



**MIDWIVES**  
**COLLEGE OF UTAH**  
MIDWIFING MIDWIVES

## 2018 Student Handbook

Fall Trimester

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## Mission

Midwives College of Utah (MCU) provides an educational structure and an integrated learning environment for individuals to become midwives of technical expertise, professional excellence, and personal greatness—namely Midwives of Excellence.

## Culture

MCU's culture is inspired by the Midwives Model of Care™, reflecting philosophies, skills and behavior in both the way we model and train our students. What we teach and how we teach exemplifies what it means to be a midwife of excellence who is self-actualized and values courageous conversations and relationships built upon honesty and trust. MCU delivers a Midwifery Model of Education; ultimately midwifing midwives through their educational journey and beyond.

The Midwives College of Utah may offer you the most intense educational challenge and life-changing experience you have ever had. If you have the desire, determination and character to meet the challenge, you can be assured that your education at MCU will support a life and midwifery practice of satisfying, rich contribution.



Sincerely,

Kristi Ridd-Young  
President

This catalog is intended as a resource to acquaint prospective students with course offerings, degree programs, tuition rates, policies and procedures of Midwives College of Utah. Midwives College of Utah reserves the right to make any alterations as needed without prior notice.

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## About MCU

The Midwives College of Utah (MCU) was founded in 1980 and is the largest and one of the longest-standing direct-entry midwifery programs in the nation. MCU operates as a non-profit institution with a Board of Directors, a President, administrative staff, and academic and field (clinical) faculty. MCU offers a Bachelor of Science in Midwifery (BSM) degree and a Master of Science in Midwifery (MSM) degree. MCU is a distance education institution with administrative offices located in Salt Lake City, Utah.



MCU is accredited by the Midwifery Education Accreditation Council (MEAC), which is approved by the U.S. Secretary of Education as a nationally recognized accrediting agency. Students are assigned instructors for all on-line academic courses and engage in regular synchronous and asynchronous activities individually and with instructors and peers. Clinical requirements are met through one-on-one work under the direct supervision of an MCU-approved preceptor. MCU coursework prepares students to pass the North American Registry of Midwives (NARM) exam. At the successful completion of the program, students obtain a degree in midwifery and are eligible to sit for the National Association of Registered Midwives' (NARM) exam.

## Philosophy

MCU affirms that midwives fill an important and unique position within the health care spectrum. Midwifery is a profession that functions independently and in collaboration with other health care professions.

Midwifery care emphasizes facilitation and enhancement of physiologic processes throughout all aspects of pregnancy, delivery, postpartum, and well-woman care. It considers emotional and spiritual factors as it utilizes a variety of methods, techniques, modalities and technologies. MCU believes that excellent core midwifery training must be accompanied by entrepreneurial business and life development skills to create a holistic midwifery education.

The Midwives College of Utah was founded on Christian principles. No specific doctrine is taught in our curriculum. The philosophical perspective and culture of MCU acknowledge the following:

- Spiritual guidance is a part of midwifery
- All good originates from a higher being
- All human beings are children of God

## Non-Discrimination

The Midwives College of Utah, as an institution of higher education and as a community of scholars and midwives, affirms its commitment to the elimination of discrimination and discriminatory harassment, and to the provision of equal opportunity for all. A key objective of the Midwives College of Utah is the creation and maintenance of a positive atmosphere of non-discrimination in every phase and activity of College operations.

Harassment and intimidation can impede an individual's ability to participate fully in educational processes. Acts of discrimination, harassment and insensitivity hurt and degrade all members of the community whether target, perpetrator, or observer. Every member of the College community is responsible for creating and maintaining a climate free of discrimination and harassment. Please see [MCU's Non-Discrimination Policy](#).

## Institutional Goals

The MCU distance-education curriculum and community-based clinical placement are firmly grounded in the unique and profound power of the Midwives Model of Care™ (MMoC). We believe the MMOC is a primary pathway for improving outcomes and eliminating inequities for childbearing persons and babies during the childbearing year. Midwives College of Utah fulfills its mission by meeting the following institutional goals:

- offering a bachelor's degree to prepare individuals for career opportunities to practice as direct-entry midwives providing primary care to childbearing persons and babies;
- offering a master's degree to prepare individuals to be midwifery leaders in the birthing care landscape;
- delivering curriculum core competencies and student support services that supply opportunities to acquire knowledge, skills, and philosophical approaches. This education is organized within five broad interrelated categories:
  - Specialized Knowledge
  - Broad and Integrative Knowledge
  - Intellectual Skills
  - Applied and Collaborative Learning
  - Civic and Global Learning;
- nurturing a culture of collaboration as we continually strive to [advance equity and justice at MCU](#) and in the midwifery profession;
- creating opportunities for students to effect global social change through the development and application of leadership skills.

## Why MCU?

- A MEAC-accredited education with degree options
- Pathway to the CPM designation
- Exceptional online education model
- Technology resources used to build connection and communication
- Manageable payment options
- Federal financial aid available
- Personal coaching throughout program
- Holistic, evidence-based curriculum which includes traditional midwifery arts, business instruction and life skills
- Optional, on-campus student conferences
- Integrated assessments
- Over the last three years, 100% of MCU graduates who sat for the NARM exam have passed the exam.
- Eighty one percent of our graduates are working as midwives with the remainder of our graduates working in a related field.
- Life experience credit available
- Support from a tight-knit student community
- Continuing education for current CPMs

## Distance Education

The Midwives College of Utah offers a unique distance education program that allows students to pace their program and complete the majority of their degree without having to travel to a campus location. Students are assigned an instructor for each course they are enrolled in and will collaborate with peers regularly through synchronous and asynchronous activities.

Integrated Assessments offer students the opportunity to demonstrate academic knowledge, clinical skills, the ability to analyze and navigate scenarios and implement client care and education. Students are required to pass these assessments at the end of each phase of the BSM program. In order to accommodate student schedules, Integrated Assessments are held three times a year in Salt Lake City, Utah. The cost of Integrated Assessments in Salt Lake City (complete during MCU Student Conference) is included in your COP, though some assessments may include a supply fee. If there are enough students to hold an Integrated Assessment in your region, costs will be determined based on location and number being assessed.

Students are most likely to be successful in the MCU distance program if they:

- are self-directed learners,
- can work independently in an on-line learning environment,
- have access to local clinical opportunities, and/or
- can relocate or travel for non-local clinical placement.

## Designed for Success

The Midwives College of Utah is designed for the midwifery student that needs the freedom of location and flexibility that distance education offers. As valuable as this freedom is, students find that the elements of structure built into MCU's program(s) leads to success.

## Freedom of Location



Students can complete their academic studies wherever they live in the world. Students complete their clinical training with an approved MCU preceptor. Ideally, students have identified appropriate local clinical training options prior to entering the MCU program; however, students may need to relocate or travel for part or all of their clinical training.

Students who live outside the US (international students) will have a more difficult time finding and completing clinical placements locally and will be required to travel to the US for at least part of their clinical placement, as well as for assessments.

## Learning Flexibility

Synchronous instruction with weekly engagements and assignment flexibility supports dynamic learning and course pacing so that academic and clinical studies can be completed within the 15-week trimester. MCU operates on a trimester schedule. The MCU academic year is divided into three trimesters.

Winter—January through mid-April

Summer—May through mid-August

Fall—September through mid-December

Students enroll in courses at the beginning of each trimester. All courses should be completed within 15 weeks (one trimester) of activation. The trimester system allows students to begin new courses with other students, making student study groups and interactive sessions more effective. Please see Extensions for Coursework in the Student Policies.

### Major Maps

Major Maps outline a student's academic program and serve as course completion schedules that students develop with the MCU Registrar (undergraduates) or MCU Dean of Graduate Studies (graduate students). Major Maps allow students to see what coursework must be completed within each trimester to meet the student's graduation deadline. Major Maps give structure to the flexibility of MCU coursework; if necessary, they can be revised during the student's tenure.

## Financial Obligation

MCU offers students a reasonable Cost of Program and Title IV funding. Please see MCU's Title IV Handbook for specific rules and regulations related to Title IV.

A 6% tuition credit is extended to all students who have completed all courses within the trimester they are scheduled on the student's Major Map. Please see the Cost of Program Discount Policy in the Cost of Program section of this Handbook.

## Support Services

### House Mentors

The House Program is a unique service offered by MCU. Each student is assigned to a specific house and house mentor. Your house mentor will help you design an individualized program, create accountability for your program completion goals, support you as you overcome frustrations and roadblocks, and offer ideas to help you stay focused and energized.

### Peer Circles

Distance education students sometimes find it challenging to stay engaged and build community. Isolation can also pose a problem to timely completion. A Peer Circle is a student-driven program intended to help students overcome shared challenges of distance education. A Peer Circle is designed to be a small, intimate group where the members create relationships and a natural culture of accountability to each other. The circle is designed to help members become more productive and consistent in their midwifery studies, help them meet their Major Map goals, and build a community of support. Your house mentor will help connect you to a Peer Circle.

## Continuing Education

MCU's continuing education option is for those who:

- Want to take a few classes, but do not want to be obligated to a degree program.
- Practicing midwives who wish to supplement their education or obtain CEUs
- Want to discover if distance education is right for them.

## Student Conferences



MCU student conferences provide hands-on skills training and Integrated Assessments as well as the opportunity to socialize with other MCU students, instructors and midwives. Conferences are held in Salt Lake City, Utah at an eco-friendly facility that is perfect for high-tech presentations and hands-on midwifery skills. The center also provides accommodations for out-of-town students. Conferences are held in April and August of each year with the possibility of an additional December Integrated Assessment.

The top three benefits of attending conferences are:

- Enhance clinical skills through hands-on practice and receive objective feedback from experts in the field.
- Gain inspiration and motivation for next trimester's courses by participating in face-to-face, facilitated activities that serve as companion experiences for academic coursework.
- Create professional connections and form lifelong relationships that will enrich your student experience and your midwifery career.

Students who attend conference gain valuable experience as they are taught clinical skills. Some academic coursework can also be completed during the conference if a student chooses to sign up for a conference workshop in which they are enrolled the following trimester.

Integrated Assessments offer students the opportunity to demonstrate academic knowledge, clinical skills, the ability to analyze and navigate scenarios and implement client care and education. Students are required to pass these assessments at the end of each phase of the BSM program. To accommodate students as they move through the program, Integrated Assessments will be offered at the end of Winter and Summer Trimesters in conjunction with the student conferences held in Salt Lake City, Utah. If necessary, a December Integrated Assessment can be scheduled. The cost of Salt Lake City-based Integrated Assessment(s) is included in the Cost of Program. If an Integrated Assessment is held in a student's region rather

than in Utah, costs will be determined based on location and the number of students being assessed.

If a student needs to cancel conference attendance because of extenuating circumstances the following refund schedule will apply:

- Cancellation before the conference registration deadline will result in a 100% refund.
- Cancellation after the conference registration deadline has passed will result in a 25% refund.

## Endorsement Program

MCU is an approved educational route for California licensure by the California Medical Board. If you wish to become licensed in the state of California, you must complete MCU's California Endorsement in addition to your degree requirements.

The MCU California Endorsement requires the addition of BIOL 2030 Microbiology, 1 cr. for students enrolled in the bachelor's program.

## Application Deadlines

MCU allows students to begin a degree program three times each year. All application materials must be submitted prior to the application deadlines to be considered for acceptance.

## Application Process

Midwives College of Utah (MCU) uses the best practice model of Holistic Admissions. The Admissions Committee will conduct a qualitative and quantitative review of each applicant to determine acceptance. The Admissions Committee members are the Admissions Director, Dean of Graduate Studies, Registrar, President, and two to three faculty members. Per Title IV requirements, MCU admits as matriculated students only persons who—(i) Have a high school diploma; (ii) Have the recognized equivalent of a high school diploma; or (iii) Are beyond the age of compulsory school attendance.

### Bachelor's Degree Application Process

1. Complete application
2. Completion of application questions
3. Two references (if applicant has identified having birth experience, at least one reference should be from someone who has observed the applicant in a birth setting)
4. Proof of high school diploma or official post-secondary transcripts
5. If a CPM, current proof of CPM status
6. Application Fee
7. Native English speaker or a TOEFEL score of at least 88

### Master's Degree Application Process

1. Complete graduate student application
2. Three professional references
3. Transcripts with proof of bachelor's degree awarded
4. Proof of credentialing as a current or past midwife with recognition by regional, national, or international certification or licensure\*
5. Application Fee
6. Current C.V. or Resume
7. Official interview with Dean of Graduate

\*Traditional or community midwives without past or current proof of certification/licensure may choose to prepare a portfolio demonstrating the experiences and training they engaged to become a midwife. Midwife status must be established by your anticipated start date in the MSM program.

### What happens if I am accepted?

1. You will receive an official acceptance notice via email.
2. You must pay your Annual Student Fee and Acceptance Processing Fee immediately.
3. You will submit the Enrollment Agreement by the specified deadline.
4. You will finalize your Major Map.
5. You will submit the Financial Agreement by the specified deadline.
6. You will prepare for courses and your first day of school as an MCU student!

### To apply visit

<https://www.midwifery.edu/application-process/>

Trimester Enrollment Dates	Application Deadline	Application Status Notification Date	Enrollment Agreement & Fees Deadline	Major Map Completed	Financial Aid Award Letter	Financial Agreement Deadline	Classes Begin	Classes End
Winter 2018	July 10, 2017	Aug 21, 2017	Sept 4, 2017	Oct 20, 2017	Dec 4, 2017	Dec 11, 2017	Jan 8, 2018	Apr 20, 2018
Summer 2018	Nov 6, 2017	Dec 18, 2017	Jan 2, 2018	Feb 23, 2018	Apr 2, 2018	Apr 9, 2018	May 7, 2018	Aug 17, 2018
Fall 2018	Mar 5, 2018	Apr 16, 2018	Apr 30, 2018	June 22, 2018	July 30, 2017	Aug 6, 2018	Sept 4, 2018	Dec 14, 2018
Winter 2019	July 9, 2018	Aug 20, 2018	Sept 4, 2018	Oct 19, 2018	Dec 3, 2018	Dec 10, 2018	Jan 7, 2019	April 19, 2019



MCU Associate of Science in Midwifery (ASM) past graduates who wish to apply to an additional undergraduate program (BSM or CPM to BSM) may alert the Admissions Director of their intent to apply within one year of

graduation and will be exempt from filling out a new application, paying an additional application fee and being included in the applicant pool for consideration. MCU graduates who graduated more than one year from the date of application will be required to complete a new application and be included in the applicant pool for consideration. Once a previous MCU graduate has been accepted for admission to a new program, they will be required to pay the applicable acceptance and annual student fees. All MCU graduates who wish to apply to the MSM program must complete the entire graduate application process.

## Certified Professional Midwife (CPM)

The culmination of your studies at the Midwives College of Utah prepares you to take the North America Registry of Midwives (NARM) Written Exam in order to receive the Certified Professional Midwife (CPM) credential. MCU students are exempt from taking the NARM Skills Assessment because they are attending a MEAC-accredited program. Students who do not wish to receive the CPM designation for practice within the United States may take the MCU Comprehensive Exam for graduation. All requirements for graduation must be met before a student can apply to take the NARM Written Exam or the MCU Comprehensive Exam. You may apply to take the NARM written exam when you have completed all NARM required clinical experiences and skills, all MCU Integrated Assessments, all coursework, and any other specified graduation requirements.

## Competencies and Skills

As a MEAC-accredited school, Midwives College of Utah's curriculum is based upon knowledge and proficiency in MEAC's Curriculum Checklist of Essential Competencies which include the internationally recognized core competencies and guiding principles set forth by the International Confederation of Midwives (ICM) in addition to requirements for national certification by the North American Registry of Midwives (NARM) and the core competencies of Midwives Alliance of North America (MANA). MEAC's accreditation criteria for midwifery education programs reflect the unique components and philosophy of the Midwives Model of Care™.

The North American Registry of Midwives (NARM) has developed a process to verify practical skills and assess knowledge through a comprehensive exam. NARM nationally certifies midwives who qualify with the credential of the Certified Professional Midwife (CPM). Most states that license midwives use NARM testing and the CPM credential as a licensure requirement.

By completing the Bachelor of Science in Midwifery (BSM) program through MCU, students will be eligible to apply for CPM certification and take the NARM written exam. It is anticipated that with this national standardization, midwives who become NARM certified will be able to move more easily from one state to another. Each state, however, has its own laws regarding certification and licensing. It is up to the students to become familiar with the requirements in the state in which they want to practice. Please refer to <https://mana.org/about-midwives/state-by-state> for updated state licensing information.

