



MCU IN REVIEW

VOLUME 5, ISSUE 2

SUMMER 2017

WELCOME!

Welcome to New Faculty
& Staff:

Masha Mesyef
Marketing Director &
Events Coordinator

President's Message

The 100th Monkey

Kristi Ridd-Young - MCU President



If someone were to ask you to describe MCU's culture, what would you say? It can be rather challenging to put into words the unique culture and personality of any organization. An organization's culture is a system of beliefs, values, and assumptions. Culture, of course, affects the way everyone behaves in an organization; conversely, one's behavior can undermine or enhance the culture. A positive organizational culture has the ability to unite people from different backgrounds, races, ethnicities, traditions, etc. Culture creates the personality of the organization, can enhance loyalty, and provides direction for all involved.

Culture can casually evolve, or it can be deliberate and strategic. Because we value the articulation of and shared investment in MCU's culture, our statement of culture was created with intention and purpose.

MCU's culture is inspired by the Midwives Model of Care, reflecting philosophies, skills and behavior in both the way we model and train our students. What we teach and how we teach exemplifies what it means to be a midwife of excellence who is self-actualized and values courageous conversations and relationships built upon honesty and trust. MCU delivers a Midwifery Model of Education; ultimately midwifing midwives through their educational journey and beyond."

As a member of the MCU community, your positive contribution to this purposeful culture definitely impacts everyone within MCU. If we collectively support this culture, the potential for good ripples outward and has the power to change the midwifery profession and the care we offer to the families we serve. You might ask, "How is that possible?" Let me illustrate with a story called The Hundredth Monkey by Ken Keyes, Jr.

*The Japanese monkey, *Macaca fuscata*, had been observed in the wild for a period of over 30 years. In 1952, on the island of Koshima, scientists were providing monkeys with sweet potatoes dropped in the sand. The monkeys liked the taste of the raw sweet potatoes, but they found the dirt unpleasant.*

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President's Address (cont...)

An 18-month-old female named Imo found she could solve the problem by washing the potatoes in a nearby stream. She taught this trick to her mother. Her playmates also learned this new way and they taught their mothers too.

This cultural innovation was gradually picked up by various monkeys before the eyes of the scientists.

Between 1952 and 1958 all the young monkeys learned to wash the sandy sweet potatoes to make them more palatable. Only the adults who imitated their children learned this social improvement. Other adults kept eating the dirty sweet potatoes.

Then something startling took place. In the autumn of 1958, a certain number of Koshima monkeys were washing sweet potatoes -- the exact number is not known. Let us suppose that when the sun rose one morning there were 99 monkeys on Koshima Island who had learned to wash their sweet potatoes. Let's further suppose that later that morning, the hundredth monkey learned to wash potatoes.

THEN IT HAPPENED!

By that evening almost everyone in the tribe was washing sweet potatoes before eating them. The added energy of this hundredth monkey somehow created an ideological breakthrough!

But notice.

A most surprising thing observed by these scientists was that the habit of washing sweet potatoes then jumped over the sea. Colonies of monkeys on other islands and the mainland troop of monkeys at Takasakiyama began washing their sweet potatoes.

Thus, when a certain critical number achieves awareness; this new awareness may be communicated from mind to mind. Although the exact number may vary, this Hundredth Monkey Phenomenon means that when only a limited number of people know of a new way, it may remain the conscious property of these people. But there is a point at which if only one more person tunes-in to a new awareness, a field is strengthened so that this awareness is picked up by almost everyone!

Congratulations

New MCU Graduates!!

We would like to congratulate the following students for earning their **Associate of Science in Midwifery** degree:

Amy Ihrig & Morgan Hughes

We would like to congratulate the following students for earning their **Bachelor of Science in Midwifery** degree:

Sherry Rumsey & Stephani (Huisman) Henderlin

Student Council

We would like to welcome 3 new members to Student Council:



Cathy Smith - I am the mother to 3 beautiful daughters and am married to my high school sweetheart. I am a Certified Birth Doula through DONA, a CNA, and Placenta Encapsulation Specialist. I started MCU in the Fall of 2016 and became a member of Student Council in January 2017. I sometimes still can't believe that I am living the dream of going to midwifery school! I am excited and honored to serve the student body and in my (very little) spare time, I enjoy eating popcorn in my jammies, and watching house renovation shows.



