and mineral supplements. Finally, they will be prepared to teach parents how to feed their children during the first year of life.

BIOL 405 Microbiology, 1 cr.

Students study various pathogens and the roll they play in well-woman, maternal and newborn health. Students also receive a basic overview of the fundamentals of microbiology including an understanding of the physiologic and biological basis of obstetric and gynecological infection.

BIOL 406 Embryology & Neonatology, 2 cr.

Students learn basic embryology, including fetal development and testing, and basic neonatology, including the newborn exam, common and uncommon variations, and guidelines for referring clients to other professionals.

BOTANY

BOTNY 150 Herbology for Midwives, 2 cr.

This course covers the identification and properties of herbs. Students learn to forage herbs and make their own herbal combinations. Students also start their own midwife's herb garden.

BUSINESS

BUS 413 Midwifery Services, 3 cr.

Issues concerning a professional midwifery practice including business strategies, ethics, counseling, taking apprentices, teaching classes, statistics, birth certificates, informed consent, charges, billing, insurance collection, types of services, medical back-up, transport and laws affecting midwifery.

CLINICAL

CLNC 360 Newborn Exam Clinical Practicum

Credit value based on numbers of experience. Students work with an approved preceptor to obtain a minimum of 20 newborn exams as a Primary Attendant.

CLNC 370 Prenatal Care Clinical Practicum

Credit value based on numbers of experience. Students work with an approved preceptor to obtain a minimum of 75 prenatal exams as a Primary Attendant, 20 of which must be initial prenatal exams.

CLNC 380 Labor & Birth Clinical Practicum

Credit value based on numbers of experience. Students work with an approved preceptor to obtain a minimum of 52 births, 20 of these births as Participant Attendant, 10 as Assistant Attendant, and 22 as Primary Attendant. Ten of the Primary Attendant births must be out-of-hospital, and 3 must be continuity of care.

CLNC 390 Postpartum Clinical Practicum

Credit value based on numbers of experience. Students work with an approved preceptor to obtain a minimum of 40 postpartum exams as a Primary Attendant.

CLNC 470 Well Woman Care Clinical Practicum

Credit value based on numbers of experience. These exams must be completed as Primary Attendant.

CLNC 478 Clinical Experience, Administrative

Students may receive credit for doing administrative work in midwifery practices or other related situations. 1 hour of work = 1 clinical hour.

Applies to paid position in hospital or hospital-type settings. 1 hour of work = 1 clinical hour. Hours must be verified by supervisor.

CLNC 476 Clinical Practicum , Labor & Delivery

Applies to paid position in hospital or hospital-type settings. 1 hour of work = 1 clinical hour. Hours must be verified by supervisor.

CLNC 477 Clinical Practicum , Business

Experience directly related to the business aspects of midwifery. 1 hour of work = 1 clinical hour.

CLNC 479 Miscellaneous Clinical Experience

Other types of experiences not elsewhere classified.

1 hour of work = 1 clinical hour.

COMMUNICATIONS

COMM 114 Communication Skills for Midwives, 1 cr.

This course covers basic elements of interpersonal communication including non-verbal communication. Cultural differences, effective listening and conflict resolution are also covered.

COMM 214 Midwifery Support Skills, 2 cr.

This course will train the learner to confidently understand and facilitate healing for women who are survivors of abuse and have or are experiencing the loss of a child through death or miscarriage. Challenges in the client-caregiver relationship are thoroughly examined, with much practical advice for improving trust and communication as well as self-help techniques to handle abuse and grief-related distress.

ENGLISH

ENGL 200 Writing for Midwives, 3 cr.

This course covers basic grammar, usage, spelling and punctuation, research tools, and basic writing skills, and prepares students to communicate effectively: researching, organizing, writing and editing various written materials. Student is oriented toward writing appropriate to her work as a midwife, such as research papers, practice guidelines, business letters, curriculum vitas, and client education materials (handouts), as well as writing for both general and professional publication.

ENGL 201 Writing for Midwives Seminar, 2 cr.

This course covers writing appropriate to her work as a midwife, such as research papers, practice guidelines, business letters, and client education materials (handouts), as well as writing for both general and professional publication.

ENGL 311 Technical Writing, 3 cr.

Student is oriented toward research and writing research papers, as well as writing for both general and professional publication. At the completion of this course, the students will be able to demonstrate knowledge and skills in the following areas:

- Finding, reading and understanding general, medical and legal research materials
- Follow the APA style of documentation of research
- Write from research correctly, clearly and elegantly
- Critique and revise research articles
- Submit an article for publication to a journal or magazine

HEALTH

HLTH 130 Holistic Health, 3 cr.

