



# MIDWIVES

## COLLEGE OF UTAH

MIDWIFING MIDWIVES

## 2015 Catalog

Fall Version

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This catalog is intended as a resource to acquaint prospective students with course offerings, degree programs, tuition rates, policies and procedures of Midwives College of Utah. Midwives College of Utah reserves the right to make any alterations as needed without prior notice.

# Welcome

## Mission

Midwives College of Utah (MCU) provides an educational structure and an integrated learning environment for individuals to become midwives of technical expertise, professional excellence, and personal greatness—namely Midwives of Excellence™.

## Culture

MCU's culture is inspired by the Midwives Model of Care, reflecting philosophies, skills and behavior in both the way we model and train our students. What we teach and how we teach exemplifies what it means to be a midwife of excellence who is self-actualized and values courageous conversations and relationships built upon honesty and trust. MCU delivers a Midwifery Model of Education; ultimately midwifing midwives through their educational journey and beyond.

The Midwives College of Utah may offer you the most intense educational challenge and life-changing experience you have ever had. If you have the desire, determination and character to meet the challenge, you can be assured that your education at MCU will support



a life and midwifery practice of satisfying, rich contribution.

Sincerely,

Kristi Ridd-Young  
President

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# About MCU

The Midwives College of Utah (MCU) was founded in 1980, and is one of the largest and longest-standing direct-entry (out-of-hospital) midwifery programs in the nation. It operates as a non-profit institution with a Board of Directors, a President, administrative staff, and both academic and field (clinical) faculty. MCU offers an Associate, Bachelor, and Master of Science degree in Midwifery. MCU is a distance education institution with administrative offices located in Salt Lake City, Utah.

MCU is accredited by the Midwifery Education Accreditation Council (MEAC) which is approved by the U.S. Secretary of Education as a nationally recognized accrediting agency. Students are assigned live instructors for all on-line, academic courses and work one-on-one under the direct supervision of an MCU-approved preceptor for the clinical component of the program. MCU coursework prepares students to pass the North American Registry of Midwives (NARM) exam or the Canadian Midwifery Registration Examination (CMRE). At the successful completion of the program, students obtain a degree in midwifery and are eligible for the national credential of Certified Professional Midwife (CPM).



## Philosophy



MCU affirms that traditional midwives fill an important and unique position within the health care spectrum. Midwifery is a profession that functions independently and in collaboration with other health care professions.

Traditional midwifery care emphasizes facilitation and enhancement of natural processes throughout all aspects of pregnancy, delivery, postpartum, and well-woman care. It considers emotional and spiritual factors as it utilizes a variety of methods, techniques, modalities and technologies. MCU believes that excellent core midwifery training must be accompanied by entrepreneurial business and life development skills in order to create a holistic midwifery education. MCU provides curriculum in all three of these areas.

The Midwives College of Utah was founded on Christian principles. No specific doctrine is taught in our curriculum. The philosophical perspective and culture of MCU acknowledges the following:

- Spiritual guidance is a part of midwifery
- All good originates from a higher being
- All human beings are children of God

It is the expectation of MCU that all faculty, staff and students support one another in a culture free from discrimination and harassment based on race, color, religion, sex, sexual orientation, age, national origin, disability, marital or familial status, or veteran status.

## Program Objectives

- MCU provides a broad base of education to enhance the student's personal and professional experience via a distance education and community clinical placement model.
- MCU is a committed ally to underrepresented women and families who seek access to midwifery care or who strive to become midwifery providers within their communities.
- MCU curriculum teaches and assesses student knowledge and competency of the MANA Core Competencies, Canadian Competencies for Midwives, and NARM Practical Skills requirements.
- MCU curriculum teaches and assesses student knowledge and competency in homeopathy, herbology, reflexology and other holistic modalities in order to expand the midwife's resources for assisting clients and maintain traditional midwifery arts.
- MCU coursework prepares students to pass the NARM exam and to qualify for NARM certification.
- MCU coursework prepares Canadian students to pass the CMRE exam.
- MCU supports advanced-degree students who wish to conduct practical, substantial, and scholarly work through a master's thesis or project. MCU graduates contribute to the improvement of maternal and child health.
- MCU graduates contribute to the improvement of maternal and child health.
- MCU offers continuing-education opportunities for CPMs and anyone else seeking additional midwifery education.

# Why MCU?

- A MEAC-accredited education
- Pathway to the CPM and provincial registration
- Distance education
- Degrees in midwifery
- Manageable Cost of Program
- Personal coaching throughout program
- Optional on-campus learning intensives
- Endorsement program for California Licensure
- Washington CPM Bridging Program



## Distance Education

The Midwives College of Utah offers a unique distance education program that allows students to complete the academic portion of their degree at their own pace and schedule, and without having to travel to a campus location. Students are assigned an instructor for each course they are enrolled in, and correspond with instructors via e-mail, phone or webinar.

In addition, students complete the hands-on clinical portion of their program while working with an MCU-approved preceptor (midwife), preferably in their local area.

Students are most likely to be successful in the MCU distance program if they:

1. Are self-directed learners
2. Are able to work independently
3. Have access to local clinical opportunities
4. Can periodically travel to additional clinical sites both nationally and internationally

## Designed for Success

The Midwives College of Utah is designed for the midwifery student that needs the freedom of location and time flexibility that distance education offers. As valuable as this freedom is to the needs of many women, many students find that they need certain elements of structure in order to be successful in their programs.

### Freedom of Location

Students are able to complete their academic studies wherever they live in the world. Students must have access to the internet (high speed options highly recommended), and have word processing, scanning and printing capabilities. Students complete their clinical training with an MCU-approved preceptor. Ideally, students have identified appropriate clinical training options prior to entering the MCU program.

Using high-volume clinical sites to obtain all or a majority of clinical numbers is not appropriate for the MCU program. However, in some cases, students may have to leave their local area or country to receive a portion of their clinical training.

### Time Flexibility

Students are able to complete academic and clinical work on their own timetable within the 15 week semester. MCU is on a semester schedule beginning in January, May and September.

### Major Maps

Major Maps are course completion schedules that students develop with the MCU Registrar. Major Maps allow students to see what coursework must be completed within each semester to meet the student's graduation deadline. Major Maps give structure to the flexibility of MCU coursework; if necessary, they can be revised during the student's tenure.

### Financial Options and Incentive

MCU students do not need to worry about gathering a large sum of tuition all at once in order to finance their education. MCU offers students a reasonable Cost of Program and Title IV funding. Please see MCU's Title IV Handbook for specific rules and regulations related to Title IV.

A tuition discount is extended to all students who demonstrate after the first year of enrollment and any year thereafter that the student has completed the Major Map as scheduled. The discount will reduce the Cost of Program by 6% for the following year.

### **Semester Enrollments**

The MCU academic year is divided into semesters.

Winter—January through mid-April

Summer—May through mid-August

Fall—September through mid-December

Students enroll in courses at the beginning of each semester. All courses should be completed within 15 weeks (one semester) of activation. The semester system allows students to begin new courses with other students, making student study groups and interactive sessions more effective. Please see Extensions for Coursework in the Student Policies section of this catalog.

### **House Mothers**

The House Mother program is a unique service offered by MCU. Each student is assigned to a specific house and house mother. Your house mother will help you design an individualized program, create accountability for your program completion goals, support you as you overcome frustrations and roadblocks, and give you ideas to stay focused and energized.

### **Sisters' Circle**

Distance education students may find it challenging to complete courses in a timely manner. Isolation can also pose a problem. A Sisters' Circle is a student-driven program intended to help students overcome some common challenges of distance education.

A Sisters' Circle is designed to be a small, intimate group where the members create relationships and a natural culture of accountability to each other. The circle is designed to help members become more productive and consistent in their midwifery studies, help them meet their Major Map goals, and build a community of support.

## **Continuing Education**

MCU's continuing education option is for those who:

1. Want to take a few classes but do not want to be obligated to a degree program.
2. CPMs who wish to supplement their education or obtain CEUs
3. Want to discover if distance education is right for them.

Note: Students must matriculate into a degree program in order to graduate from MCU.

## **Student Conferences**



MCU student conferences provide hands-on skills training and socialization time with other MCU students, instructors and midwives. Conferences are held three times a year in Salt Lake City, Utah at an eco-friendly facility that is perfect for high-tech presentations and hands-on midwifery skills. The center also provides accommodations for out-of-town students. The winter student conference is held the first full week of March; the summer conference the second full week of June; and the fall conference the first full week of October.

Conference attendees receive a packet of the most up-to-date midwifery supplies to practice and perform hands-on skills. Supplies are included in the conference registration fee.

Students who attend the on-campus learning intensives gain valuable experience as they are taught clinical skills and have the opportunity to pass off skills. Some coursework can be completed during the conferences.

Conference courses require prerequisites and/or preparatory work. Students should plan far enough in advance to complete these prerequisites and required assignments. Students are encouraged to organize their Major Maps to accommodate these requirements.

If a student needs to cancel conference attendance because of extenuating circumstances the following refund schedule will apply:

Cancellation before the conference registration deadline will result in a 100% refund. Cancellation after the conference registration deadline has passed will result in a 25% refund.

If there are less than five people registered for a class, MCU has the right to cancel the class. Class fees will be refunded to students.

# Endorsement Program

MCU is an approved educational route for California licensure by the California Medical Board. If you wish to become licensed in the state of California, you must complete MCU's California Endorsement in addition to your degree requirements.

The MCU California Endorsement requirements are as follows:

## ASM Students

- BIOL 306 Genetics, 2 cr.
- BIOL 404 Chemistry & Nutrition, 3 cr.
- BIOL 405 Applied Microbiology, 1 cr.
- BIOL 406 Embryology & Neonatology, 2 cr.

The ASM student must have completed a total of 84 semester credits.

## BSM Students

- BIOL 405 Applied Microbiology, 1 cr.

# Application Deadlines

MCU allows students to enter programs three times each year. All application materials must be submitted prior to the application deadlines to be considered for acceptance. Application and enrollment deadlines for 2014 are as follows:

Semester Application and Enrollment Deadlines					
Semester Dates	Application Deadline	Acceptance Status Date	Major Map	Classes Begin	Classes End
Summer 2015 (May-Aug)	Feb 5, 2015	Feb 27, 2015	Apr 10, 2015	May 4, 2015	Aug 14, 2015
Fall 2015 (Sept-Dec)	June 5, 2015	June 26, 2015	July 31, 2015	Aug 31, 2015	Dec 11, 2015
Winter 2016 (Jan-Apr)	Oct 5, 2015	Oct 30, 2015	Dec 4, 2015	Jan 4, 2016	April 15, 2016
Summer 2016 (May-Aug)	Feb 8, 2016	Mar 4, 2016	Apr 8, 2016	May 2, 2016	Aug 12, 2016
Fall 2016 (Sept-Dec)	June 6, 2016	July 1, 2016	Aug 5, 2016	Aug 29, 2016	Dec 9, 2016

# Application Process

Midwives College of Utah (MCU) Admissions Committee will conduct a qualitative and quantitative review of each applicant to determine acceptance. The Admissions Committee members are the Registrar, Graduate Registrar, President, Academic Dean and two to three faculty members. Per Title IV requirements, MCU admits as regular students only persons who—(i) Have a high school diploma; (ii) Have the recognized equivalent of a high school diploma; (iii) Are beyond the age of compulsory school attendance.

The application process requires the following:

## Associate Degree Applications

1. Complete application
2. Completion of application questions
3. Two references (if applicant has identified having birth experience, at least one reference should be from someone who has observed the applicant in a birth setting)
4. Proof of high school graduation or the equivalent or transcript of post-secondary education
5. Application Fee
6. Native English speaker or a TOEFEL score of at least 88

## Bachelor Degree Applications

1. Complete application
2. Completion of application questions
3. Two references (if applicant has identified having birth experience, at least one reference should be from someone who has observed the applicant in a birth setting)
4. Official post-secondary transcripts
5. If a CPM, current proof of CPM status
6. Transfer in the equivalent of 23 semester credits from another accredited college or university
7. Application Fee
8. Native English speaker or a TOEFEL score of at least 88

## Master Degree Applications

1. Complete application
2. Completion of application questions
3. Two references (if applicant has identified having birth experience, at least one reference should be from someone who has observed the applicant in a birth setting)
4. Official transcripts with proof of bachelor degree awarded and proof of CPM credential (if applicable)
5. Application Fee
6. Native English speaker or a TOEFEL score of at least 88
7. Official interview with Graduate Dean

### What happens if I am accepted?

1. You will receive an official acceptance notice via email.
2. You must pay your Annual Student Fee and Acceptance Processing Fee immediately.
3. Submit the Enrollment Agreement.
4. Submit the Financial Agreement.
5. Approve Major Map and Cost of Program.

#### To apply visit

<http://www.midwifery.edu/>



## Undergraduate Program Overview

The Midwives College of Utah's undergraduate programs include an Associate of Science in Midwifery and a Bachelor of Science in Midwifery. Students planning to pursue a Master of Science in Midwifery will complete undergraduate prerequisite requirements. Associate of Science (ASM), 81 credits 3-5 years  
Bachelor of Science (BSM), 127 credits 4-6 years  
Master of Science (MSM), 32 credits 1.5 to 3 years

### ASSOCIATE OF SCIENCE IN MIDWIFERY 82 CREDITS

The ASM degree requires at least 3700 hours of academic and clinical work. The degree can be completed in as few as three years, with a total of five years allowed for completion. A full-time student is expected to complete at least six credits per semester. The ASM will prepare you for entry-level practice as a direct-entry midwife. Graduation requirements include successfully passing the NARM exam. Canadian students are required to complete a Bachelor of Science in Midwifery degree rather than the associate degree.

#### Graduation Requirements for ASM

- Completion of 58 academic/lab semester credits
- Completion of a DONA-approved doula training or SOSC 162. It is recommended that this class be completed before enrolling in MDWF 146.
- Completion of at least 24 clinical credits as defined by NARM Eligibility Requirements and the MCU Clinical Handbook. All students admitted after January 1, 2013 will meet the new eligibility requirements as noted in MCU Clinical Handbook 2013. All graduates, even those admitted before

January 1, 2013, will meet the new requirements if graduating after January 1, 2015.