Skaidre Brown - I'm a mother to 3 wonderful children: 2 boys and 1 girl - 2 teenagers and 1 almost teenager. I've been married to my husband for 19 years this year. We live on 4 1/2 acres with 23 chickens and a vegetable garden in the Skagit Valley, WA. I started MCU Fall 2016 and joined student council Summer 2017. I've been a childbirth educator and birth doula for 15 years, and a midwife assistant for 7 years. I am excited to have finally started my next step in my career to becoming a midwife.



Marivette Torres - I am a mother of eight children, and have been married 29 years. My oldest is 27 and the youngest is 8 years old. I had three hospital births and five home births. The first was a C-section, and the rest were VBAC. I've been a birth doula for 20 years, certified through Childbirth International. I am a Rebozo Instructor and Childbirth Educator. At the tender age of 44, I began midwifery school by attending MCU's continuing education program in January 2015 to see if distance learning was for me. I fell in love with it, and became an enrolled student in the Fall of 2015. My goal as a midwife will be to bring the midwives model of care to Spanish speaking pregnant people in my community who currently have no one providing midwifery care to them in the Spanish language. In my "free" time, I enjoy hanging out with my children, road trips, caring for my twelve hens and collecting their eggs, and watching Netflix series. I am a new member of the student council, beginning June 2017. I am honored and looking forward to serving the student body!

A Note From the Student Council:

It is our honor to serve the student body. We are working on holding a student council canvas conference with students and will post an update when that happens. We also would like to work this year on getting an online apparel store for MCU on the website. We are happy to help you with any question or concern about and within MCU, and privacy is always protected. We are always looking for others who feel called to serve our MCU sisters and brothers as well. Enjoy this little tidbit of inspiration:

"Be true to yourself, help others, make each day your masterpiece.

Make friendship a fine art and drink deeply from good books."- John Wooden

Midwifery Work & Support Overseas

Megan Mays, MCU Student

"Do not let me say yes to leaving the USA again until I'm done with midwifery school!" I joked to my husband after struggling through my first semester at MCU from a smoke-filled internet café in Lesvos, Greece. We were there to work with refugee families landing in makeshift boats on the island in their struggle to escape war and terrorism at home and find safety for their families. My checked suitcase on the way to Greece was packed with medical supplies to be donated at the refugee camp, and my carry-on suitcase was about 45lbs of textbooks for my first semester that luckily no one at the airport asked to weigh. It was a rough start to school, but I figured it would make the rest of my degree feel like a breeze once I was back in the USA.

Two months later, we'd accepted a humanitarian aid job in Iraq where the refugee crisis was extreme and where there were fewer volunteers willing to come and work. We packed up my textbooks the day after my first semester and moved to another state for training, and then arrived in Iraq a few months later. It's been a roller coaster ever since – so far this year I've traveled to six countries while hauling my poor battered textbooks in my backpack because I'm terrified of losing them in checked luggage.

I'm grateful every day for the opportunity to serve such a beautiful group of people here in Iraqi Kurdistan. I've worked cross-culturally my whole life, but there is something incredibly humbling about the strength and resilience in the face of terror that I see every day in refugees and IDPs (Internally Displaced People).

The need here is overwhelming and often heartbreaking, with hundreds of thousands of refugees and IDPs from Iraq and Syria living in tents in temperatures regularly in excess of 120F and limited resources and volunteers to help. Being a student midwife here is sometimes devastatingly difficult; as I'm forced to watch women and babies die from preventable complications with no access to prenatal care or emergency childbirth care.

