



**MIDWIVES**  
**COLLEGE OF UTAH**  
MIDWIFING MIDWIVES

## 2016 Student Handbook

Summer/Fall Trimester Version

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This catalog is intended as a resource to acquaint prospective students with course offerings, degree programs, tuition rates, policies and procedures of Midwives College of Utah. Midwives College of Utah reserves the right to make any alterations as needed without prior notice.

## Mission

Midwives College of Utah (MCU) provides an educational structure and an integrated learning environment for individuals to become midwives of technical expertise, professional excellence, and personal greatness—namely Midwives of Excellence™.

## Culture

MCU's culture is inspired by the Midwives Model of Care™, reflecting philosophies, skills and behavior in both the way we model and train our students. What we teach and how we teach exemplifies what it means to be a midwife of excellence who is self-actualized and values courageous conversations and relationships built upon honesty and trust. MCU delivers a Midwifery Model of Education; ultimately midwifing midwives through their educational journey and beyond.

The Midwives College of Utah may offer you the most intense educational challenge and life-changing experience you have ever had. If you have the desire, determination and character to meet the challenge, you can be assured that your education at MCU will support a life and midwifery practice of satisfying, rich contribution.



Sincerely,

Kristi Ridd-Young  
President

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## About MCU

The Midwives College of Utah (MCU) was founded in 1980, and is one of the largest and longest-standing direct-entry (out-of-hospital) midwifery programs in the nation. It operates as a non-profit institution with a Board of Directors, a President, administrative staff, and academic and field (clinical) faculty. MCU offers a Bachelor and Master of Science degree in Midwifery. MCU is a distance education institution with administrative offices located in Salt Lake City, Utah.



MCU is accredited by the Midwifery Education Accreditation Council (MEAC) which is approved by the U.S. Secretary of Education as a nationally recognized accrediting agency. Students are assigned instructors for all on-line, academic courses and engage in regular synchronous and asynchronous activities individually and with instructors and peers. Clinical requirements are met through one-on-one work under the direct supervision of an MCU-approved preceptor. MCU coursework prepares students to pass the North American Registry of Midwives (NARM) exam. At the successful completion of the program, students obtain a degree in midwifery and are eligible to sit for the National Association of Registered Midwives' (NARM) exam.

## Philosophy



MCU affirms that traditional midwives fill an important and unique position within the health care spectrum. Midwifery is a profession that functions independently and in collaboration with

other health care professions.

Traditional midwifery care emphasizes facilitation and enhancement of natural processes throughout all aspects of pregnancy, delivery, postpartum, and well-woman care. It considers emotional and spiritual factors as it utilizes a variety of methods, techniques, modalities and technologies. MCU believes that excellent core midwifery training must be accompanied by entrepreneurial business and life development skills in order to create a holistic midwifery education.

The Midwives College of Utah was founded on Christian principles. No specific doctrine is taught in our curriculum. The philosophical perspective and culture of MCU acknowledges the following:

- Spiritual guidance is a part of midwifery
- All good originates from a higher being
- All human beings are children of God

It is the expectation of MCU that all faculty, staff and students support one another in a culture free from discrimination and harassment based on race, color, religion, gender, sexual orientation, age, national origin, disability, marital or familial status, or veteran status.

## Institution Goals

The MCU distance-education curriculum and locally-based clinical placement are firmly grounded in the unique and profound power of the Midwives Model of Care™ as a primary pathway for improving outcomes and eliminating disparities for women and babies during the childbearing year. Midwives College of Utah fulfills its mission by meeting the following institutional goals:

- offering a bachelor's degree to prepare individuals for career opportunities to practice as a direct-entry midwife who provides primary care to mothers and babies;
- offering a master's degree to prepare individuals to be midwifery leaders in the maternity care landscape;
- providing curriculum core competencies and student support services that provide opportunities to acquire knowledge, skills, and philosophical approaches compatible to the practice of midwifery informed by complementary and alternative medicine and evidence-based education organized within five broad interrelated categories:
  - Specialized Knowledge
  - Broad and Integrative Knowledge
  - Intellectual Skills
  - Applied and Collaborative Learning
  - Civic and Global Learning;
- nurturing a culture of collaboration as we continually strive to advance cultural humility, diversity and inclusivity at MCU and in the midwifery profession;
- creating opportunities for students to effect global social change through the development and application of leadership skills.

## Why MCU?

- A MEAC-accredited education with degree options
- Pathway to the CPM designation
- Exceptional online education model
- Technology resources used to build connection and communication
- Manageable payment options
- Federal financial aid available
- Personal coaching throughout program
- Holistic, evidence-based curriculum which includes traditional midwifery arts, business instruction and life skills
- Optional on-campus learning intensives
- Over the last three years, 100% of MCU graduates who sat for the NARM exam have passed the exam.
- Eighty one percent of our graduates are working as midwives with the remainder of our graduates working in a related field.
- Life experience credit available
- Support from a tight-knit student community
- Continuing education for current CPMs

## Distance Education

The Midwives College of Utah offers a unique distance education program that allows students to pace their program and complete the most of their degree without having to travel to a campus location. Students are assigned an instructor for each course they are enrolled in and will collaborate with peers regularly through synchronous and asynchronous activities.

Integrated Assessments offer students the opportunity to demonstrate academic knowledge, clinical skills, the ability to analyze and navigate scenarios and implement client care and education. Students are required to pass these assessments at the end of each phase of the BSM program. In order to accommodate student schedules, Integrated Assessments are held three times a year in Salt Lake City, Utah. The cost of Integrated Assessments in Salt Lake City during MCU Student Conference is included in your COP though some assessments may include a supply fee. If there are enough students to hold an Integrated Assessment in your region, costs will be determined based on location and number being assessed.

Students are most likely to be successful in the MCU distance program if they:

- are self-directed learners,
- are able to work independently in an on-line learning environment,
- have access to local clinical opportunities, and/or
- can relocate or travel for non-local clinical placement.

## Designed for Success

The Midwives College of Utah is designed for the midwifery student that needs the freedom of location and time flexibility that distance education offers. As valuable as this freedom is, students find that the elements of structure built into MCU's program(s) lead to success.

## Freedom of Location



Students are able to complete their academic studies wherever they live in the world. Students complete their clinical training with an approved MCU preceptor. Ideally, students have identified appropriate local clinical training options prior to entering the MCU program, however, students may need to relocate or travel for part or all of their clinical training.

Students who live outside the US (international students) will have a more difficult time finding and completing clinical placements locally and will be required to travel to the US for at least part of their clinical placement, as well as assessments.

## Time Flexibility

Weekly engagement assignments support learning and course pacing, but, for the most part, students are able to complete academic and clinical work on their own timetable within the 15 week trimester. MCU is on a trimester schedule beginning in January, May and September.

### Major Maps

Major Maps are course completion schedules that students develop with the MCU Registrar (undergraduates) or MCU Graduate Dean (graduate students). Major Maps allow students to see what coursework must be completed within each trimester to meet the student's graduation deadline. Major Maps give structure to the flexibility of MCU coursework; if necessary, they can be revised during the student's tenure.

## Financial Obligation

MCU offers students a reasonable Cost of Program and Title IV funding. Please see MCU's Title IV Handbook for specific rules and regulations related to Title IV.

A tuition discount is extended to all students who have completed all courses within the semester they are scheduled on the student's Major Map. A student can apply for the discount after the first year of enrollment and any full year thereafter. A credit of 6% of a full year's Cost of Program will be applied to the student's account each year that the student qualifies for the discount.

### Trimester Enrollments

The MCU academic year is divided into trimesters.

Winter—January through mid-April

Summer—May through mid-August

Fall—September through mid-December

Students enroll in courses at the beginning of each trimester. All courses should be completed within 15 weeks (one trimester) of activation. The trimester system allows students to begin new courses with other students, making student study groups and interactive sessions more effective. Please see Extensions for Coursework in the Student Policies section of this catalog.

## Support Services

### House Mothers

The House Mother program is a unique service offered by MCU. Each student is assigned to a specific house and house mother. Your house mother will help you design an individualized program, create accountability for your program completion goals, support you as you overcome frustrations and roadblocks, and offer ideas to help you stay focused and energized.

### Sisters' Circle

Distance education students may find it challenging to complete courses in a timely manner. Isolation can also pose a problem. A Sisters' Circle is a student-driven program intended to help students overcome common challenges of distance education. A Sisters' Circle is designed to be a small, intimate group where the members create relationships and a natural culture of accountability to each other. The circle is designed to help members become more productive and consistent in their midwifery studies, help them meet their Major Map goals, and build a community of support. Your House Mother will help connect you to a Sister Circle.

## Continuing Education

MCU's continuing education option is for those who:

1. Want to take a few classes but do not want to be obligated to a degree program.
2. CPMs who wish to supplement their education or obtain CEUs
3. Want to discover if distance education is right for them.

## Student Conferences



MCU student conferences provide hands-on skills training and Integrated Assessments, as well as the opportunity to socialize with other MCU students, instructors and midwives. Conferences are held in Salt Lake City, Utah at an eco-friendly facility that is perfect for high-tech presentations and hands-on midwifery skills. The center also provides accommodations for out-of-town students. Conferences are held in April and August of each year with the possibility of an additional December Integrated Assessment.

The top three benefits of attending conferences are:

- Enhance clinical skills through hands-on practice and receive objective feedback from experts in the field.
- Gain inspiration and motivation for next semester's courses by participating in face-to-face, facilitated activities that serve as companion experiences for academic coursework.
- Create professional connections and form lifelong relationships that will enrich your student experience and your midwifery career.

Students who attend conference gain valuable experience as they are taught clinical skills. Some academic coursework can also be completed during the conference if a student chooses to sign up for a conference workshop in which they are enrolled the following semester.

Integrated Assessments offer students the opportunity to demonstrate academic knowledge, clinical skills, the ability to analyze and navigate scenarios and implement client care



and education. Students are required to pass these assessments at the end of each phase of the BSM program. In order to accommodate students as they move through the program, Integrated Assessments will be offered at the end of Winter and Summer Semesters in conjunction with the student conferences held in Salt Lake City, Utah. If necessary, a December Integrated Assessment can be scheduled. The cost of Salt Lake City-based Integrated Assessment(s) is included in the Cost of Program. If an Integrated Assessment is held in a student's region rather than in Utah, costs will be determined based on location and the number of students being assessed.

If a student needs to cancel conference attendance because of extenuating circumstances the following refund schedule will apply:

- Cancellation before the conference registration deadline will result in a 100% refund.
- Cancellation after the conference registration deadline has passed will result in a 25% refund.

## Endorsement Program

MCU is an approved educational route for California licensure by the California Medical Board. If you wish to become licensed in the state of California, you must complete MCU's California Endorsement in addition to your degree requirements.

The MCU California Endorsement requires the addition of BIOL 2030 Microbiology, 1 cr. for students enrolled in the bachelor's program.

## Application Deadlines

MCU allows students to begin a degree program three times each year. All application materials must be submitted prior to the application deadlines to be considered for acceptance.

Semester Enrollment Dates	Application Deadline	Application Status Notification Date	Enrollment Agreement & Fees Deadline	Major Map Completed	Financial Aid Award Letter	Financial Agreement Deadline	Classes Begin	Classes End
Fall 2016	Feb 8, 2016	Mar 21, 2016	Apr 4, 2016	June 13, 2016	July 25, 2015	Aug 1, 2016	Aug 29, 2016	Dec 9, 2016
Winter 2017	July 11, 2016	Aug 22, 2016	Sept 5, 2016	Nov 14, 2016	Dec 5, 2016	Dec 12, 2016	Jan 9, 2017	Apr 21, 2017
Summer 2017	Nov 7, 2016	Dec 19, 2016	Nov 28, 2016	Feb 13, 2017	Mar 20, 2017	Mar 27, 2017	May 8, 2017	Aug 18, 2017
Fall 2017	Mar 6, 2017	Apr 17, 2017	May 1, 2017	July 10, 2017	July 31, 2017	Aug 7, 2017	Sept 5, 2017	Dec 15, 2017
Winter 2018	July 10, 2017	Aug 21, 2017	Sept 4, 2017	Nov 13, 2017	Dec 4, 2017	Dec 11, 2017	Jan 8, 2018	Apr 20, 2018
Summer 2018	Nov 6, 2017	Dec 18, 2017	Jan 2, 2018	Mar 12, 2018	Apr 2, 2018	Apr 9, 2018	May 7, 2018	Aug 17, 2018
Fall 2018	Mar 5, 2018	Apr 16, 2018	Apr 30, 2018	July 9, 2018	July 30, 2017	Aug 6, 2018	Sept 4, 2018	Dec 14, 2018

# Application Process

Midwives College of Utah (MCU) Admissions Committee will conduct a qualitative and quantitative review of each applicant to determine acceptance. The Admissions Committee members are the Admissions Director, Graduate Registrar, President, Academic Dean, Graduate Dean, and two to three faculty members. Per Title IV requirements, MCU admits as matriculated students only persons who—(i) Have a high school diploma; (ii) Have the recognized equivalent of a high school diploma; (iii) Are beyond the age of compulsory school attendance.

## Bachelor Degree Application

1. Complete application
2. Completion of application questions
3. Two references (if applicant has identified having birth experience, at least one reference should be from someone who has observed the applicant in a birth setting)
4. Proof of high school diploma or official post-secondary transcripts
5. If a CPM, current proof of CPM status
6. Application Fee
7. Native English speaker or a TOEFEL score of at least 88

## Master's Degree Application

1. Complete graduate student application
2. Three professional references
3. Official transcripts with proof of bachelor's degree awarded and proof of CPM or CNM credential
4. Application Fee
5. Current C.V. or Resume
6. Official interview with Graduate Dean

## What happens if I am accepted?

1. You will receive an official acceptance notice via email.
2. You must pay your Annual Student Fee and Acceptance Processing Fee immediately.
3. Submit Enrollment Agreement.
4. Approve Major Map and Cost of Program.
5. Submit Financial Agreement

### To apply visit

<https://www.midwifery.edu/application-process/>

# Competencies and Skills

As a MEAC-accredited school, Midwives College of Utah's curriculum is based upon knowledge and proficiency in MEAC's Curriculum Checklist of Essential Competencies which include the internationally recognized core competencies and guiding principles set forth by the International Confederation of Midwives (ICM) in addition to requirements for national certification by the North American Registry of Midwives (NARM) and the corecompetencies of Midwives Alliance of North America



(MANA). MEAC's accreditation criteria for midwifery education programs reflect the unique components and philosophy of the Midwives Model of Care™.

The North American Registry of Midwives (NARM) has developed a process to verify practical skills and assess knowledge through a comprehensive exam. NARM nationally certifies midwives who qualify with the title Certified Professional Midwife (CPM). Most states that license midwives use NARM testing as a licensure requirement.

By completing the Bachelor of Science in Midwifery (BSM) program through MCU, students will be able to apply for NARM certification and take the NARM written exam. The NARM skills exam will be waived for an MCU graduate. It is anticipated that with this national standardization, midwives who become NARM certified will be able to move more easily from one state or country to another. Each state, however, has its own laws regarding certification and licensing. It is up to the students to become familiar with the requirements in the state in which they want to practice.

# Certified Professional Midwife

The culmination of your studies at the Midwives College of Utah prepares you to take the North America Registry of Midwives (NARM) Written Exam in order to receive the Certified Professional Midwife (CPM) credential. MCU students are exempt from taking the NARM Skills Assessment because they are attending a MEAC-accredited program. Students who do not wish to receive the CPM designation for practice within the United States may take the MCU Comprehensive Exam for graduation. All requirements for graduation must be met before a student can apply to take the NARM Written Exam or the MCU Comprehensive Exam. You may apply to take the NARM written exam when you have completed all NARM required clinical experiences and skills, all MCU Integrated Assessments, and all coursework.

# Undergraduate Program

The Midwives College of Utah's undergraduate program is a Bachelor of Science in Midwifery.

## BACHELOR OF SCIENCE IN MIDWIFERY 121.5 CREDITS

The MCU Bachelor of Science in Midwifery (BSM) degree consists of three phases that coincide with clinical progression. 1000 level courses will be taken during the "Observe" clinical phase, 2000 level courses will be taken during "Assistant" phase and 3000 level courses will be taken during the "Primary under Supervision" phase.

All introductory classes are required in Phase One and are 1000-level courses. These classes introduce concepts that provide the foundation for midwifery core courses, and upper-division science courses. The classes are designed to enhance a student's clinical work in the observation phase. Prior to moving to Phase Two, students must pass an Integrated Assessment (see details below).