# Undergraduate Program

The Midwives College of Utah's undergraduate program confers a Bachelor of Science in Midwifery (BSM) degree.

## BACHELOR OF SCIENCE IN MIDWIFERY 121.5 CREDITS

The MCU Bachelor of Science in Midwifery (BSM) degree consists of three phases that coincide with clinical progression. 1000 level courses will be taken during the "Observe" clinical phase, 2000 level courses will be taken during "Assistant" phase and 3000 level courses will be taken during the "Primary under Supervision" phase.

All introductory classes are required in Phase One and are 1000-level courses. Classes such as Midwife's Assistant Orientation introduce concepts that provide the foundation for midwifery core courses and a foundation is laid for upper-division science courses with anatomy and physiology and medical terminology courses. The classes are designed to enhance a student's clinical work in the observation phase. Prior to moving to Phase Two, students must pass an Integrated Assessment (see details below).

Phase Two offers 2000-level courses that are designed to enhance a student's experience in the Assistant level of clinical work and to prepare the student to undertake the Primary role in Phase Three. The normal childbearing year in Prenatal Care I and II, Labor, Birth and the Immediate Postpartum, Postpartum Care, and Pediatrics are required in this phase. Students also complete supplemental course work to enhance their work as assistants and midwives in courses such as Culturally Safe Care, Ethics & the Law, and other midwifery core classes such as Clinical Testing in the Childbearing Year, Fetal Heart Surveillance and Obstetrical Pharmacology. The completion of the Principles of Evidence-informed Practice class prepares students to integrate research into optimal midwifery care. Prior to moving to Phase Three, students must pass an Integrated Assessment

Phase Three 3000 level courses are designed to link theory to practice as students are acting as a primary midwife with supervision. Complications of the childbearing year are covered in this phase, along with advanced midwifery and professional skills to prepare the student for independent practice. Prior to graduation, students must pass all Integrated Assessments.

### Integrated Assessments

Integrated Assessments at the end of phase 1, phase 2 and phase 3 offer students the opportunity to demonstrate academic knowledge, clinical skills, the ability to analyze and navigate scenarios and implement client care and education. Students will take these assessments after completing one phase and before moving into the next phase; assessments will be offered at the end of each trimester to accommodate students as they move through the program. Feedback will be clear and measurable, allowing

students to reflect on and react to their own development. Integrated Assessments will be held in April, August, and possibly December in Salt Lake City, Utah.

The BSM degree can be completed in as few as 3.33 years with a maximum of 7.33 years allowed for completion. For Title IV eligibility, a full-time student is expected to complete at least six credits per trimester. Graduation requirements include successfully passing the NARM exam or the MCU Comprehensive Exam. The NARM exam is required to receive the Certified Professional Midwife credential.

### BSM Program Goals

#### *A midwife of technical expertise*

1. The undergraduate program aims to prepare students to practice at the full scope of the Certified Professional Midwife credential through the demonstration of broad, integrative, and specialized knowledge.

#### *A midwife of professional excellence*

2. The undergraduate program aims to prepare students to practice within their own communities and synthesize applied and collaborative learning. Students will engage in the maternity care system professionally and ethically at all times.

#### *A midwife of personal greatness*

3. The undergraduate program aims to prepare students for reflective practice and a perpetual commitment to contribute to the professionalization of direct-entry midwifery.
4. The undergraduate program aims to prepare graduates to educate others in their profession and in their communities.

### Graduation Requirements for BSM

- Complete all courses outlined in Major Map to equal a total of 121.5 academic/clinical trimester credits
- Complete all NARM required clinical experiences. (In order to assure requirement currency requirements for the year you plan to graduate, please refer to [www.narm.org/testing/graduate-of-a-meac-accredited-program/](http://www.narm.org/testing/graduate-of-a-meac-accredited-program/).)
- Pass all Integrated Assessments
- Complete a doula training
- Certification in NRP and CPR
- Copy of required practice guidelines, emergency care plan, and informed disclosure
- Current membership in a local or national midwifery organization
- Pass all midwifery core courses with at least a B- grade, pass all other courses with at least a C grade
- Minimum cumulative GPA of 2.5
- All midwifery core courses must have been completed within the last ten years
- All clinical experiences from the first observed to the last primary birth experience must be within the last ten years



- Pass the NARM exam or the MCU Comprehensive Exam. The NARM exam is required to receive the Certified Professional Midwife credential

### **BSM for a Current CPM Pathway (CPM to BSM)**

If a current CPM wishes to pursue a BSM degree, they may apply to the BSM program without prior college experience. The CPM designation and additional prior learning can be evaluated through MCU's Life Experience Portfolio Evaluation application. Credit equivalency for the CPM designation will not exceed 77 credits. A CPM who wishes to pursue a BSM degree, must complete at least 44.5 MCU credits as designated on the Major Map and/or transfer in any additional credits from an accredited college or university for a total of 121.5 credits. General education requirements for the BSM will be determined based upon prior college experience and life experience. A student, who is a CPM and has graduated from MCU with an ASM must complete an additional 40 MCU credits as designated on the Major Map.

### **Graduation Requirements for BSM with a CPM**

- Complete all courses outlined in Major Map to equal a total of 121.5 academic trimester credits.
- Copy of current practice guidelines, emergency care plan and informed disclosure
- Current NRP and CPR certification
- Current membership in a midwifery organization
- Pass all midwifery core courses with at least a B- grade and all other courses with at least a C grade
- Copy of CPM certification
- Minimum cumulative GPA of 2.5

## **Graduate Program**



The MCU graduate program offers a Master of Science in Midwifery (MSM) degree. The graduate program is designed for midwives looking to obtain advanced skills in one or more of our four areas of program distinction: midwifery research, midwifery outreach, midwifery policy, and midwifery education. Graduates of the MSM program will have the knowledge, skills, and

experience necessary to influence innovative directions in the birthing care landscape as forefront contributors to best practice models, advocacy initiatives, community education, health equity, and evidence-informed care. Eligibility for the MSM program is as follows: 1) must hold a bachelor's degree in any field; 2) must be or have been recognized as a midwife by regional, national or international certification or licensure. Traditional or community midwives without past or current proof of certification/licensure may choose to prepare a portfolio demonstrating the experiences and training they engaged to become a midwife; and 3) must complete SOSC 1010 (Equity and Anti-Oppression in Midwifery Care: Understanding Difference, Power, &

Privilege), SOSC 2050 (Ethics & the Law) and STAT 2010 (Principles of Evidence-Informed Practice) or demonstrate course equivalency. These three courses can be completed as part of your graduate program.

If accepted into the program, you will work closely with the Dean of Graduate Studies to develop an Individualized Development Plan (IDP) that will help tailor your graduate studies. The graduate program consists of: 1) coursework that covers research methodologies, professional development topics, critical studies in midwifery care, and fieldwork-based experiential learning; and 2) a research-based thesis or non-thesis applied project, in which you will make an original, substantive contribution to midwifery care and perinatal health. You will also engage in professional and academic experiences, such as conference presentations, graduate seminars, community-based initiatives, and opportunities for publishing. Your work in the graduate program will be guided by a MSM committee, consisting of one primary advisor and at least two additional MCU graduate faculty members. The MSM program is designed to be a two-year program; however, you have a maximum of four years to complete the program to accommodate individual progression. A full-time student is expected to complete at least four credits per trimester, and a part-time student is expected to complete at least 2 credits per trimester.

### **MSM Program Goals**

#### *A midwife of technical expertise*

1. The graduate program aims to advance practitioner knowledge of the research, educational, programmatic, and policy dimensions of midwifery care and perinatal health.

#### *A midwife of professional excellence*

2. The graduate program aims to prepare practitioners for leadership and expert contributions in midwifery education, research, outreach, and policy realms.

#### *A midwife of personal greatness*

3. The graduate program fosters professionalism, critical thinking, personal reflexivity, and cultural humility of practitioners in service to lifelong learning and the advancement of equity and access in midwifery education, research, outreach, and policy.

### **Graduation Requirements for MSM**

Completion of 32 academic credits as outlined for the MSM degree. At least 50% of these courses must be MCU courses if you are transferring in applicable graduate-level credits. All graduate level courses must be completed within the last ten years. All courses must be passed with at least a C grade and a minimum, cumulative GPA of 3.0. You must also pass your written and oral defenses, as determined by your committee.

## Program Length

A Major Map (program roadmap and course completion schedule) will be individually designed for you with the aid of the Registrar (undergraduates) or Dean of Graduate Studies (graduate students). Factors considered in the design of your personal Major Map are your graduation goal date, your unique life circumstances, times of the year that you want coursework light or heavy, possible clinical opportunities, whether you plan to use Federal Financial Aid, and any other future plans that may affect your progress through the program.

Coursework is broken down into three, four-month trimesters per year. The following sample Major Maps represent what your course load could be depending on the number of hours you can dedicate to your midwifery education. Students may expect to study 20-40 hours per week to complete 6-8 academic credits every 15 weeks. If you wish to complete 10-12 credits every trimester, you can expect to student 40-60 hours per week. Please note that the time required to complete clinical work with a preceptor (field faculty) varies significantly from student to student.

Undergraduate students will be enrolled in six credits per trimester the first two trimesters of enrollment. After successfully completing at least two trimesters of the designated Major Map, you can request a Major Map change to increase the pace of the program. If you are a Title IV student, undergraduate students must enroll in and complete at least six (6) credits per trimester. Please work with the Financial Aid Director to assure that your Major Map and student academic progress (SAP) are in compliance with Title IV regulations. Graduate students should consult the Satisfactory Academic Progress (SAP) for Graduate Students Policy to ensure they remain within Title IV and MCU academic progress compliance.

The following table indicates the average length of time a student takes to finish the program and the maximum time a student can take to complete the program. If you have not graduated within your program's maximum stated time frame, you must request a program extension.

Please refer to the Program Deadline Extension procedure in the Student Policy section. All students MUST complete their program within the maximum stated time frame from the date of enrollment as noted below.

Degree	Average Time Frame	Maximum Time Frame
Bachelor's Degree	4.33 years	7.33 years
Bachelor's Degree CPM	2.33 years	7.33 years
Master's Degree	2 years	4 years

## Core Midwifery Courses

Graduation requirements for the BSM program state that you must have completed all core midwifery courses within the last ten years and with at least a B- grade. All other courses must be completed with at least a C grade. If you do not pass the course with the minimum required grade or within the required time frame, you will be required to retake the course.

All CLNC courses: (CLNC 1010, 1050, 2010, 2020, 2030, 2040, 2050, 3010, 3020, 3030, 3040, 3060, 3050.)

MDWF 1050 Midwife's Assistant Orientation  
MDWF 2010 Prenatal I  
MDWF 2020 Prenatal Care II  
MDWF 2060 Clinical Testing in Childbearing Year  
MDWF 2030 Labor and Birth  
MDWF 2040 Postpartum Care  
MDWF 2100 Well Woman Care  
MDWF 3010 Prenatal Complications  
MDWF 3030 Complications of Labor and Birth  
MDWF 3050 Postpartum Complications

# Suggested Bachelor of Science in Midwifery Major Map

for a student who determines, in the first two trimesters of enrollment, that they can complete courses on time and would like to graduate within 4.33 years. The student must plan to dedicate an average of 40 hours a week to academic and clinical course work.

1 <sup>st</sup> Trimester		2 <sup>nd</sup> Trimester		3 <sup>rd</sup> Trimester	
<b>Year 1</b>					
<i>Phase One</i>					
PROD 1000 New Student Orientation	0.5	SOSC 1010 Equity and Anti-Oppression	1.5	MDWF 1050 Midwife's Assistant Or.	4
ENG 1010/1050 Intro to Writing	2/1	HLTH 1010 Medical Term & Charting	3	HLTH 1030 Fndtn.in Pblc Hlth & Hlth Ed	2
MDWF 1010 Intro to Midwifery	1	MATH 1010 Intro to Math	2	BIOL 1050 A & P of OB	3
BIOL 1010 Anatomy for Health Prof	2			MDWF 1030 Human Lactation	1
COMM 1010 (B) Mindset and Dialogue	1			CLNC 1010 Phase One Practicum	3
Total	6.5	Total	6.5	Total	13
<b>Year 2</b>					
HIST 1010/1020 Hist. of Midwifery	1	<i>Phase Two</i>		MDWF 2020 Prenatal Care II	3.5
MDWF 1040 IV Skills	1.5	MDWF 2010 Prenatal Care I	3.5	MDWF 2060 Clinical Testing in CBY	3
HLTH 1050 Holistic Health	2	STAT 2010 Principles of EIP	2	MDWF 2030 Labor and Birth	4
CLNC 1050 Phase One Competencies	1	SOSC 2010 Culturally Safe Care	2	CLNC 2020 Phase Two Practicum	2
BOTNY 1010 Herbology	2	BIOL 2050 Chem. And Nutrition	2		
		CLNC 2010 Phase Two Practicum	2		
		COMM 2010 Providing Trauma Inf Care	2		
Total	7.5	Total	13.5	Total	12.5
<b>Year 3</b>					
MDWF 2040 Postpartum Care	3	MDWF 2070/2075 OB Pharm	3	<i>Phase Three</i>	
MDWF 2050 Pediatrics	4	SOSC 2050 Ethics	1	MDWF 3010 Prenatal Complications	3.5
MDWF 2100 Well Woman Care	4	CLNC 2040 Phase Two Practicum	2	STAT 2050 Epidemiology	1
CLNC 2030 Phase Two Practicum	2	MDWF 2090 Suturing	3	BIOL 2010 Genetics	2
		CLNC 2050 Phase Two Competencies	3	CLNC 3010 Phase Three Practicum	2
		MDWF 2080 Fetal Heart Surveillance	2	CLNC 3020 Phase Three Practicum	2
Total	13	Total	14	Total	10.5
<b>Year 4</b>					
MDWF 3030 Com. Labor and Birth	3.5	CLNC 3040 Phase Three Practicum	2	MDWF 3070 NARM Prep	.5
CLNC 3030 Phase Three Practicum	2	BUS 3010 Small Business Fundamentals	2	CLNC 3060 Phase Three Practicum	2
MDWF 3050 Postpartum Comp	3.5	Electives	2	CLNC 3050 Phase Three Competencies	3
		Electives	3	Elective	1
Total	9	Total	9	Total	6.5
<b>Total Midwifery Related General Ed</b>	<b>42</b>	<b>Total MDWF Core w/ Clinical</b>	<b>51.5</b>	<b>Total Program Credits</b>	<b>121.5</b>

ELECTIVES					
BIOL 2030 Microbiology*	1 cr.			BOTNY 2010 Adv. Herbology	2 cr.
COMM 3010 Interprofessional Collaboration & Education in Integrative Health			1 cr.	HLTH 2010 Homeopathy	2 cr.
HLTH 2030 Fertility Awareness	1 cr.	HLTH 3010 Adv. Homeopathy	3 cr.	MDWF 3060 Fund. of Waterbirth	2 cr.
PHYT 1010 Aromatherapy	1 cr.	PHYT 2030 Complementary and Alternative Health Disciplines	1 cr.	PHYT 2050 Adv Comfort Meas	2 cr.
SOSC 2020 Birth Justice	2 cr.	SOSC 3010 Independent Midwifery Studies I	1 cr.	SOSC 3030 Indep MDWF St II	1 cr.
SOSC 2060 Providing Safe & Respectful Care to LGBTQIA+ Families			2 cr.	SOSC 2090 Maternal Mental Health	1 cr.

The student will work with the Registrar to determine chosen electives.

Note: Undergraduate students may elect to take select graduate-level courses as part of their degree. See the "Graduate Course Eligibility" Policy for more details.

\*Microbiology is a required course for licensure in some states. Please review with Registrar.

# Suggested Bachelor of Science in Midwifery Major Map

for a student who will dedicate an average of **20 hours a week for academic and clinical course work**. Please note that a student must graduate no later than 7.33 years from the date of enrollment.

If a **student wishes to graduate sooner** than the maximum stated time of 7.33 years, the student can request a major map adjustment **AFTER** successfully completing at least 6 credits during the first two trimesters of enrollment.