In response to the needs I found around me here in Iraqi Kurdistan, I created Kindred Global - with the goal of responding to the communities around us by meeting their greatest needs as they see them, and filling gaps left between the work of other NGOs (non-governmental organization) to provide coverage for the areas where local communities are asking for help. I've partnered with Midwife Pilgrim (a US based nonprofit organization dedicated to responding to global communities in crisis and disaster situations with skilled, compassionate midwifery care) as part of their Board of Directors and as the Iraq/Kurdistan Coordinator so that we can work to make the biggest impact here together.

Locally, we have found one of the greatest areas of felt need to be medical care FOR women and BY women, particularly surrounding pregnancy, childbirth, mental health care, and gynecological care (including contraception, rape crisis care, and more). This is a primarily Muslim culture, and many other medical organizations are staffed predominantly by men, which is a barrier to health care access for many local women, especially since so many are sexual assault survivors.



(Continued...)

Midwifery Work & Support Overseas

To meet this expressed need, we're currently working towards opening a mobile women's health clinic, staffed by both local providers and international volunteer healthcare providers through Midwife Pilgrim and providing prenatal and postpartum care, mental health care, gynecological care, diabetes testing, rape crisis care, breastfeeding education and assistance, and more – all provided respectfully, safely, and with cultural humility by female care providers. This mobile clinic can move throughout the country to provide on-location care in refugee and IDP camps, women's shelters, and more.

In the future we hope to expand our work to include educational programs, local community capacity building through providing training for local health care providers, and collaborating with other NGOs to advocate for evidence based healthcare grounded in respect and cultural humility while supporting women's healthcare rights and meeting the needs of vulnerable populations throughout Iraq, Kurdistan, and the world.



If you feel drawn to help...

Right now our primary goal is to raise funds for the expensive foreign NGO registration process here in Iraq for Midwife Pilgrim, so that midwife volunteers will be able to come and legally work as soon as possible. If you would like to help with this goal, you can make a tax-deductible donation at <http://www.midwifepilgrim.org/donate.html>

We also have an equipment wish list for items we can't easily obtain in Iraq for midwifery care; you can contact me directly for more information or view our wish lists at <http://www.kindredglobal.org/support/>

If you would like to get involved by coming to Iraq as a midwifery care provider once our project is fully up and running, please submit your application through <http://www.midwifepilgrim.org/volunteer.html> to be added to the registry of midwives. I look forward to working with many MCU colleagues here in the future!

If you would like to learn more about the work here, please email me at mmays@kindredglobal.org I would love to share with you about the realities of refugee life and the challenges they face, and how you can be a part of a better and brighter future for families that have already suffered so much. Come share your midwife love in Iraqi Kurdistan! I can't wait to see you.

Courageous Conversations

MCU offers an opportunity, twice a month, for the MCU community to come together and have a courageous conversation. Open sessions are where you are welcome to share anything on your mind, including a recent incident in your community you would like to reflect on, a national event that requires critical dialogue, or an idea you want feedback on in advancing health equity and social justice work. Alternating sessions are focused sessions with a topic set and announced ahead of time. All sessions are led by a facilitator.

Students, staff, and faculty are welcome to facilitate a session. Please contact Cheryl Furer for more details.

MCU in the Community

Whether presenting in professional venues, running for local office, or publishing articles, the staff, faculty, students, and alumni of MCU are often doing great work to continue to improve the quality of midwifery care and the reach of the midwifery community.

It's a small, big world... **Sandi Blankenship**, Sacred Waters House Mother, was travelling from Florida to Shanghai to assist a family with a home birth.

Megan Mays, a senior student at MCU, was travelling from Iraq to the Philippines to do a clinical rotation at Shiphrah. A few emails and phone calls - and some very well-timed flights - meant they met up at the airport in Hong Kong for lunch! A small sample of how international MCU really is.



Midwifery Researchers Receive Best Research Article Award for 2017

MCU's own **Dr. Courtney Everson**, Dean of Graduate Studies & Academic Faculty, alongside her colleagues, Drs. Bovbjerg and Cheyney, received the 2017 *Journal of Midwifery & Women's Health* Best Research Article Award for their published paper, "Maternal and Newborn Outcomes Following Waterbirth: The Midwives Alliance of North America Statistics Project, 2004 to 2009 Cohort." On Wednesday, May 24th 2017, the authors were honored for their work during the awards ceremony at the *American College of Nurse-Midwives* annual meeting in Chicago, IL.