Phase Two offers 2000-level courses that are designed to enhance a student's experience in the Assistant level of clinical work and to prepare the student to undertake the Primary role in Phase Three. The normal childbearing year in Prenatal Care I and II, Labor, Birth and the Immediate Postpartum, Postpartum Care, and Pediatrics are required in this phase. Students also complete supplemental course work to enhance their work as Assistants in their second Cultural Competence course, Culturally Safe Care, Ethics and other midwifery core classes such as Clinical Testing in the Childbearing Year, Fetal Heart Surveillance and Obstetrical Pharmacology. The completion of Foundations of Evidence-Informed Care prepares students to integrate current evidence-based practice into practice directive documents. Prior to moving to Phase Three, students must pass an Integrated Assessment

Phase Three 3000 level courses are designed to link theory to practice as a student is acting as a primary midwife with supervision. Complications of the childbearing year are covered in this phase, along with advanced midwifery and professional skills to prepare the student for independent practice. Prior to graduation, students must pass all Integrated Assessments.

### Integrated Assessments

Integrated Assessments at the end of phase 1, phase 2 and phase 3 offer students the opportunity to demonstrate academic knowledge, clinical skills, the ability to analyze and navigate scenarios and implement client care and education. Students will take these assessments after completing one phase and before moving into the next phase; assessments will be offered at the end of each trimester to accommodate students as they move through the program. Feedback will be clear and measurable, allowing students to reflect on and react to their own development.

Integrated Assessments will be held three times a year in April, August and December in Salt Lake City, Utah.

The BSM degree can be completed in as few as 3.33 years, with a maximum of 7.33 years allowed for completion. For Title IV eligibility, a full-time student is expected to complete at least six credits per trimester. Graduation requirements include successfully passing the NARM exam or the MCU Comprehensive Exam. The NARM exam is required to receive the Certified Professional Midwife credential.

### BSM Program Goals

#### *A midwife of technical expertise*

1. The undergraduate program aims to prepare students to practice at the full scope of the Certified Professional Midwife credential through the demonstration of broad, integrative, and specialized knowledge.

#### *A midwife of professional excellence*

2. The undergraduate program aims to prepare students to practice within their own communities and synthesize applied and collaborative learning. Students will engage in the maternity care system professionally and ethically at all times.

#### *A midwife of personal greatness*

3. The undergraduate program aims to prepare students for reflective practice and a perpetual commitment to contribute to the professionalization of direct-entry midwifery.
4. The undergraduate program aims to prepare graduates to educate others in their profession and in their communities.

### Graduation Requirements for BSM

- Complete all courses outlined in Major Map to equal a total of 121.5 academic/clinical trimester credits
- Complete all NARM required clinical experiences. (In order to assure requirement currency requirements for the year you plan to graduate, please refer to [www.narm.org/testing/graduate-of-a-meac-accredited-program/](http://www.narm.org/testing/graduate-of-a-meac-accredited-program/).)
- Pass all Integrated Assessments
- Complete a doula training
- Certification in NRP and CPR
- Copy of required practice guidelines, emergency care plan and informed disclosure
- Current membership in a local or national midwifery organization
- Pass all midwifery core classes with at least a B- grade, pass all other courses with at least a C grade
- Minimum cumulative GPA of 2.5
- Pass the NARM exam or the MCU Comprehensive Exam. The NARM exam is required to receive the Certified Professional Midwife credential.



### **BSM for a Current CPM Pathway**

If a current CPM wishes to pursue a BSM degree, she may apply to the BSM program without prior college experience. The CPM designation and additional prior learning can be evaluated through MCU's Life Experience Portfolio Evaluation application. Credit equivalency for the CPM designation will not exceed 76 credits. A CPM who wishes to pursue a BSM degree, must complete at least 44.5 MCU credits as designated on the Major Map and/or transfer in any additional credits from an accredited college or university for a total of 121.5 credits. General education requirements for the BSM will be determined based upon prior college experience and life experience. A student, who is a CPM and has graduated from MCU with an ASM, must complete an additional 40 MCU credits as designated on the major map.

### **Graduation Requirements for BSM with a CPM**

- Complete all courses outlined in Major Map to equal a total of 121.5 academic trimester credits.
- Copy of current practice guidelines, emergency care plan and informed disclosure
- Current NRP and CPR certification
- Current membership in a midwifery organization
- Pass all midwifery core courses with at least a B grade and all other courses with at least a C grade
- Copy of CPM certification
- Minimum cumulative GPA of 2.5

## **Graduate Program**



The MCU graduate program is designed for current CPMs and CNMs, and is a research-based program aimed at nurturing the next generation of midwifery leaders, educators, and advocates. Eligibility for the MSM program is as follows: 1) must hold a Bachelor's degree in any field; 2) must be a current CPM or CNM; and 3) must complete SOSC 2050 (Ethics & the Law) and STAT 2010 (Foundations of

Evidence-Informed Care; formerly, STAT 313: Introduction to Research), or demonstrate course equivalency. These two courses can be completed at part of your graduate program.

If accepted into the program, you will work closely with the Graduate Dean to develop an Individualized Development Plan (IDP) that will help tailor your graduate studies. The graduate program consists of: 1) coursework that covers research methodologies, professional development topics, critical studies in midwifery care, and fieldwork-based experiential learning; and 2) a research-based thesis or non-thesis applied project, in which you will make an original, substantive contribution to midwifery care and maternal-child health. You will also engage in professional and academic experiences, such as conference presentations, graduate seminars, and opportunities for publishing. Your work in the graduate program will be guided by a MSM

committee, consisting of one primary advisor and at least two additional MCU graduate faculty members. The MSM program is designed to be a two year program; however, you can have a maximum of four years to complete the program to accommodate individual progression. A full-time student is expected to complete at least four credits per trimester, and a part-time student is expected to complete at least 2 credits per trimester.

### **MSM Program Goals**

#### ***A midwife of technical expertise***

1. The graduate program aims to advance student knowledge of the research, educational, programmatic, and policy dimensions of midwifery care and maternal-child health.

#### ***A midwife of professional excellence***

2. The graduate program aims to prepare students for leadership and expert contributions in midwifery education, research, outreach, and policy realms.

#### ***A midwife of personal greatness***

3. The graduate program fosters professionalism, critical thinking, personal reflexivity, and humility in service to lifelong learning and the advancement of midwifery education, research, outreach, and policy.

### **Graduation Requirements for MSM**

Completion of 32 academic credits as outlined for the MSM degree. At least 50% of these courses must be MCU courses if you are transferring in applicable credits. All courses must be passed with at least a C grade and a minimum, cumulative GPA of 3.0. You must also pass your written and oral defense, as determined by your committee.

## **Program Length**

A Major Map (course completion schedule) will be individually designed for you with the aid of the Registrar (undergraduates) or Graduate Dean (graduate students). Factors considered in the design of your personal Major Map are your graduation goal date, your unique life circumstances, times of the year that you want coursework light or heavy, possible clinical opportunities, whether you plan to use Federal Financial Aid, and any other future plans that may affect your progress through the program.

Coursework is broken down into three, four-month trimesters per year. The following sample Major Maps represent what your course load could be depending on the number of hours you can dedicate to your midwifery education. Students may expect to study 20-40 hours per week to complete 6-8 academic credits every 15 weeks. If you wish to complete 10-12 credits every trimester, you can expect to student 40-60 hours per week. Please note that the time required to complete clinical work with a preceptor (field faculty) varies significantly from student to student.

Undergraduate students will be enrolled in six credits per trimester the first two trimesters of enrollment. After successfully completing at least two trimesters of the designated Major Map, you can request a Major Map change

to increase the pace of the program. If you are a Title IV student, undergraduate students must enroll in and complete at least six (6) credits in a designated time period. Please work with the Financial Aid Director to assure that your Major Map and student academic progress (SAP) is in compliance with Title IV regulations. Graduate students should consult the Satisfactory Academic Progress (SAP) for Graduate Students Policy to ensure they remain within Title IV and MCU program compliance.

If you have not graduated within your program's maximum stated time frame, you must request a program extension.

Please refer to the Program Deadline Extension procedure in the Student Policy section. All students **MUST** complete their program within the maximum stated time frame from the date of enrollment as noted below.

Degree	Minimum Time Frame	Maximum Time Frame
Bachelor's Degree	3.33 years	7.33 years
Bachelor's Degree CPM	2.33 years	7.33 years
Master's Degree	2	4

# Suggested Bachelor of Science in Midwifery Major Map

for a student who will dedicate an average of **20 hours a week for academic and clinical course work**. Please note that a student must graduate no later than 7.33 years from the date of enrollment.

If a **student wishes to graduate sooner** than the maximum stated time of 7.33 years, the student can request a major map adjustment **AFTER** successfully completing at least 6 credits during the first two semesters of enrollment.

1 <sup>st</sup> Trimester		2 <sup>nd</sup> Trimester		3 <sup>rd</sup> Trimester	
<b>Year 1</b>					
<i>Phase One</i>					
PROD 1000 New Student Orientation	0.5	SOSC 1010 Cultural Comp	1.5	MDWF 1050 Midwife's Assistant Or.	4
ENG 1010/1050 Intro to Writing	2	HLTH 1010 Medical Term & Charting	3	HLTH 1030 Found. in Public Health	2
MDWF 1010 Intro to Midwifery	1	MATH 1010 Intro to Math	2	MDWF 1030 Breastfeeding	1
BIOL 1010 Anatomy for Hlth Prof	2				
COMM 1010 Intro to Effect. Com	1				
Total	6.5	Total	6.5	Total	7
<b>Year 2</b>					
BIOL 1050 A & P of OB	3	HLTH 1050 Holistic Health	2	<i>Phase Two</i>	
MDWF 1040 IV Skills	1.5	HIST 1010/1020 Hist. of Midwifery	1	MDWF 2010 Prenatal Care I	3.5
CLNC 1010 Phase One Practicum	3	CLNC 1050 Phase One Competencies	1	STAT 2010 Foundations of EIC	2
		BOTNY 1010 Herbology	2	TMA Elective	1
Total	7.5	Total	6	Total	6.5
<b>Year 3</b>					
MDWF 2020 Prenatal Care II	3.5	MDWF 2030 Labor and Birth	4	MDWF 2040 Postpartum Care	3
MDWF 2060 Clinical Testing	3	MDWF 2080 Fetal Heart Surveillance	2	CLNC 2010 Phase Two Practicum	2
				SOSC 2010 Culturally Safe Care	2
Total	6.5	Total	6	Total	7
<b>Year 4</b>					
MDWF 2050 Pediatrics	4	MDWF 2100 Well Woman Care	4	MDWF 2070 OB Pharm	3
CLNC 2020 Phase Two Practicum	2	CLNC 2030 Phase Two Practicum	2	SOSC 2050 Ethics	1
				CLNC 2040 Phase Two Practicum	2
Total	6	Total	6	Total	6
<b>Year 5</b>					
MDWF 2090 Suturing	3	<i>Phase Three</i>		MDWF 3030 Com. Labor and Birth	3.5
CLNC 2050 Phase Two Competencies	3	MDWF 3010 Prenatal Complications	3.5	CLNC 3020 Phase Three Practicum	2
		CLNC 3010 Phase Three Practicum	2	BIOL 2010 Genetics	2
		STAT 2050 Epidemiology	1		
Total	6	Total	6.5	Total	7.5
<b>Year 6</b>					
MDWF 3050 Postpartum Complications	3.5	COMM 2010 MDWF Support Skills	2	BIOL 2050 Chem. And Nutrition	2
CLNC 3030 Phase Three Practicum	2	BUS 3010 Midwifery Services	2	TMA Elective(s)	2
TMA Elective	1	CLNC 3040 Phase Three Pctm	2	CLNC 3060 Phase Three Practicum	2
Total	6.5	Total	6	Total	6
<b>Year 7</b>					
CLNC 3050 Phase Three Competencies	3				
TMA Elective(s)	2				
MDWF 3070 NARM Prep	.5				
Total	5.5				
		TOTAL Clinical	26		
<b>Total Midwifery Related General Ed</b>	<b>41</b>	<b>Total MDWF Core w/ Clinical</b>	<b>53</b>	<b>Total Program Credits</b>	<b>121.5</b>

TRADITIONAL MIDWIFERY ART ELECTIVES			
HLTH 2010 Homeopathy 2 cr.	PHYT 1010 Aromatherapy 1 cr.	PHYT 2050 Massage 2 cr.	SOSC 3010 Adv. MDWF Studies I 1 cr.
BOTNY 2010 Adv. Herbology 2 cr.	PHYT 2010 Reflexology 2 cr.	SOSC 2030 Childbirth Ed. 2 cr.	SOSC 3030 Adv. MDWF Studies II 1 cr.
HLTH 3010 Adv. Homeopathy 2 cr.	PHYT 2030 Complementary and Alternative Health Disciplines 1 cr.		

TMA designates a group of elective credits in the traditional midwifery arts. The student will work with the Registrar to determine chosen electives.

# Suggested Bachelor of Science in Midwifery Major Map

for a student who determines, in the first two semesters of enrollment, that they are able to complete courses on time and would like to graduate within four years of enrollment. The student must plan to **dedicate an average of 40 hours a week to academic and clinical course work.**

1 <sup>st</sup> Trimester		2 <sup>nd</sup> Trimester		3 <sup>rd</sup> Trimester	
<b>Year 1</b>					
<i>Phase One</i>					
PROD 1000 New Student Orientation	.5	SOSC 1010 Cultural Comp	1.5	MDWF 1050 Midwife's Assistant Or.	4
ENG 1010/1050 Intro to Writing	2	HLTH 1010 Medical Term & Charting	3	HLTH 1030 Found. in Public Health	2
MDWF 1010 Intro to Midwifery	1	MATH 1010 Intro to Math	2	BIOL 1050 A & P of OB	3
BIOL 1010 Anatomy for Hlth Prof	2			MDWF 1030 Breastfeeding	1
COMM 1010 Intro to Effect. Commun	1			TMA Electives	3
				CLNC 1010 Phase One Practicum	1
<b>Total</b>	<b>6.5</b>	<b>Total</b>	<b>6.5</b>	<b>Total</b>	<b>14.5</b>
<b>Year 2</b>					
HIST 1010/1020 Hist. of Midwifery	1	<i>Phase Two</i>		MDWF 2020 Prenatal Care II	3.5
MDWF 1040 IV Skills	1.5	MDWF 2010 Prenatal Care I	3.5	MDWF 2060 Clinical Testing in CBY	3
TMA Electives	2	STAT 2010 Foundations of EIC	2	MDWF 2030 Labor and Birth	4
CLNC 1010 Phase One Practicum	2	TMA Elective	1	MDWF 2080 Fetal Heart Surveillance	2
CLNC 1050 Phase One Comp	1	SOSC 2010 Culturally Safe Care	2	CLNC 2010 Phase Two Practicum	2
BOTNY 1010 Herbolgy	2	BIOL 2050 Chem. And Nutrition	2		
HLTH 1050 Holistic Health	2	CLNC 2010 Phase Two Practicum	2		
<b>Total</b>	<b>11.5</b>	<b>Total</b>	<b>12.5</b>	<b>Total</b>	<b>14.5</b>
<b>Year 3</b>					
MDWF 2040 Postpartum Care	3	MDWF 2070 OB Pharm	3	<i>Phase Three</i>	
MDWF 2050 Pediatrics	4	SOSC 2050 Ethics	1	MDWF 3010 Prenatal Complications	3.5
MDWF 2100 Well Woman Care	4	CLNC 2010 Phase Two Practicum	2	STAT 2050 Epidemiology	1
CLNC 2010 Phase Two Practicum	2	MDWF 2090 Suturing	3	BIOL 2010 Genetics	2
		CLNC 2050 Phase Two Competencies	3	CLNC 3010 Phase Three Practicum	3
<b>Total</b>	<b>13</b>	<b>Total</b>	<b>12</b>	<b>Total</b>	<b>9.5</b>
<b>Year 4</b>					
MDWF 3030 Com. Labor and Birth	3.5	MDWF 3070 NARM Prep	.5		
CLNC 3010 Phase Three Practicum	3	CLNC 3010 Phase Three Practicum	4		
MDWF 3050 Postpartum Comp	3.5	BUS 3010 Midwifery Services	2		
COMM 2010 MDWF Support Skills	2	CLNC 3050 Phase Three Competencies	3		
<b>Total</b>	<b>12</b>	<b>Total</b>	<b>9.5</b>		
		<b>Total Clinical</b>	<b>26</b>		
<b>Total Midwifery Related General Ed</b>	<b>41</b>	<b>Total MDWF Core w/ Clinical</b>	<b>53</b>	<b>Total Program Credits</b>	<b>121.5</b>

## TRADITIONAL MIDWIFERY ART ELECTIVES

HLTH 2010 Homeopathy 2 cr.	PHYT 1010 Aromatherapy 1 cr.	PHYT 2050 Massage 2 cr.	SOSC 3010 Adv. MDWF Studies I 1 cr.
BOTNY 2010 Adv. Herbolgy 2 cr.	PHYT 2010 Reflexology 2 cr.	SOSC 2030 Childbirth Ed. 2 cr.	SOSC 3030 Adv. MDWF Studies II 1 cr.
HLTH 3010 Adv. Homeopathy 2 cr.	PHYT 2030 Complementary and Alternative Health Disciplines 1 cr.		