1 <sup>st</sup> Trimester Year 1		2 <sup>nd</sup> Trimester		3 <sup>rd</sup> Trimester	
<b>Phase One</b>					
PROD 1000 New Student Orientation	0.5	SOSC 1010 Equity and Anti-Oppression	1.5	MDWF 1050 Midwife's Assistant Or.	4
ENG 1010/1050 Intro to Writing	2/1	HLTH 1010 Medical Term & Charting	3	HLTH 1030 Fndtn.in Pblc Hlth & Hlth Ed	2
MDWF 1010 Intro to Midwifery	1	MATH 1010 Intro to Math	2	MDWF 1030 Human Lactation	1
BIOL 1010 Anatomy for Health Prof	2				
COMM 1010 (B) Mindset and Dialogue	1				
Total	6.5	Total	6.5	Total	7
<b>Year 2</b>					
BIOL 1050 A & P of OB	3	HLTH 1050 Holistic Health	2	<b>Phase Two</b>	
MDWF 1040 IV Skills	1.5	HIST 1010/1020 Hist. of Midwifery	1	MDWF 2010 Prenatal Care I	3.5
CLNC 1010 Phase One Practicum	3	CLNC 1050 Phase One Competencies	1	STAT 2010 Principles of EIP	2
		BOTNY 1010 Herbiology	2	Elective	1
Total	7.5	Total	6	Total	6.5
<b>Year 3</b>					
MDWF 2020 Prenatal Care II	3.5	MDWF 2030 Labor and Birth	4	MDWF 2040 Postpartum Care	3
MDWF 2060 Clinical Testing	3	MDWF 2080 Fetal Heart Surveillance	2	CLNC 2010 Phase Two Practicum	2
				SOSC 2010 Culturally Safe Care	2
Total	6.5	Total	6	Total	7
<b>Year 4</b>					
MDWF 2050 Pediatrics	4	MDWF 2100 Well Woman Care	4	MDWF 2070/2075 OB Pharm	3
CLNC 2020 Phase Two Practicum	2	CLNC 2030 Phase Two Practicum	2	SOSC 2050 Ethics & the Law	1
				CLNC 2040 Phase Two Practicum	2
Total	6	Total	6	Total	6
<b>Year 5</b>					
MDWF 2090 Suturing	3	<b>Phase Three</b>		MDWF 3030 Com. Labor and Birth	3.5
CLNC 2050 Phase Two Competencies	3	MDWF 3010 Prenatal Complications	3.5	CLNC 3020 Phase Three Practicum	2
COMM 2010 Trauma Informed Care	2	CLNC 3010 Phase Three Practicum	2	BIOL 2010 Genetics	2
		STAT 2050 Epidemiology	1		
Total	8	Total	6.5	Total	7.5
<b>Year 6</b>					
MDWF 3050 Postpartum Complications	3.5	BUS 3010 Small Business Fundamentals	2	BIOL 2050 Chem. And Nutrition	2
CLNC 3030 Phase Three Practicum	2	CLNC 3040 Phase Three Practicum	2	Elective(s)	2
Elective	1	Elective(s)	2	CLNC 3060 Phase Three Practicum	2
Total	6.5	Total	6	Total	6
<b>Year 7</b>					
CLNC 3050 Phase Three Competencies	3				
MDWF 3070 NARM Prep	.5				
Total	3.5				
<b>Total Midwifery Related General Ed</b>	<b>42</b>	<b>Total MDWF Core w/ Clinical</b>	<b>51.5</b>	<b>Total Program Credits</b>	<b>121.5</b>

## ELECTIVES

BIOL 2030 Microbiology*	1 cr.	BOTNY 2010 Adv. Herbiology	2 cr.
COMM 3010 Interprofessional Collaboration & Education in Integrative Health	1 cr.	HLTH 2010 Homeopathy	2 cr.
HLTH 2030 Fertility Awareness	1 cr.	HLTH 3010 Adv. Homeopathy	3 cr.
PHYT 1010 Aromatherapy	1 cr.	MDWF 3060 Fund. of Waterbirth	2 cr.
SOSC 2020 Birth Justice	2 cr.	PHYT 2030 Complementary and Alternative Health Disciplines	1 cr.
SOSC 2060 Providing Safe & Respectful Care to LGBTQIA+ Families	2 cr.	PHYT 2050 Adv Comfort Meas	2 cr.
		SOSC 3030 Indep MDWF St II	1 cr.
		SOSC 2090 Maternal Mental Hlth	1 cr.

The student will work with the Registrar to determine chosen electives. Note: Undergraduate students may elect to take select graduate-level courses as part of their degree. See the "Graduate Course Eligibility" Policy for more details.

\*BIOL 2030 Microbiology is a required course for licensure in some states. Please review with Registrar.

# Suggested Bachelor of Science in Midwifery Major Map

for a Certified Professional Midwife (CPM\*) with an Associate of Science in Midwifery (ASM) from MCU

To receive a Bachelor's degree from MCU, a current CPM with an ASM from MCU must complete an additional 40 credits with a final cumulative total of 121.5 credits.

1 <sup>st</sup> Trimester		2 <sup>nd</sup> Trimester		3 <sup>rd</sup> Trimester	
<b>Year 1</b>					
PROD 1000 New Student Orientation**	0.5	BIOL 2010 Genetics	2	CLNC 4780 Adv Clinical Practicum	2
HLTH 1030 Fndtn.in Pblc Hlth & Hlth Ed	2	SOSC 2010 Culturally Safe Care	2	MDWF 3080 Adv Issues MDWF I	3
MDWF 2080 Fetal Heart Surveillance	2	Elective	2	Elective	1
COMM 1010 Mindset and Dialogue	2				
Total	6.5	Total	6	Total	6
<b>Year 2</b>					
MDWF 3090 Adv Issues in MDWF Care II	3	MDWF 3050 PP Complications	3.5	STAT 2050 Epidemiology	1
CLNC 4788 Adv Clinical Practicum	2	Elective	1	Elective	1
Elective	1	Elective	2	Elective	2
Total	6	Total	6.5	Total	4
<b>Year 3</b>					
BIOL 2050 Chemistry and Nutrition	2				
Electives	3				
Total	5			<b>TOTAL PROGRAM CREDITS</b>	<b>40</b>

\*A Certified Professional Midwife (CPM) is a knowledgeable, skilled and professional independent midwifery practitioner who has met the standards for certification set by the North American Registry of Midwives (NARM) and is qualified to provide the Midwives Model of Care.

\*\*May be waived if ASM was completed within the last year

ELECTIVES					
BIOL 2030 Microbiology***	1 cr.			BOTNY 2010 Adv. Herbology	2 cr.
COMM 3010 Interprofessional Collaboration & Education in Integrative Health		1 cr.		HLTH 2010 Homeopathy	2 cr.
HLTH 2030 Fertility Awareness	1 cr.	HLTH 3010 Adv. Homeopathy	3 cr.	MDWF 3060 Fund. of Waterbirth	2 cr.
PHYT 1010 Aromatherapy	1 cr.	PHYT 2030 Complementary and Alternative Health Disciplines	1 cr.	PHYT 2050 Adv Comfort Meas	2 cr.
SOSC 2020 Birth Justice	2 cr.	SOSC 3010 Independent Midwifery Studies I	1 cr.	SOSC 3030 Indep MDWF St II	1 cr.
SOSC 2060 Providing Safe & Respectful Care to LGBTQIA+ Families		2 cr.		SOSC 2090 Maternal Mental Hlth	1 cr.
		COMM 2010 Trauma Informed Care	2 cr.		

The student will work with the Registrar to determine chosen electives.

Note: Undergraduate students may elect to take select graduate-level courses as part of their degree. See the "Graduate Course Eligibility" Policy for more details.

\*\*\*BIOL 2030 Microbiology is a required course for licensure in some states. Please review with Registrar.

# Suggested Bachelor of Science in Midwifery Major Map

for a Certified Professional Midwife (CPM\*)

To receive a bachelor's degree from MCU, a current CPM must complete 121.5 credits. The CPM designation may have a credit equivalency of up to 77 credits. This will be determined by a transcript review of courses completed from an accredited college or university and/or a review of MCU's Life Experience Portfolio Evaluation. The portfolio application gives the CPM the opportunity to document workshops and life experience that have contributed to her CPM education. In addition, the student must complete the 44.5 credits indicated below.

1st Trimester Year 1		2 <sup>nd</sup> Trimester		3 <sup>rd</sup> Trimester	
PROD 1000 New Student Orientation	0.5	MDWF 2080 Fetal Heart Surveillance	2	COMM 1010 Mindset and Dialogue	1
ENG 1010/1050 Intro to Writing	2/1	SOSC 2010 Culturally Safe Care	2	HLTH 1030 Fndtn.in Pblc Hlth & Hlth Ed	2
MATH 1010 Intro to Math	2	STAT 2010 Principles of EIP	2	MDWF 3050 PP Complications	3.5
SOSC 1010 Equity and Anti-Oppression	1.5				
Total	6	Total	6	Total	6.5
Year 2					
MDWF 3080 Adv. Issues in MDWF I	3	STAT 2050 Epidemiology	1	BUS 3010 Small Business Fundamentals	2
SOSC 2050 Ethics & the Law	1	CLNC 4780 Advanced Clinical Pctm	2	CLNC 4788 Advanced Clinical Practicum	2
BIOL 2010 Genetics	2	MDWF 3090 Adv Issues in MDWF II	3	Electives	3
Total	6	Total	6	Total	7
Year 3					
HIST 1010/1020	1				
BIOL 2050 Chemistry and Nutrition	2				
Elective	4				
Total	7			<b>TOTAL PROGRAM CREDITS</b>	44.5

\*A Certified Professional Midwife (CPM) is a knowledgeable, skilled and professional independent midwifery practitioner who has met the standards for certification set by the North American Registry of Midwives (NARM) and is qualified to provide the Midwives Model of Care.

Please note: CPMs seeking a BSM through MCU are awarded a set number of life-experience credits to reflect the study, work and assessment that entails the CPM PEP process. Students who are CPMs cannot use 1000 course number series classes for elective credit. If a student wishes to do so, they may enroll in a course in the 1000 course number series (aside from PHYT 1010), but the credit acquired will be beyond the minimum number of credits required for graduation. This assures that elective courses are selected appropriately, and students are not being awarded credits beyond the hours required to achieve the competency, skill and knowledge at the ratio of 45 hours of work per credit awarded.

ELECTIVES					
BIOL 2030 Microbiology**	1 cr.		BOTNY 2010 Adv. Herbology	2 cr.	
COMM 3010 Interprofessional Collaboration & Education in Integrative Health		1 cr.	HLTH 2010 Homeopathy	2 cr.	
HLTH 2030 Fertility Awareness	1 cr.	HLTH 3010 Adv. Homeopathy	3 cr.	MDWF 3060 Fund. of Waterbirth	2 cr.
PHYT 1010 Aromatherapy	1 cr.	PHYT 2030 Complementary and Alternative Health Disciplines	1 cr.	PHYT 2050 Adv Comfort Meas	2 cr.
SOSC 2020 Birth Justice	2 cr.	SOSC 3010 Independent Midwifery Studies I	1 cr.	SOSC 3030 Indep MDWF St II	1 cr.
SOSC 2060 Providing Safe & Respectful Care to LGBTQIA+ Families		2 cr.	SOSC 2090 Maternal Mental Hlth	1 cr.	
		COMM 2010 Trauma Informed Care	2 cr.		

The student will work with the Registrar to determine chosen electives.

Note: Undergraduate students may elect to take select graduate-level courses as part of their degree. See the "Graduate Course Eligibility" Policy for more details.

\*\*BIOL 2030 Microbiology is a required course for licensure in some states. Please review with Registrar.

# Suggested Master of Science in Midwifery Major Map

(2-year program)

The MSM program is designed to be a two-year program. Students have up to four years to complete the program. This Major Map reflects progression through the program if it is to be completed in two years. Some courses, including fieldwork courses, are flexible in what trimester they are taken based on emerging possibilities and individual needs.

1 <sup>st</sup> Trimester Year 1		2 <sup>nd</sup> Trimester		3 <sup>rd</sup> Trimester		
PROD 510/5010 Professional Growth & Leadership	1	PROD 511/5011 Prospectus (Section I)	1	MDWF 553/5053 to MDWF 556/5056	4	
ENG 513/5013 Scholarly Research & Writing	3	STAT 550/5050 Qualitative Methodology	3	PROD 511/5011 Prospectus (Section II)	2	
PROD 526/5026 to 532/5032	2	PROD 526/5026 to 532/5032	2	FLDW 574/5074 (continued)	1	
FLDW 574/5074	NA	FLDW 574/5074 (continued)	NA			
Total	6	Total	6	Total	7	
<b>Year 2</b>						
MDWF 553/5053 to 556/5056	4	PROD 526/5026 to 532/5032	2	MDWF 584/5084 to 560/5060 Project/Thesis (Section III)	3	
FLDW 571/5071 to 573/5073	1	MDWF 584/5084 or 560/5060 Project/Thesis (Section II)	1			
MDWF 584/5084 or 560/5060 Project/Thesis (Section I)	1	FLDW 571/5071 to 573/5073	1			
Total	6	Total	4	Total	3	
					<b>TOTAL PROGRAM CREDITS</b>	<b>32</b>

## Midwifery Issues Choices

MDWF 553/5053 Midwifery Issues in Prenatal Care  
 MDWF 554/5054 Midwifery Issues in Labor & Birth  
 MDWF 555/5055 Midwifery Issues in Postpartum Care  
 MDWF 556/5056 Midwifery Issues in Newborn Care

Eight (8) credits of Midwifery Issues coursework are required. Each course is 4 (four) credits. Students select two of the courses.

## Professional Development Choices

PROD 526/5026 Midwives and Publishing  
 PROD 527/5027 Community Maternal and Child Health  
 PROD 528/5028 Policy & Advocacy in Midwifery  
 PROD 529/5029 Field Instructor (Preceptor) Preparation  
 PROD 530/5030 Global Maternal and Child Health  
 PROD 531/5031 Holistic Midwifery  
 PROD 532/5032 Midwifery Education

Six (6) credits of Professional Development coursework are required. Each course is two (2) credits.

## Fieldwork Courses

FLDW 571/5071-573-5073: Fieldwork involves advanced residencies or internships with qualified mentors. The nature of the fieldwork experiences will depend on the student's individual program goals.

FLDW 574/5074: Graduate House Program. FLDW 574/5074 is required during the first year of a student's MSM program. This 1-credit course is delivered across a three-trimester timeframe and involves professional development, graduate school community building, and scholarly activities.

Three (3) credits of Fieldwork are required. Credits are earned in 1 (one) credit increments. 1 credit = 50 hours of internship work under an approved mentor. One of the three required credits must be enrollment in the Graduate House Program during your first year of studies. One (1) additional FLDW credit can be a secondary enrollment in the Graduate House Program.

# Suggested Master of Science in Midwifery Major Map

(4-year program)

The MSM program is designed to be a two-year program. Students have up to 4 years to complete. This major map reflects progression through the program if it is to be completed in four years. Some courses, including fieldwork courses, are flexible in what trimester they are taken based on emerging possibilities and individual needs.

1 <sup>st</sup> Trimester Year 1		2 <sup>nd</sup> Trimester		3 <sup>rd</sup> Trimester	
PROD 510/5010 Professional Growth & Leadership	1	ENGL 513/5013 Scholarly Research and Writing	3	STAT 550/5050 Qualitative Methodology	3
PROD 526/5026 to 532/5032	2	FLDW 574/5074	N/A	FLDW 574/5074	1
FLDW 574/5074	N/A				
Total	3	Total	3	Total	4
Year 2					
PROD 526/5026 to 532/5032	2	PROD 511/5011 Prospectus (Section II)	2	MDWF 553/5053 to 556/5056	4
PROD 511/5011 Prospectus (Section I)	1	FLDW 571/5071 to 573/5073	1		
Total	3	Total	3	Total	4
Year 3					
PROD 526/5026 to 532/5032	2	MDWF 553/5032 to 556/5056	4	MDWF 584/5084 or 560/5060 Project/Thesis (Sections I and II)	2
FLDW 571/5071	1				
Total	3	Total	4	Total	2
Year 4					
MDWF 584/5084 or 560/5060 Project/Thesis (Section III)	3	(Use additional terms in year 4 if needed)		(Use additional terms in year 4 if needed)	
Total	3				
				<b>Total Program Credits</b>	<b>32</b>

## Midwifery Issues Choices

MDWF 553/5053 Midwifery Issues in Prenatal Care  
 MDWF 554/5054 Midwifery Issues in Labor & Birth  
 MDWF 555/5055 Midwifery Issues in Postpartum Care  
 MDWF 556/5056 Midwifery Issues in Newborn Care

Eight (8) credits of Midwifery Issues coursework are required. Each course is 4 (four) credits. Students select two of the courses.

