

MCU IN REVIEW

VOLUME 4, ISSUE 2

WELCOME!

Welcome to New Faculty:

Gina Gerboth, Instructor MDWF 341

David Goldman, Instructor BIOL 100

Christina Hrenko, Verification Specialist, Financial Aid

Kristy McFetridge, Instructor BOTY 150

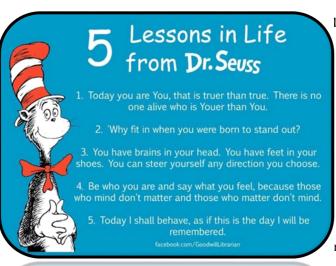
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5 Lessons in Life from Dr. Seuss

Kristi Ridd-Young - MCU President

Transcript from the 2016 Graduation Gala President's Message honoring 2015 graduates. Address given by Kristi Ridd-Young





I always loved it when my children chose a Dr. Seuss book for night time reading. No matter how many times I was called upon to read the same story over and over, the clever phrasing alleviated any potential boredom for me. Those clever phrases sometimes became life lessons worth remembering. As you begin your midwifery practice, I'd like to share with you, our graduating class of 2015, five Seuss lessons worth remembering.

1. Today you are you, that is truer than true. There is no one alive who is youer than you. The only unique contribution you can offer the world is to be who you actually are and no one else. Martin Luther King, Jr. said, "Every person must have a concern for self and feel a responsibility to discover one's mission in life. Each person has been given a capacity to achieve some end. Potential powers of creativity are within us, and we have a duty to work assiduously to discover these powers."

I daresay that you—MCU graduates and students—decided, at some point, that it was your mission to become a midwife, and, now here you are—a midwife. I challenge you to go beyond that destination and embrace your natural gifts and abilities. Continually ask yourself the question: "What are my potential powers, gifts and talents that I bring to my clients, my community and women's healthcare? As a midwife, what is unique about me?"

2. Why fit in when you were born to stand out? Of course you already stand out because you are a midwife. You believe in normal physiologic birth and homebirth. You might live in a community where midwifery is marginalized—it might even be illegal in your state. So if you're going to stand out anyway, stand out being your best self—shooting for spectacular. Stand out by going the extra mile, by being extra kind and compassionate toward others, by living a life of integrity. Be confident to stand up for what is right about birth, even when you are the only one doing it.

SUMMER 2016

Continued...

President's Message (cont.)

Be a midwife on the cutting edge of evidence-informed practice and heart-felt care. Be the preceptor who exemplifies the Midwifery Model of Care both for the student you are precepting and the clients you are caring for. Consider standing out as a legislative activist to assure women have the choice to birth where and with whomever they desire.

3. You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. Sometimes the work of a midwife, which goes beyond the reward of catching a baby and supporting a mother, can be discouraging and disheartening. Be an opportunist and seek ways to steer yourself in the right direction.

I remember sitting in a circle of elder midwives. They were talking about their positive contributions to changes in maternal and child health. When one of the midwives was asked how she became an agent for change, she said, "For heaven's sake—I live in a world where people come out of other people. I know how to make space where space doesn't exist." Another midwife added, "I know it can be scary but it's Ok to have butterflies in your stomach as long as they are flying in formation."

4. Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind. Stand up for the fact that we, as midwives, are the gatekeepers for normal physiologic birth and should be the primary providers of maternity care in this country. I just returned from Washington DC for the annual US MERA meeting. For three days I sat with 17 other women who are leaders in the national midwifery organizations representing CPMs, CMs and CNMs. US MERA was formed almost five years ago to expand access to high quality midwifery care and physiologic birth for all women in all birth settings in the United States. We met with leaders of ACOG who continue to call for an increase in the midwifery work force to help meet the predicted shortage of maternity care that will be at crisis levels by 2020. There is a growing call nationally for ready access to consultation as well as assurance of safe and timely transport to nearby hospitals in order to reduce perinatal mortality rates and achieve favorable outcomes for planned out-ofhospital births. Both ACOG and the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) have issued statements emphasizing the importance of inter-professional communication in the event of transfers. We are being asked to collaborate and work together to increase the safety of birth for women and babies in the United States.