This course covers the fundamentals of health, how diet affects health and different types of diets; the role of carbohydrates, proteins and fats in the diet and their impact on health and disease; vitamins and minerals and their impact on health; nutritional and cleansing herbs, environmental toxins, exercise and hydrotherapy.

HLTH 131 Health Skills Lab, 0.5 cr.

This course teaches hand washing, sterile techniques, and basic assessment of heart rate, breathing pulse and blood pressure and treating for shock.

HLTH 332 Pediatrics, 2 cr.

This course is specifically designed to explore the needs of children and adolescents after the newborn period. Assessment, age appropriate strategies and cultural differences will be discussed. Current research will be reviewed by participants to enhance the midwife's care of family members.

HLTH 234 Medical Terminology, 2 cr.

This course covers basic word structure; suffixes, prefixes and terminology associated with the prenatal period, labor and birth, postpartum and the newborn.

HLTH 335 Body Systems Analysis, 2 cr.

This course covers general iris analysis including history, theory, application, markings, healing crises and cause of disease. It also addresses strategies to support body systems.

HLTH 336 Diagnostic Tests, 2 cr.

This course includes the physiological changes of pregnancy, disease conditions relating to pregnancy and the reproductive organs, tests to detect physical conditions (both physiological and pathological), fetal diagnosis, maternal metabolic disorders and postpartum testing.

HLTH 337 Diagnostic Tests-Phlebotomy Lab, .5 cr.

This course includes selection of tubes for blood tests common in pregnancy, contents of variously colored tubes, vacutainer equipment and drawing techniques, including selection of veins, multi-tube drawing, aseptic technique and labeling. Documentation of hands-on experience is required.

HLTH 437 Homeopathy, 3 cr.

This course gives students an understanding of the origins of homeopathy, how disease is manifested, how to take a case, how to prioritize the signs and symptoms, and how to prepare and administer homeopathic remedies. It will also provide an introduction to a number of remedies useful in the practice of midwifery.

HISTORY

HIST 184 History of Midwifery, 1 cr.

The purpose of this course is to give students an overview of the history of midwifery, from ancient times through the present.

MATH

MATH 212 Math for Midwives

This course teaches basic math skills to enable the midwife to make correct calculations and interpret data.

MIDWIFERY

MDWF 144b Midwife's Assistant Orientation, 3 cr.

This course helps student midwives prepare to become efficient, trustworthy and competent assistants. This course is designed to give the student an understanding of the requirements and duties of a midwife's assistant. After having completed this course, students will be prepared with the theoretical background necessary for her clinical practicum.

In addition, this course is designed to help students find and maintain a successful clinical preceptorship

This course incorporates the preparations needed for students who are planning to attend a clinical site or become a midwife's assistant as either an apprentice or a second attendant. (*Second attendant* is a term specifically used in Canada to identify a primary midwife's assistant.) The term "Midwife Assistant" is used for generic purposes and includes all of these different models of training. A student midwife needs to be prepared to assist during labor and delivery in order to complete the clinical requirements necessary for graduation, whether or not she chooses a local clinical site or one in another country, state or province.

MDWF 242 Labor and Birth, 2 cr.

Physiology and management of first, second and third stages of labor are taught in this class. Students also learn about the mechanism of labor for occiput anterior, transverse, posterior, face, brow, military and breech presentations.



Dianne Bjarnson—Founder of MCU

MDWF 243 Labor and Birth Lab, 1 cr.

Skills from Part III (Labor and Delivery) from *Practical Skills Guide for Midwifery* are passed off in this lab.

MDWF 246 Postpartum Care, 2 cr.

Physiology, psychology, management and complications of the puerperium are taught in this class. Students will also learn about the newborn physical exam, estimation of gestational age by maturity rating, and breastfeeding.

MDWF 247 Postpartum Care Lab, 1 cr.
Skills from Parts IV (the Postpartum Period) and V (the Newborn Period) from *Practical Skills Guide for Midwifery* are passed off in this lab.

MDWF 331 Advanced Skills Lab, 1 cr.
IM injections, catheterization, and episiotomy are taught in this class.

MDWF 335 IV Skills Lab, .5 cr.
Covers basics of IVs, both academic and hands-on. Includes indication for IV therapy in childbirth, types of fluids, and proper technique in starting, administering, and discontinuing IVs, as well as proper charting. Must show hands-on experience.

MDWF 341 Breastfeeding, 2 cr.
Students will learn about the historical and cultural background of breastfeeding, anatomy and physiology of breastfeeding, breast milk and the infant, the breastfeeding process, breastfeeding problems and breastfeeding beyond the postpartum period.