## Professional Development Choices

PROD 526/5026 Midwives and Publishing  
 PROD 527/5027 Community Maternal and Child Health  
 PROD 528/5028 Policy & Advocacy in Midwifery  
 PROD 529/5029 Field Instructor (Preceptor) Preparation  
 PROD 530/5030 Global Maternal and Child Health  
 PROD 531/5031 Holistic Midwifery  
 PROD 532/5032 Midwifery Education

Six (6) credits of Professional Development coursework are required. Each course is two (2) credits.

## Fieldwork Courses

FLDW 571/5071-573-5073: Fieldwork involves advanced residencies or internships with qualified mentors. The nature of the fieldwork experiences will depend on the student's individual program goals.  
 FLDW 574/5074: Graduate House Program. FLDW 574/5074 is required during the first year of a student's MSM program. This 1-credit course is delivered across a three-trimester timeframe and involves professional development, graduate school community building, and scholarly activities.

Three (3) credits of Fieldwork are required. Credits are earned in 1 (one) credit increments. 1 credit = 50 hours of internship work under an approved mentor. One of the three required credits must be enrollment in the Graduate House Program during your first year of studies. One (1) additional FLDW credit can be a secondary enrollment in the Graduate House Program.



# Cost of Program

Cost of Program (tuition) is \$2,200 for each trimester you are enrolled at MCU with a maximum total cost (tuition) of \$39,600. The Cost of Program covers all credits enrolled in at the beginning of each trimester. You can take as few or as many credits as you wish each trimester you are enrolled; the faster you progress through the program, the more affordable your degree. You will be invoiced for the Cost of Program each trimester. The Cost of Program includes academic and clinical tuition only; all other fees must be paid when due.

\*If you have not graduated within your program's maximum stated time frame, you must request a program extension. If the extension is granted you will be charged program extension fees for each trimester beyond your program deadline. The program extension fees are \$100 per month for the first trimester extended, and \$150 per month thereafter.

Cost of Program and other fees may be raised periodically without notice. Fees will be posted on the MCU website and in the MCU catalog. Tuition, fees, and additional costs are estimated as closely as possible in the MCU website and catalog. Students must meet all agreed upon financial obligations to the school as per the policy in the MCU catalog before being allowed to graduate or receive official transcripts.

MCU is designated as a non-term school for Title IV purposes and has only one enrollment status for undergraduates of full-time. Undergraduate students are expected to complete the minimum number of credits per trimester (6 credits) to make on-time progress toward graduation. Graduate students have the option of full-time designation (4 credits minimum per trimester) or part-time designation (2 credits minimum per trimester). Graduate students must maintain 2 to 4 credits per trimester at a minimum for timely graduation. Please see the Title IV Handbook for further details.

## Tuition Cost Comparison

<b>Bachelor's Degree Average Time Frame—4.33 years</b>	
Initial Application Fee	\$ 50.00
Acceptance Fee	\$ 135.00
Clinical Application Fee*	\$ 40.00
Graduation Application Fee*	\$ 60.00
Annual Student Fees*	\$ 1,360.00
Tuition/Cost of Program	\$28,600.00
<b>Total Cost</b>	<b>\$30,245.00</b>

<b>Master's Degree Average Time Frame—3 years</b>	
Initial Application Fee	\$ 60.00
Acceptance Fee	\$ 135.00
Graduation Application Fee*	\$ 60.00
Annual Student Fees*	\$ 675.00
Tuition/Cost of Program	\$19,800.00
<b>Total Cost</b>	<b>\$20,730.00</b>
*Subject to change based on year assessed. MCU reserves the right to increase any costs associated with the program.	

## Automatic Payments and Mailed in Payments

Students may select between monthly/trimester payments being mailed in, paid by credit card or automatically deducted from their bank accounts.

## Cost of Program for Time Out and Leave of Absence

The student will be exempt from the Cost of Program during the time out trimester, but the current trimester's Cost of Program is due in full according to the existing payment schedule before the time-out can take effect. Students must begin making Cost of Program payments after the one trimester time out or the student will be automatically withdrawn and must reapply.

The student will be exempt from the Cost of Program during a Leave of Absence, but the current trimester's Cost of Program is due in full according to the existing payment schedule before the Leave of Absence can take effect. Students must begin making Cost of Program payments after the Leave of Absence or the student will be automatically withdrawn and must reapply.

## Cost of Program Discount Policy

A credit is extended to all students who have completed all courses, within the trimester, that are scheduled on the student's Major Map. A student may apply for the credit after the first year of enrollment and any full year thereafter.

A student seeking this discount should request a review from the President within two weeks of the end of the semester of the year being reviewed. A credit of 6% of the Cost of Program paid, during the year under review, will be applied to the student's MCU account each year that the student qualifies. The credit may be used toward any MCU expenses accrued during the student's tenure at MCU.

The only time a check, rather than a credit, will be sent to the student is when all the following conditions have been met:

- Tuition and all accrued fees are paid in full [Graduation Fee and Annual Student Fee (if due before graduation) will be deducted from the 6% credit];
- The student has completed all courses enrolled in for the previous full year and since the last 6% credit was issued;
- And the student is scheduled to graduate before their program's maximum stated time frame.

### **Collections--Overdue Payment Policy**

When a student's Cost of Program and/or other unpaid fees are thirty-five (35) days in arrears, the student's account will be placed on hold. This means that the student may not enroll in courses, submit coursework for grading, and/or receive credits, official transcripts, certificates or degrees. To have the hold removed, the student must pay all delinquent payments. Students may be withdrawn by MCU if they have an unpaid balance for 95 days.

## **Refund Policy**

**Students matriculated and enrolled on or after January 1, 2016**

- The Application and Acceptance Processing fees are non-refundable. The Annual Student fee is non-refundable once a matriculated student enrolls in their first class. Students will be able to drop courses, through the first two weeks of the trimester without penalty. If a student chooses to withdraw from MCU, Cost of Program is non-refundable after the first two weeks of the trimester.
- To officially withdraw from MCU, please contact the Registrar.

Financial Aid Recipients are required to follow additional procedures for withdrawal. To understand how a withdrawal will affect your financial aid, please refer to the withdrawal section in the [Title IV Policy & Procedure Manual](#).

**Students matriculated and enrolled before January 2016**

- To officially withdraw from MCU, please contact the Registrar.
- If a matriculated student has enrolled in classes and wishes to withdraw as a degree-seeking student, but wishes to complete the courses already enrolled in, the student must contact the Registrar.
- Upon notification of official withdrawal Student Finances will complete a financial review to determine the student's account balance. The student will be responsible for any unpaid Cost of Program or unpaid student fees. Students will not be required to pay Cost of Program for any courses dropped before the add/drop deadline.

If the financial review results in a credit on the student's account, the credit will be applied to any encumbrances owed to MCU before it is awarded to the student. Any remaining credit will be returned to the student within 14 business days.

Financial Aid recipients are required to follow additional procedures for withdrawal. To understand how a withdrawal will affect your financial aid, please refer to the withdrawal section in the [Title IV Policy & Procedure Manual](#)



# Student Services



As a distance education institution, MCU does not provide facilities, personal equipment or personal supplies to students, but does offer exceptional services in a state of the art learning management system and associated distance learning educational support services.

To assure success, students must have the following technology system requirements for online course delivery and testing:

- Desktop computer, tablet or laptop
  - Tablets cannot be used for online testing
- Webcam and microphone (built-in or external)
- Connection to network with sufficient internet speed: at least 3 Mbps download speed and 3 Mbps upload. Test internet speed at <http://www.speedtest.net>
- Browser with pop-up blocker disabled
- Microsoft Office suite or equivalent

Students are expected to purchase their own midwifery equipment as required by their specific clinical placement. This allows students the opportunity to gather and become familiar with the equipment needed for their midwifery practice and locale.

## Adjustments for Students with Disabilities

MCU makes every reasonable effort to accommodate students with physical and learning disabilities. Students with disabilities must be able to perform the cognitive and physical skills for direct-entry midwifery care as outlined by the MEAC Curriculum Checklist of Essential Competencies which includes MANA Core Competencies and the NARM Skills. Please contact Student Life and Leadership if you have a challenge that requires learning adjustments.

## Clinical Placement

MCU does not independently arrange your clinical placement, but will assist you by making recommendations for a good fit if you do not have an approved clinical site in

your community. The Student Bulletin Board and the Clinical Director will keep you updated on clinical placement opportunities and a listing of job openings is available for new graduates. You may contact the Clinical Director to discuss credentials and state licensing requirements.

## Digital Library

The digital library contains a collection of items specific to MCU. Students will find graduate theses, student projects, presentations, case studies, and documents specific to the student's individual coursework for a given trimester.

## Ethical Review Board

All MCU students and faculty conducting research with human subjects must receive approval by the MCU Independent Ethical Review Board *prior* to commencing any research activities.

## Library

MCU has a library of texts and videos available for check out. Books borrowed from the Midwives College of Utah must be returned within one month from the date of loan. The student can extend the library loan by calling or emailing the MCU office. Late fees will be debited from the student's account and must be paid before other books can be loaned to the student or before graduation, whichever comes first.

## Mentoring

Students have instructors for each course who provide you with diverse teaching and learning methods to support your progress and to ensure mastery of the learning objectives stated in each course. Courses include weekly synchronous and asynchronous opportunities to deepen your learning and to connect and share with peers and your instructor. Instructors are available for one on one support via appointment.

## Peer Circles

MCU coordinates student-midwife peer groups or Peer Circles. Peer Circles provide connection, support and accountability for distance education students. If you are interested in joining or leading a Peer Circle, contact your house mentor.



## House Mentors

Each student will be assigned to a specific house and house mentor. Your house mentor will help you design an individualized program, create accountability for your program completion goals, support you as you overcome frustrations and roadblocks, and provide ideas to stay focused and energized.

## Writing Lab

The MCU Writing Lab offers you the opportunity to get feedback and increase the quality of your papers before turning them in for a grade. The Writing lab can offer assistance with all aspects of paper writing including proper APA citation, supporting a thesis statement and a beneficial proofread.

## Social Media

To connect with MCU on social media, please [join MCU's Facebook page](#). Though there are other social media groups made up of past, present and aspiring MCU students, this is the only Facebook group moderated, for accuracy, by MCU staff. We expect social media posts by MCU faculty, students and staff to be in alignment with the [Student Code of Conduct](#) which provides an agreed-upon set of expectations designed to encourage and enforce responsible and respectful behavior in the larger community setting, thus serving as a mechanism by which to positively impact the entire profession of midwifery.

## Student Representation

Students are given an opportunity to provide feedback after the completion of every course through the Student Evaluation of Teaching (course evaluations) and of the overall program during frequent student surveys. The Student Council also serves as a liaison for students. Members of the Student Council are involved in policy making discussions and student-led activities.

## Websites

The MCU Student Information System and the Learning Management System provides the following services:

1. Update personal contact information
2. Upcoming events and calendaring personal schedules
3. Enroll in courses online
4. Receive syllabi online
5. Submit assignments online
6. See grades and status of assignments
7. Request tests online
8. Listen to training podcasts, student, faculty and guest lecture presentations online
9. Access to Major Map
10. Use of the MCU email system
11. Access OVID database and request journal articles from MCU subscriptions

# Student Policies



## Academic Integrity

Academic, personal, and professional integrity are fundamental to becoming a midwife of technical expertise, professional excellence, and personal greatness, namely—a Midwife of Excellence. Integrity includes a high valuation for open, honest, and respectful intellectual exchange as well as respect for MCU

records. The [Student Code of Conduct](#) clearly outlines actions that violate the standards of academic integrity and the consequences thereof.

## Academic Progress Policy

Instead of attending classes on site, MCU students engage in courses through an e-campus platform where they access course materials, submit assignments, and engage in online learning. Students have regular synchronous instruction and are expected to participate with their peers and professor weekly or at least twelve times throughout the trimester through interactive sessions and online discussions. Student participation is tracked in the assignment portal and contributes to the student's overall grade. Satisfactory academic progress expectations are outlined for graduate students in the SAP for Graduate Students Policy. All students are expected to make satisfactory academic progress toward completing their degree within the maximum stated time frame for each program.

The House Mentor program is designed to midwife the student midwife throughout their MCU journey. House Mentors regularly track student progress and will offer supportive services when students are not meeting their academic, clinical, or financial obligations.

If the student does not progress, various levels of academic intervention will occur for the following reasons:

### Academic Alert for Undergraduate Students

- Minimal to no academic progress
  - Student is not actively working on coursework or is not in communication with House Mentor regarding lack of academic progress. A student is considered actively engaged if they are regularly submitting assignments in through the Canvas course portal, seeking the service of the writing lab, or otherwise sharing progress with House Mentor.
- Due to external circumstances beyond the student's control or personal challenges, the House Mentor is concerned about the student's ability to progress or achieve a passing grade in courses
- PROD 1000 has not been completed by the beginning of week four (4) of the trimester.

### Academic Warning for Undergraduate Students

Students on Academic Warning will remain for a minimum of the remaining trimester and may be moved to Academic Probation during the trimester if they continue lack of engagement

- Unresponsive to Academic Alert
- Student did not complete PROD 1000 within the trimester it was begun
- Student has a cumulative GPA under 2.5 on their transcript (per graduation requirements)
- Student did not pass two (2) or more courses enrolled in that trimester
- Student did not notify the Registrar within the next Add/Drop or Major Map Adjustment period to add non-passing courses back onto their Major Map.

### Academic Probation for Undergraduate Students

Academic Probation is the school's final effort to engage the student before withdrawal from the program and is required due to lack of engagement and lack of academic progress.

- Student did not meet the remediation expectations outlined in the Academic Warning
- Second incident of academic integrity violation
- Student fails to follow action plan when an honor policy violation has occurred

Failure to remediate academic probation requirements will be cause for dismissal. Students who fail to make Satisfactory Academic Progress may be ineligible for assistance under Title IV, HEA Programs. Please refer to the Title IV Manual for further details.

A student has four (4) weeks to send a letter of appeal to the President. The appeal process will be individualized and based upon reasons for withdrawal and what the student commits to do to remedy the issues that led up to the Academic Probation. If the appeal is successful, then the student will be made aware of the conditions of re-enrollment. The student will be on an Academic Warning during the first trimester of re-enrollment. If the student meets the conditions of the appeal, the student will be fully matriculated the following trimester. If the student does not meet the conditions of the appeal, they will be withdrawn, enrolled in the continuing education program if enrolled in active courses, and will not be given the option to appeal a second time.

## Adding and Dropping Courses

Students will be able to add or drop courses, through the first ten business days of the trimester, without penalty.

## Annual Student Fee

An annual student fee is due from all students upon acceptance to a degree program and, thereafter, annually on January 1<sup>st</sup>. MCU's Overdue Payment Policy will apply if a student is late or does not pay their fee on time.

## Auditing Courses

If you wish to audit courses, you must register for the course and pay the regular tuition and fees; you will not receive credit for the course. Your transcripts will show an AU for the audited course. You may not petition for credit after having audited a course.

## Challenge Exams

### Challenge Exams

1. Students who wish to challenge a course must be currently enrolled at MCU as degree-seeking students. Students may take a challenge exam or challenge a course only once.
2. Students may not challenge core midwifery courses, courses previously failed, courses from which they have previously withdrawn, courses for which they have previously received credit, or courses for which they have received a full syllabus.
3. Students wishing to challenge a course SHOULD NOT ENROLL IN THE COURSE FIRST. To challenge a course, students must first complete a Challenge Exam Form. This form must be submitted to the Academic Dean for approval. A student will be given the opportunity to challenge a class after the Challenge Exam Form has been reviewed by the Academic Dean, and if the Academic Dean considers necessary, by the class instructor. If approved the student will receive a list of the learning objectives, Midwifery Education Accreditation Council (MEAC), Curriculum Checklist of Essential Competencies Midwives Alliance of North America (MANA) Core Competencies, North American Registry of Midwives (NARM) Skills, and required texts applicable to the course.
4. If approved to challenge a course, the student will have one trimester from the date of challenge approval to take the challenge exam. If the challenge exam is not passed the student will have one trimester from the date of challenge approval to complete the full course. Students are encouraged to take their challenge exams as early as possible so that in the case of not passing the exam, they have time to complete the full course.
5. When the student is ready to take the challenge exam they should request the test from the Academic Dean.
6. The test must be passed with 80% or above to receive credit for the course. Courses passed by Challenge Examination will only receive a P (Pass) grade which will not be calculated in the student's overall GPA. Students who do not pass the Challenge Exam do not receive a grade or credit and must complete the full course.