5. Today I shall behave, as if this is the day I will be remembered. I will take liberty with Dr. Seuss and change this to: "Today I shall behave, as if this is the day I will remember those who are not remembered." Be instigators like former MCU student Racha Lawler and current student Demetra Seriki.

Instigators: The Midwife of La Cienega Boulevard & Precious Loss Documentary

Racha, Demetra, and others are remembering those who are often forgotten. Approximately 800 women died in 2015 in the United States due to maternal death. The US is the only industrialized country with a rising maternal mortality rate. 23,000 infants died in the United States in 2014 before they reached their first birthday. One of our students, Renee Terralumina, recently said to me, "What I am realizing is when I have my 'science mind' on... I can get into the numbers, but it isn't like looking into the eyes of a grieving mother, a battered wife, or a grieving child who lost their mom. There is 'knowing' and then there is really resonating and understanding. Seeing the face of it, feeling the feelings of it, knowing how to hold space for it."

Graduates of 2015 who are now midwives, I know this work can seem bigger than you and your hard-earned midwifery degree; it is certainly more than five lessons from Dr. Seuss. The world can be a scary place, and we all want to be safe, but here's the thing—safety can never be found in isolation. As Elizabeth Gilbert has written, "Human warmth and openness will always be our only place of true safety. Be careful about hiding yourself away, because walls that are meant to be fortresses can quickly turn into prisons. Be careful about trying to become invisible or you may accidentally disappear. The very thing that you believe is protecting you may ultimately be endangering you—by making your life smaller, poorer, and more deeply saturated with fear. I want to live in a world full of brave people who are willing to risk not only adventure but emotional intimacy. I want to live in a world full of explorers and generous souls rather than people who have voluntarily become prisoners of their own fortresses. I want to live in a world full of people who look into each other's faces along the path of life and ask, "Who are you, my friend, and how can we serve each other?"

MCU Presenting at MANA Conference

Courtney Everson, PhD, and **April Kline**, MSM, CPM, LMT, will be presenting "Walking the Labyrinth: Research Literacy, Evidence-Informed Practice, and Shared Decision-Making" (along with non-MCU presenters **Erin Ryan**, CPM, LM; **Shannon Anton**, CPM, LM). This session will introduce midwives to the fundamentals of research literacy and evidence-informed practice. Also called "evidence-based practice", an evidence-informed practice (EIP) framework rests in the triad intersection between the best available research with your professional expertise as the midwife alongside the client's individual values, needs, and context.

MCU student **Gengi Proteau** will be a MANA Conference presenter. Her abstract on "Fetal Vagus Nerve Research" will be presented as a 90-minute break-out session.

Jana Studelska, MCU's Professional Development Coordinator, will teach a full day pre-conference "Pharmacology for Midwives" class. This course will present the basic principles of pharmacology in pregnancy, postpartum and the newborn; review drugs commonly used by and available to CPMs, including safety, indications and contraindications; discuss the procurement, storage, transfer, and disposal of medications, and lastly, explore standards of care within specific scenarios, such as rural midwifery, caring for religious communities, and cultural considerations. The completion of this is designed to qualify for the CPM Bridge - Certificate.

Core Faculty Instructor Megan Koontz will be presenting with alumna Madeline Lutz on "Creating Sustainable Practices for Students and Midwives." This is a particular topic of interest for Megan, who has done master's level research work in this area.

Recent grad **Tracey Cuneo** has been invited to present a poster on her work in Advanced Midwifery Studies: "Bullying in Midwifery."

Student News!

3 MCU Students Wrote the CMRE in May

Three MCU students, Julia MacNeil, Jodi Cormier, and Lindsay Vanderburg, all wrote the Canadian Midwifery Registration Examination (CMRE) this May after completing the International Midwifery Pre-Registration Program (IMPP). Lindsay is already working in Saskatchewan and Julia and Jodi are interviewing for jobs in Ontario. Congratulations to these Canadian grads for securing registration in Canada!