# Suggested Bachelor of Science in Midwifery Major Map

for a Certified Professional Midwife (CPM\*) with an Associate of Science in Midwifery from MCU

To receive a bachelor's degree from MCU, a current CPM with an Associate's of Science in Midwifery from MCU must complete 40 credits.

1 <sup>st</sup> Trimester		2 <sup>nd</sup> Trimester		3 <sup>rd</sup> Trimester	
<b>Year 1</b>					
PROD 1000 New Student Orientation*	.5	BIOL 2010 Genetics	2	Advanced Clinical Practicum	2
HLTH 1030 Found in Public Health	2	SOSC 2010 Culturally Safe Care	2	MDWF 3080 Advanced Issues MDW	3
MDWF 2080 Fetal Heart Surveillance	2	Electives	2	Elective	1
Electives	2				
*May be waived if ASM was completed after Fall 2014					
Total	6.5	Total	6	Total	6
<b>Year 2</b>					
MDWF 3090 Advanced Issues in Midwifery Care II	3	MDWF 3050 PP Complications	3	STAT 2050 Epidemiology	1
Advanced Clinical Practicum	2	Electives	2.5	Electives	4
Elective	1				
Total	6	Total	5.5	Total	5
<b>Year 3</b>					
BIOL 2050 Chemistry and Nutrition	2				
Electives	3				
Total	5			<b>TOTAL PROGRAM CREDITS</b>	40
<b>ELECTIVES</b>					
HLTH 1030 Foundations Public Hlth	2				
SOSC 2030 Childbirth Ed.	2				
SOSC 3010 Adv. MDWF Studies I	1				
SOSC 3030 Adv. MDWF Studies II	1				
HLTH 2010 Homeopathy	2				
BOTNY 2010 Adv. Herbology	2				
HLTH 3010 Adv. Homeopathy	2				
PHYT 1010 Aromatherapy	1				
PHYT 2010 Reflexology	2				
PHYT 2030 Complementary and Alternative Health Disciplines	1				
PHYT 2050 Massage	2				

\*A Certified Professional Midwife (CPM) is a knowledgeable, skilled and professional independent midwifery practitioner who has met the standards for certification set by the North American Registry of Midwives (NARM) and is qualified to provide the Midwives Model of Care.



# Suggested Bachelor of Science in Midwifery Major Map

for a Certified Professional Midwife (CPM\*)

To receive a bachelor's degree from MCU, a current CPM must complete 121.5 credits. The CPM designation may have a credit equivalency of up to 77 credits. This will be determined by a transcript review of courses completed from an accredited college or university and/or a review of MCU's Life Experience Portfolio Evaluation. The portfolio application gives the CPM the opportunity to document workshops and life experience that have contributed to her CPM education. In addition, the student must complete the 44.5 credits indicated below.

1st Trimester		2 <sup>nd</sup> Trimester		3 <sup>rd</sup> Trimester	
Year 1					
PROD 1000 New Student Orientation	.5	MDWF 2080 Fetal Heart Surveillance	2	COMM 1010 Intro to Effect Comm/ or COMM 1050 Communications Seminar	1/5
ENG 1010/1050 Intro to Writing	2/1	SOSC 2010 Culturally Safe Care	2	BIOL 2010 Genetics	2
MATH 1010 Intro to Math	2	STAT 2010 Foundations of EIP	2	MDWF 3080 Adv. Issues in MDWF I	3
SOSC 1010 Cultural Competency	1.5				
Total	6	Total	6	Total	6
Year 2					
MDWF 3090 Adv Issues in MDWF II	3	STAT 2050 Epidemiology	1	BUS 3010 Midwifery Services	2
SOSC 2050 Ethics	1	Electives	3	Advanced Clinical Practicum	2
Electives	3	Advanced Clinical Practicum	2	Electives	3
Total	7	Total	6	Total	7
Year 3					
HIST 1010/1020	1				
BIOL 2050 Chemistry and Nutrition	2				
Electives	3.5				
Total	6.5			<b>TOTAL PROGRAM CREDITS</b>	<b>44.5</b>
<b>ELECTIVES</b>					
HLTH 1030 Foundation in Public Hlth	2				
BOTNY 1010 Herbology	2				
SOSC 3010 Adv. Midwifery Studies I	1				
SOSC 3030 Adv. Midwifery Studies II	1				
HLTH 2010 Homeopathy	2				
BOTNY 2010 Adv. Herbology	2				
HLTH 3010 Adv. Homeopathy	2				
PHYT 1010 Aromatherapy	1				
PHYT 2010 Reflexology	2				
PHYT 2030 Comp & Hlth Disciplines	1				
PHYT 2050 Massage	2				
MDWF 1040 IV Skills	1.5				
MDWF 2050 Pediatrics	4				
MDWF 2100 Well Woman Care	4				
MDWF 2070 OB Pharmacology	3				
MDWF 2090 Suturing	3				
COMM 2010 Midwifery Support	2				
SOSC 2030 Childbirth Ed.	2				

\*A Certified Professional Midwife (CPM) is a knowledgeable, skilled and professional independent midwifery practitioner who has met the standards for certification set by the North American Registry of Midwives (NARM) and is qualified to provide the Midwives Model of Care.

# Suggested Master of Science in Midwifery Major Map

## (2-year program)

The MSM program is designed to be a two year program, but students have up to four years to complete; this major map reflects progression through the program if it is to be completed in two years. Some courses, including fieldwork courses, are flexible in what semester they are taken based on emerging possibilities and individual needs.

1 <sup>st</sup> Trimester Year 1		2 <sup>nd</sup> Trimester		3 <sup>rd</sup> Trimester		
PROD 510/5010 Personality Type	1	PROD 511/5011 Prospectus (Sct. I)	1	MDWF 553/5053 to MDWF 556/5056	4	
ENG 513/5013 Sch Rsch/Writing	3	STAT 550/5050 Qlt. Methodology	3	PROD 511/5011 Prospectus (Sct. II)	2	
PROD 526/5026 to 532/5032	2	PROD 526/5026 to 532/5032	2			
Total	6	Total	6	Total	6	
<b>Year 2</b>						
MDWF 553/5053 to 556/5056	4	PROD 526/5026 to 532/5032	2	FLDW 571/5071 to 573/5073	1	
FLDW 571/5071 to 573/5073	1	MDWF 584/5084 or 560/5060 Project/Thesis (Section II)	1	MDWF 584/5084 to 560/5060 Project/Thesis (Section III)	3	
MDWF 584/5084 or 560/5060 Project/Thesis (Section I)	1	FLDW 571/5071 to 573/5073	1			
Total	6	Total	4	Total	4	
					<b>TOTAL PROGRAM CREDITS</b>	<b>32</b>

### Midwifery Issues Choices

MDWF 553/5053 Midwifery Issues in Prenatal  
 MDWF 554/5054 Midwifery Issues in Labor & Birth  
 MDWF 555/5055 Midwifery Issues in Postpartum  
 MDWF 556/5056 Midwifery Issues in the Newborn

8 (eight) credits of Midwifery Issues coursework are required. Each course is 4 (four) credits. Students select two of the courses.

### Professional Development Choices

PROD 526/5026 Midwives and Publishing  
 PROD 527/5027 Community Mother and Child Health  
 PROD 528/5028 Intro to Midwifery and Politics  
 PROD 529/5029 Field Instructor Preparation  
 PROD 530/5030 Global Maternal and Child Health  
 PROD 531/5031 Holistic Midwifery  
 PROD 532/5032 Midwifery Education

6 (six) credits of Professional Development coursework are required. Each course is 2 (two) credits. After the initial two-credit course, additional credits can be taken in the same topic area if desired.

3 (three) credits of Fieldwork are required. Credits are earned in 1 (one) credit increments. 1 credit = 50 hours of internship work under an approved mentor.

# Suggested Master of Science in Midwifery Major Map

(4-year program)

The MSM program is designed to be a two year program, but students have up to 4 years to complete; this major map reflects progression through the program if it is to be completed in four years. Some courses, including fieldwork courses, are flexible in what semester they are taken based on emerging possibilities and individual needs.

1 <sup>st</sup> Trimester Year 1		2 <sup>nd</sup> Trimester		3 <sup>rd</sup> Trimester		
PROD 510/5010 Personality Type	1	ENGL 513/5013 Scholarly Research & Writing	3	STAT 550/5050 Qualitative Methodology	3	
PROD 526/5026 to 532/5032	2					
Total	3	Total	3	Total	3	
<b>Year 2</b>						
PROD 526/5026 to 532/5032	2	MDWF 553/5053 to 556/5056	4	MDWF 553/5053 to 556/5056	4	
Total	2	Total	4	Total	4	
<b>Year 3</b>						
PROD 511/5011 Prospectus (Section I)	1	PROD 511/5011 Prospectus (Section II)	2	PROD 526/5026 to 532/5032	2	
FLDW 571/5071 to 573/5073	1					
Total	2	Total	2	Total	2	
<b>Year 4</b>						
MDWF 584/5084 or 560/5060 Project/Thesis (Sections I)	1	MDWF 584/5084 or 560/5060 Project/Thesis (Section II)	1	MDWF 584/5084 or 560/5060 Project/Thesis (Section III)	3	
FLDW 571/5071 to 573/5073	1	FLDW 571/5071 to 573/5073	1			
Total	2	Total	2	Total	3	
					<b>Total Program Credits</b>	<b>32</b>

## Midwifery Issues Choices

MDWF 553/5053 Midwifery Issues in Prenatal  
 MDWF 554/5054 Midwifery Issues in Labor & Birth  
 MDWF 555/5055 Midwifery Issues in Postpartum  
 MDWF 556/5056 Midwifery Issues in the Newborn

8 (eight) credits of Midwifery Issues coursework are required. Each course is 4 (four) credits. Students select two of the courses.

## Professional Development Choices

PROD 526/5026 Midwives and Publishing  
 PROD 527/5027 Community Mother and Child Health  
 PROD 528/5028 Intro to Midwifery and Politics  
 PROD 529/5029 Field Instructor Preparation  
 PROD 530/5030 Global Maternal and Child Health  
 PROD 531/5031 Holistic Midwifery  
 PROD 532/5032 Midwifery Education

6 (six) credits of Professional Development coursework are required. Each course is 2 (two) credits. After the initial two-credit course, additional credits can be taken in the same topic area if desired.

3 (three) credits of Fieldwork are required. Credits are earned in 1 (one) credit increments. 1 credit = 50 hours of internship work under an approved mentor.

# Cost of Program

Cost of Program (tuition) is \$2,000 for each trimester you are enrolled at MCU with a maximum total cost (tuition) of \$36,000. The Cost of Program covers all credits enrolled in at the beginning of each trimester. You can take as few or as many credits as you wish each trimester you are enrolled; the faster you progress through the program, the more affordable your degree. You will be invoiced for the Cost of Program each trimester. The Cost of Program includes academic and clinical tuition only; all other fees must be paid when due.

\*If you have not graduated within your program's maximum stated time frame, you must request a program extension. If the extension is granted you will be charged program extension fees for each semester beyond your program deadline. The program extension fees are \$100 per month for the first trimester extended, and \$150 per month thereafter.

## How Tuition Works

Tuition is charged at a flat rate per trimester, \$2,000.00 (each trimester is 15 weeks long), regardless of the number of credits attempted or completed by the student and caps at \$36,000.\*

Cost of Program and other fees may be raised periodically without notice. Fees will be posted on the MCU website and in the MCU catalog. Tuition, fees, and additional costs are estimated as closely as possible in the MCU website and catalog. Students must meet all agreed upon financial obligations to the school as per the policy in the MCU catalog before being allowed to graduate or receive official transcripts.

MCU is designated as a non-term school for Title IV purposes and has only one enrollment status of full-time. All students are expected to complete the minimum number of credits per trimester (6 credits for undergraduate programs, and 2-4 credits for graduate programs) to make on time progress toward graduation. Please see the Title IV Handbook for further details.

## Tuition Cost Comparison

<b>Bachelor's Degree Minimum Time Frame—3.33 years</b>	
Initial Application Fee	\$ 50.00
Acceptance Fee	\$ 135.00
Clinical Application Fee*	\$ 40.00
Graduation Application Fee*	\$ 60.00
Annual Student Fees*	\$ 1,360.00
Tuition/Cost of Program	\$20,000.00
<b>Total Cost</b>	<b>\$21,645.00</b>
<b>Bachelor's Degree Maximum Time Frame—7.33 years</b>	
Initial Application Fee	\$ 50.00
Acceptance Fee	\$ 135.00
Clinical Application Fee*	\$ 40.00
Graduation Application Fee*	\$ 60.00
Annual Student Fees*	\$ 2,550.00
Tuition/Cost of Program	\$36,000.00
<b>Total Cost</b>	<b>\$38,835.00</b>

<b>Master's Degree Minimum Time Frame—2 years</b>	
Initial Application Fee	\$ 50.00
Acceptance Fee	\$ 135.00
Graduation Application Fee*	\$ 60.00
Annual Student Fees*	\$ 675.00
Tuition/Cost of Program	\$12,000.00
<b>Total Cost</b>	<b>\$12,920.00</b>

\*Subject to change based on year assessed. MCU reserves the right to increase any costs associated with the program.

## Automatic Payments and Mailed in Payments

Students may select between monthly/trimester payments being mailed in, paid by credit card or automatically deducted from their bank accounts.

## Cost of Program for Time Out and Leave of Absence

The student will be exempt from the Cost of Program during the time out trimester, but the current trimester's Cost of Program is due in full according to the existing payment schedule before the time-out can take effect. Students must begin making Cost of Program payments after the one trimester time out or the student will be automatically withdrawn, and must reapply.

The student will be exempt from the Cost of Program during a Leave of Absence, but the current trimester's Cost of Program is due in full according to the existing payment schedule before the Leave of Absence can take effect. Students must begin making Cost of Program payments after the Leave of Absence or the student will be automatically withdrawn, and must reapply.

## Tuition Discount

A tuition discount of 6% is available to all students who demonstrate, *after each year* of active enrollment, that they have completed all courses within the semester they are scheduled on the student's Major Map. The 6% discount will be applied once the student's eligibility has been determined. A separate discount is provided to the student for each year that they stay on their Major Map. The term for each discount will be for one year.

A student seeking this discount should request a review from the President within two weeks of completion of the first year of enrollment and any eligible year thereafter. A credit of 6% of a full year's Cost of Program will be applied to the student's account.

## Late Payments

When a student's Cost of Program and/or other unpaid fees are thirty-five (35) days in arrears, the student's account will be placed on hold. This means that the student may not enroll in courses, submit coursework for grading, and/or receive credits, official transcripts, certificates or degrees. To have the hold removed, the student must pay all delinquent payments. Students may be withdrawn by MCU if they have an unpaid balance for 95 days.

### **Refund Policy**

The Application and Acceptance Processing fees are non-refundable. The Annual Student fee is non-refundable once a matriculated student enrolls in her/his first class. Students will be able to drop courses, through the first two weeks of the semester without penalty. If a student chooses to withdraw from MCU, Cost of Program is non-refundable after the first two weeks of the semester.

An official withdrawal from MCU courses requires a written request, which can be submitted by fax, e-mail, or postal mail. The withdrawal date will be assessed as to the date the fax or e-mail was submitted, or the postmark on a postal mail withdrawal. Title IV students are required to follow additional procedures for withdrawal.

Please refer to the following link for procedural details:  
<https://www.midwifery.edu/federal-financial-aid>

### **Matriculated Students or Non-matriculated Students**

Upon initial enrollment, a student will be allowed a three-business-day cooling-off period; commencing with the day the student makes the initial tuition payment, until midnight of the third business day following this date. All tuition money paid by the student will be refunded.