- Completion of Cultural Competency course.
- Copy of required practice guidelines, emergency care plan and informed disclosure
- Current membership in a local or national midwifery organization
- Pass all courses with at least a C grade
- Have a minimum cumulative GPA of 2.5
- Pass the NARM exam or the MCU Comprehensive Exam. The NARM exam is required to receive the Certified Professional Midwife credential.

### TRANSFER TO THE BSM AFTER COMPLETING THE ASSOCIATE DEGREE

If you wish to continue on to the BSM after completing your ASM you must reapply to the higher level program.

### BACHELOR OF SCIENCE IN MIDWIFERY 127 CREDITS



The BSM requires at least 5,720 hours of academic and clinical work. The BSM degree can be completed in as few as four years, with a maximum of six years allowed for completion. A full-time student is

expected to complete at least six credits per semester. This degree requires that the student transfer in 23 semester-level transfer credits from another accredited college or university. Graduation requirements include successfully passing the NARM exam or the MCU Comprehensive Exam. The NARM exam is required to receive the Certified Professional Midwife credential.

#### Graduation Requirements for BSM

- Completion of academic courses to equal a total of 80 academic/lab semester credits.
- Completion of a DONA-approved doula training or SOSC 162. It is recommended that this class be completed before enrolling in MDWF 146.
- Certification in NRP and CPR
- Completion of at least 24 clinical practicum credits as defined by NARM Eligibility Requirements and the MCU Clinical Handbook. All students admitted after January 1, 2013 will meet the new eligibility requirements as noted in MCU Clinical Handbook 2013. All graduates, even those admitted before January 1, 2013, will meet the new requirements if graduating after January 1, 2015.
- Completion of Cultural Competency course
- Transfer in the equivalent of 22 semester credits from another accredited college or university

- Copy of required practice guidelines, emergency care plan and informed disclosure
- Current membership in a local or national midwifery organization
- Pass all courses with at least a C grade
- Have a minimum cumulative GPA of 2.5
- Pass the NARM exam or the MCU Comprehensive Exam. The NARM exam is required to receive the Certified Professional Midwife credential.

### **BSM for a Current CPM**

If a current CPM, wishes to pursue a BSM degree, she may directly enter the BSM program. The CPM designation and additional prior learning can be evaluated through MCU's Life Experience Portfolio Evaluation application. Credit equivalency cannot exceed 76 credits. A CPM who wishes to pursue a BSM degree, must complete at least 34.5 MCU credits as designated on the major map, transfer in any additional credits from an accredited college or university for a total of 127.5 credits.

### **Graduation Requirements for BSM with a CPM**

- Completion of required MCU credits including Life Experience Portfolio Evaluation
- Transfer in the equivalent of 16 semester credits from another accredited college or university
- MCU courses for a total of 127 credits
- Copy of practice guidelines, emergency care plan and informed disclosure
- Current membership in a midwifery organization
- Pass all courses with at least a C grade
- Have a minimum cumulative GPA of 2.5

## **Graduate Program Overview**



The MCU graduate program is research based and does not require additional clinical work once admission requirements are completed. In order to enter the MCU graduate program, you must have completed a bachelor degree in any field and complete MCU's undergraduate requirements for a student seeking a Master of Science in Midwifery degree (see designated page below). If you do not have a bachelor's degree in any field, you will be required to complete the Bachelor of Science in Midwifery program before entering the MSM program.

If you are a CPM seeking a master's degree from MCU and you do not have a bachelor's degree in another field, you must complete the undergraduate requirements (see designated page below) for a CPM pursuing a bachelor's or master's degree. If you are a CPM seeking a master's degree from MCU and you have a bachelor's degree in another field, you can enter the master's program upon completion of SOSC 302, Ethics and the Law and STAT 313, Research Analysis and Statistics.

If accepted into the program you will work with the Graduate Registrar to individually tailor your program. You will have the opportunity to choose one or more Professional Development projects and one or more Fieldwork internships. In addition to graduate coursework, you must complete a thesis or thesis project and a thesis defense. The MSM program is designed to be a two year program; however, you can have a maximum of three years to complete the program to accommodate individual progression. A full-time student is expected to complete at least four credits per semester.

### **Graduation Requirements for MSM**

Completion of 32 academic credits as outlined for the MSM degree. At least 30% of these courses must be MCU courses if you are transferring in applicable credits. Included in the 32 credits are four credits (200 hours) in a fieldwork internship. You will work with the Graduate Registrar and a qualified mentor(s) to individually tailor your project in your desired internship. All courses must be passed with at least a C grade and a minimum cumulative GPA of 3.0.



## Clinical Program

We believe that student midwives are best prepared for practice by learning directly from experienced midwives. Our goal is to prepare midwives for the scope of practice outlined by the Midwives Alliance of North America (MANA, [www.mana.org](http://www.mana.org)). These standards are outlined in the Core Competencies for Basic Midwifery Practice.

The MCU clinical program meets and exceeds all of the National Association of Registered Midwives requirements ([www.narm.org](http://www.narm.org)). In order to complete MCU graduation requirements, a student must be able to show adequate performance in linking theory to practice by demonstrating competency of all NARM Skills and MANA Core Competencies.

MCU students are required to work with an MCU-approved preceptor(s). The preceptor(s) must be approved before the student can expect any clinical experiences to be verified by MCU with the only exception being Participant Attendant births. Please see MCU's Clinical Handbook for a detailed outline of clinical requirements.

## Program Length

You may choose to complete your program on a full-time schedule or a part-time schedule. The sample course completion schedules (Major Maps) on the following pages represent what your course load would be as a full-time student. Students enrolled in the associate program are expected to graduate within five (5) years. The bachelor's degree must be completed within six (6) years and the master's degree within three (3) years.



Coursework is broken down into three four-month semesters per year. This will aid you in seeing what you must complete within concrete blocks of time in order to complete your program within your graduation goal date. The Major Map allows for flexibility when life circumstances change carefully laid out plans.

A Major Map (course completion schedule) will be individually designed for you with the aid of the Registrar. Factors considered in the design of your personal course outline are your graduation goal date, your unique life circumstances, any times of the year that you want coursework light or heavy, possible clinical opportunities, the conference course schedule, and any other future plans that may affect your progress through the program.

If you are a Title IV student, you must enroll in and complete at least six (6) credits in a designated time period. Please work with the Financial Aid Director to assure that your Major Map and student academic progress is in compliance with Title IV regulations.

Students may expect to study 30-40 hours per week to complete 6-8 academic credits every four months. The following Major Map outlines are examples of what you might expect your program to look like if you want to utilize the maximum time frame for the degree. After successfully completing at least two semesters of the designated Major Map, you can request a Major Map change to increase the pace of the program. Please note that clinical work with a preceptor (field faculty) and client is not included in the following outline as clinical completion time varies significantly from student to student.

## Certified Professional Midwife



The culmination of your studies at the Midwives College of Utah is the Certified Professional Midwife (CPM) designation. Your studies at MCU prepare you to take the North America Registry of Midwives (NARM) Written Exam. MCU students are exempt from taking the NARM Skills Assessment because they are attending a MEAC-accredited program.

MCU students are required to take the NARM Written Exam or the MCU Comprehensive Exam prior to graduation unless they are already a current CPM. Canadian students are required to take the CMRE or MCU Comprehensive Exam.

You may apply to take the NARM written exam (apply four (4) months before planning to test) when you have completed the following:

1. All required clinical experience numbers
2. All lab classes
3. All core midwifery classes
4. Are within six months of graduation from your program

## Suggested Associate of Science in Midwifery Major Map

(\*Also fulfills undergraduate requirements for students with an unrelated bachelor's degree seeking placement in MCU's graduate program)

**Title IV students, please consult with the Financial Aid Director to assure that your Major Map and student academic progress is in compliance with Title IV regulations.**

Year One						
Fall Semester			Winter Semester		Summer Semester	
PROD 100 Orientation	0.5		BIOL 100 Anat & Physiology	3	MDWF 146 MDWF Asst	3
ENG 200/1 English	3		HLTH 234 Med Term	2	HLTH 130 Holistic Health	2
MDWF 100 Intro to MDWF	1					
CLNC 100 Clinical Pctm	1					
SOSC 150 Cultural Comp	1.5					
Total	6.5		Total	5	Total	5
Year Two						
Fall Semester			Winter Semester		Summer Semester	
MDWF 338 Prenatal Care I	2		MDWF 340 Prenatal Care II	2	MDWF 242 Labor & Birth	2
MDWF 343 Prenatal Lab	1		MATH 212 Math	2	MDWF 243 L&B Lab	1
BIOL 202 A&P of OB	2		HLTH 336 Diagnostic Tests	2	MDWF 246 Postpartum	2
					MDWF 247 Postpartum Lab	1
Total	5		Total	6	Total	6
Year Three						
Fall Semester			Winter Semester		Summer Semester	
COMM 114 Com Skills	1		MDWF 341 Breastfeeding	1	BOTNY 150 Herbiology	2
MDWF 354 Pre Comp	1		MDWF 447 Well Woman	2	MDWF 356 L&B Comp	1
			MDWF 448 Well Woman Lab	1	HIST 184 or 185 History	1
Total	2		Total	4	Total	4
Year Four						
Fall Semester			Winter Semester		Summer Semester	
HLTH 332 Pediatrics	2		STAT 313 Research Anal	2	COMM 214 Support Skills	2
MDWF 439 OB Pharm	2		MDWF 345 Suturing	1.5	BUS 413 MDWF Services	2
Total	4		Total	3.5	Total	4
Year Five						
Fall Semester			Winter Semester		Summer Semester	
MDWF 335 IV Skills	0.5		SOSC 302 Ethics/Law	1		
MDWF 331 Ad Skills Lab	1		<i>NARM Prep</i>			
Total	1.5		Total	1		
					Academic Credits	58
					Clinical Credits	24
					<b>TOTAL</b>	<b>82</b>

\*Upon completion of the undergraduate requirements, the student is eligible to take the NARM exam and receive an Associate of Science in Midwifery degree prior to completing the Master of Science in Midwifery program.

## Suggested Bachelor of Science in Midwifery Major Map

<b>Year One</b>					
Fall Semester			Winter Semester		Summer Semester
PROD 100 Orientation	0.5		BIOL 100 Anat & Physiology	3	MDWF 146 MDWF Asst 3
ENG 200/1 English	3		HLTH 234 Med Term	2	HLTH 130 Holistic Health 2
MDWF 100 Intro to MDWF	1				
CLNC 100 Clinical Pctm	1				
SOSC 150 Cultural Comp	1.5				
Total	7		Total	5	Total 5
<b>Year Two</b>					
Fall Semester			Winter Semester		Summer Semester
MDWF 338 Prenatal Care I	2		MDWF 340 Prenatal Care II	2	MDWF 242 Labor & Birth 2
MDWF 343 Prenatal Lab	1		MATH 212 Math	2	MDWF 243 L&B Lab 1
BIOL 202 A&P of OB	2		HLTH 336 Diagnostic Tests	2	MDWF 246 Postpartum 2
					MDWF 247 Postpartum Lab 1
Total	5		Total	6	Total 6
<b>Year Three</b>					
Fall Semester			Winter Semester		Summer Semester
COMM 114 Com Skills	1		MDWF 447 Well Woman	2	BOTNY 150 Herbology 2
MDWF 354 Prenatal Comp	1		MDWF 448 Well Woman Lab	1	MDWF 356 L&B Comp 1
MDWF 240 FHR Surveillance	2		MDWF 341 Breastfeeding	1	BIOL 406 Embry/Neonatology 2
TMA	2				
Total	6		Total	4	Total 5
<b>Year Four</b>					
Fall Semester			Winter Semester		Summer Semester
HLTH 332 Pediatrics	2		STAT 313 Research Anal	2	HIST 184 or 185 History 1
MDWF 439 OB Pharmacology	2		MDWF 345 Suturing	1.5	COMM 214 Support Skills 2
			TMA	2	BIOL 306 Genetics 2
Total	4		Total	5.5	Total 5
<b>Year Five</b>					
Fall Semester			Winter Semester		Summer Semester
MDWF 335 IV Skills	0.5		SOSC 302 Ethics/Law	1	BUS 413 MDWF Services 2
MDWF 331 Ad Skills Lab	1		HLTH 437 Homeopathy	3	STAT 312 Epidemiology 1
TMA	2				BIOL 404 Nutrition 3
Total	3.5		Total	4	Total 6
<b>Year Six</b>					
Fall Semester			Winter Semester		Summer Semester
AMS I Ad MDWF Studies	1		AMS II Ad MDWF Studies	1	TMA 1
TMA	1		NARM Prep		NARM Prep
Total	2		Total	1	Total 1
<b>Transfer Credits</b>	<b>22</b>		<b>Clinical Credits</b>	<b>24</b>	<b>Academic Credits 81</b>
*					<b>TOTAL Program Credits 127</b>

\* TMA designates a group of electives in the traditional midwifery arts that a student may choose from: aromatherapy, massage, reflexology, therapeutic modalities, body systems analysis, midwifery in literature, fertility awareness, childbirth education and doula training.

## Suggested Master of Science in Midwifery Major Map

Upon completion of undergraduate requirements, the MSM program is designed to be a two year program; however, we allow up to three years to complete the program to accommodate individual progression.

Year One						
Fall Semester			Winter Semester		Summer Semester	
PROD 510 Personality Type	1		PROD 511 Thesis Prospectus (2 semesters)	3	MDWF 553-MDWF 556	4
ENG 513 Technical Writing	3		STAT 550 Qualitative Methodology	3	FLDW 571-574	1
<b>Total</b>	<b>4</b>		<b>Total</b>	<b>6</b>	<b>Total</b>	<b>5</b>
Year Two						
Fall Semester			Winter Semester		Summer Semester	
PROD 526-532	2		PROD 526-532	2	PROD 526-532	2
FLDW 571-574	1		MDWF 553-MDWF 556	4		
MDWF 584/560 Thesis (3 semesters)	5		FLDW 571-574	1		
<b>Total</b>	<b>8</b>		<b>Total</b>	<b>7</b>	<b>Total</b>	<b>2</b>
					<b>TOTAL</b>	<b>32</b>

### Midwifery Issues Choices

MDWF 553 Midwifery Issues in Prenatal  
 MDWF 554 Midwifery Issues in Labor & Birth  
 MDWF 555 Midwifery Issues in Postpartum  
 MDWF 556 Midwifery Issues in the Newborn

8 (eight) credits of Midwifery Issues coursework are required. Each course is 4 (four) credits. Students select two of the courses.