MCU's Demetra Seriki Subject of Colorado PBS Special

Our own CPM-to-BSM student, **Demetra Seriki (Mimi)** was featured in an amazing PBS special video titled *Precious Loss*, which explored disparities in maternity care. It can be viewed here <u>http://video.rmpbs.org/video/2365670848/</u>

Student to be Published in Midwifery Today

Annalee Reid's paper on the use of proctoclysis - or rectal fluid infusion - will be appearing in an upcoming *Midwifery Today* issue. Rectal infusion is a low-maintenance and effective method to provide fluid replacement therapy in low-resource settings. While the conventional medical community has dismissed this skill and procedure in favor of more direct and high-tech methods of fluid-replacement, such as IV fluid therapy, studies show that rectal fluid infusion is still a valuable option. Midwives who lack access, or legal rights, to provide IV fluid therapy can be assured that this simple approach is effective and safe.

2016 Graduation Gala

The 2016 Graduation Gala was an amazing success! To all those in attendance – thank you! It was a beautiful evening with great speakers, wonderful performances, and yet another example of our amazing MCU community. More than \$2,000 was raised to support the Briana Blackwelder Scholarship Fund, and some very deserving people were honored that night.

The following people were honored at the Gala;



Dianne Bjarnson, Faculty Member of the Year

Last month, during what Kristi had euphemistically called a "retreat," but was actually a work intensive, at the end of a very long day, members of the board and administration were sharing our evening meal. They began talking about their personal midwifery genealogy, and the midwives who trained them. They realized that most of them, directly or indirectly could trace our midwifery education back to Dianne. All of us have benefitted from the wisdom and the gift of Dianne's midwifery practice and philosophy, and now that MCU has become, what Cathy Larson once called "Midwives College of the Universe," Dianne's guidance and influence can be felt all over the world. Dianne is a caring and motivating instructor, and we often hear from her students that she has a knack for reaching out at just the right time, and with just the right words of encouragement, just the like wonderful midwife she is.

Dianne is a strong advocate for all her students, and the student body in general. Dianne is curious, creative and believes in the ability of each of her students to become a Midwife of Excellence. In a distance environment, it is our interactions with each student that allow us to model the Midwives Model of Care, and Dianne is exceptional at meeting each student where they are. Dianne provides her students and her peers with an excellent example of "midwifing midwives."



Melissa Cheney, PhD, CPM, LDM Midwifing Midwives Award

Missy Cheney is a change maker that has created an undeniable and groundbreaking ripple effect within our present day birth culture that cannot go unrecognized. As author of the book *Born at Home: The Biological, Cultural & Political Dimensions of Maternity Care in the United States*, Missy took on the task of exploring what it's like to give birth in the United States within a system that's often fractured. As a medical anthropologist and Associate Professor of Clinical Medical Anthropology at Oregon State University where she is an award-winning teacher, she has led and collaborated pioneering research examining physiologic birth, homebirth and midwifery care. Additionally, since 2009, she has been chair of the MANA Division of Research,

helping to lead efforts of the seven person collaborative coordinating council that oversees the largest perinatal data registry on midwife-led out-of-hospital births in the United States, known as MANA Stats.

As a birth advocate, Missy works in legislation and with regulatory agencies, as well as community-based organizations to advance midwifery and options for childbearing families. She is also very active as a speaker, presenting at midwifery and interdisciplinary professional conferences and consulting with local midwifery associations as well as the national Allied Midwifery Organizations to advance midwifery professionalism. One of the most striking effects of her advocacy work is her ability to convene many different professions that serve childbearing women and couples. Much of the bridging of the gap between obstetricians and midwives in the U.S. is owed to Missy's advocacy work. She definitely has a gift to gather diverse minds and voices together to advance collaboration across professions and birth place settings. As if all this weren't enough, Missy is an amazing Certified Professional Midwife, actively caring for clients in a small homebirth practice in Oregon.