### **Enrolled Students**

If a matriculated student has enrolled in classes and wishes to withdraw, but wishes to complete the courses already enrolled in, the student may do so by announcing the date of her withdrawal in a signed letter, along with a written declaration that student intends to complete course work currently enrolled in.





# Student Services

As a distance-education institution, MCU does not provide facilities, equipment or supplies to students, but does offer exceptional services in a state of the art learning management system.

To assure success, students must have the following technology system requirements for online course delivery and testing:

- Desktop computer, tablet or laptop
  - Tablets cannot be used for online testing
- Webcam and microphone (built-in or external)
- Connection to network with sufficient internet speed: at least 3 Mbps download speed and 3 Mbps upload – test internet speed at <http://www.speedtest.net>
- Browser with pop-up blocker disabled

Students are expected to purchase their own midwifery equipment as required by their specific clinical placement. This allows students the opportunity to gather and become familiar with the equipment needed for her or his midwifery practice.

## Accommodation for Students with Disabilities

MCU makes every reasonable effort to accommodate students with physical and learning disabilities. Students with disabilities must be able to perform the cognitive and physical skills for direct-entry midwifery care as outlined by the MEAC Curriculum Checklist of Essential Competencies which includes MANA Core Competencies and the NARM Skills. Please contact Student Life and Leadership if you have a challenge that requires accommodation.

## Clinical Placement

MCU does not independently arrange your clinical placement but will assist you by making recommendations for a good fit if you do not have an approved clinical site in your community. The Student Bulletin Board and the Clinical Dean will keep you updated on clinical placement opportunities and a listing of job openings is available for new graduates. You may contact the Clinical Dean to discuss credentials and state licensing requirements.

## Digital Library

The digital library contains a collection of items specific to MCU. Students will find graduate theses, student projects, presentations, case studies, and documents specific to the student's individual coursework for a given trimester.

## Ethical Review Board

All MCU students and faculty conducting research with human subjects must receive approval by the MCU Independent Ethical Review Board *prior* to commencing any research activities.



## Library

MCU has a library of texts and videos available for check out. Books borrowed from the Midwives College of Utah must be returned within one month from the date of loan. The student can extend the library loan by calling or emailing the MCU office. Late fees will be debited from the student's account and must be paid before other books can be loaned to the student or before graduation, whichever comes first.

## Mentoring

Students have instructors for each course who provide you with personalized mentoring to support your progress and to ensure mastery of the learning objectives stated in each course. Courses include weekly synchronous and asynchronous opportunities to deepen your learning and to connect and share with peers and your instructor. Instructors are available for one on one support via appointment.

## Peer Groups

MCU coordinates student-midwife peer groups or Sister Circles. Sister Circles provide connection, support and accountability for distance education students. If you are interested in joining or leading a Sister Circle, contact your House Mother.

## House Mothers

Each student will be assigned to a specific house and house mother. Your house mother will help you design an individualized program, create accountability for your program completion goals, support you as you overcome frustrations and roadblocks, and give you ideas to stay focused and energized.

## **S**udent Representation

Students are given an opportunity to provide feedback after the completion of every course and of the overall program during frequent student surveys. The Student Council also serves as a liaison for students. Members of the Student Council are involved in policy making discussions and student-led activities.

## **W**eb site

The MCU website allows students the following services:

1. Update contact information
2. See a list of upcoming events
3. Pay for courses online
4. Enroll in courses online
5. Receive syllabi online
6. Submit assignments online
7. See grades and status of assignments
8. Request tests online
9. Listen to training podcasts, student, faculty and guest lecture presentations online
10. Access to Major Map
11. Use of the email messaging tool
12. Access to the student bulletin board
13. Access OVID database and request journal articles from MCU subscriptions

## **W**riting Lab

The MCU Writing Lab offers you the opportunity to get feedback and increase the quality of your papers before turning them in for a grade. The Writing lab can offer assistance with all aspects of paper writing including proper APA citation, supporting a thesis statement and a beneficial proofread.

# Student Policies



## Academic Counseling

If twice you do not pass an exam with 80% or above you will be required to meet with the Academic Dean or an advisor. Through academic counseling you will develop a plan to remediate the deficiencies in your understanding of the coursework, or determine if another testing method would be

appropriate due to disability or other issues.

## Academic Integrity

The expectation of the Midwives College of Utah is that all work turned in by a student is the product of her own endeavors. Violations, which include but are not limited to, cheating, providing misleading or false information to staff or instructors and plagiarism, are cause for disciplinary action, including failure of assignment, conferences with MCU President and/or Academic Dean and/or Graduate Dean, or expulsion from Midwives College of Utah.

Failing to give credit where credit is due is known as plagiarism. Copying, distributing, modifying or displaying a copyrighted work is known as copyright infringement.

1. Students are required to use APA format to cite all specific sources both in-text and in a reference list.
2. Avoid writing papers that "cut and paste" beyond what is appropriate. Generally speaking, no more than 20% of your paper should be direct quotes. Your instructor is looking for papers with your thoughts and ideas as well as supporting references.
3. If you paraphrase another person's written or spoken words, you are also plagiarizing. "You are guilty of the academic offense known as plagiarism if you half-copy the author's sentences - either by mixing the author's phrases with your own without using quotation marks or by plugging in your synonyms into the author's sentence structure" (Writer's Reference, Hacker, 5th edition). This is not to say that you cannot use another person's ideas or words and put them into your own words. Just remember that when you do so, you acknowledge the source of information using the APA format.
4. MCU does not tolerate the submission of a paper that is written by another person or is "ghostwritten".
5. If you own a copyrighted audio or video recording, you must have permission from the copyright holder to copy, distribute, modify, display or perform their work. If you do not have this permission, you are infringing upon the copyright and could be subject to legal prosecution by the owner of the copyright.

Any time a teacher sees plagiarism, it will be reported to the Academic Dean and/or President and a log of the incident will be placed in the student's file. If offenses are taking place in more than one class, any offense after an initial warning from any or all class instructors will accrue towards a second or third offense.

- First offense: Instructor will conference with the student and student will redo the assignment.
- Second offense: Automatic failure on the assignment and mandatory conference with MCU President and/or Academic Dean.
- Third offense: Failure of the course and possible expulsion from Midwives College of Utah.

## Academic Intervention and Student Progress

Instead of attending regular classes on site, MCU students access course materials and assignments through MCU's online platform. While class information and assignments may be obtained online, students are expected to engage with their peers or professor weekly at least twelve times throughout the trimester in interactive sessions or bulletin board discussions. Engagement participation is tracked through the assignment portal and is part of the student's grade. Graduate students please refer to the SAP for Graduate Students policy for information on progress expectations.

Students are expected to make satisfactory academic progress toward completing their degree within the maximum stated time frames. If the student does not progress, various levels of academic intervention will occur for the following reasons:

### Academic Warning for Undergraduate Students

- Student does not complete PROD 100 within one semester.
- Student fails to make 75% progress within two semesters. (Seventy-five percent progression is calculated by dividing cumulative hours completed with a C or better by cumulative hours attempted. A course is considered attempted if it has been activated.)
- Student has a cumulative GPA under 2.5
- A student has two or more incomplete (I) academic classes in their enrollment record

### Academic Probation for Academic Students

- Student has not met the remediation expectations from an Academic Warning
- Second incident of academic integrity violation
- Student fails to follow action plan when an honor policy violation has occurred and is placed in the student's file

Failure to remediate academic probation requirements will be cause for dismissal. Students who fail to make Satisfactory Academic Progress may be ineligible for assistance under Title IV, HEA Programs. Please refer to the Title IV Manual for further details.

## Annual Student Fee

An annual student fee is due from all students upon acceptance to a degree program and, thereafter, annually on January 1<sup>st</sup>. MCU's Collection Policy will apply if a student is late or does not pay their fee on time.

## Annual Student Progress Review

A tuition discount of 6% is extended to all students who demonstrate, *after each year* of active enrollment, that they have complied with their Major Map. The 6% discount will be applied once the student's eligibility has been determined. A separate discount is provided to the student for each year that they stay on their Major Map. The term for each discount will be for one year.

The 6% discount is not available until the student has completed the Major Map as outlined for the entire first year of enrollment. A student seeking this discount should request a review from the President within two weeks of completion of the first year of enrollment. A credit of 6% of a full year's Cost of Program will be applied to the student's account.

## Auditing Courses

If you wish to audit courses you must register for the course and pay the regular tuition and fees; you will not receive credit for the course. Your transcripts will show an AU for the audited course. You may not petition for credit after having audited a course.

## Challenge Exams

### Challenge Exams

1. Students who wish to challenge a course must be currently enrolled at MCU as degree-seeking students. Students may take a challenge exam or challenge a course only once.
2. Students may not challenge core midwifery courses, courses previously failed, courses from which they have previously withdrawn, courses for which they have previously received credit, or courses for which they have received a full syllabus.
3. Students wishing to challenge a course **SHOULD NOT ENROLL IN THE COURSE FIRST**. To challenge a course, students must first complete a Challenge Exam Form. This form must be submitted to the Academic Dean for approval. A student will be given the opportunity to challenge a class after the Challenge Exam Form has been reviewed by the Academic Dean, and if the Academic Dean considers necessary, by the class instructor. If approved the student will receive a list of the learning objectives, Midwifery Education Accreditation Council (MEAC), Curriculum Checklist of Essential Competencies Midwives Alliance of North America (MANA) Core Competencies, North American Registry of Midwives (NARM) Skills, and required texts applicable to the course.

4. If approved to challenge a course, the student will have one trimester from the date of challenge approval to take the challenge exam. If the challenge exam is not passed the student will have one trimester from the date of challenge approval to complete the full course. Students are encouraged to take their challenge exams as early as possible so that in the case of not passing the exam, they have time to complete the full course.
5. When the student is ready to take the challenge exam they should request the test from the Academic Dean.
6. The test must be passed with 80% or above to receive credit for the course. Courses passed by Challenge Examination will only receive a P (Pass) grade which will not be calculated in the students overall GPA. Students who do not pass the Challenge Exam do not receive a grade or credit, and must complete the full course.

## Clinical Policies and NARM Requirements

Requirements for NARM certification are determined by NARM. In order to assure requirement currency requirements for the year you plan to graduate, please refer to [www.narm.org/testing/graduate-of-a-meac-accredited-program/](http://www.narm.org/testing/graduate-of-a-meac-accredited-program/). In addition, the MCU Clinical Handbook will guide you through the specifics of MCU's clinical program.

## Complaint Policy

### *Informal Complaints*

MCU encourages students to handle complaints as close to the source as possible. If a student has a grievance against the school or a member of faculty or staff, the first step in resolution should be speaking with the relevant individual, department, or supervisor. This allows issues to be resolved more quickly by individuals with required expertise.

### *Formal Complaints*

If a student is unsure how to approach a concern or an earlier complaint cannot be resolved informally, the student may initiate a formal complaint by submitting a written explanation of the grievance to the MCU President at [President@midwifery.edu](mailto:President@midwifery.edu). The written complaint must describe the person(s) involved, the current status of the concern, and steps taken to resolve the concern informally.

The President will review the complaint and determine its validity and gravity through as much investigation as is required. Investigation often means contacting the student for more details and then discussing the complaint with persons directly involved. The President will mediate complaint resolution and may choose to convene a Grievance Committee which will consist of three people. The committee will follow MCU's Grievance Committee policy and procedure. MCU is committed to resolving all complaints by due process in a timely manner; as such, the President will address formal complaints no later than 60 days.

Complaints and their resolutions will be logged in MCU's Formal Complaint File and will be maintained for seven years. No discrimination or harassment of a student that has submitted a formal complaint will be tolerated.

### **Consumer Complaints**

In the event that a student believes his or her issue with the school cannot be resolved through the complaint processes noted above, the student has the right to contact our accrediting agency—The Midwifery Education and Accreditation Council (MEAC)—and/or various state agencies.

MEAC will review in a timely, fair and equitable manner any complaint it receives against an accredited institution or program that is related to MEAC standards or procedures. MEAC can be contacted at [www.meacschools.org](http://www.meacschools.org).

A student who wishes to submit a complaint to the Utah Division of Consumer Protection may do so by contacting:

[Department of Commerce, Division of Consumer Protection](#)

**Marla Winegar**

Phone: 801-530-6601

Email: [mwinegar@utah.gov](mailto:mwinegar@utah.gov)

### **When making a complaint, remember:**

- Complaints should be positive and constructive.
- Generalizations are not as useful as facts supported by dates, times, locations etc.
- Serious accusations should be supported with concrete examples.
- Discussing the complaint with uninvolved individuals may generate harmful gossip.

## **C**ourse Length

Courses should be completed within one trimester (15 weeks) for matriculated and continuing education students. All coursework and tests must be received by the office on or before the deadline day in order to fall within the time limit. You are responsible for monitoring your own deadlines. Please see Extensions for Coursework in the Student Policies section of this catalog.

## **C**PM Credential

If you wish to receive the CPM credential, you must successfully pass the NARM exam. Students enrolled in a MEAC accredited school are required to complete all NARM clinical experiences, all required coursework and pass the NARM Written Exam. MCU students are exempt from taking the NARM Skills Exam.

Please see the MCU Clinical Handbook for specific policies and procedures regarding the NARM Exam. For additional information on the CPM certification examination process, to obtain the Candidate Information Bulletin, or to determine current testing dates, please visit <http://www.narm.org>

## **C**onfidentiality of Records and FERPA

The Family Educational Rights and Privacy Act of 1974, states that an educational institution will maintain the confidentiality of student education records. Educational records are any records with students' names on them: files, documents, and materials, in whatever medium, which contain information directly related to students and from which students can be individually identified.

The Midwives College of Utah accords all the rights under the law to students who are declared independent (defined as 18 years of age or older or enrolled in a post-secondary institution). No one outside MCU shall have access to or receive information from students' education records without the written consent of students. However, information may be released to personnel within the institution, officials or other institutions in which students seek to enroll, persons or organizations providing financial aid to students, accrediting agencies carrying out their review functions, and persons managing an emergency in order to protect the health and safety of students or others.

Students have the right to review information contained in their educational records, challenge the contents of their educational records, have a hearing if the outcome of the challenge is unsatisfactory, and submit explanatory statements for inclusion in their files. Such statements may be submitted to the Office of the Registrar.

Within MCU, only those employees, individually or collectively, acting in the students' educational interests are allowed access to student educational records. These include personnel in the Office of Admissions, Office of the Registrar, Financial Aid, Business Operations, Student Services, and academic personnel within the limitations of their *need to know*.

## **C**ourse Evaluations

When you complete a course, you are required to complete a Student Course Evaluation. This is an opportunity for you to have a direct impact on the improvement of your instructors, courses and MCU services.

## **C**PR & NRP Certification

You are required to have current CPR and Neonatal Resuscitation certifications prior to working with a preceptor and to meet graduation requirements. MCU recommends that students take CPR for the Professional Rescuer through the American Red Cross to meet their CPR requirement. All CPR and NRP trainings must include a live component (not online-only). For possible NRP trainings, please contact the MCU office.

## **C**redit Hours

According to generally accepted standards, one (1) distance education credit requires 45 hours of student effort on coursework including study, presentations, projects, reading and writing assignments and other assignments as required



for meeting the course objectives. Graduate courses require 50 hours of coursework.

## Disability Support

If you have a disability for which you need accommodations for a class, please submit documentation from an approved care provider to Student Life and Leadership. You may choose to self-disclose to your instructors or have the school notify instructors. The student and Student Life and Leadership will develop an individualized contract that outlines the responsibilities of the student and MCU.

## Disclaimer

MCU does not take responsibility for the outcome of any activities suggested within MCU courses or any other MCU activity. You remain completely responsible for the consequences of your own behavior in regards to how you choose to implement the information contained therein.

## Enrollment Agreement

The MCU Enrollment Agreement specifies details of your program, refund policies, services and obligations to which MCU is committed to provide to you, and financial obligations. You must sign an Enrollment Agreement at the time of your acceptance into a degree or certificate program prior to beginning any coursework.

## Enrolling in Courses

All courses are made available to you once your Major Map has been created with the MCU Registrar (undergraduates) or Graduate Dean (graduate students) and your first Cost of Program payment has been made. Courses will be available the first day of the trimester according to the outline of your Major Map. Students will be able to drop courses, through the first two weeks of the semester, without penalty.

