



MIDWIVES
COLLEGE OF UTAH
MIDWIFING MIDWIVES

Resources for Health Care Professionals

The recommendations around clinical practice and COVID-19 are changing rapidly. This document is an attempt to collate the current information but **does NOT take the place of completing your own research** and making decisions based on your own specific location

We have reviewed many documents and feel that this link from midwife pilgrim is a good summary of the primary sources. However, it is a summary document and not a primary source in itself.

https://www.midwifepilgrim.org/uploads/2/3/6/9/23691100/covid-19_practice_guidelines_.docx

A compilation of resources is categorized below.

What is coronavirus and COVID-19?

WHO FAQ - <https://www.who.int/news-room/q-a-detail/q-a-coronaviruses>

CDC "Clinician on call" - 24 hr answer hotline -

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/hcp/Clinician-On-Call-Center-508.pdf>

What are the symptoms?

CDC - Symptoms - <https://www.cdc.gov/coronavirus/2019-ncov/about/symptoms.html>

What are the recommendations for screening clients?

CMS patient Triage - <https://www.cms.gov/files/document/qso-20-13-hospitalspdf.pdf-2>

CDC Evaluation and Testing -

<https://www.cdc.gov/coronavirus/2019-nCoV/hcp/clinical-criteria.html>

Health Foundations Birth Center example of Pre-visit phone screening -

https://static1.squarespace.com/static/5488e6a1e4b0963c92fd754b/t/5e7e06fd63d7965a88552293/1585317629373/Prescreening+PNV+phone+script+C-19+3_22.pdf

What are the recommendations for healthcare generally?

How to wash your hands thoroughly - <https://www.youtube.com/watch?v=lisgnbMfKvI>

WHO clinical care guidance -

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/technical-guidance/patient-management>

FDA testing options (3/30/2020) -

<https://www.fda.gov/news-events/press-announcements/coronavirus-covid-19-update-fda-expedites-review-diagnostic-tests-combat-covid-19>

National Institute of Health Treatment options- <https://covid19treatmentguidelines.nih.gov/>

CDC Inpatient OB settings recommendations -

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/inpatient-obstetric-healthcare-guidance.html>

CDC framework for non-COVID healthcare settings -

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/framework-non-COVID-care.html>

CDC infection prevention and control recommendations for patients with COVID-19 -

<https://www.cdc.gov/coronavirus/2019-ncov/infection-control/control-recommendations.html>

Stanford university - Respiratory Protection -

<https://ehs.stanford.edu/topic/general-workplace-safety/respiratory-protection-program>

CDC N95 mask use and reuse -

<https://www.cdc.gov/niosh/topics/hcwcontrols/recommendedguidanceextuse.html>

CDC Environmental Cleaning and Disinfection -

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

CDC Returning to work after confirmed or suspected COVID-19 -

<https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/hcp-return-work.html>

CMS changes -

<https://www.cms.gov/newsroom/press-releases/trump-administration-makes-sweeping-regulatory-changes-help-us-healthcare-system-address-covid-19>

Essential Worker Guidelines -

https://content.govdelivery.com/attachments/USDHS/2020/03/28/file_attachments/1413716/Version%202.0%20-%20CISA%20Guidance%20on%20Essential%20Critical%20Infrastructure%20Workers.pdf

Harvard Medical School Resources -

https://postgraduateeducation.hms.harvard.edu/continuing-education/covid-19-resources-providers?utm_source=SFMC&utm_medium=Email&utm_campaign=pgme_category04_07_20%20&utm_term=

Impact of COVID-19 on mental health -

<https://www.mckinsey.com/industries/healthcare-systems-and-services/our-insights/returning-to-resilience-the-impact-of-covid-19-on-behavioral-health?cid=other-eml-nsl-mip-mck&hlkid=bb228b35e74e412bb14f061266f2b8c0&hctky=11802665&hdpid=46cfe9e5-c938-455c-a27b-f74247e8e764#>

<https://mhanational.org/covid19>

COVID-19 and Chronic Disease -

https://cdn.ymaws.com/www.chronicdisease.org/resource/resmgr/website-2020/covid/FACTSHEET_COVID19CD.pdf

Information specific to your area is available on your State Health Department Website.

What are the recommendations for midwives or birth specifically?

Cochrane Pregnancy and Childbirth review -

https://pregnancy.cochrane.org/news/covid-19-review-national-clinical-practice-guidelines-key-questions-relating-care-pregnant?fbclid=IwAR2UBw05vb1V_FotdSthwctvW4MjFvZhfVJr0MHPNr3krSGo-dLa9Z5Hyao

NACPM webinar - <https://vimeo.com/399320785>

ACNM website - <https://www.midwife.org/responding-to-covid-19>

ICM COVID-19 Resources -

<https://www.internationalmidwives.org/covid-19-resources.html?fbclid=IwAR0t7iUEhDYgQCGNLeScpn1sY2VXtAopW-oxjRhCxwRGgy0aQMaK9PsJPIQ>

ACOG COVID-19 page (includes an assessment algorithm) -

<https://www.acog.org/topics/covid-19>

ACOG health inequity during the COVID-19 Pandemic -

<https://www.acog.org/clinical-information/policy-and-position-statements/position-statements/2020/addressing-health-equity-during-the-covid-19-pandemic>

The birth place lab from UBC COVID information - <https://www.birthplacelab.org/covid-19/>

MFM advisory -

https://s3.amazonaws.com/cdn.smfm.org/media/2267/COVID19-_updated_3-17-20_PDF.pdf

AABC toolkit - <https://www.birthcenters.org/page/toolkit-covid19>

Midwives Association of Washington resources (including sample Practice Guidelines) -