2016 Graduation Gala



Joanne Byrd, Student of the Year

Joanne is carrying a 4.0 into her final year, planning to graduate later in 2016. She wanted to express her gratitude for her preceptors, especially Carol Severson, Niamh Charles, and Desiree LeFave, who have mentored her into midwifery, modelling both clinical skills and a caring heart. Joanne was nominated by Courtney Everson, who said: "I have had the opportunity to get to know Joanne as a student in three different courses I teach over the last three years at MCU. In each of these classes, Joanne has excelled academically, modeled for other students what it means to be a Midwife of Excellence, and actualized our Community Rules of Caring. Joanne's work is always very polished and thorough; her written assignments demonstrate not only mastery of the content, but deep critical thinking skills. Her breadth and depth of knowledge, combined with passion for

learning, is evident during discussions, where she pushes the conversation deeper. Moreover, Joanne always engages the classroom environment with respect for her peers, professors, and the pedagogical process, as well as sincere excitement for topics she is learning about. She also strives for cultural humility, and exhibits a willingness to engage in ongoing self-reflection as part of ethical care and commitment to inclusivity in the midwifery profession. I have every confidence that she will be a future leader in the midwifery profession, making contributions that far surpass her time at MCU."



Tricia Carlisle, Student of the Year

Tricia holds a 4.0 grade point average in her classes and plans to graduate in 2018. She was nominated by both Katy Kissler and Audra Post. Katy said, "Trish is an exemplary student in class, within the community of MCU students, and with extracurricular work. I have had Trish in my Public Health class this semester and she has consistently contributed to the class by elevating the discussion while also grounding her comments in midwifery practice. She has done an exceptional job writing the final research paper on HPV exemplifying the importance of this topic to both public health and midwifery. In addition, she reached out to me last year looking for extracurricular

projects and co-authored a clinical case study collaborative with me, a CPM living in England and a CNM student at Yale. We submitted the paper last month to the *Journal of Midwifery and Women's Health*. Trish exemplifies MCUs mission and I would like to recognize her for her contributions." Audra said, "With her assignments, Tricia went above and beyond to include supportive detail when defining terms as well as in the scenarios. She actively participated in online discussion and lectures. She submitted thorough discussion participation, which benefit the class in gaining a more thorough understanding about the information being shared." Tricia is passionate about bridging the gap between CNMs and CPMs and we have no doubt she will become a leader in the field.

23 Students Graduated in 2015

Associate of Science in Midwifery

Robin Belliston, UT Jennifer Bertagnole, UT April Brake, IN Suzanne Colby, CA Jodi Cormier, Ontario Tinnega Fortin, WA Shannon Greika, IN Emily Likens, MI Madeline Lutz, GA Ananda Morehead, CA Gengi Proteau, CT Angela Nickole Solomito Pugh, LA Kassia Walcott, TX

Bachelor of Science in Midwifery

Mary Burgess, WA Rachael Cook, WA Fasia Farole, WA Vivianne Fischer, WA Celeste Groenenberg, NV Lindsay Kinman, OR Melanie Lennon, WY Crystal Ogle, WA Audra Post, MI

Master of Science in Midwifery Maria Cranford, UT



Be sure to check out the <u>Graduate Slideshow</u> created by MCU Student Michelle Barbour

Congratulations to each graduate and honoree, and thank you to all of those who support them!

Student Conferences

MCU Student Conferences are held twice a year at the end of each semester in April and August in Salt Lake City, Utah. Attendees have the opportunity to learn and practice clinical skills in a safe learning environment. In addition, the opportunity to socialize with other MCU students, instructors, midwives, and MCU staff is an invaluable experience. This connection, a literal sense of place, opens the door to expanded relationships with peers and mentors. Many attendees report that attending conference changed their perspective as they recognize their unique place in the larger MCU community.