## Exams

Most courses require a mid-term and a final exam. Mid-term and final exams require a passing score of 80%. Tests may be retaken one time for a \$25 retake fee. Please contact the Registrar to schedule a retake.

MCU exams are administered through an online proctoring service. Accommodations are available for those who need on-site proctoring. Please contact the Registrar to request an online proctoring exception form.

Students may schedule online proctoring for MCU testing at their convenience, anywhere, anytime. When taking exams, students will not be permitted to use *any* materials other than a calculator for math tests. System requirements for online testing are:

- Desktop computer or laptop (not tablet)
- Webcam and microphone (built-in or external)
- Connection to network with sufficient internet speed: at least 3 Mbps download speed and 3

Mbps upload – test internet speed at <http://www.speedtest.net>

- Browser with pop-up blocker disabled

For more information about the online proctoring service, please visit <http://examity.com/faqs-students>.

## Extensions for Coursework

A ten-week extension may be requested prior to the trimester deadline at no cost. A second ten-week extension can be purchased at \$100. A third ten-week extension can be purchased for \$150, and will result in Academic Warning. If a student is 85% or more complete with a class, a one-time, 30-day extension may be purchased for \$30. No fee is assessed for extending the time period for CLNC courses, but students must request an extension for CLNC courses from the Registrar.

Students have one month to purchase an extension after a course has expired. If an extension is not obtained, the course will show an “I” for incomplete on the student’s transcript. A student must then meet with the Registrar (undergraduates) or Graduate Dean (graduate students) to revise their Major Map and review the options for an extension. The class may need to be retaken and paid for at the current credit rate for academic courses.

## Grade Point Average (GPA)

Your GPA is determined by dividing your total grade point earned by the number of trimester hours taken. The designated P, W, UW, I, AU are not included in the GPA calculation. If there is any question about a grade received you should contact your instructor or the Academic Dean or the Graduate Dean.

## Grading

The course syllabus will detail the grading criteria for your course. Some courses will be Pass or Fail and some will be awarded a letter grade. Mid-term and final exams require an 80% in order to pass. Tests with a 79% or below score will need to be retaken. Test retake fees will apply.

Course letter grades are given according to the following percentages:

A 95 to 100%	A- 90 to 94.9%
B+ 87 to 89.9%	B 84 to 86.9%
B- 80 to 83.9%	C+ 77 to 79.9%
C 74 to 76.9%	C- 70 to 73.9%
D+ 67 to 69.9%	D 64 to 66.9%
D- 60 to 63.9%	F below 60

Letter grades are given a numerical value on a 4.0 system.

A	Excellent	4.0
A-	Excellent	3.7
B+	Above Average	3.2
B	Above Average	2.9
B-	Above Average	2.5
C+	Average	2.1
C	Average	1.7
C-	Average	1.4
D+	Below Average	0.9
D	Below Average	0.6
D-	Below Average	0.3
F	Failure	0.0

The following designations are not calculated in the GPA.

P	Pass
UW	Unofficial Withdrawal
W	Official Withdrawal
I	Incomplete

## Graduation

You must submit a Graduation Application prior to graduation. All requirements must be completed at the time of application. Certificates or Degrees are mailed to you when your Graduation Application is accepted.

Graduation ceremonies are held at each spring conference. If you wish to be included in the Graduation Ceremonies, your Graduation Application must be received one month prior to the ceremony.

## Honor Code

A high sense of personal honor and integrity is imperative in the completion of clinical requirements and courses from the Midwives College of Utah. Since the assignments are intended to prepare you for examinations they should be completed without cheating, plagiarizing, or knowingly giving false information. Although you may work in a study group, you must complete your own work. The syllabus should not be copied or given to others without permission from the Midwives College of Utah.

Examinations will be taken through an online proctoring service that will certify the exam was completed without the assistance of books, notes or any other outside help unless otherwise stated on the exam. The exam or the answer sheet must not be copied in any way. If proof of academic misconduct is established, you will be given a failing grade and expelled from the program. You will not be allowed to reapply.

Where there is evidence of dishonest, unethical or unlawful conduct, you will be expelled and reapplication is prohibited. Reasons for expulsion include, but are not limited to:

- Cheating or assisting others to cheat.
- Falsifying information on any MCU document.
- Unlawful conduct.

- Accessing confidential MCU documents, files, tests, etc. without proper authorization.

## Leave of Absence

Students may request one (1) leave of absence of up to 180 days for:

- Medical (including a complicated pregnancy)
- Death of immediate family member
- Divorce
- Loss of employment of primary provider(s)
- Long-term, documented, debilitating illness
- Military
- Jury duty
- Family emergency
- Other reasons which demonstrate undue hardship

The student will be required to provide documentation to verify circumstances that require the Leave of Absence. A Financial Review will be done to determine Cost of Program status; student will be responsible for any unpaid tuition. Assignments cannot be submitted during a LOA; classes will be placed on hold during the LOA with a new class due date applied (as per number of days of LOA) once the student returns.

The current semester's Cost of Program is due in full according to the existing payment schedule before a leave of absence can take effect. If the LOA is more than four months, a Financial Review will be done for the student. The student will be responsible to pay for any credits that have been enrolled in but not paid for by the student's Cost of Program. Once this balance is paid, a student is exempt from Cost of Program during the leave of absence.

## Major Map Revision

Minor Major Map revisions (moving classes from one trimester to another) can be made upon student request. If a Major Map revision extends the program's final deadline, a letter of rationale must be written by the student and approved by the MCU President. There will be a \$25 charge for major map revisions requested, by the student, after the first year of enrollment.

## Non-discriminatory Policy

The Midwives College of Utah admits students of any race, color, national or ethnic origin, gender, marital status, creed, age or sexual orientation with all the rights, privileges, programs, and activities generally accorded or made available to students at this school. MCU does not discriminate in acceptance procedures, administration of educational policies, scholarship and loan programs, or other school-administered programs.

Applicants have the opportunity to disclose learning challenges or disabilities upon admission. MCU does not discriminate based on identified disabilities. Students who need special accommodations will submit documentation of their disability from an approved care provider to Student Life and Leadership. An individualized plan will be

developed. A student may choose to self-disclose to their instructors or have the school notify instructors.

## **P**rofessional Conduct

Students enrolled in MCU must maintain high personal and professional standards. All students are ambassadors of MCU. The following will define but not be limited to a violation of the Professional Conduct policy:

- It is determined that you are conducting yourself in an unprofessional manner either in the classroom, clinical situation or in any situation where you are representing MCU.
- Behavior which disrupts learning for others
- Behavior showing lack of respect to fellow students and faculty.
- Failure to attend to clinical placement responsibilities without notifying field faculty as outlined in the clinical training agreement
- Behavior that suggests emotional instability.

## **P**rogram Deadline Extension

If a student's enrollment extends beyond the program deadline, the student must request a program extension by submitting a letter of explanation to the MCU President detailing the extenuating circumstances that require this extension. . If the extension is granted you will be charged program extension fees for each semester beyond your program deadline. The program extension fees are \$100 per month for the first trimester extended, and \$150 per month thereafter.

## **R**eactivation Process

Inactive students who want to become reactivated must:

- 1) Submit a letter of intent
- 2) Be re-accepted by the Admissions Director or Graduate Dean after an official interview
- 3) Pay a reactivation fee (does not apply within 1 year)
- 4) Pay the Annual Student Fee
- 5) Develop a new Major Map
- 6) Sign a new Enrollment and Financial Agreement.

## **R**ecord Keeping

MCU suggests that you keep a file of all acceptance materials, the Enrollment Agreement, the Financial Agreement, final grade notices, transcripts and communications to and from the college.

## **R**esubmitting Assignments

Instructors will require your work to meet a high level of quality. You should expect instructors to require you to resubmit assignments that need improvement.

## **S**ubmitting Assignments

With a few exceptions, all assignments are to be submitted online through MCU's internal system. All syllabi are

available on-line in a PDF format. Some students like to print the syllabus off for reference; others like to access the syllabus from their computer.

## **S**yllabi & Test Correction Timeline

The student can expect coursework to be corrected within seven business days from the date it is received by the instructor unless work is submitted during the trimester break.

## **T**ext Books

Textbooks are not included in tuition costs. You are responsible for ordering your own text books. See our website at [www.midwifery.edu](http://www.midwifery.edu) for the current textbook list.

## **T**ime Out



A student is allowed a one (1) trimester time out during the course of their program. Students may finish courses currently enrolled in during the duration of the time out and will not be allowed to enroll in any new courses

during the time out. The student will be exempt from the Cost of Program during the time out trimester, but the current trimester's Cost of Program is due in full according to the existing payment schedule before the time-out can take effect. Students must begin making Cost of Program payments after the one trimester time out or the student will be automatically withdrawn, and must reapply.

## Transfer Credits



The evaluation of credit for transfer is based on an assessment of course equivalency, evaluation of transcripts and the accreditation status of the awarding institution. In addition and as appropriate, MCU accepts credits for other types of learning gained outside the traditional academic environment. Students who wish to receive credit for prior learning must fill out MCU's Portfolio

Evaluation Application which can be found on the home page of the website.

MCU awards a credit hour as defined by US Department of Education as "an amount of work represented in intended learning outcomes and verified by evidence of student achievement that is an institutionally established equivalency that is not less than one hour of classroom or direct faculty instruction and a minimum of two hours of out of class work for each week for approximately fifteen weeks for one trimester or the equivalent amount of work over a different amount of time."

MCU will accept credits from other institutions accredited by a US DOE recognized accrediting agency. Transfer credits must have a C grade or above. MCU follows a trimester format and credits transferred from quarter systems will be reduced in value accordingly.

To be granted an MCU degree, students must complete at least 50% of total credits required for the program through MCU.

## Transcripts

Students may view their grades by accessing the MCU website using their username and password. Official transcripts can be requested from the office for a fee.

## Unfinished Courses

If a course is not completed within the 15-week time limit and an extension was not obtained within the 1 (one) month expiration date, an "I" (incomplete) will be recorded on the transcript. The student must meet with the Registrar (undergraduates) or Graduate Dean (graduate students) to revise the Major Map and review the options for an extension.

## Utah Postsecondary Proprietary School Act (Utah Code 13-34A 204)

The Midwives College of Utah is a registered postsecondary school under 34 C.F.R. 600.9. The State of Utah does not supervise, recommend, nor accredit MCU. It is your responsibility to determine whether credits, degrees, or certificates from the institution will transfer to other institutions, meet state or provincial licensing requirements or meet an employer's training requirements.

## Withdrawal

If a student wishes to withdraw, the student must send a signed letter or email to the Registrar noting the intent and date of withdrawal. Title IV students must follow additional procedures outlined at <https://www.midwifery.edu/federal-financial-aid/>

All student services relative to current course work will also be terminated on that date, unless otherwise arranged. Incomplete courses will be designated as "I" or Incomplete. The student is responsible for any outstanding balance on her/his account as of the date of the withdrawal. No refunds will be given for tuition and fees already paid except as noted in the refund policy.

MCU may administer an unofficial withdrawal, if a student has not submitted any assignments, been in communication with instructors, House Mother or other administrators for three consecutive weeks. A "lack of engagement" notice will be sent to the student by his/her House Mother with a deadline of one week for a response. If the student does not respond to the House Mother or contact any faculty or staff member during that week, a notice of the Registrar's intent to withdraw the student will be sent to the student. If the student does not respond to the Registrar's notice within one week, the Registrar will administer an unofficial withdrawal. The withdrawal date will be recorded as the date the student last engaged.



# Frequently Asked Questions

## General Questions

### *Why is a degree in midwifery important?*



MCU has chosen to offer degrees as a way of helping our students obtain the firmest foundation possible in a dynamically changing field. No one knows what will happen in midwifery within the next ten years, but we can be sure that many changes, both politically and professionally, can be expected. When changes come, a degree offers our students a step ahead of those

without. If you would like to teach at the college level you must have at least a bachelor degree and preferably a master's degree or higher. If you ever expect to relocate from one state to another, a degree will give you additional help in meeting licensing requirements. A degree from MCU can be a symbol of credibility as you develop relationships with clients and other health care professionals throughout your career. A degree with MCU, a MEAC accredited institution, assures that there are no gaps in your education. You will graduate with confidence in your ability to pass the NARM exam.

### *How many students graduate from MCU?*

In the past twelve months, MCU has graduated 34 students; on average, twelve students receive a midwifery degree each year.

### *What is the percentage of students that have passed the NARM?*

Over the last three years, 100% of MCU graduates who sat for the NARM exam have passed. Eighty-one percent of our graduates are working as midwives and 31% are working in a birth-related field.

### *Am I likely to be successful at MCU?*

Students are most likely to be successful in the MCU distance program if they:

- Are self-directed learners
- Are able to work independently in an online platform
- Have access to local clinical opportunities
- Can periodically travel to additional clinical sites

## Application Process

### *What are the semester application deadlines and enrollment deadlines?*

See Application Deadline table.

### *How competitive is entry into the BSM and MSM programs at MCU?*

- MCU has an approximate undergraduate acceptance rate of 50% and a graduate acceptance rate of 85%

- We receive approximately 80-90 applications per cycle
- We accept approximately 40-45 students per cycle
- Of those accepted, approximately 35-40 matriculate

### *How many students attend MCU at any given time?*

- We generally have approximately 275 degree seeking students at any given time.

### *What will I need for my MCU application?*

#### **Bachelor Degree Applications**

- Complete application
- Completion of application questions
- Two references (if applicant has identified having birth experience, at least one reference should be from someone who has observed the applicant in a birth setting)
- High school diploma or official post-secondary transcripts
- Application Fee
- Native English speaker or a TOEFEL score of at least 88

#### **CPM-to-BSM Applications [must be a current CPM]**

- Complete application
- Completion of application questions
- Two references (if applicant has identified having birth experience, at least one reference should be from someone who has observed the applicant in a birth setting)
- Proof of current CPM status
- Official post-secondary transcripts (if applicable)
- Application Fee
- Native English speaker or a TOEFEL score of at least 88

#### **Master's Degree Applications [see eligibility requirements elsewhere]**

- Complete graduate student application
- Three professional references
- Official transcripts with proof of bachelor's degree awarded and proof of CPM or CNM credential
- Application Fee
- Current CV or Resume
- Official interview with Graduate Dean

### *Is there anything that I could do to strengthen my application? Yes, you could add any of the following to your experience resume:*

- Childbirth Education Training Certification
- Doula Training Certification
- Lactation Consultant Certification
- La Leche League Leadership status
- Birth Assistant Training
- Completion of MCU courses as a Continuing Education student at MCU
- Birth experience in the capacity of a support person, doula, student, apprentice or assistant midwife.



- An identified and/or committed qualified preceptor.
- Letter of Recommendation that reflects the strengths of an applicant in the birth setting.
- Strong writing skills including proper use of grammar, spelling and punctuation.
- Demonstrate aptitude for success in a higher academic setting including carefully following the instructions contained in the application.
- Evidence of basic computer skills including the ability to navigate saving and uploading .pdf files, basic knowledge of Microsoft Office, ability to conduct internet searches, etc.
- Demonstrate aptitude for self-direction and self-motivation in an online academic setting including completing all required tasks for the application process in a timely manner, communicating questions effectively and returning all requested documents promptly.
- Active participation in the birth community and organizations that serve students, clients and midwives.
- Awareness of local, state, province and national policies and laws impacting CPMs and birthing families.

***Tell me more about the Master of Science in Midwifery program.***

- Eligibility: Must be a current CPM or CNM and hold a Bachelor's degree in any field. SOSOC 2050 (Ethics & the Law) and STAT 2010 (Foundations of Evidence-Informed Care; formerly, STAT 313: Introduction to Research) are also required, and may be taken as part of your program (or demonstrate course equivalency).
- The MCU graduate program is a research-based program designed to nurture the next generation of midwifery leaders, educators, and advocates.
- The MSM does **not** require additional clinical work once admission requirements are completed.
- The program is 32 credits and maximum program length is four years, although the suggested program length is two years.
- If you are interested in the MSM program please contact the Graduate Dean at: [graduatedean@midwifery.edu](mailto:graduatedean@midwifery.edu) to determine eligibility and to obtain more information about the program.

**Acceptance Process**

***Will MCU conduct an interview with all applicants?***

No. However, most applicants will be required to participate in an interview.

- Select applicants will be invited to interview with the Admissions Director.
- PLEASE NOTE: Selection for an interview is not an indication of the likelihood of acceptance into the program.
- If an applicant is selected for an interview they will be contacted by the Admissions Director by email and invited to select from available dates and times.