### Professional Development Choices

PROD 526 Midwives and Publishing  
 PROD 527 Community Mother and Child Health  
 PROD 528 Intro to Midwifery and Politics  
 PROD 529 Field Instructor Preparation  
 PROD 530 Global Maternal and Child Health  
 PROD 531 Holistic Midwifery  
 PROD 532 Midwifery Education

6 (six) credits of Professional Development coursework are required. Each course is 2 (two) credits. After the initial two-credit course, additional credits (2 or 4) can be taken in the same topic area if desired. Credit can also be earned in topic areas other than those listed below by submitting a preapproved portfolio. Professional Development courses may be taken before the fourth semester. See Graduate Student Handbook for more information.

3 (three) credits of Fieldwork are required. Credits are earned in 1 (one) credit increments. 1 credit = 50 hours of internship work under approved mentor. Fieldwork courses may be taken before the third semester. See Graduate Student Handbook for more information.

## Bachelor of Science in Midwifery for a CPM

To receive a bachelor's degree from MCU, a current CPM must complete 127 credits. The CPM designation may have a credit equivalency of up to 76 credits. This will be determined by a transcript review of courses completed from an accredited college or university and/or a review of

MCU's Life Experience Portfolio Evaluation. The portfolio application gives the CPM the opportunity to document workshops and life experience that have contributed to her CPM education. In addition, the student must complete the 35 credits indicated below and transfer in as many as 16 credits from an accredited college or university to complete the required 127 credits.

If a CPM wishes to apply for the MSM program and does not have a bachelor's degree in another field, she must complete the requirements for the BSM as a prerequisite to MCU's graduate program.

Year One					
Fall Semester		Winter Semester		Summer Semester	
PROD 100 Orientation	0.5	COMM 214 Midwifery Support Skills	2	SOSC 420 Ad Midwifery Studies I	1
ENG 201 Writing for Midwives	2	STAT 312 Epidemiology	1	BIOL 306 Genetics	2
HLTH 130 Holistic Health	2	TMA	1	TMA	2
*TMA	2	MDWF 240 FHR Surveillance	2	SOSC 302 Ethics and the Law	1
CLNC 478	0				
<b>Total</b>	<b>6.5</b>	<b>Total</b>	<b>6</b>	<b>Total</b>	<b>6</b>
Year Two					
Fall Semester		Winter Semester		Summer Semester	
BIOL 406 Embryology & Neonatology	2	STAT 313 Research Analysis	2	Clinical Credits	4*
SOSC 421 Ad Midwifery Studies II	1	MDWF 439 Obstetrical Pharmacology	2	*(unless CPM received after 1/2015)	
SOSC 150 Cultural Competency	1.5				
TMA	2	TMA	2		
<b>Total</b>	<b>6</b>	<b>Total</b>	<b>6</b>	<b>Total</b>	<b>4</b>
				<b>TOTAL</b>	<b>35</b>

### \*Traditional Midwifery Arts Electives

ENGL 325 Midwifery In Literature	1	PHYT 320 Reflexology	1
SOSC 364 Childbirth Education	2	PHYT 340 Aromatherapy	1
PHYT 224 Massage	2	SOSC 463 Fertility Awareness	1
PHYT 234 Complementary Health	1		

# What are the costs?

The estimated program costs do not include transportation, room and board, childcare, computer costs, out-of-local-area clinical training if desired or needed, attendance at MCU student conferences, phone, instruments, and other miscellaneous items. All fees are subject to change throughout the duration of your program.

## ASSOCIATE OF SCIENCE IN MIDWIFERY

Initial Application fee	\$50.00
Acceptance Processing Fee	\$135.00
Clinical Application fee	\$40.00
Graduation Application fee	\$40.00
Annual student fees (based on 5 years of study)	\$1,600.00
Academic Tuition (based on 58 cr. @ \$285)*	\$16,530.00
Clinical Tuition (based on 24 cr. @ \$200 per)*	\$4,800.00
Clinical Handbook	\$0.00
NARM Packet	\$50.00
Estimated Book Cost	\$2,500.00
Estimated midwifery supplies	\$1,900.00
Estimated CPR Certificates	\$75.00
Estimated NRP Certificate (\$125/yr)	\$375.00
Membership in Midwifery Organization (based on 5 years @ \$40/yr)	\$200.00
NARM test and certification	\$700.00
<b>ESTIMATED TOTAL</b>	<b>\$28,995.00</b>

## BACHELOR OF SCIENCE IN MIDWIFERY

Initial Application fee	\$50.00
Acceptance Processing Fee	\$135.00
Clinical Application fee	\$40.00
Graduation Application fee	\$40.00
Annual student fees (based on 6 years of study)	\$1,920.00
Academic Tuition (81 cr. @ \$285 per)	\$23,085.50
Clinical Tuition (24 cr. @ \$200 per)*	\$4,800.00
Clinical Handbook	\$0.00
NARM Packet	\$50.00
Estimated Book Cost	\$2,700.00
Estimated midwifery supplies	\$1,900.00
Estimated CPR Certificates	\$100.00
Estimated NRP Certificate (\$125/yr)	\$500.00
Membership in Midwifery Organization (based on 6 years @ \$40/yr)	\$240.00
NARM test and certification	\$700.00
<b>ESTIMATED TOTAL</b>	<b>\$36,117.50</b>

## BACHELOR OF SCIENCE CPM TRACK

Initial Application fee	\$50.00
Acceptance Processing Fee	\$135.00
Annual student fees (based on 2 years of study)	\$640.00
Academic Tuition (35 credits @ \$285 per)	\$9,975.00
Clinical Handbook	\$0.00
Estimated Book Cost	\$600.00
Estimated CPR Certificates	\$75.00
Estimated NRP Certificate (\$125/yr)	\$250.00
Membership in Midwifery Organization (based on 2 years @ \$40/yr)	\$80.00
<b>ESTIMATED TOTAL</b>	<b>\$11,662.50</b>

## MASTER OF SCIENCE

Initial Application fee	\$60.00
Acceptance Processing Fee	\$135.00
Graduation Application fee	\$60.00
Annual student fees (based on 2 years of study)	\$640.00
Academic Tuition (based on 32 cr. @ \$285)*	\$9,120.00
Clinical Handbook	\$0.00
Estimated Book Cost	\$2,800.00
Membership in Midwifery Organization	\$160.00
<b>ESTIMATED TOTAL</b>	<b>\$12,975.00</b>

\*This calculation assumes the student has completed undergraduate prerequisites.

# Cost of Program

Student tuition is based upon Cost of Program. Students will be invoiced for the Cost of Program each semester. The Cost of Program includes academic and clinical tuition fees only; all other fees must be paid when due. The Cost of Program is based on the number of credits needed for graduation, divided by the number of semesters the student will be enrolled. Each semester this figure will be multiplied by the current per-credit tuition rate to determine that semester's Cost of Program.

Cost of Program and other fees may be raised periodically without notice. Fees will be posted on the MCU website and in the MCU catalog. Tuition, fees, and additional costs are estimated as closely as possible in the MCU website and catalog. Students must meet all agreed upon financial obligations to the school as per the policy in the MCU catalog before being allowed to graduate or receive official transcripts.

## Automatic Payments and Mailed in Payments

Students may select between monthly/semester payments being mailed in, paid by credit card or automatically deducted from their bank accounts.

## Cost of Program for Time Out and Leave of Absence

The student will be exempt from the Cost of Program during the time out semester, but the current semester's Cost of Program is due in full according to the existing payment schedule before the time-out can take effect. Students must begin making Cost of Program payments after the one semester time out or the student will be automatically withdrawn, and must reapply.

The current semester's Cost of Program is due in full according to the existing payment schedule before a Leave of Absence can take effect. A Financial Review will be done for any student requesting a Leave of Absence. The student will be responsible to pay for any credits that have been enrolled in but not paid for by the student's Cost of Program. Once this balance is paid, a student is exempt from Cost of Program during the leave.

## Program Extension Fee

If a student does not complete the program within the maximum stated time frame for that program (ASM five years, BSM six years, MSM three years), a "program extension" fee will be charged to their account each additional month it takes to graduate. The monthly fee is \$100 per month for the first semester and increases to \$150 per month for any following semesters. All other fees including course extension fees will still apply.

## Tuition Discount

A tuition discount of 6% is extended to all students who demonstrate, *after each year* of active enrollment, that they have complied with their Major Map. The 6% discount will be applied once the student's eligibility has been determined. A separate discount is provided to the student for each year that they stay on their Major Map. The term for each discount will be for one year.

All new students will start the first year at the regular Cost of Program rate. The 6% discount is not available until the student has completed the Major Map as outlined for the entire first year of enrollment. A student seeking this discount should request a review from the Registrar within two weeks of completion of the first year of enrollment.

## Late Payments

When a student's Cost of Program and/or other unpaid fees are thirty-five (35) days in arrears, the student's account will be placed on hold. This means that the student may not enroll in courses, submit coursework for grading, and/or receive credits, official transcripts, certificates or degrees. To have the hold removed, the student must pay all delinquent payments. Students may be withdrawn by MCU if they have an unpaid balance for 95 days. There will be a designated three month waiting period before a student can reapply to MCU.

## Reactivation Process

Inactive students who want to become reactivated must:

- 1) Submit a letter of intent and be re-accepted by the Registrar or President after an official interview
- 3) Pay reactivation fee
- 4) Pay the Annual Student Fee
- 5) Sign a current Enrollment Agreement and Financial Agreement.
- 6) Develop a new Major Map and meet and commit to regular meetings with your house mother before registering for any courses.

# Refund Policy

The Application and Acceptance Processing fees are non-refundable. The Annual Student fee is non-refundable once a matriculated student enrolls in her/his first class.

An official withdrawal from MCU courses requires a written request, which can be submitted by fax, e-mail, or postal mail. The withdrawal date will be assessed as to the date the fax or e-mail was submitted, or the postmark on a postal mail withdrawal. Title IV students are required to follow additional procedures for withdrawal. Please refer to the following link for procedure details: <https://www.midwifery.edu/federal-financial-aid>

## Matriculated Students or Non-matriculated Students

Upon initial enrollment, a student will be allowed a three-business-day cooling-off period; commencing with the

day the student makes the initial tuition payment, until midnight of the third business day following this date. All tuition money paid by the student will be refunded.

### **Enrolled Students**

If a matriculated student has enrolled in classes and wishes to withdraw, but wishes to complete the courses already enrolled in, the student may do so by announcing the date of her withdrawal in a signed letter, along with a written declaration that student intends to complete course work currently enrolled in. A Financial Review will be done to determine Cost of Program status; student will be responsible for any unpaid tuition.

If the student has enrolled in fewer credits than they have paid for but have overpaid for less than ten (10) credits, the credit value (calculated at the current tuition rate) will remain on the student's account for up to one year to be used toward continuing education or re-enrollment.

If the student has paid for ten (10) or more credits than enrolled in, the student has the following options:

1. The student can choose to have the credit value (calculated at the current tuition rate) remain on the student's account for up to one year to be used toward continuing education or re-enrollment.

OR

2. The student can opt for a refund of 50% for any credit(s) beyond ten (10) credits the student did not enroll in.

OR

3. Credits can be donated to the Briana Blackwelder Equal Access Scholarship fund.



# Who do I ask?

<b>Question</b>	<b>Contact person</b>
Appointment scheduling	Office Manager
Application questions	Admissions Director
Canadian questions	Canadian Coordinator
Challenge exams	Academic Dean
Class extensions	Registrar
Clinical placement and preceptor questions	Clinical Dean
Conference registration	Conference Director
Course questions	Your teacher for that course
Course extensions	Registrar
CPM clinical verification	President
Email/MCU database problems	Technical Support
Ethics in research/ethical approval	Ethical Review Board Chair
Faculty concerns	Academic Dean Assistant
Fax receiving	Office Manager
Financial Aid	Financial Aid
Graduation application	President
Grade questions	Academic Dean
Graduate Major Map changes	Graduate Registrar
Graduate program questions	Graduate Dean
Grievance/Complaint	President
House Mothers/Mentoring	Student Life & Leadership
Leave of absence requests	Registrar
Library requests	Librarian
Life experience credit	President
NARM letter for test application	Clinical Dean
Online syllabus/assignment questions	Academic Dean
Overdue balance	Student Finances
Policies and procedures	President
Proctor questions	Office Manager
Program change request	Registrar
Research article requests	Research Assistant Coordinator
Sister Circles	Student Life & Leadership
Student account questions	Student Finances
Test sending and receiving	Office Manager
Time out requests	Registrar
Tuition/cost of program	Student Finances
Undergraduate Major Map changes	Registrar
Withdrawal	Registrar
Writing help (grammar, punctuation, and citation)	Writing Lab

# Student Services

As a distance-education institution, MCU does not provide facilities, equipment or supplies to students but does offer exceptional services in an on-line learning platform which has been designed specifically for Midwives College of Utah.

To assure success, students must have a reliable computer and internet connection that meets the technology requirements for online course delivery. Students are expected to purchase their own midwifery equipment as required by their specific clinical placement and lab coursework. This allows students the opportunity to gather and become familiar with the equipment needed for her or his midwifery practice.

## Accommodation for Students with Disabilities

MCU makes every reasonable effort to accommodate students with physical and learning disabilities. Students with disabilities must be able to perform the cognitive and physical skills for direct-entry midwifery care as outlined by the MANA Core Competencies and the NARM Skills.

If you have a disability for which you need accommodations, please submit documentation from an approved care provider to the Registrar. Student Life and Leadership will help you develop individualized plans of support.

## Clinical Placement

MCU does not independently arrange your clinical placement but will assist you by making recommendations for a good fit if you do not have an approved clinical site in your community. The Student Bulletin Board and the Clinical Dean will keep you updated on clinical placement opportunities and job openings upon graduation. You may contact the Clinical Dean to discuss credentials and state licensing requirements.