MDWF 342 Prenatal Care, 3 cr.
This course covers preparing for pregnancy, psychological and physiological changes of pregnancy, prenatal care, maternal exam (including vulva, vagina, cervix, perineum, and anus), breast exam abdominal evaluation, disorders and diseases of pregnancy, abnormalities of early pregnancy and complaints of pregnancy.

MDWF 343 Prenatal Care Lab, 1 cr.
Skills from Part II (the Prenatal Period) from *Practical Skills Guide for Midwifery* are passed off in this lab.

MDWF 344 Complications, 2 cr.
This course covers complications during labor and delivery and also some complications during the prenatal and postpartum periods. Hemorrhage, retained placenta, placenta accreta, abnormal uterine action, induction of labor, preterm labor, prolonged labor, dystocia, and many other problems are covered.

MDWF 346 Suturing I, 1 cr.
This course includes suturing techniques, assessing genital damage, preparing to suture and first and second degree repair.

MDWF 406 Embryology & Neonatology, 2 cr.
This course covers normal fetal development from conception to birth and explores the likely effects of teratogens applied at different points of development. It also covers the evaluation and management of conditions perhaps encountered by the newborn.

MDWF 439 Obstetrical Pharmacology, 1 cr.

The purpose of this course is to teach students basic facts about the administration of drugs commonly used in the direct entry practice of midwifery. A midwife should be familiar with methods of research and client education regarding the safety of drugs in the childbearing years, and educate clients about benefits and risks.

This course includes basic pharmacology, basic protocol for midwifery practice, how to administer intramuscular injections, how to place intravenous catheter, and educating clients about risks and benefits.

MDWF 446 Suturing II, 1 cr.
The purpose of this course is to teach students advanced suturing practice, principles, and techniques.

This course completes the academic training in suturing for the student midwife which was begun in Suturing I, and focuses on uncommon or more difficult types of repairs. At the completion of this course, the student will be able to demonstrate knowledge and skills in the following areas:

- Checking for and identifying first through fourth degree tears
- Identifying other types of pelvic damage
- Appropriate use and repair of episiotomies
- Forms & usage of anesthetic agents
- Tying off bleeding vessels
- Dealing with skin tags
- Third and fourth degree repairs
- Cervical repairs
- Transport and ethical issues

MDWF 447 Well Woman Care, 2 cr.
This course explores the basic health of women who are outside of the prenatal period. Topics covered include: the normal reproductive cycle, dysfunctions of menstruation, contraceptive devices and information, sexually transmitted infections, how to perform a well-woman examination, PAP smear interpretation and overall care using nutrition, herbs, exercise and diet. Also included is information about the female sexual response and various mental and emotional aspects of wellness and health.

MDWF 448 Well Woman Care Lab, 1 Cr.
This course covers lab skills that are used in well woman care.

PHYSICAL THERAPY

PHYT 320 Reflexology, 1 cr.
This course introduces reflexology including its history, why it is helpful to midwives, how it works, basic techniques, relaxing techniques, reflex points on the feet and other parts of the body, working different body systems, reflex points for specific disorders, applied lymphology, as well as pain relief and body work during labor. Students give 30 reflexology treatments.

PHYT 340 Aromatherapy, 1 Cr.

This course covers the basics of aromatherapy and applies it to the childbearing years.

PHYT 224 Massage, 2 Cr.

This course covers seated massage, mother massage and infant massage. Suggestions are given on how to help specific problems during pregnancy and how to prepare the body for a faster delivery

PHYT 235 Therapeutic Modalities, 1 Cr.

This course gives students an overview of different holistic modalities that may be used in a complementary way with midwifery.

PROFESSIONAL DEVELOPMENT

PROD 510 Personality Type

In this course you will determine your personality type through the Bjaranson Personality Inventory and/or the Keirsey Temperament Sorter II which are shortened versions of the Myers-Briggs Type Indicator (MBTI). Your personality type indicates how you like to look at things and go about deciding things. Knowing your own preferences and learning about other people's can help you understand where your special strengths are, what kind of activities you might enjoy, what your learning style is, and how you tend to interact with people having different preferences. Not only will this help you in your personal and professional life, but it will help you determine your graduate study objectives and activities.

PROD 511 Master Plan & Prospects

In this course you will develop with the help of your advisor your master plan for your individual graduate study. You will write a thesis prospectus and select your thesis committee.

SOCIAL SCIENCES

SOSR 162 Doula Training, 2 cr.

This training is offered at our conference retreats ONLY. It includes the emotional and psychological process of labor and birth, the anatomy and physiology of reproduction, labor and birth, comfort measures, non-pharmacological pain management techniques, appropriate topics for prenatal and postpartum discussion with clients, discussion of ethics, standards of practice for doulas, referral sources for client needs beyond the scope of the doula, communication skills and values clarification. This training is taught by a DONA-approved trainer and fulfills one of the certification requirements for birth doula certification with DONA.