- The interview can be expected to last between 30-45 minutes.
- On rare occasions, a follow-up interview may be requested.

***What documents are required to complete my application?***

The following documents need to be received by MCU by the application deadline. Please contact the Admissions Director at [admissions@midwifery.edu](mailto:admissions@midwifery.edu) to identify any delays.

- If you have achieved course credits from any accredited academic institution beyond high school, please request that official transcripts be sent directly from all accredited academic institutions including colleges, tech schools, universities, etc. (see below for more details).

OR

- If you have not attended college, please send your high school diploma or high school transcripts.
- Two letters of recommendation from two independent individuals who can identify your aptitude for rigorous academic study combined with the unique challenges associated with birth work.
- Doula Training Certificate or Doula Certification Certificate, if applicable.
- Childbirth Education Certification Certificate, if applicable.
- Lactation Consultant Certification Certificate, if applicable.
- Birth Assistant Training Certificate, if applicable.
- CPM, CNM, LM, NRP, CPR certificates, if applicable.

***Where should I have my previous school send my official college transcripts?***

**IMPORTANT NOTE: OFFICIAL TRANSCRIPTS CANNOT BE ACCEPTED VIA FAX**

Your official transcripts from an accredited college **must be sent directly from the college** and may be sent (in order of preference) to:

Electronically emailed to [admissions@midwifery.edu](mailto:admissions@midwifery.edu)

or mailed to:

Midwives College of Utah

1174 East Graystone Way, Suite 2

Salt Lake City, Utah 84106

**INTERNATIONAL TRANSCRIPTS PLEASE NOTE:**

Transcripts of college coursework completed outside of the US must be submitted for evaluation by one of the following organizations: Educational Credit Evaluators (ECE who can be contacted by email at [eval@ece.org](mailto:eval@ece.org) or through the web at [www.ets.org](http://www.ets.org)); or World Education Services WES who can be contacted by email at [support@wes.org](mailto:support@wes.org) or through the web at [www.wes.org](http://www.wes.org).

***Where should I send my letters of recommendation, high school diploma and any other documents required to complete the application process?***

These documents may be sent by you or by your recommender/high school.

Your high school diploma, letters of recommendation and other documentation should be sent (in order of preference) to:

Emailed to [admissions@midwifery.edu](mailto:admissions@midwifery.edu)

or Faxed to [1-866-207-2024](tel:1-866-207-2024)

or mailed to:

Midwives College of Utah

1174 East Graystone Way Suite 2

Salt Lake City, Utah 84106

***Can you explain the steps in the application process? Yes.***

- Submit all required application materials
- Fill out FAFSA (if applicable) at <https://fafsa.ed.gov/> [MCU school code: 042183]
- Notification by email that your application was received (if you do not receive this within five business days, please return to the application to assure that it was properly submitted)
- Phone interview with MCU Admissions Director, if selected for an interview
- Review of application file by the application committee
- Notification via email of acceptance or rejection

**If accepted:**

- Submit Enrollment Agreement by deadline date
- Pay Annual Student Fee and Acceptance Processing Fee by deadline date
- Receive email confirming the successful completion of the enrollment process
- Work with Registrar (undergraduates) or Graduate Dean (graduate students) to complete Major Map and Cost of Program
- Work with Financial Aid to complete the financial aid process (if applicable)

**If rejected:**

- Consider following the suggestions identified in your letter to strengthen your application for future cycles
- PLEASE NOTE: MCU programs are competitive and the successful completion of these suggestions does not guarantee acceptance into the program
- Consider reapplying for future semesters
- Consider inviting the Admissions Director to identify areas of weakness specific to your application by emailing a request (note: a personalized evaluation may take time and may not occur for several weeks).

**Clinical Placement**

***Does MCU assist with the location of a clinical preceptor?***

Yes.

- Students should identify appropriate clinical training options prior to entering the MCU program.
- It is strongly recommended that you research and identify potential preceptor options in the state that you expect to be doing your clinical placement.
- MCU does not *require* a signed agreement with a preceptor before entering the program. However, it is strongly recommended that you locate at least one local preceptor or clinical placement site.
- An alternative to locating a preceptor within reasonable call range is being willing to relocate (temporarily or permanently) in order to successfully complete the clinical portion of the program.
- CPMs who are qualified to be preceptors can generally be located by conducting a google search, connecting with other birth professionals and students in the region and locating CPMs through search sites designed for this purpose.
- MCU will *assist* with locating a preceptor however it is ultimately the student's responsibility to secure a preceptorship.
- NOTE: Please see specific preceptor qualifications in the MCU student handbook.

***I've been working with a preceptor for a while--can she still be my preceptor and will the work I've done so far count?***

It depends.

- Yes, observed births done before enrollment can be used to fulfill those requirements. Students will be required to log and reflect on those experiences in their Phase 1 practicum class.
- No, assistant or primary work (Phase 2 and 3) done before enrollment cannot be used to fulfill requirements without special permission from the Clinical Dean.

***When should I expect to begin the clinical portion of the program?***

- Clinical work proceeds in phases along with your academic classes. During Phase 1 (1000-level classes), you will complete your observed birth experiences. After completing your Phase 1 Assessment, you will be ready to start Phase 2 assist experiences with a preceptor.
- NRP and CPR certification are required for clinical placement in Phases 2 and 3 of the program. Your state may require additional specific certifications or registration and that should be determined by contacting your licensing body (if there is licensure in your state of residence or intended practice state).

***Does the CPM-to-BSM Program require a preceptor?***

No. The CPM-to-BSM Program does not require a preceptor or clinical placement, but the student will be required to complete clinical experiences as a CPM.

**International Clinical Placements**

***I live outside the US and Canada--can I study at MCU and get my CPM?***

Yes. We do accept international students, but it's important for you to know that 1) we are very selective about international sites we can accept and it may be difficult or even impossible to find a placement where you live. And 2) in order to get your CPM, you will have to attend at least 10 of your primary under supervision births in the US or Canada. If you choose not to get your CPM credential, but simply graduate with a degree in midwifery, you will not be required to do births in the US or Canada, but there will still be additional requirements to help you bridge from a North American midwifery program to the way midwifery is practiced in the country you live in. We encourage all prospective international midwifery students to search out local options first--distance education may seem like a convenient option, but it's critical that midwives be prepared to work within the healthcare system where they reside.

***I live in the US or Canada, but want to do some of my clinical practicum in another country. Is this possible?***

It may be possible, but you will need to complete the International Exception Process, which includes a written project proposal, significant preparation before leaving and periodic reports during and after the placement to be considered for international clinical placement. Some, but not all, of a student's clinical work can be done out of country, and there are limited clinical sites approved for visiting students.

***Yes, but I don't have any preceptors or opportunities for clinical placement near me***

International work is definitely not a "quick fix" for students who have limited clinical opportunities where they are. For these students, we recommend relocating temporarily near a preceptor or completing short term placements at approved birth centers in the US. Also, keep in mind that we approve new preceptors every month and there may be opportunities near you that you aren't aware of yet.

***Yes, but I really, really want to serve the people of [X] International region as part of my midwifery training!***

You are welcome to go and help if you choose, but these experiences will not fulfill clinical requirements unless you complete the International Exception Process. Preceptors and site directors at international sites have told us repeatedly that they find midwives who have completed their training to be FAR more helpful as aid workers than students. It may seem like "something is better than nothing" but in many cases, clinics are staffed by local midwives and need funding for their salaries and supplies more than temporary staff. Local midwives can provide more culturally appropriate care and grow sustainable health systems when they are able to spend their limited resources, including clinical experiences, on training their own students instead of students from the US or other countries.

### **Credit Transfer & Prior Life Experience Credit**

***Can I transfer credits from an accredited institution?***

Yes.

- Upon acceptance into the program, the Admissions Director will evaluate the student's post-secondary

transcripts carefully to determine which courses, if any, might be equivalent to MCU courses.

- The evaluation of credit for transfer is based upon thorough assessment of course equivalency, evaluation of transcripts and the accreditation status of the awarding institution.
- MCU will accept credits from other institutions accredited by a US DOE recognized accrediting agency.
- Transfer credits must have a C grade or above.
- MCU follows a semester format and credits transferred from quarter and trimester systems will be reduced in value accordingly.
- To be granted an MCU degree, students must complete at least 30% of total credits required for the program through MCU.
- The student will be notified of all equivalent courses that are being transferred for credit.

***If I disagree with a decision regarding credit transfer how should I proceed?***

The student may appeal credit transfers that were denied due to inadequate evidence of equivalency by sending the course syllabus and a cover letter identifying how the courses are equivalent to the Admissions Director in an email attachment. The final appeals decision rests with the Admissions Director and President.

***Are there any equivalent courses taken in an accredited academic setting that are more likely to transfer in at MCU?***

Yes. MCU will accept equivalent courses for transfer credit from an accredited academic setting. Common courses for transfer include English, Math, Communications, Anatomy and Physiology, Biology, etc.

***Could I receive credit for alternative learning gained outside the traditional academic environment?***

Yes.

- MCU accepts credits for other types of learning gained outside the traditional academic environment.
- Students who wish to receive credit for prior learning must fill out MCU's Portfolio Evaluation Application which can be found on the home page of the website. **PLEASE NOTE: We do not accept applications for review of alternative learning credit until after you are enrolled at MCU.**
- MCU awards a credit hour as defined by US Department of Education as "an amount of work represented in intended learning outcomes and verified by evidence of student achievement that is not less than one hour of classroom or direct faculty instruction and a minimum of two hours of out of class work for each week for approximately fifteen weeks for one semester or the equivalent amount of work over a different amount of time."

- Please note that there are fees associated with course waivers through the alternative learning credit process.

***If I disagree with a decision regarding alternative learning credit how should I proceed?***

The student may appeal the MCU decision to deny credit for alternative learning gained outside the traditional academic environment by sending an email detailing how the alternative learning reflects the US Department of Education’s statement noted above and is applicable to the MCU learning environment by sending an email to the Admissions Director.

- The final appeals decision rests with the Admissions Director and President.

***Will I be able to transfer my MCU credits to another school?***

- Some colleges and universities have taken direct-entry midwifery program credits in the past, but this is not guaranteed.
- MCU is nationally accredited but is not regionally accredited.
- If you anticipate transferring credits or a degree to another institution, you should contact that institution directly regarding credit transferability.
- Direct-entry midwifery programs that are accredited by the Midwifery Education Accreditation Council (MEAC) will very often accept credits from other MEAC accredited schools.

**Travel**

***Will attendance onsite in Utah ever be required?***

Yes. Three times during the BSM program students will need to attend Integrated Assessments.

- Integrated Assessments will be held three times a year in April, August and December in Salt Lake City, Utah. April and August Assessments will be held as part of MCU Conferences.
- Students who are able to attend student conferences will benefit greatly from the experience of being with other students in this vibrant learning environment. Students are encouraged to attend when possible.

**Cost of Attendance & Financial Aid**

***What is the cost of attendance?***

*The cost of the program is dependent upon the length of time that you spend in the program.*

*Example:*

*4 Years- \$24,000.00 \**

*5 Years- \$30,000.00 \**

*6 Years- \$36,000.00 \**

***\*Additional costs for textbooks and fees not included. Detailed description of costs and fees available noted above.***

***Is Federal Financial Aid (Title IV Funding) available to MCU students?***

Yes.

- For more information about applying for financial aid please visit: <https://www.midwifery.edu/federal-financial-aid/>
- Federal Pell Grant Program
- Federal Direct Student Loan Program
- Federal Supplemental Educational Opportunity Grant Program
- To submit your Free Application for Federal Student Aid (FAFSA) please visit: <https://fafsa.ed.gov/> [MCU school code: 042183]
- Keep a look out for announcements regarding upcoming financial aid informational webinars offered by our department throughout the semester.
- Please complete entrance counseling and sign your Master Promissory Note at [studentloans.gov](http://studentloans.gov) once your FAFSA is complete

**Degree Completion Timeframe**

***What is the anticipated time frame for completion of each program?***

- The program deadline for students enrolled in the bachelor’s degree is 7.33 years and could be completed in as little as 3.33 years.
- The program deadline for students enrolled in the master’s degree is four years and could be completed in as little as two years.

***May I complete a degree less than the designed time frame?***

- You may complete your degree as quickly as you are able to successfully complete the coursework, however, your clinical experience must span at least two (2) years.
- Our statistics show that students rarely complete a program earlier than the designed time frame. There are a number of reasons for this:
  - Students who enroll in distance education programs tend to do so because they are unable to receive their education in the traditional post-secondary format because of life circumstances, e.g. unable to move, young children, work obligations.
  - These life circumstances will tend to slow students down to a more “part-time” speed or less. Our program time frames are designed with these life circumstances in mind.
  - Students may find themselves in a clinical placement that does not have the birth volume necessary for them to complete their clinical placement within the designed time frame.



***May I change my major map if I want more classes?***

Yes. However, we require you finish at least two semesters before you request a major map adjustment.

**Canadian Students**

***Do I need to speak to the Canadian Coordinator before making my application?***

Yes. It is required for all potential Canadian students to have a conversation with the Canadian Coordinator. The Canadian Coordinator may be reached at 403-795-9263.

***Can I work in Canada after graduation?***

Following graduation from MCU, you will be required to gain additional primary birth experience and attend a Canadian bridging program before being eligible to write the Canadian licensing exam and work in Canada.

***Where are the bridging programs?***

Presently there are bridging programs at Ryerson University (IMPP) and at the University of British Columbia (IEMPB).

***Is there financial aid available for Canadian students?***

No. Financial aid is not available for Canadian students.

***Can I do my clinical placement in Canada?***

Your clinical placements will likely need to be done outside of Canada. Canada has insurance regulations that do not allow for US midwifery students to work uninsured.

***Have other MCU students been able to register in Canada?***

There are MCU graduates currently practicing in BC, Alberta, Saskatchewan, and Ontario.

**Non-Degree Seeking Students**

***Do I have the option of enrolling in MCU courses as a non-degree seeking student?***

Yes. You may enroll in our Continuing Education Program by contacting the MCU Registrar at: [office@midwifery.edu](mailto:office@midwifery.edu).

***If I took classes in the Continuing Education Program and was accepted into a degree seeking program in the future would these courses be transferrable?***

Usually, with some exceptions; some MCU courses, especially those in the core midwifery department, may expire due to updated evidence informed practices. We review each situation on a case-by-case basis and determine if the past syllabus covered the current NARM standards as evidenced by current MEAC accreditation standards. Typically, if the course was completed within 3 years, it will remain adequate.

**Contacts**

***Who do I contact if I have questions that are not answered here?***

- The most comprehensive information available is found in the MCU Student Handbook and Course Catalog found here: <https://www.midwifery.edu/student-handbook-course-catalog/>
- Any questions not answered through these FAQ or in the MCU Student Handbook and catalog should

be directed to the Admissions Director at [admissions@midwifery.edu](mailto:admissions@midwifery.edu).

- Email is generally the most efficient way to reach the Admissions Director.

***Who will be my contact point person once I am accepted?***

- The Admissions Director at [admissions@midwifery.edu](mailto:admissions@midwifery.edu) will continue to be your point person for communication after you are accepted into the program and up until the time that your enrollment fees are paid in full and your enrollment form is completed and mailed in.
- The Registrar will be your point person thereafter, for everything related to your financial agreement, major maps, cost of program documents and enrollment.
- Financial Aid [financialaid@midwifery.edu](mailto:financialaid@midwifery.edu) will be your point person for all things related to financial aid funding.
- The Clinical Dean will be your point person for all things related to the clinical portion of the programs.
- The Graduate Dean will be your point person for the MSM program.

# Course Descriptions



MCU Founder Dianne Bjarnson

## **BIOLOGY**

**BIOL 1010** Anatomy for Health Professionals, 2 cr.

This course covers the identification and basic functions of various body systems: skin, skeletal-muscular, nervous, endocrine, circulatory, respiratory, digestive, urinary and reproductive. There is also discussion on how pregnancy affects body systems.

**BIOL 1050** Anatomy and Physiology of Obstetrics, 3 cr.

**PRE-REQUISITE:** BIOL 1010 or equivalent

This course covers pelvic bones, joints, ligaments and classifications, musculature of pelvic floor and perineum, fetal skull, fetopelvic relationships, reproductive organs, the reproductive cycle, natural child spacing, fertilization and early development, fetal circulation and the female urinary tract.