Conference works to:

- Enhance clinical skills through hands-on practice and receive objective feedback from experts.
- Gain inspiration and motivation for next semester's courses by participating in face-to-face, facilitated activities that serve as companion experiences for your academic coursework.
- Create professional connections and form lifelong relationships that will enrich your experience and career.

Conference attendees may take any workshop that aligns with their current major map and/or clinical placement. Enrollment in conference courses that correspond with the student's schedule for the following semester may allow the student to complete some assignments for that course while at conference. MCU students must be enrolled in the clinical program in order to have skills assessed and signed off at conference.

Fall Conference: August 15-20, 2016

We hope you will come "Grow" with us at Conference this Fall! Please reach out to your Conference Director with any questions at conference@midwifery.edu

For more information and to Register: https://www.midwifery.edu/student-conferences/

Classes Offered this Fall Include;

CPR. Professional NRP Certification IV Skills OB Pharmacology Charting Prenatal Care

Prenatal Complications Labor & Birth Complications Childbirth Education Midwife Assistant Pediatrics for Midwives Fetal Heart Surveillance Ultrasound Interpretation Well Woman Care

Spring Conference Recap



This year's conferences have the theme of "Grow" which expresses not only the capacity of development inherent within each of us, but also the edification conference provides in expanding ourselves.

Spring Conference fulfilled this theme beautifully. It was busy, fun, and educational. Between 10 different conference courses, the Graduation Gala, and dinner at the Blue Lemon there was a lot of learning and a lot of fun, although maybe not a lot of sleep...



New skills were learned, women and babies were loved and supported, and memories were made. We hope all who joined us went home feeling renewed, confident in the skills they learned, and ready for the new semester!

Student Council Message

Aisha Al Hajjar, BSM, LM, AMANI Tara Stephen, RM, CPM

It was an honor to be nominated to serve on the MCU Student Council during our postgraduate studies in 2014. We've enjoyed serving in this role and have developed new skills and experiences in exchange. Our two-year term on the Student Council has come to an end and we've since been serving as a faculty members at MCU. It's time for us to close this chapter of our relationship with MCU and pass the baton to the next generation of Student Council members.

We are pleased to see a great incoming Student Council body and are confident in the talents and visions our new representatives will bring. This is a great opportunity to revise and revive the Student Council and voice ideas for school-wide improvements and innovations. We have found that MCU has had an approachable culture that has been open to the voices of the students and has mentored a model of bringing suggestions for solutions when approaching with concerns or issues. We have found the administration quite encouraging and have appreciated their support as we have engaged as Student Council members. There have been a lot of state-of-the-art changes at MCU over the past few years and we're looking forward to the pioneering future of our beloved school. It is with great confidence in our incoming student representatives that we bid farewell and thank the students we have served and staff we have interacted with in our role on the Student Council. All the best wishes to the next assembly of Student Council Members and the students they will serve.

We are pleased to announce the new members of the Student Council and look forward to their contribution!

Susan Fisk (continuing), Brittany Ferguson, Ahava Goldman, Jessica Vining, Nicki Solomito Pugh

Congratulations to our Graduates!

 \sim We honor and celebrate our newest graduates of 2016 \sim

Melissa Carman, BSM Tracy Cuneo, BSM Lois Lewis, BSM Julia MacNeil, ASM Holly Moyer, BSM

CONGRATULATIONS ON YOUR ACCOMPLISHMENT!

International Recognition for MCU

By: Aisha Al Hajjar, BSM, LM, AMANI

When I started my midwifery journey as a BSM student in 2011, I didn't know what my path would look like or where it would take me. Because I live in Saudi Arabia, I didn't know if my degree would ever be recognized or if I'd be allowed to practice at the end of the trail. Unfortunately, the CPM designation and direct entry midwifery were not recognized here. The only acceptable path to "midwifery" seemed to be via a nursing degree, followed by postgraduate studies in obstetric nursing or "midwifery." Even with that, there wasn't much of a midwifery presence or scope of practice, and what did exist was more like obstetric hospital nursing than midwifery, even if the title of "midwife" was applied to some of the workers; they functioned with little to no autonomy of practice.