The study focused on waterbirth in community birth settings with midwife-led care. This is the largest cohort study to-date on the topic of waterbirth, and one of the first large studies to focus on a U.S. population. The study provides solid evidence that waterbirth can be a safe and viable option for many lower-risk pregnant persons. Access the [full article here](#).

Congratulations to Dr. Everson & colleagues!

Don't forget the waterbirth [model practice template](#) and [position paper](#) as resources for practice and teaching!

Bonus! Want to work directly with Dr. Everson? Consider MCU for your Master of Science in Midwifery (MSM) degree! You will get to work in a collaborative relationship with Dr. Everson as you pursue your dreams of leadership and excellence in midwifery. *See pages 8 & 9 in this newsletter for more information.*



Research Award Winners with Journal Editor

Be sure to check out the **Save the Date** information on page 13: There are nine **MCU** speakers and presenters at MANA this November!

(Continued...)

MCU is proud to announce that **Aisha Al Hajjar**, one of our spectacular Faculty members and Masters student, is presenting at the upcoming Gold Perinatal online conference on October 23. Aisha, an MCU BSM graduate and current MCU MSM student, will be presenting on "Providing Culturally Sensitive Care." Currently holding BSM, CPM, LM, and AMANI credentials, Aisha is an excellent member of MCU's community and thanks us "for all our support and guidance on her journey that has led to opportunities such as this." Aisha continues that "MCU truly is an organization midwifing midwives to become Midwives of Excellence."



Find more information on the conference and her speaking engagement can be found here: <https://www.goldperinatal.com/conference/speaker/173/aisha-al-hajjar>

Equity in Midwifery Education - New Resource Available!

Authored by: Courtney Everson and Kristi Ridd-Young

An amazing new resource for midwifery educators, preceptors, and administrators is now available! The [Equity in Midwifery Education](#) project was conceived of by Kristin Effland, CPM, LM, MA, and informed by numerous stakeholders in midwifery and midwifery education. The Equity in Midwifery Education project has three main components:

- A **website** with hundreds of tools and resources for infusing race, access, and equity into midwifery academic programs and preceptorships;
- A **webinar series** focused on routes for infusing equity into midwifery education; and
- Strategy and Collaboration Calls** with educators to exchange dialogue on best practices and address areas of challenge.

Everything in this project is accessible, user-friendly, and free! This is a critical resource for you as a midwifery educator and preceptor.

MCU's very own, Kristi Ridd-Young, President, and Dr. Courtney Everson, Dean of Graduate Studies, kicked off the Educator Calls series on May 9th with a presentation entitled, "An Ecosystemic Approach to Equity in Midwifery Education." This presentation highlighted MCU's holistic approach to infusing an equity and access lens into institutional curriculum, structure, and offerings. Slides from the presentation can be found [here](#).

Want to learn more about MCU's approach to equity and access? Read our [Equity & Social Justice Position Statement](#) as well as our [Equity & Social Justice Agenda](#).

Equity and access start with you as midwifery educators. Don't delay! Learn more today with this wonderful new resource.

Get Your Master of Science in Midwifery - apply today!

Courtney L. Everson, Ph.D., Academic Faculty & Dean of Graduate Studies, graduatedean@midwifery.edu

~ The MCU MSM program is research-based and is intended to nurture the next generation of midwifery leaders, educators, and advocates ~

Are you looking to advance your skills as a midwife? Perhaps you are interested in becoming a midwifery educator? Want to apply your creativity and love for midwifery on a larger scale? Do you want to advance social justice and health equity? If you answered "yes!" to any of these questions, the Master of Science in Midwifery (MSM) program at MCU may be just what you are looking for!

The MCU graduate program is designed especially for midwives looking to obtain advanced skills in one or more of our four areas of program distinction: midwifery research, midwifery outreach, midwifery policy, and midwifery education. Graduates of our program are equipped with the foundational skills necessary to be leaders in the maternity care landscape, contributing to the development of best practice models, social justice and equity, advocacy initiatives, community engagement, and evidence-informed care.