SOSR 364 Childbirth Education, 2 cr.

This course covers the information needed to teach childbirth classes. It includes the development of course outlines, handouts and teaching materials. Basic teaching skills and theory are covered.

SOSC 420 Advanced Midwifery Studies I, 1 cr.

Advanced Midwifery Studies (AMS) is a dynamic student-led independent course that provides MCU

students the opportunity to pursue their unique interests while still receiving MCU credit. AMS allows a student to enroll in approved seminars, symposiums, trainings and courses outside of MCU. Through a series of papers, students will summarize and critique their experiences and ultimately connect them to courses being taught at MCU. The student will make a final proposal for further action. Community action and service are vital aspects of a midwife's role, and the goal of the project is to support the individual's transition from student to midwife. The actualization of the project is the subject of Advanced Midwifery Studies II.

SOSC 421 Advanced Midwifery Studies II, 1 cr.

Advanced Midwifery Studies II is a student-led, independent course that provides an MCU student with the support to put the project proposed in AMS I into action. The only limits with this project are the student's imagination! The purpose of this course is to follow a project through to its fruition, and to expose the student to the wider birthing community. Community service and interaction are vital roles in a midwife's job, and this course is designed to give the student real-life experience in activism of their choosing.

SOSR 463 Natural Family Planning, 1 cr.

Students learn how to instruct women regarding their fertility as it applies to their menstrual cycles, basal body temperature and cervical changes.

STATISTICS

STAT 312 Epidemiology, 1 cr.

Students will study factors affecting the health and illness of populations. Using evidence-based research, students will identify risk factors for disease and determine optimal treatment approaches to clinical practice.

STAT 313 Research Analysis & Statistics, 2 cr.

Students will learn to appropriately interpret and apply research to practice and introduce some concepts of conducting research.

THESIS AND/OR PROJECT

MDWF 560 Thesis, 6

The thesis is selected, developed and completed under the direction of a committee selected by the Graduate Dean and the student. It will require periodic interface between the committee and the student. The thesis should be geared toward producing a practical, substantial published work rather than just completing an academic exercise. The thesis must be an original work. Your thesis must be defended at its conclusion.

PRCT 584 Project 6-8 cr.

The project is selected, developed and completed under the direction of a committee selected by the Graduate Dean and the student. It will require periodic interface between the committee and the student. Projects can include a variety of things including setting up a clinic, developing midwifery courses, policies and procedures, developing and administering a service, developing birth-

related programs such as a birth/postpartum doula training or a certified childbirth education program. Each project must be a substantial work. Credits will be agreed upon during PROD 511. Your project must be defended at its conclusion.

MANA Core Competencies & NARM Skills

Midwives' Alliance of North America (MANA) has developed a list of core competencies for entry level midwives. The North American Registry of Midwives (NARM) has developed a process to verify practical skills and has developed an academic test. NARM is nationally certifying midwives who qualify with the title Certified Professional Midwife (CPM). Most states that license midwives use the NARM testing for licensure.

It is anticipated that with this national standardization, midwives who become NARM certified will be able to move more easily from one state or country to another. Each state, however, has its own laws regarding certification and licensing. It is up to the students to become familiar with the requirements in the state in which they want to practice.

The Midwives College of Utah curriculum is in compliance with the MANA Core Competencies and the NARM Skills. By completing the Associate of Science in Midwifery (ASM) program through MCU, students will be able to apply for NARM certification and take the NARM written exam. The NARM skills exam will be waived for an MCU graduate.

Administration

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Certified Massage Therapist

Kelli Sugihara

Cert Insurance Biller (Green River College), Birth
Assistant (Bates Tech College)

Masaki Sugihara

BS (Rakuno Univ), Teaching Cert (Bukkyo Univ), WA
state teaching certificate

Lainna Wheatley

MSM, BSM (MCU), Cert. Natural Family Planner,
Approved 2nd Attendant (B.C. College of Midwives)

Some courses may include Guest Faculty or Assistant
Faculty.

Consultants

MIDWIFERY CONSULTANTS

Diane Barnes
BS Nursing, CNM, Past MANA President

Ina May Gaskin

BA and MA English, midwife, editor *Birth Gazette*,
author of *Spiritual Midwifery* and other books, Founder of
Farm Midwifery Center, Founding Mother and Past
President of MANA

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Dr. George Wootan
MD (Univ. of Oklahoma), Certified American Board of
Family Practice, Certified Basic Life Support, Certified
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Truth in Advertising

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