## Digital Library

The digital library contains a collection of items specific to MCU. Students will find graduate theses, student projects, presentations, case studies, and documents specific to the student's individual coursework for a given semester.

## Ethical Review Board

Graduate students who are conducting new research as part of their thesis program will work closely with MCU's Ethical Review Board (ERB) in the planning and execution of their research. Faculty and other students who participate in research involving human subjects may also be required to have ERB approval.



## Library

MCU has a library of texts and videos available for check out. Books borrowed from the Midwives College of Utah must be returned within one month from the date of loan. The student can extend the library loan by calling or emailing the MCU office. Late fees will be debited from the student's account and must be paid before other books can be loaned to the student or before graduation, whichever comes first.

## Mentoring

Students have live instructors for each course who provide you with personalized mentoring to support your progress and to ensure mastery of the learning objectives stated in each course. Most courses include live, online lectures throughout the semester, hosted by your instructor or invited guest speakers. Lectures offer an opportunity to deepen your learning and to connect and share with peers and your instructor. Instructors are available for one on one support via appointment.

## Peer Groups

MCU coordinates student-midwife peer groups or Sister Circles. Sister Circles provide connection, support and accountability for distance education students. If you are interested in joining or leading a Sister Circle, contact the Office of Student Life and Leadership.

## House Mothers

Each student will be assigned to a specific house and house mother. Your house mother will help you design an individualized program, create accountability for your program completion goals, support you as you overcome frustrations and roadblocks, and give you ideas to stay focused and energized.

## **S**udent Representation

Students are given an opportunity to provide feedback after the completion of every course and of the overall program during frequent student surveys. The Student Council also serves as a liaison for students. Members of the Student Council are involved in policy making discussions and student-led activities.

## **W**eb site

The MCU website allows students the following services:

1. Update contact information
2. See a list of upcoming events
3. Pay for courses online
4. Enroll in courses online
5. Receive syllabi online
6. Submit assignments online
7. See grades and status of assignments
8. Request tests online
9. Listen to training pod-casts online
10. Access to Major Map
11. Use of the email messaging tool
12. Access to the student bulletin board
13. Access OVID database and request journal articles from MCU subscriptions

## **W**riting Lab

The MCU Writing Lab offers you the opportunity to get feedback and increase the quality of your papers before turning them in for a grade. The Writing lab can offer assistance with all aspects of paper writing including proper APA citation, supporting a thesis statement and a beneficial proofread.

# Student Policies



## Academic Counseling

If twice you do not pass an exam with 80% or above you will be required to meet with the Academic Dean or an advisor. Through academic counseling you will develop a plan to remediate the deficiencies in your understanding of the coursework, or determine if another testing

method would be appropriate due to disability or other issues.

## Academic Integrity

The expectation of the Midwives College of Utah is that all work turned in by a student is the product of her own endeavors. Violations, which include but are not limited to, cheating, providing misleading or false information to staff or instructors and plagiarism, are cause for disciplinary action, including failure of assignment, conferences with MCU President and/or Academic Dean or expulsion from Midwives College of Utah.

Failing to give credit where credit is due is known as plagiarism. Copying, distributing, modifying or displaying a copyrighted work is known as copyright infringement.

1. Students are required to use APA format to cite all specific sources both in-text and in a reference list.
2. Avoid writing papers that "cut and paste" beyond what is appropriate. Generally speaking, no more than 20% of your paper should be direct quotes. Your instructor is looking for papers with your thoughts and ideas as well as supporting references.
3. If you paraphrase another person's written or spoken words, you are also plagiarizing. "You are guilty of the academic offense known as plagiarism if you half-copy the author's sentences - either by mixing the author's phrases with your own without using quotation marks or by plugging in your synonyms into the author's sentence structure." (Writer's Reference, Diana Hacker, 5th edition). This is not to say that you cannot use another person's ideas or words and put them into your own words. Just remember that when you do so, you acknowledge the source of information using the APA format.
4. MCU does not tolerate the submission of a paper that is written by another person or is "ghostwritten".
5. If you own a copyrighted audio or video recording, you must have permission from the copyright holder to copy, distribute, modify, display or perform their work. If you do not have this permission, you are infringing upon the

copyright and could be subject to legal prosecution by the owner of the copyright.

Any time a teacher sees plagiarism, it will be reported to the Academic Dean and/or President and a log of the incident will be placed in the student's file. If offenses are taking place in more than one class, any offense after an initial warning from any or all class instructors will accrue towards a second or third offense.

- First offense: Instructor will conference with the student and student will redo the assignment.
- Second offense: Automatic failure on the assignment and mandatory conference with MCU President and/or Academic Dean.
- Third offense: Failure of the course and possible expulsion from Midwives College of Utah.

## Academic Intervention and Student Progress

Instead of attending regular classes on site, MCU student's access course materials and assignments through MCU's online platform. While class information and assignments may be obtained online, students are expected to engage with their peers or professor twelve times throughout the semester in interactive sessions or bulletin board discussions. Engagement participation is tracked through the assignment portal and is part of the student's grade.

Students are expected to make satisfactory academic progress toward completing their degree within the maximum stated time frames. If the student does not progress, various levels of academic intervention will occur for the following reasons:

### Academic Warning

- Student does not complete PROD 100 within one semester.
- Student fails to make 75% progress within two semesters. Seventy-five percent progress is calculated by dividing cumulative hours *completed* with a C or better by cumulative hours *attempted*. A course is considered attempted if it has been activated.
- Student has a cumulative GPA under 2.5

### Academic Probation

- Student has not met the remediation expectations from an Academic Warning
- Second incident of academic integrity violation
- Student fails to follow action plan when an honor policy violation has occurred and is placed in the student's file

Failure to remediate academic probation requirements will be cause for dismissal. Students who fail to make Satisfactory Academic Progress may be ineligible for assistance under Title IV, HEA Programs. Please refer to the Title IV Manual for further details.

## **A**ctive (Matriculating) Student Status

If you have been accepted to a degree or certificate program and are current in your tuition payments and annual student fees you are considered an Active or Matriculating student. If you are not current in your tuition payments and/or annual student fees you will be considered an inactive student. Please see Inactive Student Status.

## **A**nnual Student Fee

An annual student fee is due from all students upon acceptance to a degree or certificate program and annually on or before the 15th of June. If a student is late or does not pay their fee they will be placed on inactive status.

## **A**nnual Student Progress Review

A tuition discount of 6% is extended to all students who demonstrate *after each year* of active enrollment, that they have stayed on their Major Map. The discount will reduce the Cost of Program by 6% for the year following the Annual Student Progress Review. The term for each discount will be for one year. All new students will start the first year at the regular Cost of Program rate and must earn the discount during this first year. They will not experience the discounted rate until completing a full year at MCU in which they have stayed on their Major Map. These reviews must be instigated by the student.

## **A**uditing Courses

If you wish to audit courses you must register for the course and pay the regular tuition and fees; you will not receive credit for the course. Your transcripts will show an AU for the audited course. You may not petition for credit after having audited a course.

## **C**hallenge Exams

Challenge Exams

1. Students who wish to challenge a course must be currently enrolled at MCU as degree-seeking students. Students may take a challenge exam or challenge a course only once.
2. Students may not challenge courses previously failed, courses from which they have previously withdrawn, courses for which they have previously received credit, or courses for which they have received a full syllabus.
3. Students must pay full tuition for all the classes they intend to challenge. If the challenge exam is successfully passed, ½ of the course tuition will be refunded to the student. If the student fails the exam they will be required to take the full course and the tuition already paid will be applied.
4. Students wishing to challenge a course **SHOULD NOT ENROLL IN THE COURSE FIRST**. To challenge a course, students must first complete a Challenge Exam Form. This form must be submitted

to the Academic Dean for approval. A student will be given the opportunity to challenge a class after the Challenge Exam Form has been reviewed by the Academic Dean, and if the Academic Dean considers necessary, by the class instructor. If approved the student will receive a list of the learning objectives, Midwives Alliance of North America (MANA) Core Competencies, North American Registry of Midwives (NARM) Skills, and required texts applicable to the course.

5. If approved to challenge a course, the student will have one semester from the date of challenge approval to take the challenge exam. If the challenge exam is not passed the student will have one semester from the date of challenge approval to complete the full course. Students are encouraged to take their challenge exams as early as possible so that in the case of not passing the exam, they have time to complete the full course.
6. When the student is ready to take the challenge exam they should request the test from the Academic Dean. The test must be completed within 2 weeks of receipt by the proctor.
7. The test must be passed with 80% or above to receive credit for the course. Courses passed by Challenge Examination will only receive a P (Pass) grade which will not be calculated in the students overall GPA. Students who do not pass the Challenge Exam do not receive a grade or credit, and must complete the full course. If the test is passed the student will be entitled to a tuition refund of ½ the current cost of tuition.

## **C**linical Policies

Please refer to the MCU Clinical Handbook for more details.

## **C**ourse Length

Courses should be completed within one semester (15 weeks) for matriculated and continuing education students. All coursework and tests must be received by the office on or before the deadline day in order to fall within the time limit. You are responsible for monitoring your own deadlines. Please see Extensions for Coursework in the Student Policies section of this catalog.

## **C**PM Credential

If you wish to receive the CPM credential, you must successfully pass the NARM exam. Students enrolled in a MEAC accredited school, such as MCU, are exempt from taking the NARM Skills Exam and are only required to take the NARM Written Exam.

Please see the MCU Clinical Handbook for specific policies and procedures regarding taking the NARM Exam. For additional information on the CPM certification examination process, to obtain the Candidate Information Bulletin, or to determine current testing dates, please visit <http://www.narm.org>

## **C**onfidentiality of Records and FERPA

The Family Educational Rights and Privacy Act of 1974, states that an educational institution will maintain the confidentiality of student education records. Educational records are any records with students' names on them: files, documents, and materials, in whatever medium, which contain information directly related to students and from which students can be individually identified.

The Midwives College of Utah accords all the rights under the law to students who are declared independent (defined as 18 years of age or older or enrolled in a post-secondary institution). No one outside MCU shall have access to or receive information from students' education records without the written consent of students. However, information may be released to personnel within the institution, officials or other institutions in which students seek to enroll, persons or organizations providing financial aid to students, accrediting agencies carrying out their review functions, and persons managing an emergency in order to protect the health and safety of students or others.

Students have the right to review information contained in their educational records, challenge the contents of their educational records, have a hearing if the outcome of the challenge is unsatisfactory, and submit explanatory statements for inclusion in their files. Such statements may be submitted to the Office of the Registrar.

Within MCU, only those employees, individually or collectively, acting in the students' educational interests are allowed access to student educational records. These include personnel in the Office of Admissions, Office of the Registrar, Financial Aid, Business Operations, Student Services, and academic personnel within the limitations of their *need to know*.

## **C**ourse Evaluations

When you complete a course, you are required to complete a Student Course Evaluation. This is an opportunity for you to have a direct impact on the improvement of your instructors, courses and MCU services.

## **C**PR & NRP Certification

You are required to have current CPR and Neonatal Resuscitation certifications prior to working with a preceptor and to meet graduation requirements. MCU recommends that students take CPR for the Professional Rescuer through the American Red Cross to meet their CPR requirement. For possible NRP trainings, please contact the MCU office.

## **C**redit Hours

According to generally accepted standards, one (1) distance education credit requires 45 hours of student effort on coursework including study, presentations,

projects, reading and writing assignments and other assignments as required for meeting the course objectives. Graduate courses require 50 hours of coursework.

MCU allocates one (1) clinical credit for thirty (30) hours of clinical experience. Clinical hours are given as follows:

1 prenatal exam	= 1 clinical hour
1 labor & birth	= 10 clinical hours
1 newborn exam	= ½ clinical hour
1 postpartum exam	= 1 clinical hour
1 well-woman assessment	= 1 clinical hour

Any combination of the above experiences that equal 30 hours constitutes 1 clinical credit.

## **D**isability Support

If you have a disability for which you need accommodations for a class, please submit documentation from an approved care provider to the Registrar and the Registrar will notify your advisor. You may choose to self-disclose to your instructors or have the school notify instructors.

The student and the Registrar will develop an individualized contract that outlines the responsibilities of the student and MCU.

## **D**isclaimer

MCU does not take responsibility for the outcome of any activities suggested within MCU courses or any other MCU activity. You remain completely responsible for the consequences of your own behavior in regards to how you choose to implement the information contained therein.

## **E**nrollment Agreement

The MCU Enrollment Agreement specifies details of your program, refund policies, services and obligations to which MCU is committed to provide to you, and financial obligations. You must sign an Enrollment Agreement at the time of your acceptance into a degree or certificate program prior to beginning any coursework.

## **E**nrolling in Courses

All courses are made available to you once your Major Map has been created with the MCU Registrar and your first Cost of Program payment has been made. You should enroll in courses according to the outline of your Major Map.

## **E**xams

Mid-term and final exams require an 80% in order to pass.

Exams will be administered through a proctor. Students must complete and submit the Proctor Certification Form

before any tests will be sent. You need only complete one Proctor Certification Form unless you change proctors.

Most courses require a mid-term and final exam. Once you have submitted all assignments covered by a test, you can request your test. Exams will be sent directly to your selected proctor once he/she is approved. You will not be permitted to use *any* materials other than a calculator for math tests when taking these exams.

School offices, local libraries, and other universities or college testing centers, independent testing centers and schools are approved places to take your exams. Every time you take an exam, you must bring your picture ID. You are expected to adhere to professional dress and grooming standards.

Exams should be taken within two weeks of your proctor receiving it. You are responsible for monitoring your own deadlines.

If you would like to retake an exam, contact MCU within four weeks of the date the exam was taken. You may retake an exam once for a \$25 fee. Please pay the fee for the test retake before you request your test again.

## **E**xtensions for Coursework

A ten-week extension may be requested prior to the semester deadline at no cost. A second ten-week extension can be purchased at 1/3 the price of the class. A third ten-week extension can be purchased for 1/2 of the price of the class, but this will result in Academic Warning. If a student is 85% or more complete with a class, a one-time, 30-day extension may be purchased for \$10 per credit. No fee is assessed for extending the time period for CLNC 100 or lab courses, but students must request an extension for lab classes and CLNC 100 from the Registrar.