Here are the fast facts!

Degree: Master of Science in Midwifery (MSM)

Institution: Midwives College of Utah (MCU), the largest MEAC-accredited school in the United States. Students are eligible for federal financial aid too!

Campus: Anywhere you are! We are a distance-learning program, which means you can continue to live and work where you are currently located while earning your degree through an interactive, online platform. We bring graduate education to you!

Program Length: 2 years on average. 32 credits total. Full-time status is 4 – 6 credits per trimester. Part-time options are available.

Admission Requirements:

To be eligible for admission, a prospective student must:

- Hold a Bachelor's degree in any field;
- Complete SOSC 1010 (Equity & Anti-Oppression in Midwifery Care: Understanding Difference, Power & Privilege), SOSC 2050 (Ethics & the Law) and STAT 2010 (Principles of Evidence-Informed Practice), or demonstrate course equivalency. These three courses can be completed as part of your graduate program; and
- Must be or have been recognized as a midwife by regional, national or international certification or licensure. Traditional or community midwives without past or current proof of certification/licensure may choose to prepare a portfolio demonstrating the experiences and training they engaged to become a midwife.

Master of Science in Midwifery (cont.)

Some graduate courses you might be interested in include:

PROD 527/5027: Community Maternal & Child Health

PROD 529/5029: Field Instructor Preparation

PROD 530/5030: Global Maternal & Child Health

PROD 532/5032: Midwifery Education

Whether a degree-seeking student or a continuing education student, *your graduate studies will be individualized and substantive with plenty of support by graduate faculty and the MCU graduate student community. Contact Dr. Courtney Everson, Ph.D., Dean of Graduate Studies, at graduatedean@midwifery.edu or 866-680-2756, ext. 806 to discuss your future!*

Ready to apply! Go for it! <https://www.midwifery.edu/application-process/>



Hello's & Goodbye's



Please welcome **Masha Mesyef** as our new Marketing Director and Event Coordinator. She is thrilled to join MCU--an institution that values professional practice, community beyond physical spaces, and cares for its students and its mission. A storyteller from a very young age, Masha was drawn into her background in marketing, organization, and comedy. With a combined pursuit into understanding the human mind with a B.A. in psychology from the University of Illinois at Chicago and advocacy at Washington University School of Law, Masha looks forward to broadcasting MCU's story while further developing her own.

Shanlee Robertson is preparing to graduate in the next couple of weeks and dive into her own midwifery practice. We express our deep appreciation for her role as Events Coordinator over the last few years. Many of you, as conference attendees and conference instructors, have been touched by her gentle guidance and delightful energy.



Student Conferences

If you haven't attended a student conference yet, or if it has been a few semesters, we highly recommend that you register and attend the upcoming MCU Student Conference. If you have attended recently - be sure to bring someone new with you! In addition to expanding your skills and having the opportunity to work on your next semesters' classes, conference is an opportunity to meet your classmates in person, make new friends, and encircle yourself with the opportunity to fully engage with the Midwives College of Utah community. Perfecting skills and learning from experienced professionals, conference is a resource of incomparable value. Students, midwives, teachers, and MCU staff all are welcome to come and share in the camaraderie found here. We hope you will take the opportunity to further prepare yourself for the future, both as a student and as a midwife.

To view the Conference schedule: www.midwifery.edu/student-conferences/fall-conference

Conference & Gala Theme for 2017

The 2017 Conference theme of **"Transform"** is representative of the transformation we all make as we work our way through school, training, preceptorships, and, finally, earning our degree in Midwifery. The person we will be when we pass the NARM is often a very different person than the one who first applied to MCU. That transformation is a beautiful one; from hope to success: from student to midwife.

Fall Conference Dates: August 21-26

MCU Student Conference attendees have the opportunity to learn and practice clinical skills in a safe learning environment. In addition, the opportunity to socialize with other MCU students, instructors, midwives, and MCU staff is an invaluable experience. This connection opens the door to expanded relationships with peers and mentors. Come and recognize your unique place in the larger MCU community.