## Clinical Policies and NARM Requirements

Requirements for NARM certification are determined by NARM and may change during your tenure. MCU stays up-to-date with changes, but to assure currency of requirements for the year you plan to graduate, please refer to [www.narm.org/testing/graduate-of-a-meac-accredited-program/](http://www.narm.org/testing/graduate-of-a-meac-accredited-program/). In addition, the MCU Clinical Handbook will guide you through the specifics of MCU's clinical program.

## Complaint Policy

### Informal Complaints

MCU uses the *Crucial Conversations*, *Crucial Accountability*, and the *Outward Mindset* models in first seeking collaborative solutions between individuals and in guiding open dialogue around policies, processes, and structures. If these models do not work or there is a larger concern that cannot be resolved directly, the formal grievance process is a mechanism through which students, faculty members, preceptors, alumni, or staff members of the Midwives College of Utah (MCU) may be protected if there is misconduct on the part of a student, faculty member, preceptor, or staff member of MCU.

### Formal Grievance

Person(s) wishing to initiate a formal grievance will submit the grievance in writing to the MCU President. If the grievance involves the President, the grievance will be submitted to the MCU Board President. The written grievance must describe the person(s) involved, the current status of the concern, and include documentation to support the claims of the grievance. If the grievance is determined to fall within the scope of the Midwives College of Utah, the President will convene a Grievance Committee who will follow the procedures outlined in the MCU's Grievance Policy. The Policy allows for a fair, complete, and unbiased investigation and assures appropriate action is taken. No discrimination or harassment of any of the involved parties will be tolerated. Confidentiality of the proceedings and all involved parties will be maintained throughout the entire process.

MCU is committed to resolving all complaints by due process in a timely manner; as such, the grievance will be addressed within four weeks, and the Grievance Committee will make a final recommendation within six weeks of submission. Complaints and resolutions will be logged in MCU's Formal Complaint File and will be maintained for seven years.

### Consumer Complaints

In the event that an issue with the school cannot be resolved through the processes noted above, the person has the right to contact MCU's accrediting agency—The Midwifery Education and Accreditation Council (MEAC)—and/or various state agencies.

MEAC will review in a timely, fair and equitable manner any complaint it receives against an accredited institution or program that is related to MEAC standards or procedures.

Contact information for MEAC can be found at [www.meacschools.org](http://www.meacschools.org).

A person who wishes to submit a complaint to the Utah Division of Consumer Protection may do so by contacting:

[Department of Commerce, Division of Consumer Protection](#)

Phone: 801-530-6001

Email: [consumerprotection@utah.gov](mailto:consumerprotection@utah.gov)

#### **When making a complaint, remember:**

- Complaints should be fact-based and supported by dates, times, locations, witnesses, occurrences, etc. etc.
- Confidentiality should be maintained throughout the ix
- COMMomplaint process.
- Discussing the complaint with uninvolved individuals may generate harmful gossip.

### **C**ourse Length

Courses should be completed within one trimester (15 weeks) for matriculated and continuing education students. All coursework and tests must be received by the office on or before the deadline day in order to fall within the time limit. You are responsible for monitoring your own deadlines. Please see Extensions for Coursework in the Student Policies section of this catalog.

### **C**PM Credential

If you wish to receive the CPM credential, you must successfully pass the NARM exam. Students enrolled in a MEAC accredited school are required to complete all NARM clinical experiences, all required coursework and pass the NARM Written Exam. MCU students are exempt from taking the NARM Skills Exam.

Please see the MCU Clinical Handbook for specific policies and procedures regarding the NARM Exam. For additional information on the CPM certification examination process, to obtain the Candidate Information Bulletin, or to determine current testing dates, please visit <http://www.narm.org>

### **C**onfidentiality of Records and FERPA

The Family Educational Rights and Privacy Act of 1974, states that an educational institution will maintain the confidentiality of student education records. Educational records are any records with students' names on them: files, documents, and materials, in whatever medium, which contain information directly related to students and from which students can be individually identified.

The Midwives College of Utah accords all the rights under the law to students who are declared independent (defined as 18 years of age or older or enrolled in a post-secondary institution). No one outside MCU shall have access to or receive information from students' education records without the written consent of students. However, information may be released to personnel within the institution, officials or

other institutions in which students seek to enroll, persons or organizations providing financial aid to students, accrediting agencies carrying out their review functions, and persons managing an emergency in order to protect the health and safety of students or others.

Students have the right to review information contained in their educational records, challenge the contents of their educational records, have a hearing if the outcome of the challenge is unsatisfactory, and submit explanatory statements for inclusion in their files. Such statements may be submitted to the Office of the Registrar.

Within MCU, only those employees, individually or collectively, acting in the students' educational interests are allowed access to student educational records. These include personnel in the Office of Admissions, Office of the Registrar, Financial Aid, Business Operations, Student Services, Deans and President, and other academic personnel within the limitations of their *need to know*.

### **C**ourse Evaluations

When you complete a course, you are required to complete a Student Evaluation of Teaching (SET). This is an opportunity for you to have a direct impact on the improvement of your instructors, courses and MCU services.

### **C**PR & NRP Certification

You are required to have current CPR and neonatal resuscitation certifications (NRP or BRN) prior to working with a preceptor and to meet graduation requirements. MCU recommends that students take CPR for the Professional Rescuer through the American Red Cross to meet their CPR requirement. All CPR and NRP trainings must include a live component (not online-only). For possible NRP trainings, please contact the MCU office.

### **C**redit Hours

According to generally accepted standards, one (1) distance education credit requires 45 hours of student effort on coursework including study, presentations, projects, reading and writing assignments and other assignments as required for meeting the course objectives. Graduate courses require 50 hours of coursework.

### **D**isability Support Services

If you have a disability for which you need an adjustment for MCU coursework, please submit documentation from an approved care provider to Student Life and Leadership. You may choose to self-disclose to your instructors or have the school notify instructors. The student and Student Life and Leadership will develop an individualized Adjustment Agreement that outlines the responsibilities of the student and MCU.

## Disclaimer

MCU does not take responsibility for the outcome of any activities suggested within MCU courses or any other MCU activity. You remain completely responsible for the consequences of your own behavior in regard to how you choose to implement the information contained therein.

## Email Use Policy

A Midwives College of Utah (MCU) email address provides a primary means of communication, allows for collaborative communication, and should be used in a professional manner. All communication using the MCU email account is subject to the privacy and confidentiality rules and regulations governing the subject of the communication and the recipients. Official email communication from and between MCU employees and students should be made only through the @midwifery.edu Gmail system; the use of non-MCU email for sending MCU information is prohibited.

MCU email systems are not to be used for the following:

- Chain letters (e.g., any communication which requests or demands the recipient forward the message to one or more individuals.)
- Solicitations for contributions for non-MCU sponsored entities.
- “Get rich quick” or “pyramid schemes.”
- Deliberate acts associated with denying, interfering, with or disrupting service of MCU’s email system or that of any other agency.
- Attempts to perform mass mailings to the entire college (or a large subset of the college) of a non-official nature and/or which has a negative impact on the daily operation of the College.
- Any unlawful activity.

### Issuance and Expiration of Gmail Accounts

- Gmail accounts will be generated for all students, faculty, and staff employees upon official status with MCU. Additional alias for users will be generated, as necessary, and when requested by the President.
- Only the President of the College may approve the creation of accounts for people other than employees or students. A formal request should be sent to the President detailing rationale and, if applicable, desired alias.
- Google accounts will be closed for students the trimester following completion of MCU involvement. Reminders to remove or archive any personal information will be sent one month prior to the close of the account.

### Professional Email Etiquette

- It is important that care is taken to send messages only to the intended recipient(s).
- Particular care should be taken when using the “reply;” “reply all;” forwarding; and/or blind carbon copy (BCC) commands during email correspondence. All MCU correspondence is

subject to the Student Code of Conduct and/or employee agreements.

- Write complete words and sentences with correct spelling, grammar, and punctuation.
- Proofread email before sending it.
- When in doubt about the nature or tone of speech, writing, or acting, always err on the side of formality.
- Be alert to the tone of messages. Email, even among colleagues, should sound like a formal letter rather than a text message.
- Be clear, concise, and professional.
- Always use an informative subject line; do not leave the subject line blank. Subject lines help recipients determine what the email is regarding before opening the message. The subject line also aids in organizing and locating email in the future.

[Please click on this link to review MCU’s Email Use Policy.](#)

## Enrollment Agreement

The MCU Enrollment Agreement specifies details of your program, refund policies, services and obligations to which MCU is committed to provide. You must sign an Enrollment Agreement at the time of your acceptance into a degree or certificate program prior to beginning any coursework.

## Enrolling in Courses

All courses are made available to you once your Major Map has been created with the MCU Registrar (undergraduates) or Dean of Graduate Studies (graduate students) and your first Cost of Program payment has been made. Courses will be available the first day of the trimester according to the outline of your Major Map. Students will be able to add or drop courses through the first two weeks of the trimester without penalty.

## Exams

Some courses have proctored course exams and others require a proctored mid-term exam and/or final exam. Regular course exams are defined as assessments of learning for a specific segment of course material. A mid-term is defined as an assessment of student learning at the mid-point of the course and a final as an exam assessing cumulative learning at the end of the course. Final exams require a passing score of 80%. Course Exams also require a passing score of 80%.

Midterm exams do not require a passing score of 80%; however, a student may choose to retake a midterm for a higher score. Students must re-take course exams and final exams if the student scores below 80%. The retake fee is \$25. Please contact the Testing Coordinator to schedule a retake.

MCU exams are administered through an online proctoring service. Accommodations are available for those who need



on-site proctoring. Please contact the Registrar to request an online proctoring exception form.

Students may schedule online proctoring for MCU testing at their convenience, anywhere, anytime. When taking exams, students will not be permitted to use *any* materials other than a calculator for math tests. System requirements for online testing are:

- Desktop computer or laptop (not tablet)
- Webcam and microphone (built-in or external)
- Connection to network with sufficient internet speed: at least 3 Mbps download speed and 3 Mbps upload – test internet speed at <http://www.speedtest.net>
- Browser with pop-up blocker disabled

For more information about the online proctoring service, please visit <http://examity.com/faqs-students>.

## Extensions for Coursework

Clear course deadlines allow students and faculty to effectively work together to assure students complete the program in a timely manner. The option of one six (6) week extension maintains the flexibility of a distance education program while providing the structure and expectations necessary to support student success. Students that complete their degree program in a timely manner advance MCUs goals of educating more midwives, maintaining MEAC accreditation and Title IV eligibility, and creating sustainability in the midwifery profession.

One extension per course is available at no cost. The extension provides six (6) additional business weeks into the next consecutive trimester to complete remaining assignments and resubmissions. No additional extensions\* are allowed.

\*Except for CLNC 100 and the lab classes MDWF 343, MDWF 243, MDWF 247, MDWF 335, MDWF 448, MDWF 331)

## Requesting Extensions & Course Expiration Dates

- Students may request a course extension from the beginning of week 9 through the end of week 14 of the trimester.
- If the student does not request the extension by the deadline, the student will be assigned the final grade they earned at the time the course expired (i.e., end of trimester).
  - *Rationale:* Requires the student to realistically consider what they need to complete the course in a planned and thoughtful manner.
- The extension gives the student six (6) additional business weeks into the subsequent trimester to complete remaining course work. The break between trimesters can be used to complete course work, but the student is encouraged to take the break off as well and the break is not counted as part of the six (6) business weeks extension.

- The extension expires at the end of week 6 of the subsequent trimester, Friday at 11:59 MT

## Final Grades

- For students who complete the course by the end of the trimester: the final grade will be assigned no later than Sunday at midnight MST nine (9) days after the last day of the trimester.
- For students who take the allotted six (6) week extension: the final grade will be assigned no later than Sunday at midnight MST nine (9) days following Week 6 of the subsequent trimester.
- If the instructor fails to issue a final grade on time, a “grade pending” will automatically be issued. The Faculty Director, for undergraduate courses, or Dean of Graduate Studies, for graduate courses, will follow up with instructors who have grade pending statuses to assure grades are issued in a timely manner.
- Once all final grades have been assigned, Student Life and Leadership will determine if the student meets the MCU minimum grade requirements for all classes. If a course does not meet the minimum grade requirement, Student Life and Leadership will notify the students and the Registrar that the course must be placed back onto their Major Map during the next add/drop period or Major Map adjustment period. The student is required to contact and work with the Registrar during the next following Major Map adjustment period to add the course to a future trimester (aka, retake the course\*). \*If the student enrolled before Winter 2016, the course will need to be repurchased to retake the course.

## Frequently Asked Questions

Please refer to [Frequently Asked Questions](#) for answers to shared questions from MCU applicants and students.

## Grade Point Average (GPA)

Your GPA is determined by dividing your total grade point earned by the number of trimester hours taken. The designated P, W, UW, I, AU are not included in the GPA calculation. If there is any question about a grade received, you should contact your instructor or the Academic Dean or the Dean of Graduate Studies.

## Grading

The course syllabus will detail the grading criteria for your course. Some courses will be Pass or Fail, and some will be awarded a letter grade. Cumulative final exams require an 80% in order to pass. Finals with a 79% or below score will need to be retaken. Test retake fees will apply.

A final grade will be assigned at the end of every trimester unless the 6-week extension has been granted; the final grade is the grade earned in the class at the time of expiration.

Course letter grades are given according to the following percentages:

A 95 to 100%	A- 90 to 94.9%
B+ 87 to 89.9%	B 84 to 86.9%
B- 80 to 83.9%	C+ 77 to 79.9%
C 74 to 76.9%	C- 70 to 73.9%
D+ 67 to 69.9%	D 64 to 66.9%
D- 60 to 63.9%	F below 60%

Letter grades are given a numerical value on a 4.0 system.

A	Excellent	4.0
A-	Excellent	3.7
B+	Above Average	3.2
B	Above Average	2.9
B-	Above Average	2.5
C+	Average	2.1
C	Average	1.7
C-	Average	1.4
D+	Below Average	0.9
D	Below Average	0.6
D-	Below Average	0.3
F	Failure	0.0

The following designations are not calculated in the GPA.

P	Pass
UW	Unofficial Withdrawal
W	Official Withdrawal
I	Incomplete

## Graduate Course Eligibility

Degree-seeking graduate students are eligible for all graduate courses without restriction. Undergraduates and continuing education students can take specified graduate-level courses if they meet eligibility requirements, as follows:

- Undergraduate Students must maintain a cumulative 3.0 GPA or higher; and must have completed at least three terms if in the BSM program *or* be enrolled in the CPM-to-BSM program.
- Continuing Education Students must be a midwife or have taken at least one year of college-level coursework.

Undergraduate and continuing education students are held to graduate-level learning objectives, course expectations, and rigor. Requests for graduate-level courses must be made through the Registrar during Major Map adjustment periods.

## Graduation

You must submit a Graduation Application to the President prior to graduation. All requirements must be completed at the time of application. Certificates or Degrees are mailed to you when your Graduation Application is accepted.

A Graduation Gala is held in conjunction with spring conference. If you wish to be included in the Gala, your Graduation Application must be received one month prior to the ceremony.

## Leave of Absence

Students may request one (1) leave of absence of up to 180 days for:

- Medical (including a complicated pregnancy)
- Death of immediate family member
- Divorce
- Loss of employment of primary provider(s)
- Long-term, documented, debilitating illness
- Military
- Jury duty
- Family emergency
- Other reasons which demonstrate undue hardship

The student will be required to provide documentation to verify circumstances that require the Leave of Absence. The student will be responsible for any unpaid tuition. Assignments cannot be submitted during a LOA; classes will be placed on hold during the LOA with a new class due date applied (as per number of days of LOA) once the student returns.

The current trimester's Cost of Program is due in full according to the existing payment schedule before a leave of absence can take effect. Once this balance is paid, a student is exempt from Cost of Program during the leave of absence. Students must begin making Cost of Program payments after the Leave of Absence ends or the student will be withdrawn as per the MCU Overdue Payment Policy.

## Major Map Revision

For undergraduates: Major Map adjustments will be available, for the upcoming trimester during the second month of each trimester for a 3-week period. The Registrar will have an additional week after the deadline to finalize all MM changes. If a Major Map revision extends the program's final deadline, a letter of rationale must be written by the student and approved by the MCU President.