Even though there were doubts as to whether or not I would ever be able to practice midwifery, I took the leap of faith to enroll in MCU anyway. What I knew was that time would pass whether I studied or not and I wanted to position myself to be an agent of change to a more supportive model of maternity care for the women of this region. So I figured I may as well start the journey and trust that the right doors would open at the right times.

During my time as an MCU student I've experienced more opportunities than I could have ever hoped for. In fact, I graduated with my BSM in 2014—having to do some international travel for clinical experiences, and blazed right into my Master's. During my Master's I spearheaded a project I called "Midwifery Pioneers," whereby I organized a visionary midwifery conference. This turned out to be the tipping point for a much needed reform of obstetric practices to the point that we now have a Saudi Midwifery Task Force that is charged with recognizing midwifery as an autonomous profession and building the education modules for a local BSM, autonomous scope of practice, and foundations for private practice—although out-of-hospital birth is probably still pretty far off in the horizon.

We have a long way to go for the kinds of reforms we are striving for in maternity care and midwifery but it's amazing that there is now a recognized vision that Saudi Arabia should have a midwifery-led birthing culture and the need to cultivate 10,000+ midwives over the next five to ten years. With this huge task at hand I'm pleased to say that there is a growing team of like-minded and supportive professionals who are all working towards the future vision for midwifery and maternity care in this great country. In fact, I am a founding board member of the Saudi Midwifery Group and serve as the International liaison for midwifery in Saudi Arabia.

Having said that, we have come leaps and bounds since I started this journey, and my education at MCU has helped me prepare for the doors as they have opened. What's even more exciting is that I was recently awarded my official registration as a licensed midwifery specialist in Saudi Arabia based on my MCU BSM degree. This is a personal milestone for me, a total win for MCU, and a trail blazed for those behind me. It also shows the credibility and professionalism of the MCU degree and makes me proud to be an MCU alumni, graduate student, and faculty member. I'm grateful to the many pro-



fessionals who have helped me develop along the way. Where the journey leads next is but an open field just waiting to be cultivated and I'm excited to be forging forward on this journey with the skills and professionalism I have developed at MCU.

MCU in Review Is For You

Alumni, let us know what you are up to! Field Faculty, announce clinical opportunities! Current students, share your stories with us. Letters to the editor are always welcome.

Submit your articles to academicdean@midwifery.edu

A FREE Resource for YOU –

The Evidence-informed Practitioner

Courtney L. Everson, Ph.D., Dean of Graduate Studies, graduatedean@midwifery.edu

~This piece is written as part of MCU's ongoing commitment to insuring our students, faculty, and alumni enact evidence-informed practice during care provision~

A crux piece of enacting evidence-informed practice is keeping up-to-date with new research and honing in our research fluency skills, in a lifelong commitment to learning and excellence in client care. Today, I share with you a free resource geared towards just that! The Center for Optimal Integration, a Center of the Academic Collaborative for Integrative Health (ACIH), has a tagline of "Sharing Supportive Evidence - Collaborating on Best Practices." Their online "education, convening and advocacy portal was created to support everyone who is committed to the values of integrative health or has a stake in the integrative health and medicine movement."

Direct-entry midwifery is one of the five integrative health disciplines represented by the ACIH and the Center! One of the Center's primary projects is called PERL, or the Project to Enhance Research Literacy. Perfect for the evidence-informed practitioner!

The site hosts a wealth of resources on EIP competencies and principles for students, teachers, and school administrators. You will find everything from review forms to use as a practitioner to teaching materials to use as an educator to classroom worksheets to use as a student.