Conference works to:

- Enhance clinical skills through hands-on practice and receive objective feedback from experts.
- Gain inspiration and motivation for next semester's courses by participating in face-to-face, facilitated activities that serve as companion experiences for your academic coursework.
- Create professional connections and form lifelong relationships that will enrich your experience and career.

Fall Conference Workshops Include;

Biodynamic Resuscitation of the Newborn

CPR for the Professional Rescuer

Cultural Competency & Anti-oppression in Midwifery Care

Evidence Informed Practice

Fetal Heart Surveillance

Herbology (in Orem, Utah)

IV Skills

OB Pharmacology

Postpartum Doula Training

Prenatal Care Lab

Prenatal Complications

Well Woman Care

For more information please go to www.midwifery.edu/student-conferences.

Late registration ends August 13!



2017 Spring Conference & Gala

The 2017 Spring Conference & Gala was a week of fun and learning for all! We had a large, diverse group of people from all walks of birth work (& even an EMT!), great instructors, good food, and plenty of laughs as well as very interesting conversations between workshops. We truly came together as a community.



Many of our MCU community members came together to recognize the accomplishments of our graduates; we loved celebrating all of the 2016 graduates with those that were able to attend in person!



With great speeches, a beautiful room, and excellent entertainment, friends, family, and coworkers enjoyed a wonderful evening filled with joy, tears, and celebration.



The Gala also included an opportunity for us to donate to the MCU Briana Blackwelder Equal Access Scholarship Fund. Thank you to all who donated on-line and at the event!



We strive each year to make the Graduation Gala bigger and better and look forward to seeing you there next year!

Transform
at Conference

Preceptor Spotlight

At the heart and soul of Midwives College of Utah is a talented, diverse and dedicated community. This spotlight feature focuses on the preceptor members of our community, those providing the clinical hands-on-skills and clinical commitment to MCU students.

For this Preceptor Spotlight we highlight a California midwife working to make a difference, both in her community as well as in her role as a preceptor.

Lindsey Meehleis is a California Certified Professional Midwife, who has been working in Orange County to provide comprehensive care to women and their families.

Lindsey exemplifies professional behavior and high standards. She continues to take CEUs and shares that knowledge / training with her students and other midwives which her student, Ashlee Morton, describes as an opportunity "to all learn and grow."

For Lindsey, "teaching is in my blood." Lindsey comes from a family of teachers; her parents, brothers and one of her sisters are all in education, so Lindsey feels teaching comes naturally. "In teaching, I am also learning constantly and I seek to learn new things as a midwife," states Lindsey. Also, Lindsey enjoys the gift of students in helping her to stay fresh and up to date on everything. This gift also includes the "joy of watching those ah-ha moments," which students provide and which Lindsey lives for.

"There is something so special when you see the face of a student who has her hands placed on a bulging perineum feeling the baby's head for the first time. That in-between worlds is such a sacred place to be. And watching them with either their first or 30th catch still gives me more joy than catching myself."

Lindsey's commitment to educating midwives is reflected in her philosophy of midwifery, "the world needs more midwives! Moms and babies deserve better care, if we train more midwives, I truly believe the world will change. And if we train more midwives the way we want our families to be treated, the quality of care will change across the board. We are all in this together and if we band together, there will be nothing but better outcomes."

Ashlee sees Lindsey as "an incredible example." Lindsey "works to bridge the gap between breech birth and twin birth out of hospital, since its illegal for midwives in CA, thus providing a collaborative care and support for her clients with that OB. She also works to connect with educating future OB's by speaking at schools and by getting connected with OB's at local hospitals."

Connection is also found for Lindsey in working with families and students to be empowered in the birth process. "As most midwives are helpers, it is really hard to sit on your hands, but the empowerment we see coming out of these families makes it an easy choice to just be there and hold space and jump in only when needed."

Ashlee completed her evaluation describing Lindsey as "wonderful! It takes a minute to get used to her fast pace, but once you do it's familiar and easy to work with."