<https://www.washingtonmidwives.org/covid-19-response.html>

Society for Maternal Fetal Medicine updates - <https://www.smfm.org/covidelearning>

Survey for parents who switch from planned hospital birth to a planned out of hospital birth -

https://wcupa.co1.qualtrics.com/jfe/form/SV_cYGqZF2gyRqYYT3?fbclid=IwAR3dUKRrgbxfTgtYi-7jNW7Em_ILTicide5fyppiBxCSEPHnQc11cuz-Ju0

Foundation for the advancement of Midwifery - Planning document -

https://formidwifery.org/wp-content/uploads/2020/03/out-of-hospital-birth-and-pandemic-planning-fam-march-23-2020.pdf?mc_cid=8bb9068585&mc_eid=26c15e5758

UNICEF Press Release -

<https://www.unicef.org/press-releases/pregnant-mothers-and-babies-born-during-covid-19-pandemic-threatened-strained-health>

The Royal College of Midwives and Royal College of Obstetricians and Gynecologists (UK) -

<https://www.rcog.org.uk/en/guidelines-research-services/guidelines/coronavirus-pregnancy/>

WHO Breastfeeding (*and Chestfeeding*) and Covid 19 for Healthcare workers -

<https://www.who.int/docs/default-source/maternal-health/faqs-breastfeeding-and-covid-19.pdf?fbclid=IwAR3vbMigDE8vtMkLITywYSqHHnH8hc8qBnC50x3PdHsrUp--knkMKO81G9E>

National Association for Neonatal Nurses - <http://www.nationalperinatal.org/NPAandNANN>

CDC- Pregnancy and Breastfeeding (*Chestfeeding*)-

https://www.cdc.gov/breastfeeding/breastfeeding-special-circumstances/maternal-or-infant-illnesses/covid-19-and-breastfeeding.html?fbclid=IwAR17yxExLWj4KFYwA_qJIRGNqS08aSJ1X2d3sPAYiI0eWytKdGc8RN5ppTQ

USBC infant and young child feeding -

<http://www.usbreastfeeding.org/p/cm/ld/fid=33?eType=EmailBlastContent&eld=ec03feb3-89d5-4aa8-9873-fc2fab0cdf34>

International Lactation Consultant Association - <https://ilca.org/covid-19/>

CDC-labor and birth (hospital care) -

https://www.cdc.gov/coronavirus/2019-ncov/hcp/inpatient-obstetric-healthcare-guidance.html?deliveryName=USCDC_946-DM20867

Telemedicine and Pregnancy Care -

<https://www.kff.org/womens-health-policy/issue-brief/telemedicine-and-pregnancy-care/>

Billing for Telehealth -

<https://docs.google.com/document/d/1tmlTs8I7UTBMAVRUyXFzjqvPdZFSgGkvv8BZ1F4KcC/eedit?usp=sharing>

Nitrous Oxide -

https://soap.org/wp-content/uploads/2020/03/SOAP_COVID-19_Obstetric_Anesthesia_Care_032320.pdf and industry response -

<https://www.midwife.org/acnm/files/cclibraryfiles/filename/000000007831/Porter-Instrument-response-to-SOAP.pdf>

Waterbirth - <https://waterbirth.org/keeping-waterbirth-safe-during-covid-19/>

Birth Rights - Birth Rights Bar Association & National Advocates for Pregnant Women (*and Birthing People*) -

<https://birthrightsbar.org/resources/Documents/BirthRights.pdf?fbclid=IwAR2Tbkz6qOtYtj9Qh4CgL52DC3w19GG5gasrtAZGDX6LT8SEHEoTk8pKRQ0>

Health Foundations Birth Center - example Late Transfer agreement -

https://static1.squarespace.com/static/5488e6a1e4b0963c92fd754b/t/5e7e05f063d7965a885502d8/1585317361467/Late+Transfer+Agreement+C-19+3_22.pdf

Example Policy and Position statement from Dar a Luz Birth & Health Center -

https://www.birthcenters.org/resource/resmgr/covid_resources/COVID-19_DAL_Response.docx

Evidence Based Birth Webinar Series (ICM aligned) -

<https://evidencebasedbirth.com/birthing-in-the-time-of-covid-19/>

Webinar from Mercy in Action regarding best practice guidelines -

https://www.youtube.com/watch?v=LcDsWulG_vY&feature=youtu.be

Midwives mobilizing against COVID-19 Facebook group -

<https://www.facebook.com/groups/817651785422187/?ref=bookmarks>

Example protocol from National College of Midwifery -

<https://www.facebook.com/NationalCollegeMidwifery/photos/a.615081581966225/1770222293118809/?type=3&theater>

<https://www.facebook.com/NationalCollegeMidwifery/videos/162155018234391/>

<https://www.facebook.com/NationalCollegeMidwifery/photos/a.615081581966225/1767471850060520/?type=3&theater>

Example of client information -

https://www.midwifepilgrim.org/uploads/2/3/6/9/23691100/covid-19__home_birth_considerations.pdf

Aviva Romm and Women's Wellness - <https://avivaromm.com/category/covid-19/>

CDC Recommendations to Prevent Spread of Disease

- Stay home when you are sick (and until your symptoms are gone).
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If a tissue is unavailable, use the inside of your elbow, never your hand.
- Clean and disinfect frequently touched objects and surfaces.

If you have a fever (100.4°F/38°C or higher), cough or have trouble breathing:

- Call ahead before you go to a doctor's office or emergency room.
- Tell your doctor or state health department about your recent travel and your symptoms.
- Avoid contact with others.