Students have one month to purchase an extension after a course has expired. If an extension is not obtained, the course will show an "I" for incomplete on the student's transcript. A student must then meet with the Registrar to revise their Major Map and review the options for an extension. The class may need to be retaken and paid for at the current credit rate for academic courses.

## **G**rade Point Average (GPA)

Your GPA is determined by dividing your total grade point earned by the number of semester hours taken. The designated P, W, UW, I, AU are not included in the GPA calculation. If there is any question about a grade received you should contact your instructor or the Director of Distance Studies.

## **G**radings

The course syllabus will detail the grading criteria for your course. Some courses will be Pass or Fail and some will be awarded a letter grade. Mid-term and final exams

require an 80% in order to pass. Tests with a 79% or below score will need to be retaken. Test retake fees will apply.

Course letter grades are given according to the following percentages:

A	95 to 100%	A-	90 to 94.9%
B+	87 to 89.9%	B	84 to 86.9%
B-	80 to 83.9%	C+	77 to 79.9%
C	74 to 76.9%	C-	70 to 73.9%
D+	67 to 69.9%	D	64 to 66.9%
D-	60 to 63.9%	F	below 60

On your transcript, letter grades are given a numerical value on a 4.0 system.

A	Excellent	4.0
A-	Excellent	3.7
B+	Above Average	3.2
B	Above Average	2.9
B-	Above Average	2.5
C+	Average	2.1
C	Average	1.7
C-	Average	1.4
D+	Below Average	0.9
D	Below Average	0.6
D-	Below Average	0.3
F	Failure	0.0

The following designations are not calculated in the GPA.

P	Pass
UW	Unofficial Withdrawal
W	Official Withdrawal
I	Incomplete

## **G**raduation

You must submit a Graduation Application prior to graduation. All requirements must be completed at the time of application. Certificates or Degrees are mailed to you when your Graduation Application is accepted.

Graduation ceremonies are held at each fall conference. If you wish to be included in the Graduation Ceremonies, your Graduation Application must be received one month prior to the ceremony.

## **G**rievance Policy

If you have a grievance against the school, a faculty or staff member, the first step in resolution should be speaking with the individuals directly involved.

If you wish to make a formal complaint or grievance, you must submit a formal complaint in writing to the MCU President. The President will review the complaint and determine its validity and gravity through as much investigation as is required. Investigation often means contacting you for more details and then discussing the complaint with persons directly involved. The President will mediate complaint resolution. The President will address formal complaints no later than 60 days.

Complaints and their resolutions will be logged in MCU's Formal Complaint File and will be maintained for seven years. No discrimination or harassment of a student that has submitted a formal complaint will be tolerated.

MEAC will review in a timely, fair and equitable manner any complaint it receives against an accredited institution or program that is related to MEAC standards or procedures. MEAC can be contacted at [www.meacschool.org](http://www.meacschool.org).

## Honor Code

A high sense of personal honor and integrity is imperative in the completion of clinical requirements and courses from the Midwives College of Utah. Since the assignments are intended to prepare you for examinations they should be completed without cheating, plagiarizing, or knowingly giving false information. Although you may work in a study group, you must complete your own work. The syllabus should not be copied or given to others without permission from the Midwives College of Utah.

Examinations will be taken through a proctor who will certify that the exam was completed without the assistance of books, notes or any other outside help unless otherwise stated on the exam. The exam or the answer sheet must not be copied in any way. If proof of academic misconduct is established, you will be given a failing grade and expelled from the program. You will not be allowed to reapply.

Where there is evidence of dishonest, unethical or unlawful conduct, you will be expelled and reapplication is prohibited. Reasons for expulsion include, but are not limited to:

- Cheating or assisting others to cheat.
- Falsifying information on any MCU document.
- Unlawful conduct.
- Accessing confidential MCU documents, files, tests, etc. without proper authorization.

## Leave of Absence

Students may request one (1) leave of absence of up to 180 days for:

- Medical (including a complicated pregnancy)
- Death of immediate family member
- Divorce
- Loss of employment of primary provider(s)
- Long-term, documented, debilitating illness
- Military
- Jury duty
- Family emergency
- Other reasons which demonstrate undue hardship

The student will be required to provide documentation to verify circumstances that require the Leave of Absence. A Financial Review will be done to determine Cost of Program status; student will be responsible for any unpaid tuition.

## Major Map Revision

Minor Major Map revisions (moving classes from one semester to another) can be made upon student request. If a Major Map revision extends the program's final deadline, a letter of rationale must be written by the student and approved by the MCU President. There will be a \$25 charge for major map revisions that require the program length to be changed by one or more semesters.

## Non-discriminatory Policy

The Midwives College of Utah admits students of any race, color, national or ethnic origin, sex, marital status, creed, age or sexual orientation with all the rights, privileges, programs, and activities generally accorded or made available to students at this school. MCU does not discriminate in acceptance procedures, administration of educational policies, scholarship and loan programs, or other school-administered programs.

Applicants have the opportunity to disclose learning challenges or disabilities upon admission. MCU does not discriminate based on identified disabilities. Students who need special accommodations will submit documentation of their disability from an approved care provider to Student Life and Leadership. An individualized plan will be developed. A student may choose to self-disclose to their instructors or have the school notify instructors.

## Proctors

If you take an exam at a location outside the Midwives College of Utah, you must recommend a responsible individual to proctor your exam. You must complete and submit the Proctor Certification Form before any tests will be sent. People in the following positions will normally be approved:

- Public librarian
- Guidance counselor/counseling staff
- Full-time teacher
- School Administrator
- Embassy education officer
- Military base/station education officer
- Local College Testing Center

Relatives are not approved proctors. Exams will be sent only to a business addresses.

## Professional Conduct

Students enrolled in MCU must maintain high personal and professional standards. All students are ambassadors of MCU. The following will define but not be limited to a violation of the Professional Conduct policy:

- It is determined that you are conducting yourself in an unprofessional manner either in the classroom, clinical situation or in any situation where you are representing MCU.
- Behavior which disrupts learning for others
- Behavior showing lack of respect to fellow students and faculty.



- Failure to attend to clinical placement responsibilities without notifying field faculty
- Behavior that suggests emotional instability.

## **P**rogram Deadline Extension

If a student's enrollment extends beyond the program deadline (Five years for ASM, six years for BSM and three years for MSM), the student must request a program extension by submitting a letter of explanation to the MCU President detailing the extenuating circumstances that require this extension.

A Program Extension Fee will be charged to their account each additional month it takes to complete their classes. The monthly Program Extension Fee is \$100 for the first semester, and increases to \$150 per month for any following semesters. This monthly fee will be in addition to any applicable course extension fees. If a student wishes to complete the program early, they must discuss this with the Registrar who will request an update to their Cost of Program from the financial department.

## **P**rogram Revision

If a student chooses to transfer from one degree program to another, there will be a charge of \$25 for Major Map revision. The student tuition plan will be recalculated at the current tuition rate.

## **R**eactivation Process

Inactive students who want to become reactivated must:

- 1) Submit a letter of intent
- 2) Be re-accepted by the Admissions Director or President after an official interview
- 3) Pay a reactivation fee (does not apply within 1 year)
- 4) Pay the Annual Student Fee
- 5) Develop a new Major Map
- 6) Sign a new Enrollment and Financial Agreement.

## **R**ecord Keeping

MCU suggests that you keep a file of all acceptance materials, the Enrollment Agreement, the Financial Agreement, final grade notices, transcripts and communications to and from the college.

## **R**esubmitting Assignments

Instructors will require your work to meet a high level of quality. You should expect instructors to require you to resubmit assignments that need improvement.

## **S**ubmitting Assignments

With a few exceptions, all assignments are to be submitted online through MCU's internal system. All syllabi are available on-line in a PDF format. Some students like to print the syllabus off for reference; others like to access the syllabus from their computer.

## **S**yllabi & Test Correction Timeline

The student can expect coursework to be corrected within seven business days from the date it is received by the instructor unless work is submitted during the semester break.

## **T**ext Books

Textbooks are not included in tuition costs. You are responsible for ordering your own text books. See our website at [www.midwifery.edu](http://www.midwifery.edu) for the current textbook list.

## **T**ime Out



A student is allowed a one (1) semester time out during the course of their program. Students may finish courses currently enrolled in during the duration of the time out and will not be allowed to enroll in any new courses during the time out. The student will be exempt from the Cost of Program during the time out semester, but the current semester's Cost of Program is due in full according to the existing payment schedule before the time-out can take effect. Students must begin making Cost of Program payments after the one semester time out or the student will be automatically withdrawn, and must reapply.

## **T**ransfer Credits

The evaluation of credit for transfer is based on an assessment of course equivalency, evaluation of transcripts and the accreditation status of the awarding institution. In addition and as appropriate, MCU accepts credits for other types of learning gained outside the traditional academic environment. Students who wish to receive credit for prior learning must fill out MCU's Portfolio Evaluation Application which can be found on the home page of the website.



MCU awards a credit hour as defined by US Department of Education as “an amount of work represented in intended learning outcomes and verified by evidence of student achievement that is an institutionally established equivalency that is not less than one hour of classroom or direct faculty instruction and a minimum of two hours of out of class work for each week for

approximately fifteen weeks for one semester or the equivalent amount of work over a different amount of time.”

MCU will accept credits from other institutions accredited by a US DOE recognized accrediting agency. Transfer credits must have a C grade or above. MCU follows a semester format and credits transferred from quarter and trimester systems will be reduced in value accordingly.

To be granted an MCU degree, students must complete at least 30% of total credits required for the program through MCU.

## **T**ranscripts

Students may view their grades by accessing the MCU website using their username and password. Official transcripts can be requested from the office for a fee.

## **U**nfinished Courses

If a course is not completed within the one year time limit and an extension was not obtained within the 1 (one) month expiration date, you will receive an "I" (incomplete) on your transcript. A student must then meet with the Registrar to revise their Major Map and review the options for an extension. The class may need to be retaken and paid for at the current credit rate for academic courses.

## **U**tah Postsecondary Proprietary School Act (Title 53B, Chapter 5, Utah Code Annotated 1953)

The Midwives College of Utah is exempt from registration under the Utah Postsecondary Proprietary Act because of accreditation through the Midwives Education Accreditation Council (MEAC) [www.meacschools.org](http://www.meacschools.org). The State of Utah does not supervise, recommend, nor accredit MCU. It is your responsibility to determine whether credits, degrees, or certificates from the institution will transfer to other institutions, meet state or provincial licensing requirements or meet an employer's training requirements.

## **W**ithdrawal

If a student wishes to withdraw, the student must send a signed letter or email to the Registrar noting the intent and date of withdrawal. Title IV students must follow additional procedures outlined at <https://www.midwifery.edu/federal-financial-aid/>

All student services relative to current course work will also be terminated on that date, unless otherwise arranged. Incomplete courses will be designated as “I” or Incomplete. The student is responsible for any outstanding balance on her/his account as of the date of the withdrawal. No refunds will be given for tuition and fees already paid except as noted in the refund policy.

# Frequently Asked Questions

## *Why is a degree in midwifery important?*



MCU has chosen to offer degrees as a way of helping our students obtain the firmest foundation possible in a dynamically changing field. No one knows what will happen in midwifery within the next ten years, but we can be sure that many changes, both politically and professionally, can be expected. When changes come, a degree offers our

students a step ahead of those without. If you would like to teach at the college level you must have at least a bachelor degree and preferably a master's degree or higher. If you ever expect to relocate from one state to another, a degree will give you additional help in meeting licensing requirements. A degree from MCU can be a symbol of credibility as you develop relationships with clients and other health care professionals throughout your career. A degree with MCU, a MEAC accredited institution, assures that there are no gaps in your education. You will graduate with confidence in your ability to pass the NARM exam.

## *How many students graduate from MCU?*

In the past twelve months, MCU has graduated 34 students; on average, twelve students receive a midwifery degree each year.

## *What is the percentage of students that have passed the NARM?*

Only two MCU students have ever failed to pass the NARM exam.

## *Am I likely to be successful at MCU?*

Students are most likely to be successful in the MCU distance program if they:

- Are self-directed learners
- Are able to work independently in an on-line learning environment
- Have access to local clinical opportunities
- Can periodically travel to additional clinical sites

## **Application Process**

### *What are the semester application deadlines and enrollment deadlines?*

See Application Deadline table.

## *How competitive is entry into the ASM and BSM programs at MCU?*

- MCU has an approximate undergraduate acceptance rate of 50%
- We receive approximately 80-90 applications per cycle
- We accept approximately 40-45 students per cycle
- Of those accepted, approximately 35-40 matriculate

## *How many students attend MCU at any given time?*

We generally have approximately 225 degree seeking students at any given time.

## *Is there anything that I could do to strengthen my application?*

Yes, by adding any of the following to your experience resume:

- Childbirth Education Training Certification
- Doula Training Certification
- Lactation Consultant Certification
- La Leche League Leadership status
- Birth Assistant Training
- Completion of MCU courses as a Continuing Education student at MCU
- Birth experience in the capacity of a support person, doula, student, apprentice or assistant midwife.
- An identified and/or committed qualified preceptor.
- Letter of Recommendation that reflects the strengths of an applicant in the birth setting.
- Strong writing skills including proper use of grammar, spelling and punctuation.
- Demonstrate aptitude for success in a higher academic setting including carefully following the instructions contained in the application.
- Evidence of basic computer skills including the ability to navigate saving and uploading a pdf file, basic knowledge of Microsoft Office, ability to conduct internet searches, etc.
- Demonstrate aptitude for self-direction and self-motivation in an online academic setting including completing all required tasks for the application process in a timely manner, communicating questions effectively and returning all requested documents promptly.
- Active participation in the birth community and organizations that serve students, clients and midwives.
- Awareness of local, state, province and national policies and laws impacting CPMs and birthing families.

## *Tell me more about the Master of Science in Midwifery program.*

- The MCU graduate program has a research focus.