**BIOL 2010** Genetics, 2 cr.

This course covers basic genetic principles including the structure of DNA and genes, principles of inheritance and the origins of genetic malfunction. It provides the foundation by which the student can research genetic problems, explain them to a client and counsel the client or refer the client for more in-depth counseling.

**BIOL 2030** Microbiology, 1 cr.

**PRE-REQUISITE:** BIOL 1010 or equivalent

Students study various pathogens and the role they play in well-woman, maternal and newborn health. Students also receive a basic overview of the fundamentals of microbiology including an understanding of the physiologic and biological basis of obstetric and gynecological infection.

**BIOL 2050** Chemistry & Nutrition, 2 cr.

**PRE-REQUISITES:** BIOL 1010 or equivalent, HLTH 1050 or equivalent

This course will educate students to recognize the relation between health and nutrition and promote measures to reduce morbidity and mortality derived from chronic illness linked to nutritional inadequacy. They will be able to identify

nutritional deficiencies and teach ways to overcome those deficiencies through a proper diet in accordance to the needs, means, and personal and cultural preferences of the client. Students will learn the importance of birth weight and brain growth as an evaluative measurement in a newborn. They will understand the benefits and risks of supplements during pregnancy and will learn to recommend the appropriate use of vitamin and mineral supplements. Finally, they will be prepared to teach parents how to feed their children during the first year of life.

## **BOTANY**

**BOTNY 1010** Herbology for Midwives, 2 cr.

This course covers the identification and properties of herbs. Students learn to forage herbs and make their own herbal combinations. Students also start their own midwife's herb garden

**BOTNY 2010** Advanced Herbology, 2 cr.

**PRE-REQUISITE:** BOTNY 1010

This course covers the use of herbs for the various body systems – circulatory, respiratory, digestive, nervous, skin, muscular, skeletal, glandular, reproductive and urinary system. Herbal preparations are discussed and formulated.  
*Traditional Midwifery Arts Elective*

## **BUSINESS**

**BUS 3010** Midwifery Services, 2 cr.

Issues concerning a professional midwifery practice including business strategies, ethics, counseling, taking apprentices, teaching classes, statistics, birth certificates, informed consent, charges, billing, insurance collection, types of services, medical back-up, transport and laws affecting midwifery.

**BUS 3020** Midwifery Services for Canadians, 2 cr.

Issues concerning a professional midwifery practice including business strategies, ethics, counseling, statistics, birth certificates, informed consent, charges, billing, medical back-up, transport and laws affecting midwifery.

**BUS 3030** Midwifery Services for Washington, 2 cr.

Students will examine health care delivery systems in the United States and abroad, current initiatives locally, nationally and internationally working to improve maternity care. A variety of issues will be explored, concerning a professional midwifery practice including business strategies, taking apprentice, statistics and reporting, practice directive documents, charges, billing, insurance collection, types of services, medical back-up, transport, risk management, professional liability and laws affecting midwifery. This course is specifically designed to support midwives practicing or planning to practice in Washington State.



## **CLINICAL**

CLNC 1010 Phase One Practicum 3 cr.

Students observe at least ten births and describe in writing one case linking knowledge or skills acquired in observed birth experiences with knowledge acquired in first year of study, specifically the Midwives Model of Care. Students evaluate the learning gained from observed birth experiences.

CLNC 1050 Phase One Competencies 1 cr.

Students demonstrate practical skills and competencies necessary to begin assisting a midwife and prepare for Phase One Assessment.

CLNC 2010 Phase Two Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students assist with appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing or oral presentation one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in assistant experiences with knowledge acquired in phase two of study, including current research in the field. Students evaluate learning gained from assistant clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the semester (an average of about 7 hours/week).

\*CLNC 2020 Phase Two Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students assist with appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing or oral presentation one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in assistant experiences with knowledge acquired in phase two of study, including current research in the field. Students evaluate learning gained from assistant clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the semester (an average of about 7 hours/week).

\*CLNC 2030 Phase Two Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students assist with appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing or oral presentation one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in assistant experiences with knowledge acquired in phase two of study, including current research in the field. Students evaluate learning gained from assistant clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the semester (an average of about 7 hours/week).

\*CLNC 2040 Phase Two Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students assist with appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing or oral presentation one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in assistant experiences with knowledge acquired in phase two of study, including current research in the field. Students evaluate learning gained from assistant clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the semester (an average of about 7 hours/week), and since this practicum marks the end of Phase Two, all Phase Two required experiences should be complete by the end of the course.

CLNC 2050 Phase Two Competencies 3 cr.

Students demonstrate practical skills and competencies necessary to begin acting as a primary midwife under supervision and prepare for Phase Two Assessment

\*CLNC 2090 Elective Assist Clinical Experience 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students assist with appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing or oral presentation one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in assistant experiences with knowledge acquired in phase two of study, including current research in the field. Students evaluate learning gained from assistant clinical experiences. This course is an elective, for students who have the opportunity to spend extra time in clinical placement. Students should plan to spend a minimum of 100 hours in clinical placement during the semester (an average of about 7 hours/week).

\*CLNC 3010 Phase Three Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students act as primary midwife under supervision for appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing, oral presentation or other appropriate demonstration, one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in primary experiences with knowledge acquired in phase three of study, including current research in the field and composing at least one tool per case (such as a diagnosis flowchart, practice guideline or client education outline) that can be shared with peers. Students evaluate learning gained from total clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the semester (an average of about 7 hours/week).

\*CLNC 3020 Phase Three Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students act as primary midwife under supervision for appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing, oral presentation or other appropriate demonstration, one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in primary experiences with knowledge acquired in phase three of study, including current research in the field and composing at least one tool per case (such as a diagnosis flowchart, practice guideline or client education outline) that can be shared with peers. Students evaluate learning gained from total clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the semester (an average of about 7 hours/week).

\*CLNC 3030 Phase Three Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students act as primary midwife under supervision for appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing, oral presentation or other appropriate demonstration, one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in primary experiences with knowledge acquired in phase three of study, including current research in the field and composing at least one tool per case (such as a diagnosis flowchart, practice guideline or client education outline) that can be shared with peers. Students evaluate learning gained from total clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the semester (an average of about 7 hours/week).

\*CLNC 3040 Phase Three Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students act as primary midwife under supervision for appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing, oral presentation or other appropriate demonstration, one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in primary experiences with knowledge acquired in phase three of study, including current research in the field and composing at least one tool per case (such as a diagnosis flowchart, practice guideline or client education outline) that can be shared with peers. Students evaluate learning gained from total clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the semester (an average of about 7 hours/week).

CLNC 3050 Phase Three Competencies 3 cr.

Students demonstrate practical skills and competencies necessary to begin acting as an entry-level midwife and prepare for Phase Three Assessment.

\*CLNC 3060 Phase Three Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students act as primary midwife under supervision for appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing, oral presentation or other appropriate demonstration, one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in primary experiences with knowledge acquired in phase three of study, including current research in the field and composing at least one tool per case (such as a diagnosis flowchart, practice guideline or client education outline) that can be shared with peers. Students evaluate learning gained from total clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the semester (an average of about 7 hours/week), and since this practicum marks the end of Phase Three, all required clinical experiences should be complete by the end of the course.

\*CLNC 3090 Elective Primary Clinical Experience 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students act as primary midwife under supervision for appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing, oral presentation or other appropriate demonstration, one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in primary experiences with knowledge acquired in phase three of study, including current research in the field and composing at least one tool per case (such as a diagnosis flowchart, practice guideline or client education outline) that can be shared with peers. Students evaluate learning gained from total clinical experiences. This course is an elective, for students who have the opportunity to spend extra time in clinical placement. Students should plan to spend a minimum of 100 hours in clinical placement during the semester (an average of about 7 hours/week).

### **COMMUNICATIONS**

COMM 1010 Intro to Effective Communication, 1 cr.

This course covers basic elements of interpersonal communication including non-verbal communication. Cultural differences, effective listening and conflict resolution are also covered.

COMM 1050 Communication Seminar .5 cr.

This course is a brief seminar reviewing communication skills outlined in Crucial Conversations that are essential for healthy communication in personal and professional settings. This class is required for students who have COMM 1010 waived.

COMM 2010 Midwifery Support Skills, 2 cr.

**PRE-REQUISITE:** COMM 1010 or equivalent

This course will train the learner to confidently understand and facilitate healing for women who are survivors of abuse and have or are experiencing the loss of a child through death or miscarriage. Challenges in the client-caregiver relationship are thoroughly examined, with much practical

advice for improving trust and communication as well as self-help techniques to handle abuse and grief-related distress.

## **ENGLISH**

ENGL 1010 Introduction to Writing, 2 cr.

This course covers basic grammar, usage, spelling and punctuation, research tools, and basic writing skills, and prepares students to communicate effectively: researching, organizing, writing and editing various written materials. Student is oriented toward writing appropriate to her work as a midwife, such as research papers, practice guidelines, business letters, curriculum vitas, and client education materials (handouts), as well as writing for both general and professional publication.

ENGL 1050 Introduction to Writing Seminar, 1 cr.

This course is required for students who have ENG 1010 waived. The student will review the writing skills necessary for research papers, practice guidelines, business letters, and client education materials (handouts), as well as writing for both general and professional publication.

ENGL 2010 Midwifery in Literature 1 cr.

Students will read and discuss recent, award-winning literature featuring midwives, with a focus on themes and ethical analysis. *Traditional Midwifery Arts Elective*.

ENGL 513/5013 Scholarly Research & Writing, 3 cr.

This course focuses on scholarly research and writing. You will learn how to prepare a plan for a scholarly journal article or a master's-level research-based thesis or applied project. You will gain expertise in analyzing evidence-based, peer-reviewed literature. You will practice writing different sections of a scholarly paper including a literature review, research problem, purpose statement, and research questions. You will also complete a CITI Program training course on the basic ethical principles of human subjects research and explore ethical dilemmas in midwifery research.

## **FIELDWORK**

FLDW 571/5071 to 573/5073 Fieldwork, 3 cr.

Graduate fieldwork gives students an opportunity to gain real-life experience in an area of interest to them and pertinent to midwifery while working with an experienced mentor. Graduate students are required to earn 3 fieldwork credits. One credit requires 50 hours of logged fieldwork. Students may choose to earn all 3 credits in one topic area, 1 credit each in three different topic areas, or some combination thereof.

## **HEALTH**

HLTH 1010 Medical Terminology & Charting, 2 cr.

This course covers basic word structure; suffixes, prefixes and terminology associated with the prenatal period, labor and birth, postpartum and the newborn.

HLTH 1050 Holistic Health, 2 cr.

This course covers the fundamentals of health, how diet affects health and different types of diets; the role of carbohydrates, proteins and fats in the diet and their impact on health and disease; vitamins and minerals and their impact on health; nutritional and cleansing herbs, environmental toxins, exercise and hydrotherapy.

HLTH 1030 Foundations in Public Health 2 cr.

This course will introduce students to foundational concepts in Public Health and taught to apply Public Health theory to midwifery practice. Maternal and newborn morbidity and mortality will be discussed from a Public Health perspective and students will identify interventions in the intersection of the fields of Midwifery and Public Health. Students will learn about health disparities and will have the opportunity to perform in-depth analysis of a selected health disparity. The health care and public health system, resources for mothers and babies, and the role of midwives in the broader system will be analyzed. Students will learn techniques in shared decision making and health education and will gain competency in these areas through case studies and an oral presentation.

HLTH 2010 Homeopathy, 2 cr.

This course gives students an understanding of the origins of homeopathy, how disease is manifested, how to take a case, how to prioritize the signs and symptoms, and how to prepare and administer homeopathic remedies. It will also provide an introduction to a number of remedies useful in the practice of midwifery. *Traditional Midwifery Arts Elective.*

HLTH 2030 Fertility Awareness, 1 cr.

Students learn how to instruct women regarding their fertility as it applies to their menstrual cycles, basal body temperature and cervical changes. *Traditional Midwifery Arts Elective.*

HLTH 3010 Advanced Homeopathy, 2 cr.

**PRE-REQUISITE:** HLTH 2010

This course is a deeper look into the philosophy and use of homeopathy. Students will be reading and learning from the *Organon of the Medical Art* by Samuel Hahnemann. This

text covers every aspect of homeopathy from understanding disease to how to research homeopathic medicines. In depth study and conversation about these topics will be discussed, as well as case taking, storytelling and current research.

*Traditional Midwifery Arts Elective.*

## **HISTORY**

HIST 1010 History of Midwifery, 1 cr.

The purpose of this course is to give students an overview of the history of midwifery, from ancient times through the present.

HIST 1020: Modern Midwifery History, 1 cr.

This course specifically addresses midwifery from 1950 to the present. Students will understand the influence and role of midwives of color in their preservation of midwifery their contributions to the understanding and evolution of the modern midwifery movement. Students will understand key developments in maternity care during this time period, initiatives to increase access to midwives, and how midwifery care fits into global and national health care strategies to improve maternal health, and articulate the role of the direct-entry midwife in their chosen community as it relates to improving maternal and infant mortality and morbidity.

## **MATH**

MATH 1010 Introductory Math 2 cr.

This course teaches basic math skills to enable the midwife to make correct calculations and interpret data.

## **MIDWIFERY**

MDWF 1010 Introduction to Midwifery, 1 cr.

This course provides the learner with a solid understanding of childbirth as a human right, the Midwives Model of Care and the safety of out-of-hospital birth. Through narrative accounts, research documents and the powerful imagery of birth, students will emerge from this course understanding the power, value and importance of access to midwifery care for all who choose this maternity care option.

MDWF 1050 Midwife's Assistant Orientation 4 cr.

(3 academic credits/1 clinical credit)

This course helps student midwives prepare to become efficient, trustworthy and competent assistants. This course is designed to give the student an understanding of the requirements and duties of a midwife's assistant. After having completed this course, students will be prepared with the theoretical background necessary for her clinical practicum. Students will understand the scope and principles of general skills used in a prenatal setting, and will explore the role of the assistant through case studies.

MDWF 1040 IV Skills Lab, 1.5 cr.

This course covers the basics of IVs, both academic and hands-on. Objectives include indication for IV therapy in childbirth, types of fluids, and proper technique in starting, administering, and discontinuing IVs, as well as proper charting. \*May be taken in Phase Two depending on clinical placement

MDWF 1030 Breastfeeding, 1 cr.

Students will learn about the historical and cultural background of breastfeeding, anatomy and physiology of breastfeeding, breast milk and the infant, the breastfeeding process, and possible problems. \*May be taken in Phase Two depending on clinical placement

MDWF 2010: Prenatal Care I: Foundations of Prenatal Care, 3.5 cr. (3 academic credits/.5 clinical credit)

This course focuses on the basics of prenatal care: from establishing initial contact, taking a thorough client history, initiating ongoing prenatal care including both maternal and fetal evaluations, addressing common discomforts and physiological changes of pregnancy, and facilitating referral when indicated. With the midwifery model of care and an individualized approach, students will make charts for routine prenatal care, client handouts, and the NARM Informed Consent document. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 2020: Prenatal Care II: Prenatal Care for a Healthy Pregnancy, 3.5 cr. (3 academic credits/.5 clinical)

**PRE-REQUISITE:** MDWF 2010

This course focuses on various elements of promoting a healthy pregnancy and caring holistically for clients. Students will create client handouts and which address nutritional, physical, environmental, emotional, social and sexual needs, changes and risks during pregnancy. Students will develop practice guidelines for several common disorders, diseases and infections during pregnancy as well as developing guidelines for addressing issues of substance abuse. With the midwifery model of care and an individualized approach, students will also prepare NARM general midwifery practice guidelines for use in their practice. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 2030 Labor, Birth and Immediate Postpartum, 4 cr. (3 academic credits/1 clinical credit)

Physiology and management of first, second and third stages of Labor are taught in this class. Students also learn about the mechanism of Labor for occiput anterior, transverse, posterior, face, brow, military and breech presentations. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 2040 Postpartum Care, 3 cr.

(2 academic credits/1 clinical credit)

This course provides instruction in understanding, preparing for and meeting the normal physiological and emotional changes that may occur postpartum period. It includes what to do in the first few hours after birth as well as providing excellent care and record keeping in the subsequent postpartum care visits. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 2050 Pediatrics, 4 cr.

(3 academic credits/1 clinical credit)

**PRE-REQUISITE:** MDWF 2030

This course is specifically designed to explore the anatomy and physiology of the newborn from birth through eight weeks. Students will become understand normal and abnormal findings. Assessment, age appropriate strategies and cultural differences will be discussed. Current research will be reviewed by participants to enhance the midwife's care of the neonate and case studies will be utilized.