Midwives College of Utah thanks Lindsey for her commitment to the Midwives Model of Care and to her support of midwifing midwives.



Save The Date

MCU's second **Student Conference & Integrated Assessment** of this year will be held **August 21-26, 2017**. Please reach out to the Conference Director at conference@midwifery.edu with any questions. Go to www.midwifery.edu/student-conferences for more information.

The MANA 2017 Midwives Conference - in collaboration with the California Association of Midwives - will be held in Long Beach, CA **November 2-5**. Many MCU students, faculty, and alumni will be there, including nine speakers and presenters!

Speakers:

Jana Studelska: Pre-conference, OB Pharmacology

Sarah Carter: Pre-conference,
Biodynamic Resuscitation of the
Newborn

Session presenters:

Dr. Courtney Everson

Maria Cranford

Gina Gerboth

Becky Hazel

Ashley Jones

Lindsay Kinman

Megan Koontz



Join us!! mana.org/events/mana-cam-2017-conference

What's going on in your area? Let us know what conferences and continuing education opportunities near you so we can share them with the MCU community!

MCU in Review is for You

Alumni, let us know what you are up to! Field Faculty, announce clinical opportunities! Current students, share your stories with us. Letters to the editor are always welcome.

Submit your articles to marketing@midwifery.edu

Evidence-informed Practice (EIP) - Resources for Educators!

Courtney L. Everson, Ph.D., Academic Faculty & Dean of Graduate Studies,
Courtney.Everson@midwifery.edu



~This piece is written as part of MCU's ongoing commitment to ensuring our students, faculty, and alumni enact evidence-informed practice during care provision~

Midwifery educators and preceptors are critical to ensuring students and apprentices can enact evidence-informed practice (EIP) during midwifery care. Not all educators, however, feel equipped to teach the principles and frameworks of EIP. So what are options for learning more? Today, I highlight three opportunities just for you!

Process of Integrating Evidence (PIE) for CIH Educators

This [3-day program](#) is designed to provide complementary and integrative health educators training in the principles, practice and teaching of Evidence-Informed Practice (EIP). The 2017 conference was held July 13-15, 2017 in Bloomington, MN. This is the second PIE conference to-date; the inaugural conference was in 2015, and MCU's Courtney Everson and April Kline participated as representatives of MCU and midwifery. This year, MCU was pleased to send faculty members Susi Delaney and Ruth Ann Colby Martin to the 2017 conference! We will be highlighting their experience at the conference in the next *MCU in Review*. Educators and preceptors are encouraged to attend future conferences and reap the benefits of this excellent programming.

CEIPE Consortium

Did you know that MCU is a proud member of the **Consortium of Evidence-Informed Practice Educators (CEIPE)**? This organization is composed of several complementary and integrative health education institutions, including chiropractic care and midwifery. The goal of the organization is to support faculty in developing their skills of integrating research into clinical care. The organization also supports faculty in integrating these skills into their academic and clinical teaching with students. CEIPE has an Educator's Exchange closed website with a wealth of resources. You will also receive the Savvy Practitioner newsletter, keeping you up to date on research fluency skills and tips! If you are an MCU affiliate and would like to be extended an invite, please contact Courtney Everson, CEIPE Representative, at Courtney.Everson@midwifery.edu

Project to Enhance Research Literacy

The [Project to Enhance Research Literacy \(PERL\)](#) is an initiative of the Center for Optimal Integration through the Academic Collaborative for Integrative Health (ACIH). MCU is pleased to be a member of ACIH and support excellence across the integrative health disciplines. PERL has a wealth of resources to help students, teachers, and practitioners better integrate research into clinical care. Perhaps most significantly for educators is the "[Achieving Competency in Evidence Informed Practice \(EIP\): A Resource Guide for Educators!](#)" This guide will help you to integrate EIP principles and frameworks into your classroom and clinical teaching. Don't delay! Check out PERL today!

Onward, EIP midwives!

Earn Your Degree at MCU!

Become an MCU Student!

Application deadline for Summer Semester 2018 is November 6, 2017!

Apply today at midwifery.edu/application-process/



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