- The MSM does **not** require additional clinical work once admission requirements are completed.
- The program is 32 credits and maximum program length is three years, although the suggested program length is two years.
- If you are seeking an MSM but are required to complete the BSM program prior to entrance into the MSM program, you should expect 7-8 years of education to complete the BSM and then the MSM degree.
- If you are interested in the MSM program please contact the Graduate Dean at: [graduatedean@midwifery.edu](mailto:graduatedean@midwifery.edu) to determine eligibility and to obtain more information about the program.

***Are there any additional prerequisites or requirements to apply for the Master of Science in Midwifery program?***

Yes.

- In order to enter the MCU graduate program, you must have completed a bachelor degree in any field and complete MCU's undergraduate requirements for a student seeking a Master of Science in Midwifery degree.
- If you do not have a bachelor's degree in any field, you will be required to complete the Bachelor of Science in Midwifery program before entering the MSM program.
- If you are a CPM seeking a master's degree from MCU and you do not have a bachelor's degree in another field, you must complete the undergraduate requirements for a CPM pursuing a bachelor's or master's degree.
- If you are a CPM or CNM seeking a master's degree from MCU and you have a bachelor's degree in another field, you may enter the master's program upon completion of SOSC 302, Ethics and the Law and STAT 313, Research Analysis and Statistics.

**Acceptance Process**

***Will MCU conduct an interview with all applicants?***

No.

- Select applicants will be invited to interview with the Admissions Director.
- PLEASE NOTE: Selection for an interview is not an indication of the likelihood of acceptance into the program.
- If an applicant is selected for an interview they will be contacted by the Admissions Director by email and invited to select from available dates and times.
- The interview can be expected to last between 15-30 minutes.
- On rare occasions, a follow-up interview may be requested.

***Can you explain the steps in the application process?***

- Submit all required application materials
- Fill out FAFSA (if applicable) at <https://fafsa.ed.gov/> [MCU school code: **042183**]
- Notification by email that your application was received (if you do not receive this within five business days, please return to the application to assure that it was properly submitted)
- Phone interview with MCU Admissions Director, if selected for an interview
- Review of application file by the application committee
- Notification via email of acceptance or rejection

**If accepted:**

- Submit Enrollment Agreement by deadline date
- Pay Annual Student Fee and Acceptance Processing Fee by deadline date
- Receive email confirming the successful completion of the enrollment process
- Work with Registrar to complete Major Map and Cost of Program
- Work with Financial Aid to complete the financial aid process (if applicable)

**If rejected:**

- Consider following the suggestions identified in your letter to strengthen your application for future cycles
- PLEASE NOTE: MCU programs are competitive and the successful completion of these suggestions does not guarantee acceptance into the program
- Consider reapplying for future semesters
- Consider inviting the Admissions Director to identify areas of weakness specific to your application by emailing a request (note: a personalized evaluation may take time and may not occur for several weeks).

**Clinical Placement**

***Does MCU assist with the location of a clinical preceptor?***

Yes.

- Students should identify appropriate clinical training options prior to entering the MCU program.
- It is strongly recommended that you research and identify potential preceptor options in the state that you expect to be doing your clinical placement.
- MCU does not *require* a signed agreement with a preceptor before entering the program. However, it is strongly recommended that you locate a preceptor.
- An alternative to locating a preceptor within reasonable call range is being willing to relocate (temporarily or permanently) in order to

successfully complete the clinical portion of the program.

- CPMs who are qualified to be preceptors can generally be located by conducting a google search, connecting with other birth professionals and students in the region and locating CPMs through search sites designed for this purpose.
- MCU will *assist* with locating a preceptor however it is ultimately the student's responsibility to find one.

***I've been working with a preceptor for a while--can she still be my preceptor and will the work I've done so far count?***

Yes, no and maybe.

- Yes, observed births done before enrollment can be used to fulfill those requirements.
- No, primary work done before enrollment cannot be used to fulfill requirements.
- Sometimes we can accept assistant work done before enrollment, but not always and most students find that they have time to fulfill their assistant experience requirements before they can complete the academic requirements to start their primary work.
- NOTE: Please see specific preceptor qualifications in the MCU student handbook.

***When should I expect to begin the clinical portion of the program?***

- Clinical work *can* start as soon as you enter the program. However, we recommend that you wait until at least midway through your first year.
- During your early semesters at MCU, you will gain a good academic foundation which will enhance your clinical experience.
- You must be in the clinical program for a minimum of two years.
- NRP and CPR certification are required for the clinical portion of the program. Your state may require a specific type of certification and that should be determined by contacting your licensing body (if there is licensure in your state of residence or intended practice state).

***Does the CPM-to-BSM Program require a preceptor? No.***

## **Credit Transfer & Alternative Learning Experience Credit**

***Can I transfer credits from an accredited institution?***

Yes.

- Upon acceptance into the program, the Admissions Director will evaluate the student's post-secondary transcripts carefully to determine which courses, if any, might be equivalent to MCU courses.
- The evaluation of credit for transfer is based upon thorough assessment of course equivalency,

evaluation of transcripts and the accreditation status of the awarding institution.

- MCU will accept credits from other institutions accredited by a US DOE recognized accrediting agency.
- Transfer credits must have a C grade or above.
- MCU follows a semester format and credits transferred from quarter and trimester systems will be reduced in value accordingly.
- To be granted an MCU degree, students must complete at least 30% of total credits required for the program through MCU.
- The student will be notified of all equivalent courses that are being transferred for credit.

***If I disagree with a decision regarding credit transfer how should I proceed?***

- The student may appeal credit transfers that were denied due to inadequate evidence of equivalency by sending the course syllabus and a cover letter identifying how the courses are equivalent to the Admissions Director in an email attachment.
- The final appeals decision rests with the Admissions Director and President.

***Could I receive credit for alternative learning gained outside the traditional academic environment?***

Yes, however, this is not common practice.

- MCU accepts credits for other types of learning gained outside the traditional academic environment.
- Students who wish to receive credit for prior learning must fill out MCU's Portfolio Evaluation Application which can be found on the home page of the website.
- MCU awards a credit hour as defined by US Department of Education as "an amount of work represented in intended learning outcomes and verified by evidence of student achievement that is an institutionally established equivalency that is not less than one hour of classroom or direct faculty instruction and a minimum of two hours of out of class work for each week for approximately fifteen weeks for one semester or the equivalent amount of work over a different amount of time."

***If I disagree with a decision regarding alternative learning credit how should I proceed?***

- The student may appeal the MCU decision to deny credit for alternative learning gained outside the traditional academic environment by sending an email detailing how the alternative learning reflects the US Department of Education's statement noted above and is applicable to the MCU learning environment by sending an email to the Admissions Director.
- The final appeals decision rests with the Admissions Director and President.

***Will I be able to transfer my MCU credits to another school?***

- Some colleges and universities have taken direct-entry midwifery program credits in the past, but this is not guaranteed.
- MCU is nationally accredited but is not regionally accredited.
- If you anticipate transferring credits or a degree to another institution, you should contact that institution directly regarding credit transferability.
- Direct-entry midwifery programs that are accredited by the Midwifery Education Accreditation Council (MEAC) will very often accept credits from other MEAC accredited schools.

**Travel**

***Will attendance onsite in Utah ever be required?***

No.

- MCU conferences are held three times a year in March, June and October in Salt Lake City, Utah.
- Conferences are optional and not required.
- Students who are able to attend student conferences will benefit greatly from the experience of being with other students in this vibrant learning environment.
- Students are encouraged to attend, if possible.
- Please note: this answer to this question is expected to change for students admitted in 2016 and beyond.

**Cost of Attendance & Financial Aid**

***What is the cost of attendance?***

A detailed breakdown of the costs associated with each program is noted in the table above.

***Is Federal Financial Aid (Title IV Funding) available to MCU students?***

Yes.

- For more information about applying for financial aid please visit:  
<https://www.midwifery.edu/federal-financial-aid/>
- Federal Pell Grant Program
- Federal Direct Student Loan Program
- Federal Supplemental Educational Opportunity Grant Program
- To submit your Free Application for Federal Student Aid (FAFSA) please visit:  
<https://fafsa.ed.gov/> [MCU school code: **042183**]
- Keep a look out for announcements regarding upcoming financial aid informational webinars offered by our department throughout the semester.

- Please complete entrance counseling and sign your Master Promissory Note at [studentloans.gov](http://studentloans.gov) once your FAFSA is complete

**Degree Completion Timeframe & Programing**

***What is the anticipated timeframe for completion of each program?***

- The program deadline for students enrolled in the associate program is five (5) years and could be completed in as little as three (3) years.
- The program deadline for students enrolled in the bachelor's degree is six (6) years and could be completed in as little as four (4) years.
- The program deadline for students enrolled in the master's degree is three (3) years and could be completed in as little as eighteen (18) months.

***May I complete a degree or certificate in less than the designed time frame?***

- You may complete your degree as quickly as you are able to successfully complete the coursework, however, your clinical experience must span at least two (2) years.
- Our statistics show that students rarely complete a program earlier than the designed time frame. There are a number of reasons for this.
  - Students who enroll in distance education programs tend to do so because they are unable to receive their education in the traditional post-secondary format because of life circumstances, e.g. unable to move, young children, work obligations.
  - These life circumstances will tend to slow students down to a more "part-time" speed or less. Our program time frames are designed with these life circumstances in mind.
  - Students may find themselves in a clinical placement that does not have the birth volume necessary for them to complete their clinical placement within the designed time frame.

***May I change my major map if I want more classes?***

Yes. However, we suggest you finish at least two semesters before you adjust your major map.

## Canadian Students

***Do I need to speak to the Canadian Coordinator before making my application? Yes.***

- It is required for all potential Canadian students to have a conversation with the Canadian Coordinator. The Canadian Coordinator may be reached at 403-795-9263.

***Can I work in Canada after graduation?***

- Following graduation from MCU you will be required to gain additional primary birth experience and attend a Canadian bridging program before being eligible to write the Canadian licensing and work in Canada.

***Where are the bridging programs?***

- Presently there are bridging programs at Ryerson University (IMPP) and at the University of British Columbia (IEMPB).

***Is there financial aid available for Canadian students?***

**No.**

- Financial aid is not available for Canadian students.

***Can I do my clinical placement in Canada?***

- Your clinical placements will likely need to be done outside of Canada.
- Canada has insurance regulations that do not allow for US midwifery students to work uninsured.

***Have other MCU students been able to register in Canada?***

- There are MCU graduates currently practicing in BC, Alberta, Saskatchewan, and Ontario.

## Contacts

***Who do I contact if I have questions that are not answered here?***

- Any questions not answered through these FAQ or in the MCU Student Handbook and catalog should be directed to the Admissions Director at [admissions@midwifery.edu](mailto:admissions@midwifery.edu).
- Email is generally the most efficient way to reach the Admissions Director.

***Who will be my contact point person once I am accepted?***

- The Admissions Director [admissions@midwifery.edu](mailto:admissions@midwifery.edu) will continue to be your point person for communication after you are accepted into the program and up until the time that your enrollment fees are paid in full and your enrollment form is completed and mailed in.

- The Registrar [office@midwifery.edu](mailto:office@midwifery.edu) will be your point person thereafter, for everything related to your financial agreement, major maps, cost of program documents and enrollment.
- Financial Aid [financialaid@midwifery.edu](mailto:financialaid@midwifery.edu) will be your point person for all things related to financial aid funding.
- The Clinical Dean [clinicaldean@midwifery.edu](mailto:clinicaldean@midwifery.edu) will be your point person for all things related to the clinical portion of the programs.
- The Graduate Dean [graduatedean@midwifery.edu](mailto:graduatedean@midwifery.edu) will be your point person for the MSM program.



<b>PREREQUISITE TABLE</b>					
Class Name	Pre-requisite	Concurrent/ Completed	Preceptor	Test	Classes needed
<b>BIOL 100 Anatomy</b>				Yes	
<b>BIOL 202 Anatomy &amp; Physiology of OB</b>				Yes	
<b>BIOL 306 Genetics</b>					
<b>BIOL 404 Chemistry &amp; Nutrition</b>	Yes			Yes	BIOL 100 or equivalent and HLTH 130 or equivalent
<b>BIOL 405 Applied Microbiology</b>	Yes				BIOL 100 or equivalent
<b>BIOL 406 Embryology &amp; Neonatology</b>	Yes		Yes	Yes	Must be in the Clinical Program or have limited, pre-approved preceptor
<b>BOTNY 150 Herbiology</b>				Yes	
<b>BUS 413, 416 Midwifery Services (US)</b>					
<b>BUS 414 Midwifery Services (Canada)</b>					
<b>CLNC 100- Clinical Practicum</b>	Yes		Yes		Admission to the Clinical Program
<b>CLNC 375-478 Clinical Practicum</b>					Pre-approval by President
<b>COMM 114 Communication Skills</b>					
<b>COMM 214 Midwifery Support Skills</b>					
<b>ENG 200 English for Midwives</b>					Can be waived by equivalent college writing course
<b>ENG 201 Writing for Midwives</b>					Must take if Eng 200 is waived
<b>ENG 352 Midwifery in Literature</b>					Elective
<b>ENG 513 Technical Writing</b>					
<b>FLDW 571-574 Fieldwork</b>					
<b>HIST 184, 185 History of Midwifery</b>					
<b>HLTH 130 Holistic Health</b>				Yes	
<b>HLTH 234 Medical Terminology</b>				Yes	
<b>HLTH 332 Pediatrics</b>					
<b>HLTH 336 Diagnostic Tests</b>				Yes	
<b>HLTH 337 Phlebotomy Lab</b>	Yes	HLTH 336			
<b>HLTH 437 Homeopathy</b>					
<b>MDWF 100 Intro to Midwifery</b>					
<b>MDWF 146 Midwife's Assistant</b>			Soon		Doula training strongly recommended