Whether you are a teacher, a student, and/or a current practitioner, a principle beneficial resource is the ongoing webinar events the Center for Optimal Integration & PERL Hosts. Check out upcoming events, here: <u>http://optimalintegration.org/events/events.php</u> and archived recordings, here: <u>http://optimalintegration.org/events/events-archived-perl-01.php</u>

And if you are not already enticed to visit the site (which I am sure you are by now – we all love free resources, right?!), here's a few titles of past webinars that may spark your interest:

"Keeping Pace with Research Literature: Tips from Librarians"

"Nuts and Bolts of an Integrative Competency in Evidence Informed Practice"

"Examples from the Field: Everyday Use of Research in Practice"

I hope you find these resources useful as you enact yourself as a savvy Evidence-informed Practitioner & a Midwife of Excellence.[™]

Relevant Links:

Center for Optimal Integration: <u>http://optimalintegration.org/index.php</u>

PERL: http://optimalintegration.org/project-perl/perl.php

Academic Collaborative for Integrative Health: http://www.accahc.org/



Briana Blackwelder MCU Equal Access Scholarship

MCU believes that all women who seek midwifery education should be able to access it. Unfortunately, too often, this is not a reality, and midwifery education, along with the midwifery profession at-large, suffers without diverse representation. We want to continue to be the change we wish to see in the midwifery community; therefore, we have created an initiative to broaden the cultural landscape of our college.

In honor of the wisdom and personal philosophy of Briana Blackwelder, an MCU graduate and friend of MCU who left this earth at the tender age of 28, MCU offers two scholarships that provide complete tuition relief; **1) Social Justice and Health Equity Scholarship**; and **2) Equal Access Scholarship**. With these scholarships, MCU strives to advance our goals by ensuring inclusive representation and support of diverse social identities and locations in midwifery education, including racial, ethnic, sexual orientation, gender identity, socioeconomic, and religious backgrounds.

Eligibility Criteria for the Equal Access Scholarship

To be eligible for this award, applicants must meet the following criteria:

- Identify as a member of an underrepresented community in midwifery
- Be actively involved in the birth community prior to admission to MCU and/or during tenure at MCU (for example, as a lactation consultant, birth or postpartum doula, childbirth educator, midwife assistant or another role as an advocate for women and children)
- Plan to become a Certified Professional Midwife or otherwise engage the midwifery profession
- Demonstrate financial need
- And be accepted and intend to enroll, or be currently enrolled, in either the ASM or BSM degree program at MCU prior to tuition relief. Prospective applicants are encouraged to apply for this scholarship award concurrent with their admissions application. Current students may apply for this scholarship award at any time during their program at MCU

Eligibility Criteria for the Social Justice and Health Equity Scholarship

To be eligible for this award, applicants must meet each of the following criterion:

- Be actively involved in the birth community prior to admission to MCU and/or during tenure at MCU (for example, as a lactation consultant, birth or postpartum doula, childbirth educator, midwife assistant or another role as an advocate for women and children)
- Demonstrate financial need
- Demonstrate experience in advancing social justice and health equity within midwifery and maternal health realms
- Articulate a vision for how they are going to help advance health equity and social justice in midwifery upon graduation
- And be accepted and intend to enroll, or be currently enrolled, in either the ASM or BSM degree program at MCU prior to tuition relief. Prospective applicants are encouraged to apply for this scholarship award concurrent with their admissions application. Current students may apply for this scholarship award at any time during their program at MCU

For further details about these scholarships and to apply, please visit <u>https://www.midwifery.edu/diversity-scholarship-fund/</u>

Application deadline is July 1st, 2016.

To access Midwives College of Utah's Position Statement on Cultural Diversity, please visit our webpage http://www.midwifery.edu/cultural-diversity-position-statement/

Interprofessional Collaboration (IPC) of

Integrative Health & Medicine (IHM) Professionals in Private Practice and in the Delivery of Care to the Underserved

Call for Participants!