For graduate students: Major Map adjustments will be done in conjunction with the Dean of Graduate Studies during periods specified by the Dean.

## **N**on-discrimination Policy

MCU is committed to providing equal opportunity and equal access and to complying with all applicable federal and state of Utah laws and regulations and MCU non-discrimination policies and procedures.

Discrimination and harassment are inconsistent with MCU's efforts to foster an environment of respect for all members of our community and are in direct violation of our commitment to maternal-child health equity and inclusivity in the midwifery profession. Incidents of discriminatory conduct are detrimental to all individuals directly involved and diminish the College community. It is, therefore, the policy of the Midwives College of Utah that such behavior will not be tolerated and will be dealt with according to the procedures outlined below. Retaliation for filing a complaint of discrimination or harassment is also a form of harassment and is therefore prohibited and will not be tolerated. The MCU Non-Discrimination Policy and Procedure can be accessed at

<https://www.midwifery.edu/nondiscrimination-policy/>

## **P**rogram Deadline Extension

If a student's enrollment extends beyond the program deadline, the student must request a program extension by submitting a letter of explanation to the MCU President detailing the extenuating circumstances that require this extension. If the extension is granted you will be charged program extension fees for each trimester beyond your program deadline. The program extension fees are \$100 per month for the first trimester extended, and \$150 per month thereafter.

## **R**ecord Keeping

MCU suggests that you keep a file of all acceptance materials, the Enrollment Agreement, the Financial Agreement, final grade notices, transcripts and communications to and from the college.

## **R**esubmitting Assignments

Instructors will require high quality submissions. Resubmits of assignments may be required by the instructor and are at the instructor's discretion.

## **S**tudent Code of Conduct

Students enrolled in MCU must maintain high personal and professional standards. All students are ambassadors of MCU. A high sense of personal honor and integrity is imperative in the completion of clinical requirements and courses from the Midwives College of Utah. Since the assignments are intended to prepare you for examinations they should be completed without cheating, plagiarizing, or knowingly giving false information. Although you may work in a study group, you must complete your own work. The syllabus should not be copied or given to others without permission from the Midwives College of Utah.

Examinations will be taken through an online proctoring service that will certify the exam was completed without the assistance of books, notes or any other outside help unless otherwise stated on the exam. The exam or the answer sheet must not be copied in any way.

For communities to create relationships, solutions, systems, policies, and legislation that respect the humanity of all, they must commit to managing conflict without losing connection with each other. The primary mission of the Midwives College of Utah's [Student Code of Conduct](#) is to support our community commitment to manage conflict and Student Code of Conduct violations without losing connection. The [Student Code of Conduct](#) outlines actions that violate professional conduct expectations and the consequences thereof.

## **S**ubmitting Assignments

With a few exceptions, all assignments are to be submitted online through MCU's learning management system (LMS). All syllabi are available on-line in a PDF format. Some students like to print the syllabus off for reference; others like to access the syllabus from their computer.

## **S**yllabi & Test Correction Timeline

The student can expect coursework to be corrected within seven business days from the date it is received by the instructor unless work is submitted during the trimester break.

## **T**ext Books and Course Packets

Textbooks are not included in tuition costs. You are responsible for ordering your own text books. See our website at [www.midwifery.edu](http://www.midwifery.edu) for the current textbook list.

All materials used in our courses must have prior permission from copyright owners. Copying all or part of a work or using electronic reserves without obtaining permission constitutes unauthorized use and violates the rights of the author or publisher of the copyrighted work.

To this end, we have created digital course packets. A course packet is a collection of copyrighted materials which an instructor compiles to provide or supplement reading materials for the course he/she teaches.

A reader typically includes articles, sections of books, images, graphs, maps, open source documents as part of the required reading for a course. These readers may be in addition to textbooks or may be the sole materials used in your course.

Course packets allow instructors to customize their teaching materials, using exactly the material students will need for a specific class. This customization ensures that our students are only paying for materials that will be used rather than purchasing entire textbooks for a small selection of pages.

Course packets are noted on the MCU Textbook List along with the course packet fee. The fee will be added to your student account after the add/drop period and must be paid within thirty-five days as per MCU's Overdue Payment Policy.

## Timeout

A student is allowed one (1) trimester timeout during their degree program. A timeout is not a Leave of Absence and requires the following:

- Students will finish courses currently enrolled in during the duration of the timeout and will not be allowed to enroll in any new courses during the timeout. During a timeout, students may also prepare for clinical experience, and/or work in a clinical placement, and/or engage in substantive school-related activities.
- Students are required to show substantive engagement during the timeout by reviewing academic and/or clinical progress with their house mentor or approved student advisor. These check-ins must be a minimum of one meeting every other week.
  - Lack of engagement during a timeout could result in an Academic Alert followed by an Academic Warning. Continued lack of engagement will result in an Academic Probation with a result of an Academic Withdrawal from MCU.
- The student will be exempt from the Cost of Program during the timeout trimester, but the current trimester's Cost of Program, Annual Student Fee, and/or any unpaid balance is due in full according to the existing payment schedule before the timeout begins; timeouts must begin within the first two weeks of the trimester.
- Students must begin making Cost of Program payments after the one trimester timeout or the student will be automatically withdrawn and must reapply.
- **Financial Aid recipients** taking a timeout must review [Financial Aid Policies and Procedures](#). To be fully informed, please pay special attention to the Satisfactory Academic Progress (SAP) section; SAP will be evaluated during the timeout.
- **VA students** please contact MCU's VA/Private Loans office once your timeout has been requested. Funds will not be requested for the trimester the student is on timeout.

## Transfer Credits



The evaluation of credit for transfer is based on an assessment of course equivalency, evaluation of transcripts and the accreditation status of the awarding institution. In addition and as appropriate, MCU accepts credits for other types of learning gained outside the traditional academic environment. Students who wish to receive credit for prior learning must fill out MCU's Portfolio Evaluation

Application which can be found on the home page of the website.

MCU awards a credit hour as defined by US Department of Education as "an amount of work represented in intended learning outcomes and verified by evidence of student achievement that is an institutionally established equivalency that is not less than one hour of classroom or direct faculty instruction and a minimum of two hours of out of class work for each week for approximately fifteen weeks for one trimester or the equivalent amount of work over a different amount of time."

MCU will accept credits from other institutions accredited by a US Department of Education recognized accrediting agency. Transfer credits must have a C grade or above. MCU follows a trimester format and credits transferred from quarter systems will be reduced in value accordingly.

To be granted an MCU degree, students must complete at least 50% of total credits required for the program through MCU.

## Transcripts

Students may view their grades by accessing the MCU Student Information System (SIS) using their username and password. Official transcripts may be obtained by submitting a signed request to the Registrar by mail to Midwives College of Utah, 1174 East Grays-tone Way, Salt Lake City, UT 84106 or via the internet. To request an official transcript online, login to the MCU SIS portal at <https://www.midwifery.edu>. After logging in, click on **Finances** and follow prompts from the **Request Transcript** link.

A "Records Hold" will be placed on a student's account when an outstanding financial obligation has not been met. When a "hold" is placed on a record, the following results may occur: (1) An official and/or unofficial transcript may not be issued; (2) registration privileges may be suspended; (3) other student services may be revoked. The "hold" will remain effective until removed by the Student Finances. It is the student's responsibility to clear the conditions causing the hold.

## **U**nfinished Courses

Please refer to the Extension Policy for courses that are not finished within the 15-week trimester.

## **U**tah Postsecondary Proprietary School Act (Utah Code 13-34A 204)

The Midwives College of Utah is a registered postsecondary school under 34 C.F.R. 600.9. The State of Utah does not supervise, recommend, nor accredit MCU. It is your responsibility to determine whether credits, degrees, or certificates from the institution will transfer to other institutions, meet state or provincial licensing requirements or meet an employer's training requirements.

## **W**ithdrawals

### *From a course*

A student may withdraw from a course between weeks three through eight of the trimester. The student is responsible for tuition and fees associated with the course. A "W" will be recorded on the student's transcript for the course; however, the "W" does not impact the student GPA because no credits were earned. A "W" indicates the student withdrew from the course after the add/drop deadline. After Week 8, the student remains enrolled in the class and is expected to complete course work.

### *From Midwives College of Utah*

To officially withdraw from MCU, please contact the Registrar. Title IV students must follow additional procedures outlined at <https://www.midwifery.edu/federal-financial-aid/>

All student services relative to current course work will also be terminated on that date, unless otherwise arranged. Incomplete courses will be designated as "I" or Incomplete. The student is responsible for any outstanding balance on their account as of the date of the withdrawal. No refunds will be given for tuition and fees already paid except as noted in the refund policy.

MCU may administer an unofficial withdrawal, if a student has not submitted any assignments nor been in communication with instructors, house mentor or other administrators for three consecutive academic weeks. A "lack of engagement" notice will be sent to the student by his/her house mentor with a deadline of one week for a response. If the student does not respond to the house mentor or contact any faculty or staff member during that week, a notice of the Registrar's intent to withdraw the student will be sent to the student. If the student does not respond to the Registrar's notice within one week, the Registrar will administer an unofficial withdrawal. The withdrawal date will be recorded as the date the student last engaged.

Students returning from a Leave of Absence (LOA) will be required to communicate, with the Registrar, their intent to come back and continue their degree no later than the first two weeks of the trimester. The student will have up to the

first two weeks of the trimester to demonstrate engagement in coursework, clinical work and/or substantive school related activities. If the student does not communicate with the Registrar and/or demonstrate engagement, they will be withdrawn by the end of the first two weeks of the trimester.

# Course Descriptions



MCU Founder Dianne Bjarnson

## **BIOLOGY**

BIOL 1010 Anatomy for Health Professionals, 2 cr.

This course covers the identification and basic functions of various body systems: skin, skeletal-muscular, nervous, endocrine, circulatory, respiratory, digestive, urinary and reproductive. There is also discussion on how pregnancy affects body systems.

BIOL 1050 Anatomy and Physiology of Obstetrics, 3 cr.

**PRE-REQUISITE:** BIOL 1010 or equivalent

This course covers pelvic bones, joints, ligaments and classifications, musculature of pelvic floor and perineum, fetal skull, fetopelvic relationships, reproductive organs, the reproductive cycle, natural child spacing, fertilization and early development, fetal circulation and the female urinary tract.

BIOL 2010 Genetics, 2 cr.

This course covers basic genetic principles including the structure of DNA and genes, principles of inheritance and the origins of genetic malfunction. It provides the foundation by which the student can research genetic problems, explain them to a client and counsel the client or refer the client for more in-depth counseling.

BIOL 2030 Microbiology, 1 cr.

Elective unless required by state

**PRE-REQUISITE:** BIOL 1010 or equivalent

Students study various pathogens and the role they play in well-woman, maternal and newborn health. Students also receive a basic overview of the fundamentals of microbiology including an understanding of the physiologic and biological basis of obstetric and gynecological infection.

BIOL 2050 Chemistry & Nutrition, 2 cr.

**PRE-REQUISITES:** BIOL 1010 or equivalent, HLTH 1050 or equivalent

This course will educate students to recognize the relation between health and nutrition and promote measures to reduce morbidity and mortality derived from chronic illness linked to nutritional inadequacy. They will be able to identify nutritional deficiencies and teach ways to overcome those deficiencies through a proper diet in accordance to the needs, means, and personal and cultural preferences of the client. Students will learn the importance of birth weight and brain growth as an evaluative measurement in a newborn. They will understand the benefits and risks of supplements during pregnancy and will learn to recommend the appropriate use of vitamin and mineral supplements. Finally, they will be prepared to teach parents how to feed their children during the first year of life.

## **BOTANY**

BOTNY 1010 Herbology for Midwives, 2 cr.

This course covers the identification and properties of herbs. Students learn to forage herbs and make their own herbal combinations. Students also start their own midwife's herb garden

BOTNY 2010 Advanced Herbology, 2 cr.

**PRE-REQUISITE:** BOTNY 1010 **Elective**

This course covers the use of herbs for the various body systems – circulatory, respiratory, digestive, nervous, skin, muscular, skeletal, glandular, reproductive and urinary system. Herbal preparations are discussed and formulated.

## **BUSINESS**

BUS 3010 Small Business Fundamentals, 2 cr.

Issues concerning a professional midwifery practice including business strategies, ethics, counseling, taking apprentices, teaching classes, statistics, birth certificates, informed consent, charges, billing, insurance collection, types of services, medical back-up, transport and laws affecting midwifery.

BUS 3030 Midwifery Services for Washington, 2 cr.

Students will examine health care delivery systems in the United States and abroad, current initiatives locally, nationally and internationally working to improve maternity care. A variety of issues will be explored, concerning a professional midwifery practice including business strategies, taking apprentice, statistics and reporting, practice directive documents, charges, billing, insurance collection, types of services, medical back-up, transport, risk management, professional liability and laws affecting midwifery. This course is specifically designed to support midwives practicing or planning to practice in Washington State.

## **CLINICAL**

CLNC 1010 Phase One Practicum 3 cr.

Students observe at least ten births and describe in writing one case linking knowledge or skills acquired in observed birth experiences with knowledge acquired in first year of study, specifically the Midwives Model of Care. Students evaluate the learning gained from observed birth experiences.

CLNC 1050 Phase One Competencies 1 cr.

Students demonstrate practical skills and competencies necessary to begin assisting a midwife and prepare for Phase One Assessment.

CLNC 2010 Phase Two Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students assist with appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing or oral presentation one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in assistant experiences with knowledge acquired in phase two of study, including current research in the field. Students evaluate learning gained from assistant clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the trimester (an average of about 7 hours/week).

\*CLNC 2020 Phase Two Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students assist with appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing or oral presentation one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in assistant experiences with knowledge acquired in phase two of study, including current research in the field. Students evaluate learning gained from assistant clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the trimester (an average of about 7 hours/week).

\*CLNC 2030 Phase Two Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students assist with appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing or oral presentation one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in assistant experiences with knowledge acquired in phase two of study, including current research in the field. Students evaluate learning gained from assistant clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the trimester (an average of about 7 hours/week).

\*CLNC 2040 Phase Two Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students assist with appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing or oral

presentation one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in assistant experiences with knowledge acquired in phase two of study, including current research in the field. Students evaluate learning gained from assistant clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the trimester (an average of about 7 hours/week), and since this practicum marks the end of Phase Two, all Phase Two required experiences should be completed by the end of the course.

CLNC 2050 Phase Two Competencies 3 cr.

Students demonstrate practical skills and competencies necessary to begin acting as a primary midwife under supervision and prepare for Phase Two Assessment

\*CLNC 2090 Elective Assist Clinical Experience 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students assist with appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing or oral presentation one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in assistant experiences with knowledge acquired in phase two of study, including current research in the field. Students evaluate learning gained from assistant clinical experiences. This course is an elective, for students who have the opportunity to spend extra time in clinical placement. Students should plan to spend a minimum of 100 hours in clinical placement during the trimester (an average of about 7 hours/week).

\*CLNC 3010 Phase Three Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students act as primary midwife under supervision for appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing, oral presentation or other appropriate demonstration, one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in primary experiences with knowledge acquired in phase three of study, including current research in the field and composing at least one tool per case (such as a diagnosis flowchart, practice guideline or client education outline) that can be shared with peers. Students evaluate learning gained from total clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the trimester (an average of about 7 hours/week).

\*CLNC 3020 Phase Three Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students act as primary midwife under supervision for appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing, oral presentation or other appropriate demonstration, one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in primary experiences with knowledge acquired in phase three of study, including

current research in the field and composing at least one tool per case (such as a diagnosis flowchart, practice guideline or client education outline) that can be shared with peers. Students evaluate learning gained from total clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the trimester (an average of about 7 hours/week).

\*CLNC 3030 Phase Three Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students act as primary midwife under supervision for appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing, oral presentation or other appropriate demonstration, one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in primary experiences with knowledge acquired in phase three of study, including current research in the field and composing at least one tool per case (such as a diagnosis flowchart, practice guideline or client education outline) that can be shared with peers. Students evaluate learning gained from total clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the trimester (an average of about 7 hours/week).

\*CLNC 3040 Phase Three Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students act as primary midwife under supervision for appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing, oral presentation or other appropriate demonstration, one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in primary experiences with knowledge acquired in phase three of study, including current research in the field and composing at least one tool per case (such as a diagnosis flowchart, practice guideline or client education outline) that can be shared with peers. Students evaluate learning gained from total clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the trimester (an average of about 7 hours/week).