Class Name	Pre-requisite	Concurrent/ Completed	Preceptor	Test	Classes needed
<b>MDWF 240 Fetal Heart Surveillance</b>					MDWF 242 or concurrent enrollment
<b>MDWF 242 Labor &amp; Birth</b>	Yes			Yes	BIOL 202
<b>MDWF 243 Labor &amp; Birth Lab</b>	Yes		Yes		MDWF 242
<b>MDWF 331 Advanced Skill Lab</b>	Yes		Yes		MDWF 335, 243, 247,
<b>MDWF 335 IV Skills Lab</b>	Yes	Math 212	Yes	Yes	BIOL 100
<b>MDWF 341 Breastfeeding</b>	Yes				ENGL and HLTH 130
<b>MDWF 338, 340 Prenatal Care</b>					
<b>MDWF 343 Prenatal Care Lab</b>	Yes		Yes		MDWF 338, 340
<b>MDWF 345 Suturing</b>	Yes	Completed		Yes	HLTH 131, BIOL 202
<b>MDWF 354 Complications of Prenatal</b>	Yes				MDWF 338, 340, BOTNY 150, HLTH 336
<b>MDWF 356 Complications of Labor, Birth</b>	Yes				MDWF 338, 340, 243, BOTNY 150, HLTH 336
<b>MDWF 439 Obstetrical Pharmacology</b>	Yes				MDWF 338, 340, 243, BOTNY 150, HLTH 336
<b>MDWF 447 Well Woman Care</b>	Yes			Yes	HLTH 234 and BIOL 202, Concurrent enrollment in MDWF 338, 340
<b>MDWF 448 Well Woman Care Lab</b>	Yes		Yes		MDWF 447 Well Woman Care
<b>MDWF 553-556 Midwifery Issues</b>	Yes				STAT 550 & ENG 513
<b>MDWF 560/584 Thesis/Thesis Project</b>	Yes				PROD 511
<b>PHYT 224 Massage</b>					Elective, BIOL 100 recommended
<b>PHYT 234 Comp and Health Disciplines</b>					Elective
<b>PHYT 320 Reflexology</b>					Elective
<b>PHYT 340 Aromatherapy</b>					Elective
<b>PROD 100 New Student Orientation</b>					
<b>PROD 510 Personality Type</b>					Elective for undergraduates
<b>PROD 511 Thesis Prospectus</b>	Yes				ENG 513
<b>PROD 526-532 Professional Development</b>					
<b>SOSC 162 Doula Training</b>				Yes	Can compete through MCU or other approved doula training
<b>SOSC 302 Ethics and the Law</b>	Yes				Students must have one year of clinical experience
<b>SOSC 364 Childbirth Education</b>					Elective
<b>SOSC 420 Advanced Midwifery Studies I</b>					Students must have instructor's permission to enroll in this class
<b>SOSC 421 Advanced Midwifery Studies II</b>					SOSC 420
<b>SOSC 463 Fertility Awareness</b>					Elective
<b>STAT 312 Epidemiology</b>	Yes				BIOL 202 and Medical Terminology
<b>STAT 313 Research Analysis &amp; Statistics</b>				Yes	
<b>STAT 550 Qualitative Methodology</b>	Yes				ENG 513 & STAT 313

# Course Descriptions

## **BIOLOGY**

**BIOL 100 Anatomy for Health Professionals, 3 cr.**

This course covers the identification and basic functions of various body systems: skin, skeletal-muscular, nervous, endocrine, circulatory, respiratory, digestive, urinary and reproductive. There is also discussion on how pregnancy affects body systems.

**BIOL 202 Anatomy and Physiology of Obstetrics, 2 cr.**

This course covers pelvic bones, joints, ligaments and classifications, musculature of pelvic floor and perineum, fetal skull, fetopelvic relationships, reproductive organs, the reproductive cycle, natural child spacing, fertilization and early development, fetal circulation and the female urinary tract.

**BIOL 306 Genetics, 2 cr.**

This course covers basic genetic principles including the structure of DNA and genes, principles of inheritance and the origins of genetic malfunction. It provides the foundation by which the student can research genetic problems, explain them to a client and counsel the client or refer the client for more in-depth counseling.

**BIOL 404 Chemistry & Nutrition, 3 cr.**

This course will educate students to recognize the relation between health and nutrition and promote measures to reduce morbidity and mortality derived from chronic illness linked to nutritional inadequacy. They will be able to identify nutritional deficiencies and teach ways to overcome those deficiencies through a proper diet in accordance to the needs, means, and personal and cultural preferences of the client. Students will learn the importance of birth weight and brain growth as an evaluative measurement in a newborn. They will understand the benefits and risks of supplements during pregnancy and will learn to recommend the appropriate use of vitamin and mineral supplements. Finally, they will be prepared to teach parents how to feed their children during the first year of life.

**BIOL 405 Microbiology, 1 cr.**

Students study various pathogens and the role they play in well-woman, maternal and newborn health. Students also receive a basic overview of the fundamentals of microbiology including an understanding of the physiologic and biological basis of obstetric and gynecological infection.

**BIOL 406 Embryology & Neonatology, 2 cr.**

Students learn basic embryology, including fetal development and testing, and basic neonatology, including the newborn exam, common and uncommon variations, and guidelines for referring clients to other professionals.

## **BOTANY**

**BOTNY 150 Herbology for Midwives, 2 cr.**

This course covers the identification and properties of herbs. Students learn to forage herbs and make their own herbal combinations. Students also start their own midwife's herb garden.

## **BUSINESS**

**BUS 413 Midwifery Services, 2 cr.**

Issues concerning a professional midwifery practice including business strategies, ethics, counseling, taking apprentices, teaching classes, statistics, birth certificates, informed consent, charges, billing, insurance collection, types of services, medical back-up, transport and laws affecting midwifery.

**BUS 414 Midwifery Services for Canadians, 2 cr.**

Issues concerning a professional midwifery practice including business strategies, ethics, counseling, statistics, birth certificates, informed consent, charges, billing, medical back-up, transport and laws affecting midwifery.

**BUS 416 Midwifery Services for Washington, 2 cr.**

Students will examine health care delivery systems in the United States and abroad, current initiatives locally, nationally and internationally working to improve maternity care. A variety of issues will be explored, concerning a professional midwifery practice including business strategies, taking apprentice, statistics and reporting, practice directive documents, charges, billing, insurance collection, types of services, medical back-up, transport, risk management, professional liability and laws affecting midwifery. This course is specifically designed to support midwives practicing or planning to practice in Washington State.

## **CLINICAL**

**CLNC 100 Clinical Practicum, 1 cr.**

This ongoing class will guide the student and preceptor through all aspects of the clinical program including evaluation and communication. Students will compile a portfolio containing practice guidelines, informed consent, and emergency care plan and client handouts.

## **COMMUNICATIONS**

**COMM 114 Communication Skills for Midwives, 1 cr.**

This course covers basic elements of interpersonal communication including non-verbal communication. Cultural differences, effective listening and conflict resolution are also covered.

**COMM 214 Midwifery Support Skills: Issues of Abuse and Loss, 2 cr.**

This course will train the learner to confidently understand and facilitate healing for women who are survivors of abuse and have or are experiencing the loss of a child through death or miscarriage. Challenges in the client-caregiver relationship are thoroughly examined, with much practical advice for improving trust and communication as well as self-help techniques to handle abuse and grief-related distress.

## **ENGLISH**

ENGL 200 Writing for Midwives, 3 cr.

This course covers basic grammar, usage, spelling and punctuation, research tools, and basic writing skills, and prepares students to communicate effectively: researching, organizing, writing and editing various written materials. Student is oriented toward writing appropriate to her work as a midwife, such as research papers, practice guidelines, business letters, curriculum vitas, and client education materials (handouts), as well as writing for both general and professional publication.

ENGL 201 Writing for Midwives Seminar, 2 cr.

This course is appropriate for students with some college writing background. The student will review the writing skills necessary for research papers, practice guidelines, business letters, and client education materials (handouts), as well as writing for both general and professional publication.

ENGL 325 Midwifery in Literature 1 cr.

Students will read and discuss recent, award-winning literature featuring midwives, with a focus on themes and ethical analysis.

ENGL 513 Technical Writing, 3 cr.

This graduate level course will familiarize the student with scholarly research and writing styles. Students will become adept at literature searching and learn the basics of writing for thesis preparation and publication.

## **FIELDWORK**

FLDW 571-574 Fieldwork, 3 cr.

Graduate fieldwork gives students an opportunity to gain real-life experience in an area of interest to them and pertinent to midwifery while working with an experienced mentor. Graduate students are required to earn 4 fieldwork credits. One credit requires 50 hours of logged fieldwork. Students may choose to earn all 4 credits in one topic area, 1 credit each in four different topic areas, or some combination thereof.

## **HEALTH**

HLTH 130 Holistic Health, 2 cr.

This course covers the fundamentals of health, how diet affects health and different types of diets; the role of carbohydrates, proteins and fats in the diet and their impact on health and disease; vitamins and minerals and their impact on health; nutritional and cleansing herbs, environmental toxins, exercise and hydrotherapy.

HLTH 332 Pediatrics, 2 cr.

This course is specifically designed to explore the needs of the newborn, children and adolescent. Assessment, age appropriate strategies and cultural differences will be discussed. Current research will be reviewed by participants to enhance the midwife's care of family members.

HLTH 234 Medical Terminology, 2 cr.

This course covers basic word structure; suffixes, prefixes and terminology associated with the prenatal period, labor and birth, postpartum and the newborn.

HLTH 336 Diagnostic Tests, 2 cr.

This course includes the physiological changes of pregnancy, disease conditions relating to pregnancy and the reproductive organs, tests to detect physical conditions (both physiological and pathological), fetal diagnosis, maternal metabolic disorders and postpartum testing.

HLTH 437 Homeopathy, 3 cr.

This course gives students an understanding of the origins of homeopathy, how disease is manifested, how to take a case, how to prioritize the signs and symptoms, and how to prepare and administer homeopathic remedies. It will also provide an introduction to a number of remedies useful in the practice of midwifery.

## **HISTORY**

HIST 184 History of Midwifery, 1 cr.

The purpose of this course is to give students an overview of the history of midwifery, from ancient times through the present.

HIST 185: Modern Midwifery History, 1 cr.

This course specifically addresses midwifery from 1950 to the present. Students will understand the influence and role of midwives of color in their preservation of midwifery their contributions to the understanding and evolution of the modern midwifery movement. Students will understand key developments in maternity care during this time period, initiatives to increase access to midwives, and how midwifery care fits into global and national health care strategies to improve maternal health, and articulate the role of the direct-entry midwife in their chosen community as it relates to improving maternal and infant mortality and morbidity.

## **MATH**

MATH 212 Math for Midwives, 2 cr.

This course teaches basic math skills to enable the midwife to make correct calculations and interpret data.

## **MIDWIFERY**

MDWF 100 Introduction to Midwifery, 1 cr.

This course provides the learner with a solid understanding of childbirth as a human right, the Midwives Model of Care and the safety of out-of-hospital birth. Through narrative accounts, research documents and the powerful imagery of birth, students will emerge from this course understanding the power, value and importance of access to midwifery care for all who choose this maternity care option.

MDWF 146 Midwife's Assistant Orientation, 3 cr.

This course helps student midwives prepare to become efficient, trustworthy and competent assistants. This course is designed to give the student an understanding of the requirements and duties of a midwife's assistant. After having completed this course, students will be prepared with the theoretical background necessary for her clinical practicum.

In addition, this course is designed to help students find and maintain a successful clinical preceptorship

This course incorporates the preparations needed for students who are planning to attend a clinical site or become a midwife's assistant as either an apprentice or a second attendant. (*Second attendant* is a term specifically used in Canada to identify a primary midwife's assistant.)

MDWF 240 Ante/Intrapartum FHR Surveillance, 2 cr.

Fetal heart monitoring is the most important technique we can use to evaluate the health of a fetus both in the antepartum and intrapartum period. Especially in an out-of-hospital birth setting, a fetoscope or a Doppler are all we have to observe the well-being of the baby. This course offers a thorough review of fetal heart surveillance procedures. It discusses the physiological basis and instrumentation of monitoring, baseline fetal heart rate and antepartum monitoring. The course teaches what AAT (Auscultated Acceleration Test) is and how we can use it prenatally and during labor. The second part of the class is about problems that can arise, like bradycardia, tachycardia, sinusoidal pattern and periodic and nonperiodic changes. The assignments include several fetal heart rate strip evaluations.

MDWF 242 Labor, Birth and Immediate Postpartum, 2 cr.  
Physiology and management of first, second and third stages of Labor are taught in this class. Students also learn about the mechanism of Labor for occiput anterior, transverse, posterior, face, brow, military and breech presentations.

MDWF 243 Labor and Birth Lab, 1 cr.

Skills from Part III (Labor and Delivery) from *Practical Skills Guide for Midwifery* are passed off in this Lab.

*Dianne Bjarnson—Founder of MCU*

MDWF 246 Postpartum Care, 2 cr.

This course provides instruction in understanding, preparing for and meeting the physiological and emotional changes, problems and needs the mother may have during the postpartum period. It includes what to do in the first few hours after birth as well as providing excellent care and record keeping in the subsequent postpartum care visits.

MDWF 247 Postpartum Care Lab, 1 cr.

Skills from Parts IV (the Postpartum Period) and V (the Newborn Period) from *Practical Skills Guide for Midwifery* are passed off in this Lab.



**MCU Founder Dianne Bjarnson**

MDWF 331 Advanced Skills Lab, 1 cr.

IM injections, catheterization, and episiotomy are taught in this class.

MDWF 335 IV Skills Lab, .5 cr.

This course covers the basics of IVs, both academic and hands-on. Objectives include indication for IV therapy in childbirth, types of fluids, and proper technique in starting, administering, and discontinuing IVs, as well as proper charting.

MDWF 338: Prenatal Care I: Foundations of Prenatal Care, 2 cr.

This course focuses on the basics of prenatal care: from establishing initial contact, taking a thorough client history, initiating ongoing prenatal care including both maternal and fetal evaluations, addressing common discomforts and physiological changes of pregnancy, and facilitating referral when indicated. With the midwifery model of care and an individualized approach, students will make charts for routine prenatal care, client handouts, and the NARM Informed Consent document.

MDWF 340: Prenatal Care II: Prenatal Care for a Healthy Pregnancy, 2 cr.

This course focuses on various elements of promoting a healthy pregnancy and caring holistically for clients. Students will create client handouts and which address nutritional, physical, environmental, emotional, social and sexual needs, changes and risks during pregnancy. Students will develop practice guidelines for several common disorders, diseases and infections during pregnancy as well as developing guidelines for addressing issues of substance abuse. With the midwifery model of care and an individualized approach, students will also prepare NARM general midwifery practice guidelines for use in their practice.

