Midwifery Management of Neonatal Resuscitation
Taught by Karen H. Strange, CPM

Specifically designed and taught for the homebirth and birth center settings. Also suitable for MDs, EMT’s, CNM’s, CM’s, PA’s, CPM’s, DEM’s, RN’s, doulas, childbirth educators, students, apprentices, helpers and anyone who may be present at a birth

- Designed in the Midwifery Model of Care.
- Combines AAP/AHA/NRP requirements with cutting edge research in the field of pre and perinatal psychology.
- Curriculum includes specific information that applies to the out-of-hospital setting.
- Taught with the perspective of the conscious and aware newborn in mind.
- All components of the American Academy of Pediatrics/American Heart Association Neonatal Resuscitation Program are thoroughly covered and you will receive the AAP/AHA/NRP card when you pass.
- Participants will have a thorough understanding of the AAP/AHA guidelines and will be taught the practical skills in an easy to recall manner.

In this series of classes Karen will be discussing physiologic cord closure, neonatal transitional physiology a new paradigm from www.cordclamping.com and how to support babies during those precious two hours immediately after birth.

I WILL TEACH WHAT IS APPROPRIATE IN RESUSCITATING A NEWBORN!
I WILL TEACH YOU HOW TO FEEL COMFORTABLE USING YOUR EQUIPMENT!
I WILL TEACH YOU THE COUNTS IN AN EASY TO RECALL MANNER!
YOU WILL LOVE THIS CLASS WHEN YOU ARE DONE! -Karen Strange, CPM

About Karen...
Karen H. Strange has served as a staff Midwife, a Clinical Director and has also worked as an independent home-based Midwife in the Dallas/Ft. Worth area. She has been an instructor for Neonatal Resuscitation since 1992, tailoring her style for those who work in the out-of-hospital setting. It has become her passion to share what she has learned about the conscious and aware fetus and newborn. Karen teaches The Midwifery Management of Neonatal Resuscitation throughout the United States and her unique workshops are highly in demand. Karen serves on the Texas Department of Health Midwifery Board and lectures and teaches on midwifery issues and pre and perinatal psychology.

In The Midwifery Management of Neonatal Resuscitation I am excited to be presenting a paradigm shift of practitioner’s consciousness in neonatal resuscitation.

Just as addressing the lighting and noise levels in the physical environment of the NICU, during the past decade, has reduced physical and emotional damage to neonates. It is important to begin looking at the consequences of neonatal resuscitation on the infant in regard to not only their physical outcome but also their long term emotional well being.

According to Dr. William Emerson in A New Paradigm for Healing Emotional Shock and Trauma "emotional trauma and shock usually arise from stressful experiences during our earliest development, including prenatal development and birth. Shock obscures access to full consciousness - including the deepest and most instinctual aspects of the Self - resulting in difficulties with intimacy, spirituality and self-esteem (just to name a few)."

This program ensures that all components of the American Academy of Pediatrics/American Heart Association/Neonatal Resuscitation Program are thoroughly covered. The paradigm shift begins with the introduction of the physiology, psychology and emotional components of the baby’s experience and this in turn deepens one’s understanding of the process of resuscitation.

Healthcare personnel traditionally are easily taught new information and skills’, yet actually shifting their hands on practice is a little more difficult. Therefore I have found the uniqueness and success of this program is its ability to reduce the anxiety that frequently accompanies this type of training. It promotes critical thinking as well as increases retention of material. Information from many sources is used to complement and expand information already provided by the AAP/AHA/NRP. Participants are encouraged to share experiences as part of a “collaborative learning” event.

Participants of my program are compelled to rethink their current practices and change their practices of neonatal management in ways that enhance and respect the newborn. As well, they are able to meet their goals of developing competency in neonatal resuscitation.
Midwifery Management of Neonatal Resuscitation

Registration form

Classes in Salt Lake City and South Utah
See dates below

You must read the Textbook of Neonatal Resuscitation 4th Edition © 2000 which comes with a CD-ROM. You can order books from AAP/AHA/NRP at (888) 227-1770, or at www.BarnesandNoble.com. Shipping can take up to three weeks unless expedited. Chapters 1 through 4 and 7 MUST be read before the class. The class is shortened by 1-2 hours if everyone has read the book. If you need to be tested for medications and intubations, you must also read Chapters 5 & 6.

REGISTER 3 weeks before the date AND SAVE!!!!

If you are taking Karen’s class for the first time: $135.00
If you have taken Karen’s class before: $125.00

The cost of the class increased as of January 1st, 2006 due to fuel prices
Add $10 if paying within 3 weeks of the date of the class

When registering for the class a $60 deposit is due. Full payment is due the day of the class.
To sign up for this class please contact me immediately as class size is limited.

March 9th Southern Utah Emily Allen anakana4@msn.com or 435-635-3591
March 11th Midwives College of Utah - to enroll go to www.midwifery.edu click on conference page or call 1-801-764-9068

If you have specific questions about the class, contact Karen directly at karenmidwife@yahoo.com.

Today’s Date________ Date registering for __________Location attending_______________
NAME______________________________________________________________________
ADDRESS _________________________________________________________________
CITY_____________________________   STATE_______________ ZIP_______________
HOME PH______________ CELL PH________________ EMAIL______________________

♦ Check All That Apply:  ☐ Documented MW  ☐ Doula  ☐ CM  ☐ PA  ☐ Licensed MW
☐ CNM  ☐ MD  ☐ EMT  ☐ Student/Apprentice MW  ☐ RN  ☐ CPM  ☐ TBA  ☐ Other:

♦ Is this your first NRP Class? ☐ Yes  ☐ No
If No, have you taken it with Karen Strange before?  ☐ No  ☐ Yes

When?/Where _______________________________________________________________________

♦ Do you need Chapter 5-6 (Medications and Intubations)? ☐ Yes  ☐ No
Amt Pd $________________ Cash  Check (checks payable to Karen Strange)
PayPal (karenmidwife@yahoo.com)
How did you hear about the class?______________________________________________________

There is a $35.00 cancellation fee if you call by the morning of the class due to death, illness or birth otherwise there is NO refund if you do not call by the start of the class.

Approved by MEAC for 8 Contact Hours