CLNC 3050 Phase Three Competencies 3 cr.

Students demonstrate practical skills and competencies necessary to begin acting as an entry-level midwife and prepare for Phase Three Assessment.

\*CLNC 3060 Phase Three Practicum 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students act as primary midwife under supervision for appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing, oral presentation or other appropriate demonstration, one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in primary experiences with knowledge acquired in phase three of study, including current research in the field and composing at least one tool per case (such as a diagnosis flowchart, practice guideline or

client education outline) that can be shared with peers. Students evaluate learning gained from total clinical experiences. Students should plan to spend a minimum of 100 hours in clinical placement during the trimester (an average of about 7 hours/week), and since this practicum marks the end of Phase Three, all required clinical experiences should be complete by the end of the course.

\*CLNC 3090 Elective Primary Clinical Experience 2 cr.

**PRE-REQUISITE:** in clinical placement with approved preceptor. Students act as primary midwife under supervision for appropriate prenatal, labor and birth, postpartum and newborn care duties with an approved preceptor and describe in writing, oral presentation or other appropriate demonstration, one case from each area (prenatal, labor and birth, postpartum and newborn care), linking knowledge or skills acquired in primary experiences with knowledge acquired in phase three of study, including current research in the field and composing at least one tool per case (such as a diagnosis flowchart, practice guideline or client education outline) that can be shared with peers. Students evaluate learning gained from total clinical experiences. This course is an elective, for students who have the opportunity to spend extra time in clinical placement. Students should plan to spend a minimum of 100 hours in clinical placement during the trimester (an average of about 7 hours/week).

CLNC 4780 & 4788 Advanced Clinical Practicum 2 cr./2 cr.

**PRE-REQUISITE:** Student must be a CPM

This course allows the CPM to acquire clinical credit for clinical experiences beyond those acquired to be eligible to take the NARM exam.

### **COMMUNICATIONS**

COMM 1010 (B) Mindset & Dialogue in Relationship, Organization, and Community Transformation, 1 cr.

COMM 1010 (B) explores the way in which we think about and see others (mindset), and our ability to develop and maintain the free-flow of information (dialogue) is fundamental to effectiveness, productivity, and satisfaction in our work environments, the communities we live and serve in, and our intimate relationships.

Students will learn the models, tools, and skills to engage in an “Outward Mindset,” and successfully navigate “Crucial Conversations” in work and private life.

COMM 2010 Providing Trauma Informed Care, 2 cr.

**PRE-REQUISITE:** COMM 1010 or equivalent

This course will train the learner to confidently understand and facilitate healing for women who are survivors of abuse and have or are experiencing the loss of a child through death or miscarriage. Challenges in the client-caregiver relationship are thoroughly examined, with much practical advice for improving trust and communication as well as self-help techniques to handle abuse and grief-related distress.



COMM 3010 Interprofessional Collaboration & Education in Integrative Health 1 cr. **Elective**

This course will introduce students to the fundamentals of interprofessional collaboration (IPC) and interprofessional education (IPE) in the context of integrative healthcare. IPC and IPE are central to the delivery of high-quality, ethical midwifery care that meets client needs and advances integration of midwives into the healthcare systems. Collectively, IPC and IPE rest at the exchange of knowledge, understanding, and care practices between midwives and other practitioners involved in the childbearing year, including, but not limited to: obstetricians, family physicians, perinatologists, and the integrative health professions, such as chiropractic care and naturopathy. Upon completion of this course, students will be equipped with the knowledge, skills, and practical experience necessary to engage inter-professionalism and to create integrated care teams as Midwives of Excellence.

### **ENGLISH**

ENGL 1010 Introduction to Writing, 2 cr.

This course covers basic grammar, usage, spelling and punctuation, research tools, and basic writing skills, and prepares students to communicate effectively: researching, organizing, writing and editing various written materials. Student is oriented toward writing appropriate to her work as a midwife, such as research papers, practice guidelines, business letters, curriculum vitas, and client education materials (handouts), as well as writing for both general and professional publication.

ENGL 1050 Introduction to Writing Seminar, 1 cr.

This course is required for students who have ENG 1010 waived. The student will review the writing skills necessary for research papers, practice guidelines, business letters, and client education materials (handouts), as well as writing for both general and professional publication.

ENGL 513/5013 Scholarly Research & Writing, 3 cr.

This course focuses on scholarly research and writing. You will learn how to prepare a plan for a scholarly journal article or a master's-level research-based thesis or applied project. You will gain expertise in analyzing evidence-based, peer-reviewed literature. You will practice writing different sections of a scholarly paper including a literature review, research problem, purpose statement, and research questions. You will also complete a CITI Program training course on the basic ethical principles of human subject research and explore ethical dilemmas in midwifery research.

### **FIELDWORK**

FLDW 571/5071 to 573/5073 Fieldwork, 3 cr.

Graduate fieldwork gives students an opportunity to gain real-life experience in an area of interest to them and pertinent to midwifery while working with an experienced mentor. Fieldwork is done through an advanced residency or internship. Graduate students are required to earn 3 fieldwork credits. One credit requires 50 hours of logged fieldwork. One of the three credits must be enrolled in the Graduate House Program (FLDW 574/5074).

FLDW 574/5074

The purpose of this course is to provide graduate students the opportunity for professional development and community-engaged support via the Graduate House Program. The Graduate House (GH) program is the "go to" place for support services and professional development for graduate students and graduate faculty. In this course, you will engage in three focused activities trimesterly: 1) Mentoring sessions with the Graduate House Mentor; 2) Graduate Journal Club; 3) Professional development workshops.

### **HEALTH**

HLTH 1010 Medical Terminology & Charting, 3 cr.

This course covers basic word structure; suffixes, prefixes and terminology associated with the prenatal period, labor and birth, postpartum and the newborn.

HLTH 1050 Holistic Health, 2 cr.

This course covers the fundamentals of health, how diet affects health and different types of diets; the role of carbohydrates, proteins and fats in the diet and their impact on health and disease; vitamins and minerals and their impact on health; nutritional and cleansing herbs, environmental toxins, exercise and hydrotherapy.

HLTH 1030 Foundations in Public Health and Health Education for Midwives, 2 cr.

This course will introduce students to foundational concepts in Public Health and taught to apply Public Health theory to midwifery practice. Maternal and newborn morbidity and mortality will be discussed from a Public Health perspective and students will identify interventions in the intersection of the fields of Midwifery and Public Health. Students will learn about health disparities and will have the opportunity to perform in-depth analysis of a selected health disparity. The health care and public health system, resources for mothers and babies, and the role of midwives in the broader system will be analyzed. Students will learn techniques in shared decision making and health education and will gain competency in these areas through case studies and an oral presentation.

HLTH 2010 Homeopathy, 2 cr. **Elective**

This course gives students an understanding of the origins of homeopathy, how disease is manifested, how to take a case, how to prioritize the signs and symptoms, and how to prepare and administer homeopathic remedies. It will also provide an introduction to a number of remedies useful in the practice of midwifery.

HLTH 2030 Fertility Awareness, 1 cr. **Elective**

Students learn how to instruct women regarding their fertility as it applies to their menstrual cycles, basal body temperature and cervical changes.

HLTH 3010 Advanced Homeopathy, 3 cr.

**PRE-REQUISITE:** HLTH 2010 **Elective**

This course is a deeper look into the philosophy and use of homeopathy. Students will be reading and learning from the Organon of the Medical Art by Samuel Hahnemann. This

text covers every aspect of homeopathy from understanding disease to how to research homeopathic medicines. In depth study and conversation about these topics will be discussed, as well as case taking, storytelling and current research.

### **HISTORY**

HIST 1010 History of Midwifery, 1 cr.

The purpose of this course is to give students an overview of the history of midwifery, from ancient times through the present.

### **MATH**

MATH 1010 Introductory Math 2 cr.

This course teaches basic math skills to enable the midwife to make correct calculations and interpret data.

### **MIDWIFERY**

MDWF 1010 Introduction to Midwifery, 1 cr.

This course provides the learner with a solid understanding of childbirth as a human right, the Midwives Model of Care and the safety of out-of-hospital birth. Through narrative accounts, research documents and the powerful imagery of birth, students will emerge from this course understanding the power, value and importance of access to midwifery care for all who choose this maternity care option.

MDWF 1050 Midwife's Assistant Orientation 4 cr.  
(3 academic credits/1 clinical credit)

**PRE-REQUISITE:** HLTH 1010, Doula training or equivalent, neonatal resuscitation certification (NRP or BRN), Adult CPR. NRP and CPR may be taken concurrently but must be completed by midterm of the trimester.

This course helps student midwives prepare to become efficient, trustworthy and competent assistants. This course is designed to give the student an understanding of the requirements and duties of a midwife's assistant. After having completed this course, students will be prepared with the theoretical background necessary for her clinical practicum. Students will understand the scope and principles of general skills used in a prenatal setting and will explore the role of the assistant through case studies.

MDWF 1040 IV Skills, 1.5 cr.

**PRE-REQUISITE:** Must be in a clinical placement or have an MCU-approved limited preceptor

This course covers the basics of IVs, both academic and hands-on. Objectives include indication for IV therapy in childbirth, types of fluids, and proper technique in starting, administering, and discontinuing IVs, as well as proper charting. \*May be taken in Phase Two depending on clinical placement

MDWF 1030 Human Lactation, 1 cr.

Students will learn about the historical and cultural background of human lactation, anatomy and physiology of lactation, human milk and the infant, the infant feeding process, and possible problems. \*May be taken in Phase Two depending on clinical placement

MDWF 2010: Prenatal Care I: Foundations of Prenatal Care, 3.5 cr. (3 academic credits/.5 clinical credit)

This course focuses on the basics of prenatal care: from establishing initial contact, taking a thorough client history, initiating ongoing prenatal care including both maternal and fetal evaluations, addressing common discomforts and physiological changes of pregnancy, and facilitating referral when indicated. With the midwifery model of care and an individualized approach, students will make charts for routine prenatal care, client handouts, and the NARM Informed Disclosure of Midwifery Practice. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 2020: Prenatal Care II: Prenatal Care for a Healthy Pregnancy, 3.5 cr. (3 academic credits/.5 clinical)

**PRE-REQUISITE:** MDWF 2010

This course focuses on various elements of promoting a healthy pregnancy and caring holistically for clients. Students will create client handouts which address nutritional, physical, environmental, emotional, social and sexual needs, changes and risks during pregnancy. Students will develop practice guidelines for several common disorders, diseases and infections during pregnancy as well as develop guidelines for addressing issues of substance abuse. With the midwifery model of care and an individualized approach, students will also prepare NARM general midwifery practice guidelines for use in their practice. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 2030 Labor, Birth and Immediate Postpartum, 4 cr.  
(3 academic credits/1 clinical credit)

Physiology and management of first, second and third stages of Labor are taught in this class. Students also learn about the mechanism of Labor for occiput anterior, transverse, posterior, face, brow, military and breech presentations. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 2040 Postpartum Care, 3 cr.  
(2 academic credits/1 clinical credit)

This course provides instruction in understanding, preparing for and meeting the normal physiological and emotional changes that may occur postpartum period. It includes what to do in the first few hours after birth as well as providing excellent care and record keeping in the subsequent postpartum care visits. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 2050 Pediatrics, 4 cr.  
(3 academic credits/1 clinical credit)

**PRE-REQUISITE:** MDWF 2030

This course is specifically designed to explore the anatomy and physiology of the newborn from birth through eight weeks. Students will become understand normal and

abnormal findings. Assessment, age appropriate strategies and cultural differences will be discussed. Current research will be reviewed by participants to enhance the midwife's care of the neonate and case studies will be utilized.

MDWF 2060 Clinical Testing/Childbearing Year, 3 cr.  
(2 academic credits/1 clinical credit)

**Pre-Requisite:** Clinical placement

This course includes the physiological changes of pregnancy, disease conditions relating to pregnancy and the reproductive organs, tests to detect physical conditions (both physiological and pathological), fetal diagnosis, maternal metabolic disorders and postpartum testing. Case studies will hone the midwives understanding of screening and diagnostic tests and appropriate management plans for the scope of the Certified Professional Midwife.

MDWF 2070 Obstetrical Pharmacology, 3 cr.  
(2 academic credits/1 clinical)

The purpose of this course is to teach students basic facts about the administration of drugs commonly used in the direct entry practice of midwifery. A midwife should be familiar with methods of research and client education regarding the safety of drugs in the childbearing years, and educate clients about benefits and risks. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 2080 Ante/Intrapartum FHR Surveillance, 2 cr.

This course offers a thorough review of fetal heart surveillance procedures. It discusses the physiological basis and instrumentation of monitoring, baseline fetal heart rate and antepartum monitoring. The course teaches what AAT (Auscultated Acceleration Test) is and how we can use it prenatally and during labor. The second part of the class is about problems that can arise, like bradycardia, tachycardia, sinusoidal pattern and periodic and nonperiodic changes. The assignments include several case study evaluations.

MDWF 2090 Suturing, 3 cr.  
(2 academic credits/1 clinical)

**PRE-REQUISITE:** Must be in a clinical placement or have an MCU-approved limited preceptor

At the completion of this course, the student will be able to demonstrate knowledge and skills in checking for and identifying first through fourth degree tears, and other types of pelvic damage. Students will learn the appropriate use and repair of episiotomies, forms and usage of anesthetic agents, how to tie off and postpartum repairs appropriate for the midwife in an out-of-hospital setting. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

**NOTE:** There is a \$10.00 charge associated with this course to supplement fees associated with the multimedia materials provided.

MDWF 2100 Well Woman Care, 4 cr.  
(3 academic credits/1 clinical credit)

This course explores the basic health of women across the lifespan. Topics covered include: the normal reproductive

cycle, dysfunctions of menstruation, contraceptive devices and information, sexually transmitted infections, how to perform a well-woman examination, and PAP smear interpretation. Also included is information about the female sexual response and various mental and emotional aspects of wellness and health. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 3010 Complications of the Prenatal Period, 3.5 cr.  
(3 academic credits/.5 clinical credits)

**PRE-REQUISITES:** MDWF 2010 and MDWF 2020

This course covers complications during the prenatal period. Students will prepare midwifery practice directive documents that guide management for complications during the prenatal period. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 3030 Complications of Labor, Birth, and Immediate Postpartum, 3.5 cr. (3 academic credits/.5 clinical credits)

**PRE-REQUISITE:** MDWF 2030

This course covers complications in more depth for labor, birth and immediate postpartum. Focus is directed towards writing midwifery-practice documents for emergency care and variations of normal delivery, and preparing a research article for publication. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 3050 Complications of the Postpartum Period  
3.5 credits (3 academic credits/.5 clinical credits)

**PRE-REQUISITE:** MDWF 2040

This course covers physical and psychological complications that may arise during the postpartum period. Case studies are utilized to demonstrate the application of clinical judgment and management within the scope of care of the Certified Professional Midwife.

MDWF 3060 Fundamentals of Waterbirth 2 cr. **Elective**

This course presents the latest research and model practices regarding hydrotherapy for labor and birth. Waterbirth benefits, risks, and contraindications are addressed. Students will create practice documents, including care and cleaning protocols, client handouts, informed consent documents, and practice guidelines for use in practice. Practical considerations for a smooth waterbirth experience for client and midwife will be addressed. A variety of learning methods are used to address course objectives, including professional videos, student-conducted research, in-depth study of latest publications on waterbirth, online discussions, and interactive sessions.

MDWF 3070 NARM Preparation .5 cr.

Students collect and extract study materials from previous class assignments and readings, outline study plan and prepare for NARM written examination. Students analyze multiple choice questions and apply test-taking strategies on practice tests.

MDWF 3080 Advanced Issues in Midwifery I 3 cr.

**PRE-REQUISITE:** STAT 2010

This course is designed for CPMs and explores the new competencies outlined by the MEAC Curriculum Checklist of Essential Competencies as they relate to the prenatal period and labor, birth and the immediate postpartum.

MDWF 3090 Advanced Issues in Midwifery II 3 cr.

This course is designed for CPMs and explores the new competencies outlined by the MEAC Curriculum Checklist of Essential Competencies as they relate to the postpartum period, well woman care and newborn care through the first six weeks of life.

MDWF 553/5053 Midwifery Issues in Prenatal Care, 4 cr.