Please see the below information for a study on Interprofessional Collaboration among Integrative Health and Medicine Providers. The researchers are looking for practicing direct-entry midwives to participate! Read on for further details and directions on how to sign-up for a brief phone interview. This study is being conducted by members of the Academic Collaborative for Integrative Health (ACIH). MCU faculty and Dean of Graduate Studies - Courtney Everson - serves on the ACIH Board of Directors, representing midwifery, and encourages your participation in this important study. Thank you for your consideration!

You are welcome to contact Courtney Everson with any questions at <u>Courtney.Everson@midwifery.edu</u>.

Subject Recruitment

Contact: Beth Rosenthal, Academic Collaborative for Integrative Health (ACIH, formerly ACCAHC) Assistant Director brosenthal@accahc.org

I am contacting you to determine your eligibility and interest in participating as an interview subject in a study assessing Interprofessional Collaboration among Integrative Health and Medicine (IHM) providers. We are looking for practitioners in solo or single practice settings, or those providing care to the underserved in community health facilities.

This project will assess the five licensed IHM disciplines: acupuncture and Oriental medicine, chiropractic care, direct entry midwifery, massage therapy, and naturopathic medicine. We will conduct telephone interviews with providers to assess their experiences and perceptions regarding collaboration with other healthcare professionals.

Criteria for participation are:

or

You are a practicing clinician, licensed in the discipline of acupuncture and Oriental medicine, chiropractic care, direct entry midwifery, massage therapy, or naturopathic medicine

You provide clinical care at least 8 hours per week in one of the following settings:

Private practice (including solo practice or single-discipline group practice, but excluding multi-discipline group practice)

Community Health facilities (providing care to underserved populations), through formal employee, contractor, or other arrangements

You are willing to participate in a 30-40 minute telephone interview, in which your comments will be anonymous

Please let us know if you meet the criteria and are interested in participating or know of someone else who might be a candidate for the study.

The Year of the Preceptor — Preceptor Spotlight

At the heart and soul of Midwives College of Utah is a talented, diverse, and dedicated community. This spotlight feature focuses on the preceptor members of our community, those providing the clinical hands-on-skills and clinical commitment to MCU students.

Yvonne Silbernagel is a Certified Professional Midwife from Oklahoma City. Yvonne "is kind and dedicated to helping her students succeed," stated her current student Taryn Goodwin.

Yvonne became a preceptor because she "felt it was important to change how we treat students." Yvonne believes there is a culture in midwifery that treats students as though the preceptor is doing the student a favor, or the relationship resembles indentured servitude more than a respectful educational experience. Yvonne chose to become a preceptor and change this culture. Yvonne's work includes paying her students, encouraging her students to forge relationships



with providers in the area and to create and engage in their own relationship with clients.

She is "passionate about informed decision making and works very diligently to educate all of her clients about their choices alongside risks/benefits," said Taryn. And as a preceptor, Yvonne says her favorite skill to teach is communication. "More is better and true informed consent involves mentioning the bad and unfavorable, too."

For Yvonne, her past experiences as a student influences everything she now does as a preceptor. "My students are treated with respect as fellow birth workers."

Taryn repeats this idea, stating that Yvonne goes above and beyond for her students, including increasing her volume so students can get the necessary experience they need.

For Yvonne, the most important advice she can give to other preceptors is one of potential. "We are making fellow midwives," she says, "not competition. Make competent midwives that think for themselves, know when to ask questions and are humble enough to admit when they don't know something or make a mistake."

Thank you, Yvonne, for midwifing our midwives.

Continuing Education

Professional Development Coordinator Jana Studelska is working on launching an online CEU program. She hopes to have the first courses available in the spring. These CEUs will be specifically developed for midwives, but applicable to those who work with families within the childbearing year.

MCU is developing an online pharmacology class that will meet the requirements for NARM's Bridge Program, as well as that of several state licensing boards.

If you have a topic or request you would like to see in a CEU, please send an email to Jana Studelska.

MCU IN REVIEW

Join us at MCU!

Become an MCU student!

Application deadline for Winter 2017 semester is July 11, 2016!

Apply today at http://www.midwifery.edu/application-process/





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