MDWF 2060 Clinical Testing/Childbearing Year, 3 cr.

(2 academic credits/1 clinical credit)

This course includes the physiological changes of pregnancy, disease conditions relating to pregnancy and the reproductive organs, tests to detect physical conditions (both physiological and pathological), fetal diagnosis, maternal metabolic disorders and postpartum testing. Case studies will hone the midwives understanding of screening and diagnostic tests and appropriate management plans for the scope of the Certified Professional Midwife.

MDWF 2070 Obstetrical Pharmacology, 3 cr.

(2 academic credits/1 clinical)

The purpose of this course is to teach students basic facts about the administration of drugs commonly used in the direct entry practice of midwifery. A midwife should be familiar with methods of research and client education regarding the safety of drugs in the childbearing years, and educate clients about benefits and risks. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 2075 Canadian Obstetrical Pharmacology, 3 cr.

(2 academic credits/1 clinical credit)

This course will introduce the learner to basic principles of pharmacology, including pharmacokinetics and pharmacodynamics. It provides foundational knowledge of pregnancy-related changes in pharmacokinetics. It introduces students to the pharmacopeia available to midwives in most jurisdictions of Canada. It includes both drugs prescribed by midwives and drugs commonly used during pregnancy, labor, and postpartum not prescribed by midwives in all jurisdictions, but knowledge of which is integral to safe practice. It introduces concepts of informed consent and the six rights of prescribing, and asks students to apply their knowledge to scenarios as part of problem-based learning. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.



MDWF 2080 Ante/Intrapartum FHR Surveillance, 2 cr.  
This course offers a thorough review of fetal heart surveillance procedures. It discusses the physiological basis and instrumentation of monitoring, baseline fetal heart rate and antepartum monitoring. The course teaches what AAT (Auscultated Acceleration Test) is and how we can use it prenatally and during labor. The second part of the class is about problems that can arise, like bradycardia, tachycardia, sinusoidal pattern and periodic and nonperiodic changes. The assignments include several case study evaluations.

MDWF 2090 Suturing, 3 cr.  
(2 academic credits/1 clinical)

At the completion of this course, the student will be able to demonstrate knowledge and skills in checking for and identifying first through fourth degree tears, and other types of pelvic damage. Students will learn the appropriate use and repair of episiotomies, forms and usage of anesthetic agents, how to tie off and postpartum repairs appropriate for the midwife in an out-of-hospital setting. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 2100 Well Woman Care, 4 cr.  
(3 academic credits/1 clinical credit)

This course explores the basic health of women across the lifespan. Topics covered include: the normal reproductive cycle, dysfunctions of menstruation, contraceptive devices and information, sexually transmitted infections, how to perform a well-woman examination, and PAP smear interpretation. Also included is information about the female sexual response and various mental and emotional aspects of wellness and health. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 3010 Complications of the Prenatal Period, 3.5 cr.  
(3 academic credits/.5 clinical credits)

**PRE-REQUISITES:** MDWF 2010 and MDWF 2020  
This course covers complications during the prenatal period. Students will prepare midwifery practice directive documents that guide management for complications during the prenatal period. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 3030 Complications of Labor, Birth, and Immediate Postpartum, 3.5 cr. (3 academic credits/.5 clinical credits)

**PRE-REQUISITE:** MDWF 2030  
This course covers complications in more depth for labor, birth and immediate postpartum. Focus is directed towards writing midwifery-practice documents for emergency care and variations of normal delivery, and preparing a research article for publication. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 3050 Complications of the Postpartum Per.  
3.5 credits (3 academic credits/.5 clinical credits)

**PRE-REQUISITE:** MDWF 2040

This course covers physical and psychological complications that may arise during the postpartum period. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 3070 NARM Preparation .5 cr.

Students collect and extract study materials from previous class assignments and readings, outline study plan and prepare for NARM written examination. Students analyze multiple choice questions and apply test-taking strategies on practice tests.

MDWF 3080 Advanced Issues in Midwifery I 3 cr.

This course is designed for CPMs and explores the new competencies outlined by the MEAC Curriculum Checklist of Essential Competencies as they relate to the prenatal period and labor, birth and the immediate postpartum.

MDWF 3090 Advanced Issues in Midwifery II 3 cr.

This course is designed for CPMs and explores the new competencies outlined by the MEAC Curriculum Checklist of Essential Competencies as they relate to the postpartum period, well woman care and newborn care through the first six weeks of life.

MDWF 553/5053 Midwifery Issues in Prenatal Care, 4 cr.

Each student will identify an area of interest for the focus of this course. Students will conduct scholarly research as well as semi-structured interviews to better understand how midwives can make an impact in prenatal care on a local, national and global scale.

MDWF 554/5054 Midwifery Issues in Labor and Birth, 4 cr.

Each student will identify an area of interest for the focus of this course. Students will conduct scholarly research as well as focus group research to better understand how midwives can make an impact in labor and birth care on a local, national and global scale.

MDWF 555/5055 Midwifery Issues in Postpartum Care, 4 cr.

Each student will identify an area of interest for the focus of this course. Students will conduct scholarly research as well as participant observations to better understand how midwives can make an impact in postpartum care on a local, national and global scale.

MDWF 556/5056 Midwifery Issues in Newborn Period, 4 cr.

Each student will identify an area of interest for the focus of this course. Students will conduct scholarly research as well as online bulletin board textual analysis to better understand how midwives can make an impact in neonatal care on a local, national and global scale.



## **PHYSICAL THERAPY**

PHYT 1010 Aromatherapy, 1 cr.

This course covers the use of essential oils in the childbearing year. *Traditional Midwifery Arts Elective*

PHYT 2010 Reflexology, 1 cr.

This course introduces reflexology including its history, why it is helpful to midwives, how it works, basic techniques, relaxing techniques, reflex points on the feet and other parts of the body, working different body systems, reflex points for specific disorders, applied lymphology, as well as pain relief and body work during Labor. Students give 30 reflexology treatments. *Traditional Midwifery Arts Elective.*

PHYT 2030 Complementary and Alternative Health Disciplines, 1 cr.

This course will introduce the learner to alternative and complementary health therapies in the childbearing year. The concept of health paradigms is introduced as a foundation to understanding how to apply alternative and complementary therapies for midwives. *Traditional Midwifery Arts Elective.*

PHYT 2050 Massage, 2 cr.

This course covers seated massage, mother massage and infant massage. Suggestions are given on how to help specific problems during pregnancy and how to prepare the body for a faster delivery. *Traditional Midwifery Arts Elective.*

## **PROFESSIONAL DEVELOPMENT**

PROD 1000 New Student Orientation, .5 cr.

Students will be oriented for studies at Midwives College of Utah, providing them with the tools and skills they need to be successful. All students are required to complete PROD 100 during their first trimester.

PROD 510/5010 Personality Type, 1 cr.

In this course you will determine your personality type through the Bjaranson Personality Inventory and/or the Keirsey Temperament Sorter II. Your personality type indicates how you like to look at things and go about deciding things. Knowing your own preferences and learning about others can help you understand your strengths, what kind of activities you might enjoy, the learning style, and how you tend to interact with people. In this course, you will also create your Individual Development Plan (IDP) in conjunction with the Graduate Dean.

PROD 526/5026 Midwives and Publishing, 2 cr.\*

The purpose of this course is to introduce midwives to the process of publishing and the publication world. Through experiential learning and guided pedagogy, students will have the opportunity to explore the basics of publishing and learn how to prepare a practice manuscript for publication in an academic journal.

PROD 527/5027 Community Mother and Child Health, 2 cr.\*

This course will explore basic concepts of public health as they specifically apply to childbearing families. Course content includes theoretical foundations, issues in maternal and child health, and practical programming considerations. Student will develop their writing, planning, and critical thinking skills in becoming midwives of technical expertise and personal greatness. Students will engage in a culminating project of direct relevance to the communities they serve in becoming midwives of professional excellence

PROD 528/5028 Midwifery and Politics, 2 cr.\*

This course will examine the political issues surrounding midwifery on the local and national scale. Students will analyze successful grassroots organizations and strategies that protect and promote midwifery. Students will have the opportunity to review and critique current midwifery legislation and work with various midwifery political organizations on local and national levels.

PROD 529/5029 Field Instructor Preparation, 2 cr.\*

This course will train the learner to understand the needs of midwifery students during clinical instruction, to know NARM's requirements for preceptors, and to confidently oversee the clinical instruction of midwifery students.

PROD 530/5030 Global Maternal and Child Health, 2 cr.\*

The focus of this course includes the core issues hindering women and children's health: access to care, nutrition, poverty and education. Students will examine the role of the midwife on the global scale, the current work of midwives internationally and identify focus areas for the future.

PROD 531/5031 Holistic Midwifery, 2 cr.\*

This course includes readings in brain research, women's hormonal patterns, and natural medicine. It also includes web sites to explore that illustrate current trends in the health industry. The PSTEC track, an innovative type of hypnosis, will be used by the student. The student will start a lending library for clients and formulate two herbal remedies. The course project will be to select and develop a written holistic health plan for a particular problem.

PROD 532/5032 Midwifery Education, 2 cr.\*

The student will research, investigate and theorize specific areas of concern in the field of midwifery education. The student will complete a project that presents concrete solutions and creative ideas for increasing access to and overcoming challenges associated with midwifery education.

\*Each graduate student is required to complete six credit hours of Professional Development Courses (PROD 526/5026 to 532/5032). The student may take any three classes of the above, six hours of one area, or two in one area, one in another. If the student chooses to take more than two hours in one area they will work with the course instructor to self-design the additional two or four hours.

## **SOCIAL SCIENCES**

SOSC 1000: Doula Training 2 cr.

**PRE-REQUISITE:** Completion of or concurrent enrollment in an approved doula training. MCU offers a DONA-approved doula training once a year during the spring student conference. If a student has attended an approved doula training elsewhere, this may also be used to fulfill the face-to-face training required for this class. The training should include the emotional and psychological process of labor and birth, the anatomy and physiology of reproduction, labor and birth, comfort measures, non-pharmacological pain management techniques, appropriate topics for prenatal and postpartum discussion with clients, discussion of ethics, standards of practice for doulas, referral sources for client needs beyond the scope of the doula, communication skills and values clarification. *Traditional Midwifery Arts Elective.*

SOSC 1010: Cultural Competency in Midwifery Care: Understanding Difference, Power, & Privilege, 1.5 cr.

This course will introduce students to the foundational concepts of cultural competency and humility in midwifery care, and to engage critical learning of how difference, power, and privilege intersect to produce documented disparities in maternal-child health outcomes and practices in the United States. Student will have the opportunity to study and explore three broad areas of cultural competency and anti-oppression practices, and their impact on maternity care through historical and current sociopolitical frameworks. In doing so, students will acquire foundational skills necessary for the provision of culturally competent care and the actualization of anti-oppression midwifery professional practices -- in commitment to equity in maternal-child health for all childbearing families.

SOSC 2010 Culturally Safe Care 1 cr.

**PRE-REQUISITE: SOSC 1010**

Building off of a foundation of cultural competence and culturally safe care from SOSC 1010, students will further explore difference, power and privilege as it relates specifically to midwifery care in the childbearing year. Students will strengthen skills necessary for the provision of culturally competent care and the actualization of anti-oppression midwifery professional practices -- in commitment to equity in maternal-child health for all childbearing families.

SOSC 2030 Childbirth Education, 2 cr.

This course covers the information needed to teach childbirth classes. It includes the development of course outlines, handouts and teaching materials. Basic teaching skills and theory are covered. *Traditional Midwifery Arts Elective.*

SOSC 2050 Ethics and the Law, 1 cr.

The purpose of this course is to introduce students to the myriad of ethical considerations that govern and influence the Midwives Model of Care and the practice of midwifery. Students will have the opportunity to learn and explore four broad areas of ethical considerations in midwifery care: 1) Professional ethics in midwifery; 2) Ethics in clientele

selection and service; 3) The ethics of privacy and confidentiality; and 4) State/Province legislation, regulation, and the ethics of "choice." Students will examine these issues through a combination of interactive discussion sessions, case studies, reflection papers, critical thought exercises, and advocacy projects.

SOSC 3010 Advanced Midwifery Studies I, 1 cr.

Advanced Midwifery Studies (AMS) is a dynamic student-led independent course that provides MCU students the opportunity to pursue their unique interests while still receiving MCU credit. AMS allows a student to enroll in approved seminars, symposiums, trainings and courses outside of MCU. Through a series of papers, students will summarize and critique their experiences and ultimately connect them to courses being taught at MCU. The student will make a final proposal for further action. Community action and service are vital aspects of a midwife's role, and the goal of the project is to support the individual's transition from student to midwife. The actualization of the project is the subject of Advanced Midwifery Studies II.

SOSC 3010.2 Advanced Midwifery Studies I Teaching Practicum, 1 cr.

This section of Advanced Midwifery Studies is designed for students who plan to include teaching in their future plans. Students will serve as a teacher's assistant and support grading, peer to peer interaction and live section delivery.

SOSC 3030 Advanced Midwifery Studies II, 1 cr.

Advanced Midwifery Studies II is a student-led, independent course that provides an MCU student with the support to put the project proposed in AMS I into action. The only limits with this project are the student's imagination! The purpose of this course is to follow a project through to its fruition. Community service and interaction are vital roles in a midwife's job, and this course is designed to give the student real-life experience in activism of their choosing.

SOSC 3030.2 Advanced Midwifery Studies II: Teaching Practicum, 1 cr.

This course is the second section of Advanced Midwifery Studies is designed for students who plan to include teaching in their future plans. Students will serve as a teacher's assistant and support grading, peer to peer interaction and live section delivery.

## **STATISTICS**

STAT 2010: Foundations of Evidence Informed Care, 2 cr.

This course will introduce students to the fundamentals of research, including a basic overview of literature searches, research analysis and design methods, and critical appraisal of the literature. The course is intended to be a survey of the fundamentals of research design, analysis, critique, and application, and will cover both quantitative and qualitative approaches. Upon completion of this course, students will be equipped with basic conceptual and practical skills necessary to find and interpret research studies, and apply to practice evidence-based approaches for midwifery care. Because becoming fluent in conducting research requires multiple years of study and advanced courses, our focus here is on sourcing and critiquing literature – the two central research fluency skills necessary for implementing evidence-based practices.

STAT 2050 Epidemiology, 1 cr.

Students will study factors affecting the health and illness of populations. Using evidence-based research, students will identify risk factors for disease and determine optimal treatment approaches to clinical practice.

STAT 550/5050 Qualitative Methodology, 3 cr.

This course will provide students with the foundation to begin constructing a qualitative study and learn how qualitative methods can be used to strengthen their research. Students will learn how to construct research studies using qualitative methods and how to apply them to their thesis or project work.

## **THESIS AND/OR PROJECT**

PROD 511/5011 Prospectus, 3 cr. total (three course sections)

The purpose of this course is to guide you in the development of a prospectus for your thesis or project work. The prospectus is a hallmark of the graduate education process, and is intended to communicate your applied project or research-based thesis proposal to selected audiences. The primary audience, here, is your MSM advisory committee. The prospectus allows you the opportunity to think through, in detail, your proposed topic, design, and deliverables. Your committee will provide substantive, critical feedback on the development of this prospectus, as well as final approval. Upon successfully passing your prospectus oral defense and making any revisions required by the committee, you will be ready to commence your original thesis research or project work. Your thesis or project work will be conducted, written, and defended in MDWF 560/5060 (for research-based theses) or MDWF 584/5084 (for non-thesis projects).

MDWF 560/5060 Thesis, 5 cr. (three course sections)

The written thesis is developed and completed under the direction of a MSM advisory committee selected by the student. The student will be required to work closely with their committee. The thesis should be geared toward producing a practical, substantial, scholarly work rather than just completing an academic exercise. The thesis must be an original work. Your thesis must be presented in a public venue and defended at its conclusion. This course is delivered over three trimesters.

MDWF 584/5084 Project, 5 cr. (three course sections)

The non-thesis applied project is developed and completed under the direction of a MSM advisory committee selected by the student. The student will be required to work closely with their committee. Acceptable projects include such things as setting up a clinic; developing midwifery courses, policies, and procedures; developing and administering a service; and developing birth-related programs such as a birth/postpartum doula training or a certified childbirth education program. Each project must make a substantive, applied impact. Your project must be presented in a public venue and defended at its conclusion. This course is delivered over three trimesters.

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