Students will have the opportunity to select an area of interest within the scope of prenatal care to research and examine in-depth. Evidence-informed practices, actual practice styles, care provider attitudes, client perceptions, and mass media discourses will be examined. Students will collect original data using a variety of methods and engage existing scholarly literature to inform recommendations for midwives and other care providers in an effort to improve service to families in their chosen communities.

MDWF 554/5054 Midwifery Issues in Labor and Birth, 4 cr.

Students will have the opportunity to select an area of interest within the scope of labor and birth care to research and examine in-depth. Evidence-informed practices, actual practice styles, care provider attitudes, client perceptions, and mass media discourses will be examined. Students will collect original data using a variety of methods and engage existing scholarly literature to inform recommendations for midwives and other care providers in an effort to improve service to families in their chosen communities.

MDWF 555/5055 Midwifery Issues in Postpartum Care, 4 cr.

Students will have the opportunity to select an area of interest within the scope of postpartum care to research and examine in-depth. Evidence-informed practices, actual practice styles, care provider attitudes, client perceptions, and mass media discourses will be examined. Students will collect original data using a variety of methods and engage existing scholarly literature to inform recommendations for midwives and other care providers in an effort to improve service to families in their chosen communities.

MDWF 556/5056 Midwifery Issues in Newborn Period, 4 cr.

Students will have the opportunity to select an area of interest within the scope of newborn care to research and examine in-depth. Evidence-informed practices, actual practice styles, care provider attitudes, client perceptions, and mass media discourses will be examined. Students will collect original data using a variety of methods and engage existing scholarly literature to inform recommendations for midwives and other care providers in an effort to improve service to families in their chosen communities.

## **PHYSICAL THERAPY**

PHYT 1010 Aromatherapy, 1 cr. **Elective**

This course covers the use of essential oils in the childbearing year.

PHYT 2030 Complementary and Alternative Health Disciplines, 1 cr. **Elective**

This course will introduce the learner to alternative and complementary health therapies in the childbearing year. The concept of health paradigms is introduced as a foundation to understanding how to apply alternative and complementary therapies for midwives.

PHYT 2050: Advanced Comfort Measures, 1 cr. **Elective**

Advanced Comfort Measures reviews and introduces students to a broad variety of comfort measures for labor support techniques that support physiologic birth. This course will cover massage, reflexology, rebozo techniques and TENS machine options that are beyond the basics of labor support and optimal fetal positioning.

## **PROFESSIONAL DEVELOPMENT**

PROD 1000 New Student Orientation, .5 cr.

Students will be oriented for studies at Midwives College of Utah, providing them with the tools and skills they need to be successful. All students are required to complete PROD 100 during their first trimester.

PROD 510/5010 Professional Growth & Leadership, 1 cr.

The purpose of this course is to provide students a primer to professional growth and leadership in the midwifery and perinatal health fields. This course infuses best practices in leadership, learning, and self-actualization theory, and rests on the MCU Graduate Program's commitment to meaningful education, socially just leadership, and professional growth of midwives and the midwifery profession. This course is divided into four broad sections: 1) Learning Styles, Personality Type, & Leadership Capacity; 2) The Imposter Syndrome; 3) Writing & Work Efficiency; and 4) Developing Your Passion. The Social Change Model of Leadership (SCM) is infused throughout the course. By the end of the course, students will be equipped with the conceptual and practical tools necessary to develop as leaders in the midwifery field. In addition, this course provides current and aspiring graduate students the opportunity to explore graduate education and employ strategies for success in graduate school.

PROD 526/5026 Midwives and Publishing, 2 cr.\*

The purpose of this course is to introduce midwives to the process of publishing and the publication world. Through experiential learning and guided pedagogy, students will have the opportunity to explore the basics of publishing and learn how to prepare a practice manuscript for publication in an academic journal.

PROD 527/5027 Community Maternal & Child Health, 2 cr.

This course will explore concepts of public health as they specifically apply to childbearing families and community health. The learner will research, investigate and theorize specific areas of concern in the field of community maternal-

child health (MCH). Course content includes theoretical foundations, issues in community maternal-child health, and practical programming considerations. Student will develop their writing, planning, and critical thinking skills in becoming midwives of technical expertise and personal greatness. Students will engage in a culminating project of direct relevance to the communities they serve in becoming midwives of professional excellence.

**NOTE:** There is a \$10.00 charge associated with this course to supplement fees associated with the multimedia materials provided.

**PROD 528/5028 Policy & Advocacy in Midwifery, 2 cr.**

This course will examine policy and advocacy issues, strategies, and structures in midwifery on local and national scales. Students will analyze successful grassroots organizations and policy frameworks that advance midwifery and perinatal health. Students will have the opportunity to review and critique current midwifery legislation and work with various midwifery political and advocacy organizations on local and national levels.

**PROD 529/5029 Field Instructor Preparation, 2 cr.**

This course will train the learner to become a quality preceptor and to understand the needs of midwifery students during clinical instruction, to know NARM's requirements for preceptors, and to confidently oversee the clinical instruction of midwifery students.

**PROD 530/5030 Global Maternal and Child Health, 2 cr.**

This course will critically examine trends, achievements, goals, policies and challenges pertaining to maternal and child health on a global and cross-cultural level. Students will have the opportunity to research, investigate, and theorize specific areas of perinatal health through six broad sections. Upon completion of this course, students will be equipped with advanced theories, content expertise, tools, and approaches to integrate midwifery care in global settings and advance global health equity.

**PROD 531/5031 Holistic Midwifery, 2 cr.**

The purpose of this course is to explore holistic care modalities during midwifery care. Topics covered include brain functioning, stress, hormonal systems, natural medicine and therapies as well as allopathic familiarity. Through a combination of readings, research, and discussion, this course encourages students to deepen their understanding of current trends in the holistic health fields. By the end of the course, students will have the knowledge and skills necessary to create holistic and comprehensive care plans during the childbearing year for varying ailments and health occurrences.

**PROD 532/5032 Midwifery Education, 2 cr.**

This course will examine current issues in midwifery education and introduce students to best pedagogical practices for midwifery education.

## **SOCIAL SCIENCES**

**SOSC 1010: Equity and Anti-Oppression in Midwifery Care: Understanding Difference, Power, & Privilege, 1.5 cr.**

The purpose of this course is to introduce students to the foundational concepts of equity, anti-oppression, and cultural humility in midwifery care, and to engage critical learning of how difference, power, discrimination, and privilege intersect to produce documented disparities in perinatal health outcomes and practices in the United States. Students will have the opportunity to study and explore three broad areas of cultural humility, equity and (anti)oppression practices, and their impact on maternity care through historical and current sociopolitical frameworks: 1) Social identities, racism, and privilege; 2) Health disparities, inequities, and inequalities; and 3) Cultural humility and equity care models. Collectively, students will acquire foundational skills necessary for the provision of culturally safe care and the actualization of anti-oppression midwifery professional practices—in commitment to access and equity in perinatal health for all childbearing persons.

**NOTE:** There is a \$10.00 charge associated with this course to supplement fees associated with the multimedia materials provided.

**SOSC 2010 Culturally Safe Care 2 cr.**

**PRE-REQUISITE: SOSC 1010**

Building off of a foundation of cultural competence and culturally safe care from SOSC 1010, students will further explore difference, power and privilege as it relates specifically to midwifery care in the childbearing year. Students will strengthen skills necessary for the provision of culturally competent care and the actualization of anti-oppression midwifery professional practices -- in commitment to equity in maternal-child health for all childbearing families.

**SOSC 2020 Birth Justice 2 cr. Elective**

This course will introduce students to birth justice movements. Through an experiential and service learning framework, this course aims to bridge theory with practice, bringing together MCU students with applied birth justice activists across the nation in a collective learning environment. The transformation that arises in and through our collective learning environment will lead students to further understand and engage in birth justice movements as Midwives of Excellence.

**SOSC 2030 Childbirth Education, 2 cr. Elective**

This course covers the information needed to teach childbirth classes. It includes the development of course outlines, handouts and teaching materials. Basic teaching skills and theory are covered.

**SOSC 2050 Ethics and the Law in Midwifery, 1 cr.**

The purpose of this course is to introduce students to the myriad of ethical considerations that govern and influence the Midwives Model of Care™ and the practice of midwifery. Students will have the opportunity to learn and explore four broad areas of ethical considerations in midwifery care: 1) Professional ethics in midwifery; 2) Ethics in clientele selection and service; 3) The ethics of privacy and confidentiality; and 4) State/Province

legislation, regulation, and the ethics of “choice.” Students will examine these issues through a combination of interactive discussion sessions, case studies, reflection papers, critical thought exercises, and advocacy projects in their community.

**SOSC 2060 Providing Safe & Respectful Care to LGBTQIA+ Families, 2 cr. Elective**  
(Available beginning Fall 2018)

This course will delve deeper into providing high quality exceptional care to lesbian, gay, bisexual, transgender, queer, intersex, and a-sexual individuals. We will spend time addressing the disparities and unique stressors that each of these populations may face in their day to day lives including during the pre-pregnancy planning, conception process, pregnancy, labor, birth, and postpartum period. We will invite a commitment to authenticity, openness, humility, and inspire a dedication to personal growth and deeper learning. Topics will include: conception obstacles and options, IVI and IUI methods and selecting a donor, surrogacy and working with surrogates and gay individuals and couples, gender identity and the specific needs of transgender clients, testosterone needs during conception and pregnancy, chest feeding and potential SNS needs, developing language that is safe for the client, utilizing language on forms that is safe for all clients, systemic oppression and what is our role in advocating for change, and developing skills to become the best care provider we can be for LGBTQIA+ clients

**SOSC 2090 - Maternal Mental Health, Postpartum Adjustment & Perinatal Mood Disorders, 1 cr. Elective**  
(Available beginning Fall 2018)

The Maternal Mental Health course will delve deeper into the signs, symptoms, diagnosis, and management of prenatal and postpartum mental health conditions. The course will explore issues of complex childhood trauma and attachment and the potential impact on maternal mental health. Mental health conditions explored in depth will include: underlying chronic mental health conditions such as PTSD, Bipolar Disorder, and personality disorders, major depressive disorder, and anxiety disorders. Prenatal and postpartum conditions addressed will include: prenatal depression, prenatal anxiety, postpartum depression, postpartum anxiety, postpartum OCD, and postpartum psychosis. This course will implore students to identify disparities for marginalized populations and how systemic isms may impact mental health. The student will develop the skills to practice effectively with clients who present with mental health disorders and to identify when to refer and when to transfer care.

**SOSC 3010 Independent Midwifery Studies I, 1 cr.**  
Advanced Midwifery Studies (AMS) is a dynamic student-led independent course that provides MCU students the opportunity to pursue their unique interests while still receiving MCU credit. AMS allows a student to enroll in approved seminars, symposiums, trainings and courses outside of MCU. Through a series of papers, students will summarize and critique their experiences and ultimately connect them to courses being taught at MCU. The student

will make a final proposal for further action. Community action and service are vital aspects of a midwife’s role, and the goal of the project is to support the individual’s transition from student to midwife. The actualization of the project is the subject of Advanced Midwifery Studies II.

**SOSC 3010.2 Independent Midwifery Studies I Teaching Practicum, 1 cr.**

This section of Advanced Midwifery Studies is designed for students who plan to include teaching in their future plans. Students will serve as a teacher’s assistant and support grading, peer to peer interaction and live section delivery.

**SOSC 3030 Independent Midwifery Studies II, 1 cr.**

Advanced Midwifery Studies II is a student-led, independent course that provides an MCU student with the support to put the project proposed in AMS I into action. The only limits with this project are the student’s imagination! The purpose of this course is to follow a project through to its fruition. Community service and interaction are vital roles in a midwife’s job, and this course is designed to give the student real-life experience in activism of their choosing.

**SOSC 3030.2 Independent Midwifery Studies II Teaching Practicum, 1 cr.**

This course is the second section of Advanced Midwifery Studies is designed for students who plan to include teaching in their future plans. Students will serve as a teacher’s assistant and support grading, peer to peer interaction and live section delivery.

## **STATISTICS**

**STAT 2010: Principles of Evidence-informed Practice, 2 cr.**

This course will introduce students to the fundamentals of research literacy and evidence-informed practice. An evidence-informed practice framework facilitates shared-decision making, advances informed choice, and improves client-centered midwifery care. Also called “evidence-based practice” or “evidence-based care or medicine”, an evidence-informed practice (EIP) framework rests in the triad intersection between the best available research with your professional expertise as the midwife alongside the client’s individual values, needs, and context. Upon completion of this course, students will be equipped with the basic conceptual and practical skills necessary to enact evidence-informed practice frameworks as Midwives of Excellence.

**STAT 2050 Epidemiology, 1 cr.**

Students will study factors affecting the health and illness of populations. Using evidence-based research, students will identify risk factors for disease and determine optimal treatment approaches to clinical practice.

**STAT 550/5050 Qualitative Methodology, 3 cr.**

This course will introduce participants to the various approaches and components of qualitative health research inquiries. Students will learn the key principles of qualitative research design, including data collection, analysis and write-up. The course will survey common approaches to qualitative research, and will provide students the opportunity to gain hands-on experience in qualitative research methods through

a research project related to their area of interest. Specifically, the hands-on project will utilize the grounded theory approach for qualitative inquiries – a mainstay qualitative methodology that guides students from project conception through data collection, analysis, interpretation and conclusive results writing. Students will learn to identify the kinds of research problems for which qualitative methods are appropriate, and to critique qualitative research in terms of design, technique, analysis and interpretation. The course will also emphasize concept development and theory building as related to qualitative research inquiries. Course material and related activities focus heavily on qualitative research methods as applied to community health and midwifery models of care. The goal of this course is to provide students the foundational knowledge, skills and tools necessary to develop high-quality qualitative health research projects, and evaluate published qualitative research in terms of validity, reliability and methodology.

### **THESIS AND/OR PROJECT**

PROD 511/5011 Prospectus, 3 cr. total

(Three course sections)

The purpose of this course is to guide you in the development of a prospectus for your thesis or project work. The prospectus is a hallmark of the graduate education process, and is intended to communicate your applied project or research-based thesis proposal to selected audiences. The primary audience, here, is your MSM advisory committee. The prospectus allows you the opportunity to think through, in detail, your proposed topic, design, and deliverables. Your committee will provide substantive, critical feedback on the development of this prospectus, as well as final approval. Upon successfully passing your prospectus oral defense and making any revisions required by the committee, you will be ready to commence your original thesis research or project work. Your thesis or project work will be conducted, written, and defended in MDWF 560/5060 (for research-based theses) or MDWF 584/5084 (for non-thesis projects).

MDWF 560/5060 Research-based Thesis, 5 cr. total

(Three course sections)

The purpose of this course is to guide you in the enactment of your research-based thesis study. The culminating hallmark of graduate education is an original scholarly or creative contribution of significance. In the MSM program, there are two options to enact this goal: a non-thesis applied project or a research-based thesis. This course is for those choosing the research-based thesis. Your thesis will be based on an original research study that integrates leading theories, methodologies, and techniques in midwifery and maternal-child health, as well as make a significant, original contribution to the scholarly literature. Your primary advisor will guide you in this work, and your entire committee will provide substantive, critical feedback on the thesis development, as well as final approval. The successful passing of the final oral defense and submission of the final, approved thesis is the last step in your graduate studies journey! This course is delivered over three trimesters.

MDWF 584/5084 Applied Project, 5 cr. total

(Three course sections)

The purpose of this course is to guide you in the enactment of your applied project of significance. The culminating hallmark of graduate education is an original scholarly or creative contribution of significance. In the MSM program, there are two options to enact this goal: a non-thesis applied project or a research-based thesis. This course is for those choosing an applied project. Your applied project will integrate leading theories, methods, and techniques in midwifery and maternal-child health, as well as make a significant, original contribution to the field. Your primary advisor will guide you in this work, and your entire committee will provide substantive, critical feedback on the project development, as well as final approval. The successful passing of the final oral defense and submission of the final, approved project is the last step in your graduate studies journey! This course is delivered over three trimesters.

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CPM, BS (Colorado State), ASM (Midwives College of Utah)

#### **Terri Demers**

R.M. (Canada), BS in Midwifery (Midwives College of Utah), Natural Health Consultant

#### **Amy Jones**

AB (UVU), CBE, doula, SHP (SimplyHealed Practitioner), Author (The Way of the Peaceful Birther & A World of Wisdom), Founder/Director Holistic Living Events

#### **Melanie Lennon**

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## Board Advisors

### **Legal Advisor**

David E. Palmer

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## General Information

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