MDWF 341 Breastfeeding, 1 cr.

Students will learn about the historical and cultural background of breastfeeding, anatomy and physiology of breastfeeding, breast milk and the infant, the breastfeeding process, and possible problems.

MDWF 343 Prenatal Care Lab, 1 cr.  
Skills from Part II (the Prenatal Period) from *Practical Skills Guide for Midwifery* are passed off in this Lab.

MDWF 345 Suturing, 1.5 cr.  
At the completion of this course, the student will be able to demonstrate knowledge and skills in checking for and identifying first through fourth degree tears, and other types of pelvic damage. Students will learn the appropriate use and repair of episiotomies, forms and usage of anesthetic agents, how to tie off and postpartum repairs appropriate for the midwife in an out-of-hospital setting.

MDWF 354 Complications of the Prenatal Period, 1 cr.  
This course covers complications during the prenatal period. Students will prepare midwifery practice directive documents that guide management for complications during the prenatal period.

MDWF 356 Complications of Labor, Birth, and Immediate Postpartum, 1 cr.  
This course covers complications in more depth for Labor, birth and immediate postpartum. Focus is directed towards writing midwifery-practice documents for emergency care and variations of normal delivery, and preparing a research article for publication.

MDWF 439 Obstetrical Pharmacology, 2 cr.  
The purpose of this course is to teach students basic facts about the administration of drugs commonly used in the direct entry practice of midwifery. A midwife should be familiar with methods of research and client education regarding the safety of drugs in the childbearing years, and educate clients about benefits and risks.

MDWF 440 Canadian Obstetrical Pharmacology, 3 cr.  
This course will introduce the learner to basic principles of pharmacology, including pharmacokinetics and pharmacodynamics. It provides foundational knowledge of pregnancy-related changes in pharmacokinetics. It introduces students to the pharmacopeia available to midwives in most jurisdictions of Canada. It includes both drugs prescribed by midwives and drugs commonly used during pregnancy, labor, and postpartum not prescribed by midwives in all jurisdictions, but knowledge of which is integral to safe practice. It introduces concepts of informed consent and the six rights of prescribing, and asks students to apply their knowledge to scenarios as part of problem-based learning.

MDWF 447 Well Woman Care, 2 cr.  
This course explores the basic health of women across the lifespan. Topics covered include: the normal reproductive cycle, dysfunctions of menstruation, contraceptive devices and information, sexually transmitted infections, how to perform a well-woman examination, and PAP smear interpretation. Also included is information about the female sexual response and various mental and emotional aspects of wellness and health.

MDWF 448 Well Woman Care Lab, 1 cr.  
This course covers lab skills that are used in well woman care.

MDWF 553 Midwifery Issues in Prenatal Care, 4 cr.  
Each student will identify an area of interest for the focus of this course. Students will conduct scholarly research as well as semi-structured interviews to better understand how midwives can make an impact in prenatal care on a local, national and global scale.

MDWF 554 Midwifery Issues in Labor and Birth, 4 cr.  
Each student will identify an area of interest for the focus of this course. Students will conduct scholarly research as well as focus group research to better understand how midwives can make an impact in labor and birth care on a local, national and global scale.

MDWF 555 Midwifery Issues in Postpartum Care, 4 cr.  
Each student will identify an area of interest for the focus of this course. Students will conduct scholarly research as well as participant observations to better understand how midwives can make an impact in postpartum care on a local, national and global scale.

MDWF 556 Midwifery Issues in Newborn Period, 4 cr.  
Each student will identify an area of interest for the focus of this course. Students will conduct scholarly research as well as online bulletin board textual analysis to better understand how midwives can make an impact in neonatal care on a local, national and global scale.

#### **PHYSICAL THERAPY**

PHYT 320 Reflexology, 1 cr.  
This course introduces reflexology including its history, why it is helpful to midwives, how it works, basic techniques, relaxing techniques, reflex points on the feet and other parts of the body, working different body systems, reflex points for specific disorders, applied lymphology, as well as pain relief and body work during Labor. Students give 30 reflexology treatments.

PHYT 340 Aromatherapy, 1 cr.  
This course covers the use of essential oils in the childbearing year.

PHYT 224 Massage, 2 cr.  
This course covers seated massage, mother massage and infant massage. Suggestions are given on how to help specific problems during pregnancy and how to prepare the body for a faster delivery

PHYT 234 Complementary and Alternative Health Disciplines, 1 cr.  
This course will introduce the learner to alternative and complementary health therapies in the childbearing year. The concept of health paradigms is introduced as a foundation to understanding how to apply alternative and complementary therapies for midwives.

## **PROFESSIONAL DEVELOPMENT**

PROD 100 New Student Orientation, .5 cr.

Students will be oriented for studies at Midwives College of Utah, providing them with the tools and skills they need to be successful. All students are required to complete PROD 100 during their first semester.

PROD 510 Personality Type, 1 cr.

In this course you will determine your personality type through the Bjarson Personality Inventory and/or the Keirsey Temperament Sorter II. Your personality type indicates how you like to look at things and go about deciding things. Knowing your own preferences and learning about others can help you understand where your special strengths are, what kind of activities you might enjoy, what your learning style is, and how you tend to interact with people having different preferences.

PROD 526 Midwives and Publishing, 2 cr.\*

The purpose of this course is to introduce midwives to the process of publishing and the publication world. Through experiential learning and guided pedagogy, students will have the opportunity to explore the basics of publishing and learn how to prepare a practice manuscript for publication in an academic journal.

PROD 527 Community Mother and Child Health, 2 cr.\*

This course will give learners the ability to understand global and local challenges and needs in the area of maternal and child health. Students will research and examine in-depth a selected topic and develop a plan to educate people in their chosen communities regarding maternal and child health. Students will identify both global and community challenges and needs. Finally, they will develop a project to approach one of those problems and educate people in their communities.

PROD 528 Midwifery and Politics, 2 cr.\*

This course will examine the political issues surrounding midwifery on the local and national scale. Students will analyze successful grassroots organizations and strategies that protect and promote midwifery. Students will have the opportunity to review and critique current midwifery legislation and work with various midwifery political organizations on local and national levels.

PROD 529 Field Instructor Preparation, 2 cr.\*

This course will train the learner to understand the needs of midwifery students during clinical instruction, to know NARM's requirements for preceptors, and to confidently oversee the clinical instruction of midwifery students.

PROD 530 Global Maternal and Child Health, 2 cr.\*

The focus of this course includes the core issues hindering women and children's health: access to care, nutrition, poverty and education. Students will examine the role of the midwife on the global scale, the current work of midwives internationally and identify focus areas for the future.

PROD 531 Holistic Midwifery, 2 cr.\*

This course includes readings in brain research, women's hormonal patterns, and natural medicine. It also includes web sites to explore that illustrate current trends in the health industry. The PSTEC track, an innovative type of hypnosis, will be used by the student. The student will start a lending library for clients and formulate two herbal remedies. The course project will be to select and develop a written holistic health plan for a particular problem.

PROD 532 Midwifery Education, 2 cr.\*

The student will research, investigate and theorize specific areas of concern in the field of midwifery education. The student will complete a project that presents concrete solutions and creative ideas for increasing access to and overcoming challenges associated with midwifery education.

\*Each graduate student is required to complete six credit hours of Professional Development Courses (PROD 526-532). The student may take any three classes of the above, six hours of one area, or two in one area, one in another. If the student chooses to take more than two hours in one area they will work with the course instructor to self-design the additional two or four hours. A student may also earn two, four, or six hours in a topic area not covered by PROD 526-532. This option requires acceptance of a proposal by the Graduate Registrar and a portfolio clearly documenting 100 hours of work for each two credits requested.

## **SOCIAL SCIENCES**

SOSC 150: Cultural Competency in Midwifery Care: Understanding Difference, Power, & Privilege, 1.5 cr.

This course will introduce students to the foundational concepts of cultural competency and humility in midwifery care, and to engage critical learning of how difference, power, and privilege intersect to produce documented disparities in maternal-child health outcomes and practices in the United States. Student will have the opportunity to study and explore three broad areas of cultural competency and anti-oppression practices, and their impact on maternity care through historical and current sociopolitical frameworks. In doing so, students will acquire foundational skills necessary for the provision of culturally competent care and the actualization of anti-oppression midwifery professional practices -- in commitment to equity in maternal-child health for all childbearing families.

SOSC 162 Doula Training, 2 cr.

MCU offers a DONA-approved doula training once a year during the spring student conference. If a student has attended an approved doula training elsewhere, this may also be used to fulfill the face-to-face training required for this class. The training should include the emotional and psychological process of labor and birth, the anatomy and physiology of reproduction, labor and birth, comfort measures, non-pharmacological pain management techniques, appropriate topics for prenatal and postpartum discussion with clients, discussion of ethics, standards of practice for doulas, referral sources for client needs beyond the scope of the doula, communication skills and values clarification.

SOSC 302 Ethics and the Law, 1 cr.

The purpose of this course is to introduce students to the myriad of ethical considerations that govern and influence the Midwives Model of Care and the practice of midwifery. Students will have the opportunity to learn and explore four broad areas of ethical considerations in midwifery care: 1) Professional ethics in midwifery; 2) Ethics in clientele selection and service; 3) The ethics of privacy and confidentiality; and 4) State/Province legislation, regulation, and the ethics of “choice.” Students will examine these issues through a combination of interactive discussion sessions, case studies, reflection papers, critical thought exercises, and advocacy projects.

SOSC 364 Childbirth Education, 2 cr.

This course covers the information needed to teach childbirth classes. It includes the development of course outlines, handouts and teaching materials. Basic teaching skills and theory are covered.

SOSC 420 Advanced Midwifery Studies I, 1 cr.

Advanced Midwifery Studies (AMS) is a dynamic student-led independent course that provides MCU students the opportunity to pursue their unique interests while still receiving MCU credit. AMS allows a student to enroll in approved seminars, symposiums, trainings and courses outside of MCU. Through a series of papers, students will summarize and critique their experiences and ultimately connect them to courses being taught at MCU. The student will make a final proposal for further action. Community action and service are vital aspects of a midwife’s role, and the goal of the project is to support the individual’s transition from student to midwife. The actualization of the project is the subject of Advanced Midwifery Studies II.

SOSC 421 Advanced Midwifery Studies II, 1 cr.

Advanced Midwifery Studies II is a student-led, independent course that provides an MCU student with the support to put the project proposed in AMS I into action. The only limits with this project are the student’s imagination! The purpose of this course is to follow a project through to its fruition. Community service and interaction are vital roles in a midwife’s job, and this course is designed to give the student real-life experience in activism of their choosing.

SOSC 463 Fertility Awareness, 1 cr.

Students learn how to instruct women regarding their fertility as it applies to their menstrual cycles, basal body temperature and cervical changes.

## **STATISTICS**

STAT 312 Epidemiology, 1 cr.

Students will study factors affecting the health and illness of populations. Using evidence-based research, students will identify risk factors for disease and determine optimal treatment approaches to clinical practice.

STAT 313: Introduction to Research, 2 cr.

This course will introduce students to the fundamentals of research, including a basic overview of literature searches, research analysis and design methods, and critical appraisal of the literature. The course is intended to be a survey of the fundamentals of research design, analysis, critique, and application, and will cover both quantitative and qualitative approaches. Upon completion of this course, students will be equipped with basic conceptual and practical skills necessary to find and interpret research studies, and apply to practice evidence-based approaches for midwifery care. Because becoming fluent in conducting research requires multiple years of study and advanced courses, our focus here is on sourcing and critiquing literature – the two central research fluency skills necessary for implementing evidence-based practices.

STAT 550 Qualitative Methodology, 3 cr.

This course will provide students with the foundation to begin constructing a qualitative study and learn how qualitative methods can be used to strengthen their research. Students will learn how to construct research studies using qualitative methods and how to apply them to their theses.

## **THESIS AND/OR PROJECT**

PROD 511 Thesis Prospectus, 3 cr.

In this course you will select your thesis advisory committee and write your thesis prospectus. The prospectus provides an outline and timeline for your thesis work. The completed prospectus serves as the backbone of your thesis. Your thesis will be a written thesis (MDWF 560) or a thesis project (MDWF 584). Please plan on two semesters to complete this course.

MDWF 560 Thesis, 5 cr.

The written thesis is developed and completed under the direction of a thesis advisory committee selected by the student. The student will be required to work closely with their committee. The thesis should be geared toward producing a practical, substantial, scholarly work rather than just completing an academic exercise. The thesis must be an original work. Your thesis must be presented in a public venue and defended at its conclusion. Plan on at least three semesters to complete this course.

MDWF 584 Project, 5 cr.

The thesis project is developed and completed under the direction of a thesis advisory committee selected by the student. The student will be required to work closely with their committee. Acceptable projects include such things as setting up a clinic; developing midwifery courses, policies, and procedures; developing and administering a service; and developing birth-related programs such as a birth/postpartum doula training or a certified childbirth education program. Each project must be a substantial work. Your thesis project must be presented in a public venue defended at its conclusion. Plan on at least three semesters to complete this course.

## **Core Competencies & NARM Skills**

Midwives' Alliance of North America (MANA) and the Canadian Midwifery Regulators Consortium have developed a list of core competencies for entry level midwives. The North American Registry of Midwives (NARM) has developed a process to verify practical skills and has developed an academic test. NARM is nationally certifying midwives who qualify with the title Certified Professional Midwife (CPM). Most states that license midwives use the NARM testing for licensure.

It is anticipated that with this national standardization, midwives who become NARM certified will be able to move more easily from one state or country to another. Each state, however, has its own laws regarding certification and licensing. It is up to the students to become familiar with the requirements in the state in which they want to practice.

The Midwives College of Utah curriculum is in compliance with the MANA Core Competencies, Canadian Competencies for Midwives and the NARM Skills. By completing the Associate of Science in Midwifery (ASM) program through MCU, students will be able to apply for NARM certification and take the NARM written exam. The NARM skills exam will be waived for an MCU graduate.



# Administration

## PRESIDENT

### **Kristi Ridd-Young**

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